

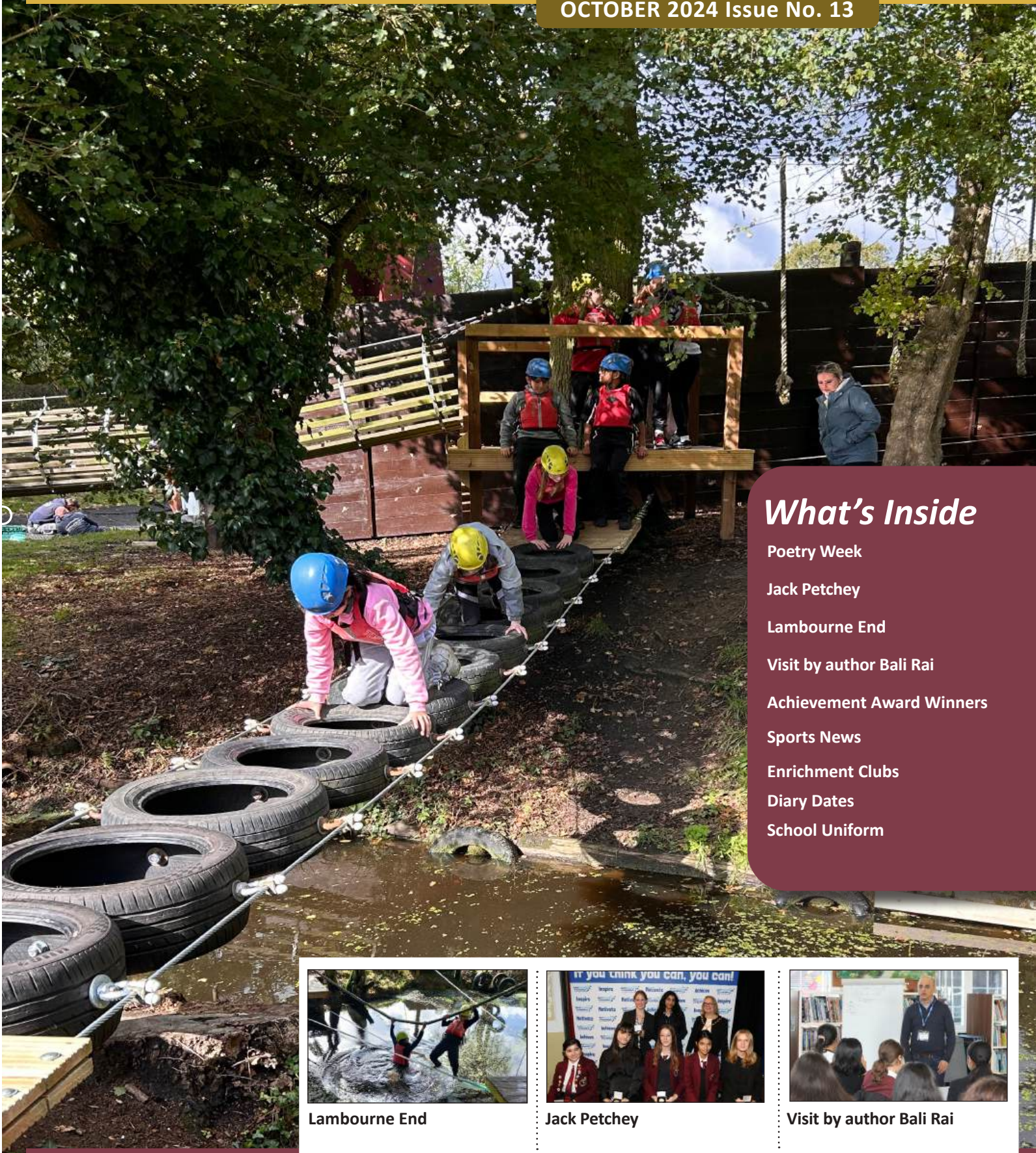
THE HERON HOMELINK *newsletter*



OCTOBER 2024 Issue No. 13

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Lambourne End



Jack Petchey



Visit by author Bali Rai

Education with Character

FEEDBACK CORNER



Dear Ms White, I would like to thank you for enabling a smooth transition to Wanstead High for our daughter. She had a fantastic day at Lambourne End and was thrilled to come home today with an achievement certificate. **Year 7 parent**

Dear Mr Tann and Ms Begum, thank you so much for the brilliant trip today, my daughter loved it and really enjoyed spending time with her school friends in a new setting. We are so appreciative of you organising such a fun time for them all, and know how hectic these last few weeks have been. Thank you for giving my daughter such a brilliant start to her time at Wanstead High. **Year 7 parent**

Dear Miss White,
I just wanted to send you this email to say thank you so much on behalf of my daughter. You've supported her so amazingly through her tough times and I can't thank you enough. She speaks so highly of you and I'm so grateful that you were there for her. You are a credit to the school. **Year 11 parent**

I want to pass on our thanks to **Miss Samuel** for your excellent teaching of the GCSE curriculum. My son, and we, were delighted with his English results. These were in no small part, due to your engaging teaching style and your subject knowledge. You are doing a magnificent job! Grateful also if you would pass on our thanks to **Miss Yasin**, who covered the curriculum in Year 10. **Year 12 parent**

Thank you to **Ms Anwar** for the support you gave me in relation to the remarking process. Also, a very big thank you to **Mr Chartorizhsky**. It was very good of you to review my son's papers so quickly and outside of term time and to deal with my various queries so quickly. **Year 12 parent**

Hi Ms Khan, I just wanted to thank you for your time yesterday at the Parents' Information Evening, it was great to be able to sit and discuss in the classroom. I think you dealt with the concerns raised very well and I certainly appreciate that new policies and procedures take time for everyone to get used to. We are very glad that our son has you as a Form Tutor as it is very clear you have the welfare of the children as your priority and that you have a great relationship with your Tutor Group. **Year 8 parent**



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<https://www.wansteadhigh.co.uk/> or follow us on Twitter, Facebook or Instagram (wansteadhigh11)



THE DUKE OF EDINBURGH'S AWARD



London Borough of

Redbridge



Hi **Mr Tann**, just a quick note to say how much my daughter is loving your science lessons. She is clearly developing a real thirst for the subject academically as well as so enjoying your teaching approach; thank you for bringing it to life. She says you always make it fun whilst making it digestible and memorable, not an easy feat, I'm sure. **Year 8 parent**

I popped into the school reception today to see what the best way to reach you might be. I spoke to a wonderful lady on reception, **Ms Griffiths**, who's a great ambassador for the school. **Prospective parent**

Thank you to **Ms Rutland** for dealing with all our chopping and changing (& us eventually just showing up!!). We had a great tour yesterday and it was lovely to be able to chat with the young people from Wanstead who were on our tour. **Prospective parent**

My daughter absolutely loved **Miss Kioi's** enthusiasm in her Maths workshop at the recent Open Evening. Her energy was infectious and the children really fed off that. Equally **Mr Vardavas'** interactive workshop was a hit and my children carried on the activity of icing flags onto biscuits over the weekend! I appreciate a lot of hard work goes into planning these activities and I just wanted to highlight that the passion and the energy that evening has left a lasting impression with not just us, but some of the friends and their families that accompanied us that evening. I hope this can be shared with the relevant departments. **Prospective parent**

We wanted to express how grateful we are to **Mr Hamza** for all the support he has given our daughter with her UCAS application. He has been extremely patient and kind, supporting her with any worries she has had and ensuring all the forms needed for her application have been submitted in good time.

In addition, **Ms Bache and Ms Dietze** have continued to be an amazing support. They have also supported our daughter through the UCAS process and helped her a great deal. **Year 13 parents**

Messages from Heads of Year



Head of Year 7

Dear Parents and Carers,

I would firstly like to say a massive thank you for your support with the first half term of your child's time at Wanstead High School. Our Year 7 pupils have settled in so well, immediately taking in their stride our systems and procedures designed to keep us all safe and happy. It has been an absolute pleasure to have been part of the beginning of their secondary school journey.

The level of organisation, resilience, teamwork and maturity that I have seen in many pupils, should be applauded and celebrated. I have popped into many Year 7 lessons, over the last few weeks, and have received positive comments from all staff, on how they have settled in and are working hard to

achieve their very best.

I am extremely proud of how many Year 7 pupils have represented the school already in our poetry competition, our Year 6 Open Evening, Netball and Football matches and our trip to Lambourne End. I have continued to be impressed by praise points achieved by pupils across the year group.

We have had such a positive start to the academic year and want to maintain these high expectations as we move forward throughout the year.

Have a lovely half term holiday.

Ms G White



Head of Year 8

Dear Parents and Carers,

I am writing as the first half term comes to a close. The other day, I was contemplating a quote often attributed to Albert Einstein:

“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”

The talents can be found within the Year 8 cohort is mind-blowing – though not always noticeable at first glance, sometimes

hidden away from plain sight. There are amazing mathematicians working at levels higher than expected. Pupils whose grasp of the English language allows them to compose wonderful pieces of writing. Athletes (big shout out to the Year 8 Football team who have put in some very impressive performances) and dancers, artists, musicians, linguists...the list goes on.

I remind myself that it is important to nurture talents. But I also hold true that it is important to learn new skills too, and we as educators provide the tools to facilitate this. For example, we capped off the half term with the trip to Redbridge Drama Centre to see a production of Frankenstein – something that I am sure will benefit the pupils as they embark on

the next phase of their learning (huge thanks to Miss Begum and Ms Khan for organising this).

It feels like it has been a long half term, which has come with challenges – but I am left feeling hopeful moving forward. Year 8 is often thought of as a bit of an odd year – transition from primary is in the past, no options choices to make, the pressure of GCSEs will still seem a long way off in the future. To my mind, Year 8 is an opportunity for pupils to reinforce good habits for behaviour and learning. To continue to develop their skills and knowledge in preparation for the more significant events to come over the horizon. Therefore, I am gladdened when I see the extraordinary efforts the pupils are putting into their learning (“excellent effort” is by far the largest category for achievement points in the year group).

I wish you all a restful half term.

Mr D Tann



Head of Year 9

Dear Parents and Carers,

“Blink and you’ll miss it” – I certainly feel that way about Year 9’s school journey (YEAR 9!! - how did that happen already?) it seems to be whizzing by so fast. Whilst I bemoan and Year 9 groan at my telling them frequently how fast they are growing up, I do need to share what a fantastic start they have made to their last year of Key Stage 3. This year, about half their

lessons are no longer taught as ‘Tutor Group’ lessons and this seems to have given them a new focus in lessons as they enjoy working with and building more friendships across the year group. Equally they have also remained appreciative of their Tutor Group family; enjoying that sense of familiarity that comes from of working together with people in lessons

that know your strengths and foibles well. It has served as a nice introduction into what learning will be in Year 10 after they have chosen their GCSE Options. On 14th November we have a Parent Information Event to explain the GCSE Options process and how it progresses during the course of Year 9. Events will also be run in school to support and help guide children in making these decisions about their future learning. It is an important milestone they’ve reached in their school career.

I’m very lucky that Year 9 frequently cause my heart to fill with pride. Once again the year group have been so keen to promote and celebrate the school with others. So many of the year group helped at the recent Year 6 Open Evening from giving speeches to the assembled crowds about their learning journey at WHS, giving school tours or hosting in subject areas. Families were quick to feedback how impressive, kind, helpful and informative they were. The year group have also been instrumental in marking the school’s centenary this term sharing stories and celebrations with Old Heronians.

It has been a great first half term and I hope that Year 9 and all their families have a wonderful holiday.

Ms C Murray



Head of Year 11

Dear Parents and Carers,

What an exciting first term, so much has happened!

During this Autumn term, pupils have shown a lot of dedication to their upcoming exams and mocks. There has been a lot of academic achievements to celebrate this term, many of the pupils have truly turned a corner in their maturity and outlook on their learning.

After half term, the November mocks will begin.

Mr Ali has worked extremely hard to get the exam timetable, intervention schedule and all information out to parents, carers and pupils - thank you Mr Ali! It has been great to see pupils this term making full use of their interventions with their teachers and thank you to all subject teachers and Heads of Departments for giving this opportunity to our Year 11 pupils.

Mocks begin on 13th November.

Looking ahead, we also look forward to our Sixth Form Open Evening on 28th November. We are very proud of our Sixth Form and would love to see our existing pupils flourish for another 2 years studying A Levels. During this Autumn term and next, Colleges and Sixth Forms start having their open days. Tutors during tutor time, have, and will continue to thorough-

ly explain the reference process. References will be completed by tutors and the Head of Year. Please ensure when requesting a reference you are using the correct referencing email address, to ensure your child’s reference is completed (referencerequests@wansteadhigh.co.uk).

Thank you to all tutors who continue to support our pupils through the post 16 pathways process.

Have a lovely half term.

Ms R Gullefer



Head of Year 12

Dear Parents and Carers,

I hope you and your families are very well as we reach the end of a very busy but productive first half term. Year 12 'new Herons' and 'old' have settled into school routines and expectations and it has been a pleasure to see them enthusiastically embark on their new, exciting learning journey.

It was lovely to meet so many of you at our Parents' Information Event on 17th

October where we went through Sixth Form procedures, enrichment opportunities as well as our tutors delivering an introduction to Unifrog, our Post-18 destination platform. For those who couldn't attend, the PowerPoint presentations can be found on our school website under the Sixth Form tab.

I am proud to see so many of our Year 12s have been eager to enrol in a variety of enrichment activities. Thirty pupils gave up an evening to offer services as School Ambassadors and Tour Guides for the recent Year 6 Open Evening. Many of our cohort have been selected for the award-winning 'Future Leaders' programme which is run by the Mayor of London. Other pupils have attended lectures and workshops for Finance and Law.

Our Year 12 aspiring medics were lucky enough to be recently visited by Dr Bowe, an alumni pupil who generously made time from his hectic schedule to spend the afternoon with them. He delivered an excellent presentation on how to prepare for specialist medical exams; how to boost university applications with super curricular activities; where to seek medical work experience and gave pupils the low down on what to expect as a medical student. I have shared his resources on our Year 12 Google Classroom page for further reference.

We offer the Extended Qualification Project (EPQ) qualification for pupils to take alongside their A Levels and many of our Year 12s have selected this option after successfully completing a

MOOC course run by the University of Bath. The EPQ is worth half an A Level, run by the AQA board and is worth UCAS points. Projects are pupil-driven, giving pupils the freedom and responsibility to select a topic they are interested in, conduct personal research and make a presentation of findings to an audience. Currently we have pupils researching topics as diverse as WW2 Art and the inequalities in women's health.

Year 12 pupils are required to complete 1 hour of Social Contract per fortnight in Terms 1 and 2 of the academic year. This is a good way to support the school community, obtain valuable transferable skills and can be a boost to personal statements or CVs. The Social Contract session will take place during a study period, lunch time or immediately after school. Some examples of Social Contract this year are assisting the Music department with Key Stage 3 band practice, helping coach after-school Netball club and supporting Year 11 pupils with GCSE Maths interventions.

We have a dedicated Google Classroom page for Year 12 notices, higher education information and enrichment opportunities as well as general reminders and notices. It would be a good idea if pupils got into the habit of checking our page regularly or set alerts so as not to miss out.

Finally, please may we ask for your support in ensuring that your child:

- Is on time for school each day and with attendance of at least 95%.
- Adheres to our formal dress code (full details are on our school website).
- Arrives ready to learn with the correct resources and equipment.
- Completes all home learning tasks.

Please can you:

- Contact the school each day your child is absent.
- Ensure your school contact details are updated as necessary.
- Schedule routine medical appointments outside of school hours.

Thank you for your valuable support. Wishing you and your family a lovely half term break.

Ms T van Beers



Head of Year 13

Dear Parents and Carers,

As we come to the end of the first autumn half term, I would like to take this chance to commend our Year 13 pupils on making a positive and focused start to their last academic year at Wanstead High School. Their dedication and hard work are evident, and I am proud of the way they have approached their studies and preparations.

I am pleased to report that all early applicants have successfully submitted their

university applications, and some pupils have already begun receiving offers, which is a fantastic achievement! For those applying under the equal consideration deadline, please be reminded that the internal deadline for submission is 8th November. This will allow us to conduct thorough quality checks to ensure that every application is robust and reflects the pupil's full potential.

To further support your child, I am offering appointment slots for pupils to review their UCAS applications and personal statements. These sessions provide a valuable opportunity for individual guidance and feedback, so I strongly encourage pupils to take advantage of this support. At the start of each week the schedule for the appointment slots is updated in the sixth form block.

We are also looking ahead to the November mock exams, which will be a critical part of each pupil's preparation for their final exams. The mock window for Year 13 pupils commences from 13th November and runs till 27th November. A separate letter will be sent with further information. These mocks are important, not only as a way to gauge progress, but also because they provide an opportunity to practice under exam conditions, helping pupils refine their exam techniques. It is essential that pupils approach these exams seriously, as they can help to identify areas for improvement.

Please remind your child of the importance of meeting deadlines and staying on track with their studies as we enter this busy and vital period in their educational journey.

We look forward to continuing to support your child as they work towards their next steps.

Have a great half term!

Mr M Hamza

Annual Jack Petchey Achievement Award Celebration

On Wednesday 16th October, 6 of Wanstead High School's Jack Petchey winners for Academic Year 2023-24, attended the annual Jack Petchey Achievement Award Celebration event at Redbridge Town Hall in Ilford.

The event was an opportunity for schools and parent/carers to celebrate the fantastic achievements of the Award winners.

The whole evening was compered by Tara Castiglioni and the presentations were made by the Mayor of Redbridge, Councillor Sheila Bain and the Corporate Director of People, Adrian Loades.

Below is our list of winners – all thoroughly deserving:

Lily – Year 13, won her Award for her contribution to Art.

Eleanor – in Year 12 at a different Sixth Form, won her Award for her dedication to Music over her 5 years at Wanstead High School.

Lylah – Year 8, received her Award in Year 7 for coping brilliantly with her transition from Year 6 to Year 7.

Harman – Year 12, won her Award in Year 11 for her resilience

when faced with adversity.

Mihaela - in Year 12 at a different Sixth Form, won her Award when in Year 11 for her behaviour, resilience, initiative and attitude to learning.

Emily Rose – Year 10, was nominated in Year 9 for being outstanding in both Dance & Drama and being a fantastic role model both in and out of lessons.

Afsana – Year 8, despite real anxiety she has superseded everyone's expectations and is very deserving of the Award along with all the recipients.

The evening went without a hitch and all 6 pupils sat patiently waiting for their turn to be presented. With 12 other schools going before them – it was quite a long wait! They all clapped and cheered for every young person being presented regardless of what school they were from. They were an absolute credit to Wanstead High School and it was my privilege to be sitting alongside them!



Lambourne End - Year 7 Team Building Trip

Lambourne End the Outdoor Learning Centre is a fantastic 54 acre classroom with the freedom to create the right atmosphere for learning. Through tailored programmes it provides the opportunity for people to develop and stretch themselves whilst enjoying a fun experience in a welcoming and informal environ-

ment in which they can feel truly valued. Our Year 7 pupils really enjoyed all of the activities and demonstrated excellent resilience throughout.

By Ms G White





Award winning author Bali Rai visits WHS

On Tuesday 8th October, Wanstead High School welcomed the well-known children and young adult author, Bali Rai.

He has published over 50 books including '(Un)arranged Marriage', 'Rani and Sukh', 'Web of Darkness' and 'Now or Never'. Pupils at Wanstead High School study 'Now or Never' during English lessons in Year 8 as part of the War Unit. 'Now or Never' is about the untold story of Dunkirk focusing on the contribution of Indian soldiers. This book is part of a collection called 'Voices', which is a thought-provoking series of stories based on true events, aiming to highlight the valuable and often overlooked contribution made by immigrants to Britain throughout history. Written by a range of highly regarded children's authors, these tales bring different historical periods to life for readers.

Using this special day, all of the Year 8 and Year 9 cohort had a chance to listen to Bali Rai in an hour long assembly where the author spoke about what historical figures inspired his writing and why these stories are important to bring to the forefront. Both year groups were really engaged and asked some interest-

ing questions to the author. In the afternoon, some pupils from Key Stage 3, 4 and 5 were invited to participate in a creative writing workshop with Bali Rai. During this session, the author discussed the planning process of writing stories as well as how to find inspiration for our creative writing. He also gave some practical strategies which the pupils were able to try out in the session. Bali Rai was impressed by our pupil's creativity and participation in the workshop.

The lunchtime and end of day session gave all Key Stage 3 pupils a chance to get their book signed by the author as well as ask any questions they had about the writing process, getting published and what it's like being an author.

This was a memorable opportunity for pupils to meet the author of one of the books we study in English lessons. Hopefully, this day has harnessed a love of reading but also inspired our creative pupils to consider a career as an author.

By Ms C Gorczak



Fashion Illustration Club



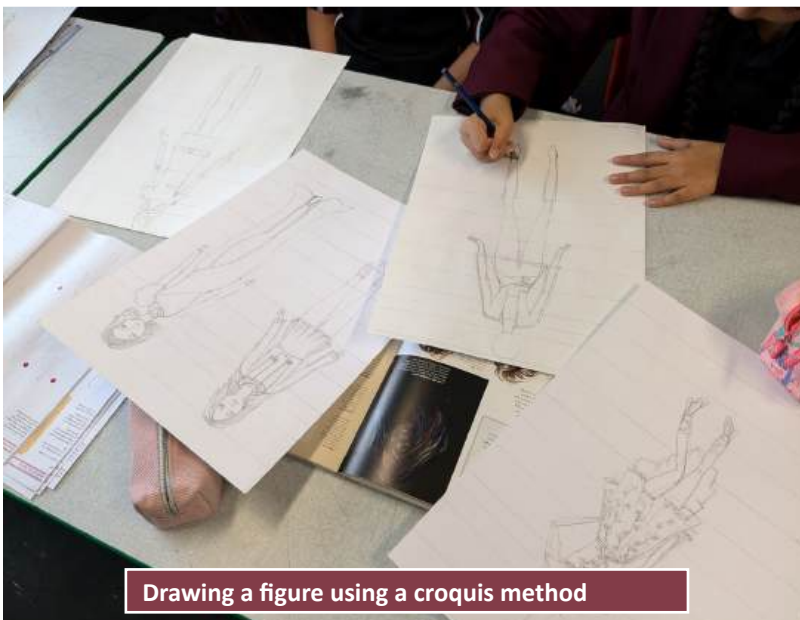
Year 7 pupils – Jessie, Quince & Eliza

Ms E Ellis - Tuesdays (3.15-4.00pm)

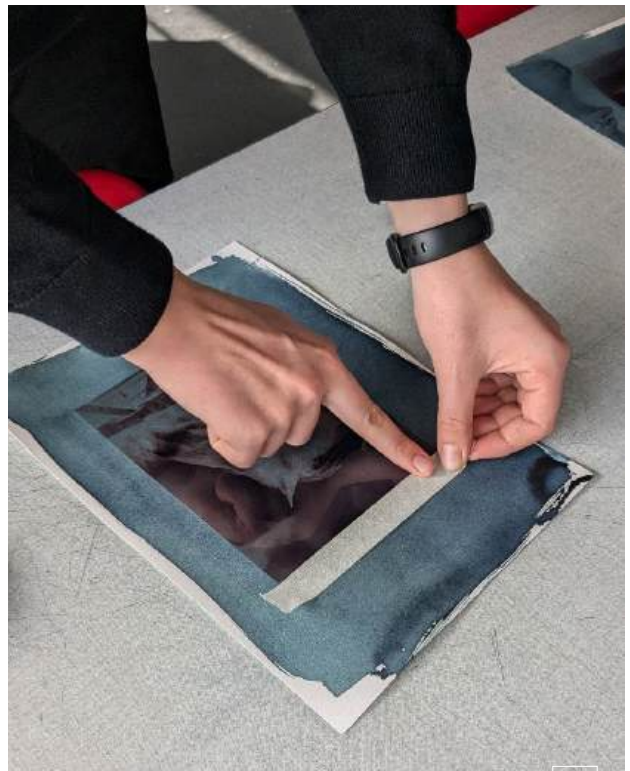
Our pupils have been diving into the exciting world of fashion illustration, where creativity meets technique! This half term, they've been mastering the art of creating fashion figures in proportion, honing their skills in some great A3 pencil drawings.

It's been inspiring to see their passion and talent shine as they bring their imaginative ideas to life on paper. In the upcoming term, we'll dive into the exciting world of mixed media, sewing techniques, and various illustration styles. Pupils will explore the influences of different designers and iconic decades in fashion history, gaining a richer understanding of how these elements shape contemporary fashion.

By Ms E Ellis



Drawing a figure using a croquis method



Experimental Photography Club

Ms E Ellis – Tuesday lunchtimes

This month, our Darkroom Photography Club has been diving into the enchanting world of cyanotypes! Pupils have been exploring this historic photographic process, creating unique blue tinged prints.

During our recent sessions, members learned how to prepare and expose their cyanotype materials, with a negative made on photoshop and printed onto acetate paper.

We invited all pupils interested in photography, art, or simply being creative to join us. Stay tuned for more updates and upcoming projects—we can't wait to see what our talented members create next term.



Archie and Rebecca, both Year 9 with their finished Cyanotypes

Poetry Week 2024

We are delighted to share the success of our recent National Poetry Day event, titled "Poets Speaking Out," held on Wednesday 9th October and Thursday 10th October, during the Key Stage 3 lunch break in the school library. Year 7, 8, and 9 pupils participated in this exciting two-day poetry competition, where they had the opportunity to share their voices by reading their original works or reciting poems from renowned poets who have addressed important social issues. This event gave our pupils a fantastic platform to express their creativity, develop public speaking skills and potentially win prizes. All pupils were prepared for this event during English lessons where all pupils were given a chance to hone their poetry writing skills inspired by real poets.

We are proud to announce the winners of the competition: Vlad Year 7, with his outstanding poem "Caged Freedom," and Jaya and Teresa (both from Year 8), who impressed everyone with their collaborative poem, "Teenage Girl." Congratulations to Vlad, Jaya, and Teresa for their creativity and talent!

Due to the high turnout of competitors, the event even extended into Period 4, and the pupils thoroughly enjoyed the chance to showcase their talents in front of their peers and staff, fostering a wonderful sense of community.

By Mr I Choudhury

Caged Freedom by Vlad (Year 7)

The crow leaps down,
The stream of air it does,
It stops at the waterfall,
Cascading into the riverside,
But as it bent to drink,
It's mouth was shut.

It continued to try,
It's mouth was dry,
It's claws were cut
And it's arms were
Unable to scratch

It tried to fly away
But it's feather fell off,
It's wings would stop.
As all felt lost,

It raised itself high,
Let go of the past
And heal, grew itself
Back up again, and again,
and again

Shadows of Silence by Viktoria (Year 9)

In a room where whispers fade,
A young heart fights, unafraid.
Behind closed doors, the world feels wide,
But inside her, fear won't hide.

A mirror shows a tired face,
A smile worn, no warm embrace.
Laughter hides the aching truth,
A silent cry, the loss of youth.

Friends feel distant, just out of reach,
Words unspoken, lessons they teach.
In crowded halls, her breath runs tight,
Panic rises in the night.

Fingers trace the scars she hides,
A map of pain where hope divides.
In dark moments, thoughts arise,
What if this struggle never dies?

Yet in the silence, a flicker glows,
A spark of strength that gently grows.
With each small step, she starts to see,
The beauty in her fragility.

Though the struggle feels like endless rain,
She holds on tight, through joy and pain.
For even in darkness, light can break,
A promise whispered: she won't forsake.

Here's to the girl who fights each day,
With courage blooming in shades of gray.
Her story woven, strong and true,
A testament to hope, a heart renewed.



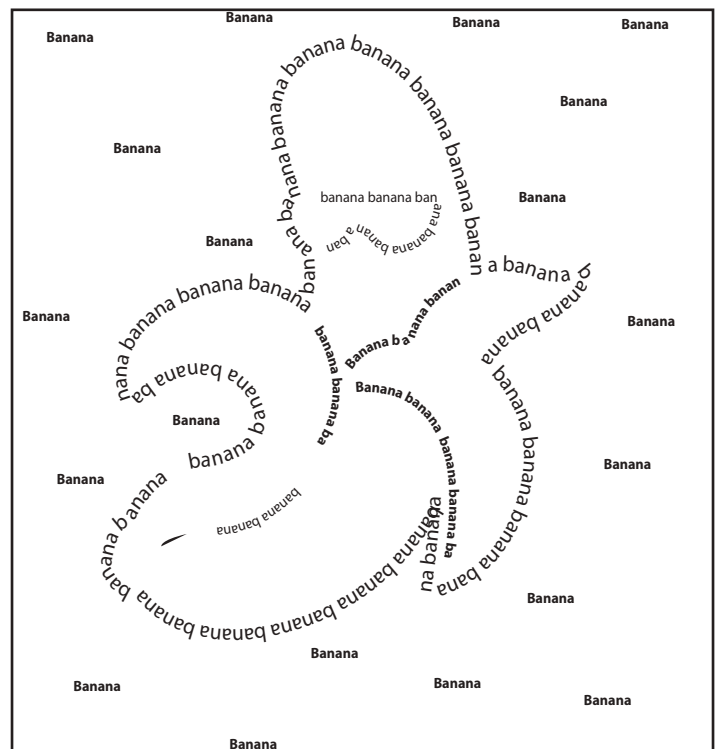
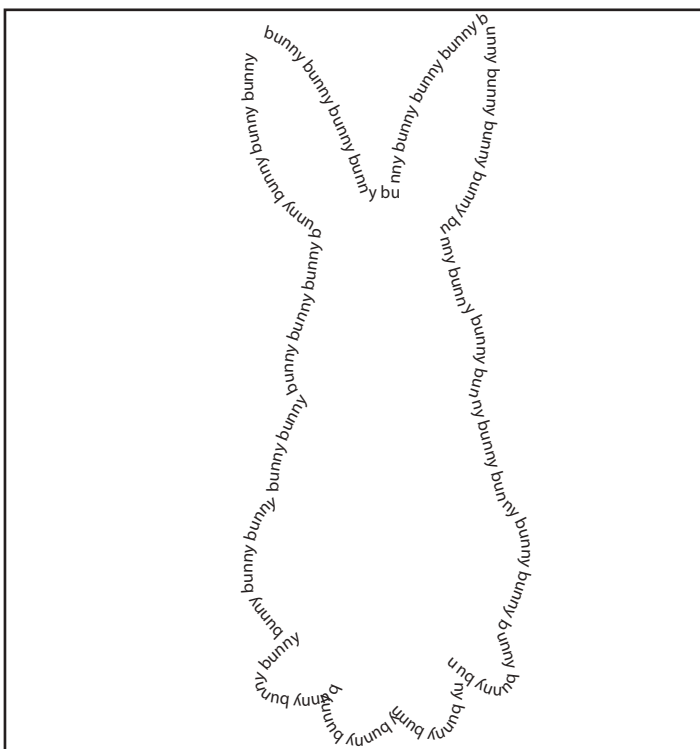
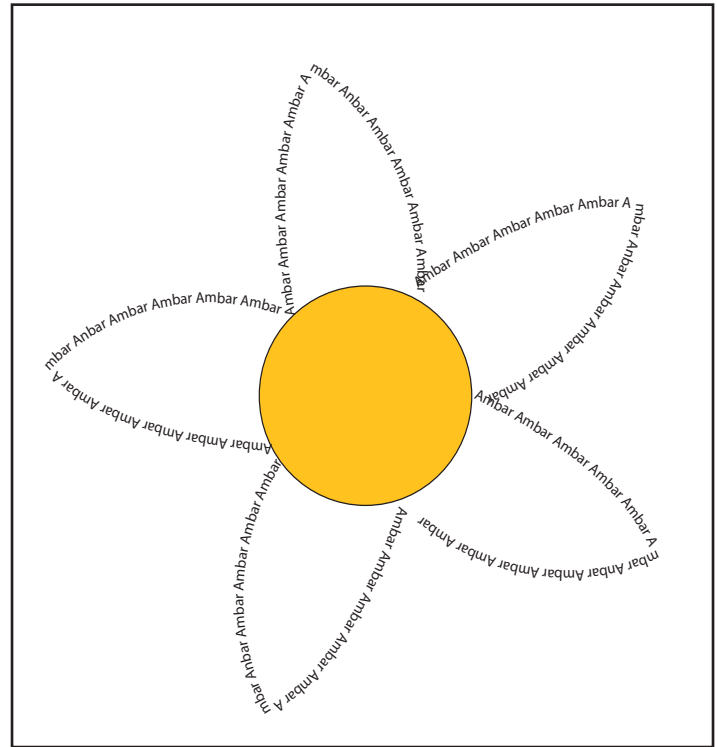
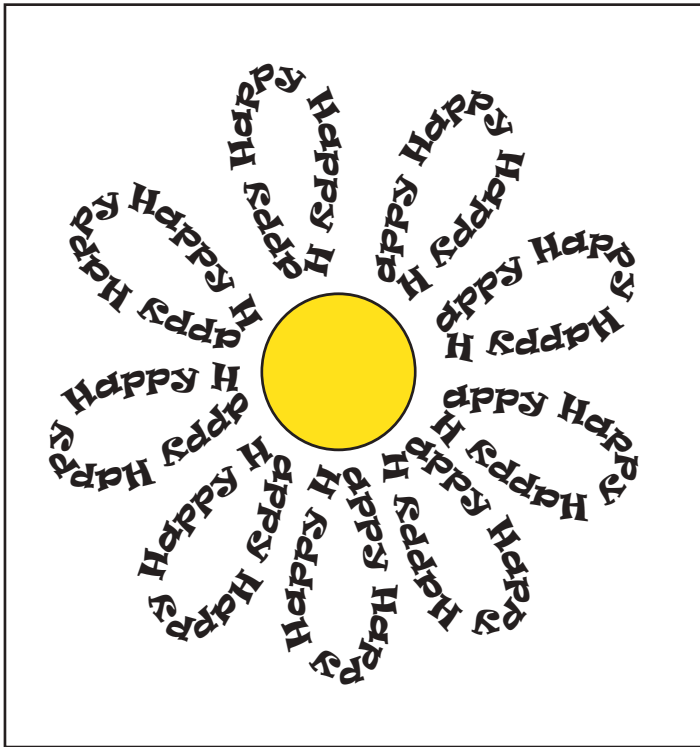
Our Type of Art

by Year 7 Graphic Design Pupils

In Year 7, pupils learn the foundations of good Graphic Design. They develop an essential understanding of 'The Anatomy of Type' and the importance of type style and personality.

They learn useful skills and techniques in Adobe Illustrator and InDesign software and an appreciation of graphic design trends in commercial practice.

Here, we can see a few examples of how pupils have used 'type on a path' to create 'Type as Art' illustrations.



Achievement Award Winners

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Art	Emilia	Iris	Noah	Jude	Woody	Sabina	Rhea
Biology				Millie	Aashir	Ria	Lara
Chemistry				Adrianna	Manha	Hal	Tasin
Classics						Chloe	Haydar
Computing	Yacoub	Petra	Ellie	Leila	Manha	James	Luke
Dance	Edie	Sienna	Beth	Selin	Alice		
Drama	Kaira	Raha	Sulayman	Henry	Flora	Zara	Kyla
Economics						Oliver	Roman
English	Ambar	Margot	Ellie	Kayden	Isla		
Food and Nutrition	Drissialemoy	Zahra	Xavier	Nelson			
French	Adam	Mohammed	Yasiar	Zakariya	Esmé	Amel	
Further Maths						-	-
Geography	Amelia	Aleena	Matthew	Laurel	Kledi	Kristina	Erin
Graphics	Rubin	Lylah	Xanthe	Blake	Ava		
Health and Social Care				Sufiyan			
Health and Social Care				Anna			
History	Lucille	Theodore	Ella	George	Anna	Ellen	Jones
Language and Literature						Harman	Kyla
Literature						Juanita	Jay
Maths	Subhan	Noman	Clarentia	Emily M	Reyhan	Lorena	Dylan
Media				Emily J	Ariana	Mabel	Mirabel
Music	Matilda	Teresa	Calvin	Thomas	Zachary	Isaiah	Marta
Photography						Leah	Conrad
Physical Education	Rory	Jasmine		Daniel	Thomas	Sophie	
Physics				Sahib	Emily	Patrick	Luke
Politics						Taya	Joanie
Psychology						Mine	Oskar
Religion and Philosophy	Paras	Zakariya	Erin	Luella	Anna	Annie	Madiha
Resistant Materials	Blythe	Hawbir	Noah	Jude			
Science	Brooklyn	Thomas	Tess	Juliette	Finn		
Send							
Sociology				Adrianna	Lucas	Nima	Yusuf
Spanish	Brooklyn	Lydia	D'arcy	Caspian	Anna	Saskia	Amelie
Textiles	Ella	Eliana	Alexandra	Olivia	Amana		
Hoy Award	Keila	Iris	Noah	Kenny		Rithvika	Kerra
Behaviour Award	Zaeem	Jens	Uthman	Harriet	Yumna	James	Sofia
Attendance Award	Paras		Jaiden	Zayn	Dua		Jack
Headteacher's Award	Lucian	Katie	Eddison	Emily	Ava	TBC	TBC



Wanstead Pupils Star For Eton Manor!!

It was an absolute pleasure to watch some of the recent Eton Manor rugby matches, which included so many talented Wanstead High School pupils. The school continues to develop positive relationships with the club, with new members joining all of the time.

This week saw the U16 girls' team comprehensively victorious in the Nationals Cup.

We are looking forward to seeing how far this team can progress.



New Facilities Particularly Popular With The Pupils!

It has been a pleasure to introduce some new facilities / equipment into the PE curriculum this half term. The netball courts are looking lovely with some new line markings and netball posts and balls. Introducing four new trampolines, means that in lessons pupils get many, many more tries to perfect their routines!

These have also been utilised in netball club and trampolining club where we have welcomed over 40 pupils per week attending.



Trampolining Club A Roaring Success!!



Wow! What an amazing start we have had to extra curricular so far.

We had 91 pupils sign up for our Trampolining Club, which runs every Tuesday. Year 7s are welcome to attend on a Week 1 timetable, and Years 8-11 on a Week

2 timetable.

It has been fantastic to see the talent we have here at Wanstead, and to see pupils progress and learn new skills.

Football Season Off To A Flying Start!!



The football season has started with a bang with lots of games played, and many wonderful results. The most important thing is that pupils have represented the school excellently, understanding what it means to represent the school, and performing with 'character'. For a look at all results please see overleaf.

The football team managers have nominated a current 'player of the season' so far... congratulations to these players. We hope you continue to shine, when the football season resumes again in February '25.

Players of the season so far:

- Year 7 Girls – Olivia N & Year 7 Boys – Daniel J
- Year 8 Girls – Isabelle L & Year 8 Boys - Matty E
- Year 9 Girls – Maria M & Year 9 Boys - Harlind B
- Year 10 Girls – Mariela C
- Year 11 Girls – Kitty G & Year 11 Boys – Sam O



Netballers showing their incredible skills!

Our Netball Club is well and truly off to a flying start with over 100 pupils subscribed! Unfortunately, this means we have to continue to keep Week 1 Mondays devoted to our Year 7s and Week 2 Mondays to Years 8, 9, 10 & 11.

ensuring competitive fixtures are available to all. Woodbridge, Trinity, Woodford County are our opponents in the first round of the competition. Good luck to all, let's go Wanstead!

The borough's teachers and netball fanatics have come together to flavour this year's netball season with structure and rigour,



Well done to our Year 7 netballers who played their first ever game against Woodbridge. The score at the end of the game was 2-2, so it was decided to do a golden goal. Unfortunately, the team just missed out on the win (3-2 Woodbridge)



THE WANSTEAD



Episode .04

In this edition of 'The Wanstead Superstar' we meet Noah W of 8.1.

Noah is an extremely talented swimmer, who has recently competed against (and beaten!) an Olympian!

Find out some more about Noah's journey, below.

Mr Sains: How did you initially get into swimming?

Noah: Me and my family go to Germany every year to visit my grandparents. They have a house near a lake so I guess I just started swimming there every day. I got good at it, joined a club (Waltham Forest Gators) and started doing it competitively.

Mr Sains: What are your biggest achievements in swimming so far?

Noah: I made summer nationals recently and I am currently ranked 7th in the whole of the UK in my discipline and age group. I also came 2nd in a recent London regional championships and came 1st place in Essex!

Mr Sains: What is your training schedule like?

Noah: I currently train for 12 hours per week. This is usually done every day. I have to wake up every day at 4.45am in order to get my training done before school.

Mr Sains: Who are your biggest inspirations to date.

Noah: My two biggest inspirations in the swimming world are Adam Peaty and Arno Kamminga. My biggest inspiration outside of them, is of course my family.

Mr Sains: What barriers or challenges did you face when starting out?

Noah: One of my biggest barriers that I have faced is nerves. When I went to my first ever nationals competition, I was one of the youngest people there so I was really nervous. Then, I didn't do as well as I could have done because of this.

Mr Sains: What advice would you give any aspiring beginners out there?

Noah: My advice will be to never give up, and understand that you will face barriers along the way, but you must overcome them and continue working hard to achieve your dreams. See below of some of the photographs of Noah in action.



Duke of Edinburgh's Award

We are excited to offer The Duke of Edinburgh's Award again this year. It is designed to enrich pupils and provide them with a framework to not only develop and grow as an individual, but to also give something back to the community. The number of pupils enrolled on the programme is unique in this borough and we are very proud of what we offer our pupils.

We now have our very own page on the school website dedicated to DofE, with all the information for our Year 9, 10 & 12 parents.

Website: [LINK TO WEBSITE](#)



Duke of Edinburgh's Award – Introducing the Website Page

BRONZE

Volunteering 3 months	<i>PLUS a further 3 months in the Volunteering, Physical or Skills section.</i>
Physical 3 months	
Skills 3 months	
Expedition 2 days 1 night	



SILVER

Volunteering 6 months	<i>Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.</i>	
Physical		one section for 6 months, the other for 3 months
Skills		
Expedition 3 days 2 nights		



Contact information:

Miss Feeney (Duke of Edinburgh Coordinator) – dofe@wansteadhigh.co.uk

Duncan Moore (Director of Let's Get Out) – Duncan@letsgetout.co.uk

More Information Found On The Below Tabs



- INFORMATION BRONZE & SILVER +
- DATES & SESSIONS +
- ACTIVITY IDEAS +
- USE OF THE 'EDOFE' PLATFORM GUIDE +
- KIT LIST +
- KIT AND FOOD IDEAS FOR EXPEDITION +
- GUIDE ON WRITING AN ASSESSORS REPORT +
- SPARE ASSESSOR CARDS +

Sports Teams – RESULTS half term one

Team	Opponent	Date	Score
Year 7 Boys' Football trials	Inter		44 in attendance
Year 7 Girls' Football trials	Inter		27 in attendance
Year 8 Boys' Football	Brampton Manor	23.9.24	3-2 (win)
Year 9 Boys' Football	Marshall's Park	23.9.24	9-1 (win)
Year 7 Boys' Football	Seven Kings	25.9.24	win
U16s Girls' Football	Mayfield	25.9.24	win
Year 8 Boys' Football	Leytonstone	26.9.24	3-4 (loss)
Year 11 Boys' Football	Seven Kings	30.9.24	1 – 0 (win)
Year 8 Boys' Football	Seven Kings	30.9.24	2 – 1 (win)
Year 7 Girls' Netball	Woodbridge	15.10.24	2 - 3 (loss)
Year 8 Girls' Netball	Woodbridge	15.10.24	12 - 20 (loss)
Year 8 Girls' Netball	Woodford County	1.10.24	7 – 15 (loss)
Year 9 Girls' Netball	Woodbridge	22.10.24	22-6 (loss)
Year 10 Girls' Netball	Woodbridge	22.10.24	18-10 (win)
U13 Girls' Football	At Frenford	2.10.24	1-1 (draw), 0-0 (draw) 3-1 (win)
Year 11 Boys' Football	Valentines	2.10.24	win
Year 9 Boys' Football	Loxford	2.10.24	3 – 1 (win)
Year 9 Boys' Football	Valentines	7.10.24	1 – 4 (loss)
U16 Girls' Football	Forest Academy	9.10.24	10 – 1 (win)
Year 7 Boys' Football	Year 8s	9.10.24	5 – 4 to Year 8
Year 7 Football 'call back' trials	Home	14.10.24	24 in attendance
Year 10 Boys' Football	Loxford	15.10.24	5-0 (win)
U13 Girls' Football 'A'	At Frenford	16.10.24	2-0 (win) 0-0 (draw)
U13 Girls' Football 'B'	At Frenford	16.10.24	2-0 (win) 4-0 (win)
Year 8 Boys' Football	Valentines	22.10.24	7-2 (win)
Year 8 Boys' Football	Valentines	21.10.24	7-2 (win)
Year 9 Girls' Netball	Woodbridge	22.10.24	25-6 (loss)
Year 10 Girls' Netball	Woodbridge	22.10.24	18-10 (win)
Year 7 Boys' Football	Valentines	23.10.24	3-3 (draw)
Year 11 Boys' Football	Loxford	24.10.24	3-1 (win)



Does your child take part in competitive sport or activity outside of Wanstead High School?

We want to hear about it!

For a chance to appear in our Heron Homelink.

Are they - An incredible gymnast?

A wonderful dancer?

A black run skier?

An opening batsman?

A gold medalist swimmer?

An amazing athlete?

A superstar boxer?

A black belt in karate?

Email: j.sains@wansteadhigh.co.uk

with all information for a chance to be featured in the next Heron Homelink 'Wanstead Superstar' edition.

Forthcoming Vaccinations

Vaccination UK will be visiting Wanstead High School on the following days to provide the following vaccinations to pupils:

Flu:

Thursday 21st November 2024

Friday 22nd November 2024

DTP/Meningitis ACWY 2024-25 (Year 9s)

Monday 24th March 2025

Tuesday 25th March 2025

Human Papilloma Virus HPV 2024-25 (Year 8s)

Monday 23rd June 2025

Tuesday 24th June 2025

The flu vaccine is being offered on Thursday 21st November 2024. Parents/carers are asked to complete the online form before this date to provide consent for your child to receive the vaccine. Even if you do not wish for your child to have the vaccine, please complete the online form so that we can record

your wishes.

<https://london.schoolvaccination.uk/flu/2023/redbridge>

Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

PLEASE NOTE the flu vaccine will NOT be available to otherwise healthy children after 15th December at all, and so Vaccination UK urge you to return the consent form as soon as possible.

Further information on the flu vaccine is attached to this newsletter.

Year 8 Parent Information Evening

It was wonderful to meet so many parents and carers at the recent Parent Information Evening. We hope you found this session to be valuable. We would appreciate feedback on the event and invite you to complete our short survey https://docs.google.com/forms/d/e/1FAIpQLSfg-BcgF_g_e6fPrUewT00Lf3S_ZeQfK-aBS0IVRx2ewgyNGPw/viewform

For parents and carers who were unable to attend the evening please find some key information below:

Year 8 Tutor Time Programme				
Monday	Tuesday	Wednesday	Thursday	Friday
Weekly achievement and behaviour data review. Pupil of the Week WOW - Word of the Week	DEAL – Drop Everything and Listen Literacy intervention	Votes for schools- A pupil voice initiative which encourages debating and public speaking	DEAL – Drop Everything and Listen Literacy intervention	Assembly

Key dates for the Year Ahead:

- 19th June - Year 8 Progress Evening
- 21st July - Year 8 Reward Trip to Thorpe Park

Pastoral Corner

'Pantsing'

We would like to make parents aware of a trend which is circulating called 'pantsing'. This involves pulling down someone's trousers or underwear or lifting their skirt'. We have addressed this with all pupils via assemblies and reminded them that conduct of this type is sexual harassment and not banter and is potentially a criminal activity. Please also have these conversations with your child to support us to maintain the safest learning environment possible.



'Save to camera roll'

There is a setting on WhatsApp which automatically saves any images or videos posted in group chats directly to the device's camera roll. This can make children particularly vulnerable if they are in a group chat with several peers. If inappropriate content is posted into the chat this will automatically save to your child's camera roll which means they could unwittingly be in possession of inappropriate or pornographic materials on their phone. This option can be amended in settings by going to WhatsApp > Settings > Chats > Save to photos/camera roll

Flu immunisation for pupils in school years Reception - Year 11

Dear Parent/Carer

The flu vaccine is being offered at your child's school again this autumn/winter.

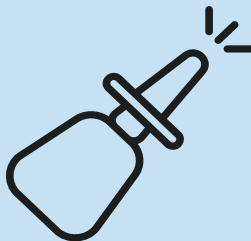
To give consent for your child to have the flu vaccine, please [click here:](https://london.schoolvaccination.uk/flu/2024/redbridge)

<https://london.schoolvaccination.uk/flu/2024/redbridge>

Even if you do not wish for your child to have the vaccine, please complete the online form so that we can record your wishes.

THE NASAL FLU VACCINE

- ✓ Protects your child from the flu
- ✓ Protects your family and friends from the flu (especially those who are elderly, young babies, or those who have serious health conditions)
- ✓ Is painless, quick and effective
- ✓ Is free
- ✓ The nasal flu vaccine is very effective at reducing the spread of flu



THE IM FLU VACCINE



We also offer the flu vaccine as an injection, which is gelatine-free. Please see our Frequently Asked Questions for more information.

You only need to complete one consent form for each child. If you later change your mind, please call your local team. If your child has this immunisation elsewhere after you have submitted the consent form, you **MUST** inform Vaccination UK rather than the school.

We understand that you may have questions about the vaccine. For more information, please go to our website, where you can find a list of FAQ's, as well as details of our community catch up clinics. We also have some FAQ's enclosed below.

You can also find informational videos on our YouTube channel, including subtitled versions for other languages.

Yours faithfully,

Your Local Immunisation Team
Vaccination UK



REDBRIDGE

Immunisation Team
Contact Details



redbridge@v-uk.co.uk



0203 3432400

WORKING ON BEHALF OF



USEFUL INFO



We try to come to your child's school twice. If they are absent or unable to be vaccinated at school, you will need to attend one of our community clinics for the vaccine. Details of these can be found on our website or you can contact the team above.



PLEASE NOTE the flu vaccine will NOT be available to otherwise healthy children after December 13th at all, and so we urge you to return the consent form as soon as possible in case we are not able to visit your child's schools for a second visit this year.



Your consent will remain in place for the entire flu season. If your child misses a first visit, you do not need to complete a second form.

USEFUL LINKS



www.schoolvaccination.uk/nasal-flu

www.youtube.com/@vaccinationuk



PRIVACY POLICY

Our 2024/25 policy can be viewed [here:](http://www.schoolvaccination.uk/privacy-policy)

www.schoolvaccination.uk/privacy-policy

For data protection queries, please contact:

dpo@vaccinationuk.co.uk



ADDITIONAL INFORMATION

*The consent form needs to be signed by a person with parental responsibility which includes:

- Mother: automatic
- Father: if married to the mother either when baby is born or marries subsequently
- Unmarried father: if name appears on birth certificate (since 1/12/03) or legally acquired
- Others: if parental responsibility is legally acquired
- Parental Responsibility Agreement: signed, properly witnessed and sent for registration to Principle Registry or the Family Division (High Court)
- Residence Order: granted by the Court

Please note that young people under the age of 16 can give or refuse consent if considered competent to do so by nursing staff.

FREQUENTLY ASKED QUESTIONS

Are there any side effects of the vaccine?

Possible side effects are: decreased appetite, headache, a runny or blocked nose, and sometimes a raised temperature. These are common, but they pass quickly and can be treated with paracetamol or ibuprofen if you feel your child needs it.

Are there any children who shouldn't have the nasal vaccine?

You should let us know if your child has any of the following:

- A very severe allergy to eggs, egg proteins, gentamicin or gelatine – it is important for us to know if your child has been admitted to hospital with a condition called anaphylaxis, triggered by these things.
- Are currently wheezy or have been wheezy in the past 72 hours with asthma. There is an alternative flu vaccine that we can talk to you about to ensure that your child is protected as soon as possible.
- Have a condition that severely weakens their immune system.

Also, children who have been vaccinated should avoid close contact with people with *very severely* weakened immune systems for around two weeks following vaccination (By severely weakened, we generally mean people who are isolating, such as those who have received some types of chemotherapy or people who have had a bone marrow transplant, for example). This is because there's an extremely remote chance that the vaccine virus may be passed to them.

Contact with other healthy children or adults does not need to be limited after having the vaccine.

We do not eat pork products.

Can my child have a different flu vaccine?

Yes. There is a flu vaccine available, in the form of an injection.

The nasal flu vaccine is the best vaccine for children and young people under 18 years of age as it is more effective at stopping the spread of flu and it is painless, but it does have a highly processed form of gelatine (porcine gelatine), which is used in a range of many essential medicines. The gelatine helps to keep the vaccine viruses stable so that the vaccine provides the best protection against flu.

If your faith or beliefs mean you would prefer a vaccine that has no pork (porcine gelatine) in it, please complete the consent for the flu injection only. You do not need to complete a form for both.

What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as ‘sexting’. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

WHAT ARE THE RISKS?

EMOTIONAL DISTRESS

Victims of the misuse of intimate images and so-called ‘sexortion’ (blackmail involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional turmoil can affect daily life, academic performance and personal relationships.

DAMAGE TO REPUTATION

Intimate images being made public can severely damage a person’s reputation. This can lead to bullying, social ostracisation and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.

PRIVACY VIOLATIONS

Once intimate images are shared online, it can be difficult to quickly control where they wind up and who else sees them. This loss of privacy can have lifelong repercussions, including identity theft and persistent online harassment.

FINANCIAL EXPLOITATION

Perpetrators of sextortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.

LEGAL CONSEQUENCES

If a child or young person creates and/or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It’s crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.

TRUST ISSUES

Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

Advice for Parents & Educators

FOSTER A CULTURE OF OPEN COMMUNICATION

It’s vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they feel comfortable discussing their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.

PROMOTE DIGITAL LITERACY

Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.

EDUCATE CHILDREN ON THE RISKS

Children and young people often want to understand *why* certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including sextortion, and the long-term consequences that can arise from these actions.

PROVIDE SUPPORT RESOURCES

Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.

Meet Our Expert

Gabriella Russo is a safeguarding and neurodiversity consultant with over 30 years’ experience working with children, families and adults in education, local authority and mental health settings in the UK and abroad.



The National College®

Source: See full reference list on guide page at: [what-parents-need-to-know-about-sharing-intimate-images](https://nationalcollege.com/what-parents-need-to-know-about-sharing-intimate-images)

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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Care with us at Westgate

Real people, real lives

We are recruiting...

Chestnut Manor Care Home are looking for individuals who share our values and want to make a difference.

Join our team today!

Current vacancies include:

Healthcare Assistant
Head Chef
Part time Receptionist
Hospitality Assistant



Apply via our website or contact us for more information.



jobs@westgatehc.co.uk



Cambridge Park, Wanstead



westgatehealthcare.co.uk

One team working together, trying to make a difference...

Wall Art.

by Promote Your School

BBC 500 Words - only 2 weeks to go!



There are just over 2 weeks left to enter the BBC 500 Words Competition.

Every child that submits a story to the BBC 500 Words Competition will be automatically entered into a random draw to win 500 books and a bespoke Wall Art project for their school.

The Wall Art project, donated by Promote Your School, will celebrate the magic of books and the power of storytelling. Includes design, print and installation.

[Find out more](#)

T: 020 7404 3400 ■ E: info@promoteyourschool.co.uk ■ www.promoteyourschool.co.uk

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?
Do you want your voice heard?
Upcoming **FREE SEND** webinars

Are you a parent or carer of a child or young person with special educational needs or a disability aged 0-25 living in Redbridge?
Upcoming **COFFEE MORNINGS**
Time: 10am - 12noon

- ADVOCATING FOR AUTISTIC CHILDREN IN SCHOOL
THURSDAY 7TH NOVEMBER 2024 AT 8PM
 - PATHOLOGICAL DEMAND AVOIDANCE (PDA) IN EDUCATION
TUESDAY 12TH NOVEMBER 2024 AT 8PM
 - UNDERSTANDING & SUPPORTING ARFID (AVOIDANCE RESTRICTIVE FOOD INTAKE DISORDER)
THURSDAY 14TH NOVEMBER 2024 AT 8PM
 - UNDERSTANDING DISABILITY DISCRIMINATION & APPEALS
THURSDAY 21ST NOVEMBER 2024 AT 8PM
 - EOTAS (EDUCATION OTHER THAN IN SCHOOL) & THE LAW
THURSDAY 28TH NOVEMBER 2024 AT 8PM
- PLEASE CHECK EPT FACEBOOK PAGE FOR FURTHER DETAILS.
PLEASE JOIN EPT FREE MEMBERSHIP AND BOOK THE WEBINARS BY TEXT OR EMAIL.

- DATE: WEDNESDAY 13TH NOVEMBER 2024
VENUE: GEARIES CHILDREN'S CENTRE, GANTS HILL, IG2 6TF
SPEAKER: REDBRIDGE TRANSPORT AND THERAPY SERVICES TEAM
 - DATE: MONDAY 25TH NOVEMBER 2024
VENUE: GEARIES CHILDREN'S CENTRE, GANTS HILL, IG2 6TF
SPEAKER: INDEPENDENT SPEECH AND LANGUAGE THERAPIST
 - DATE: MONDAY 9TH DECEMBER 2024
VENUE: COMMUNITY ROOM, TESCO EXTRA GOODMAYES, RM6 4HY
- COME ALONG AND MEET OTHER PARENT CARERS, SHARE EXPERIENCES, SIGNPOSTING & GAIN MUTUAL SUPPORT. LIGHT REFRESHMENTS PROVIDED.
- PLEASE NOTE: EPT DO NOT ENDORSE ANY SPEAKERS OR SERVICES INVITED.

FREE MEMBERSHIP

Open to family members and carers of any child or young person with SEND up to the age of 25 years who live in or receive services from Redbridge. Associate membership is available for practitioners.

MEMBERSHIP FORMS AVAILABLE FROM:
07486 880 799
07486 880 646

www.empoweringparentstogether.org.uk
info@empoweringparentstogether.org.uk

FOLLOW US ON FACEBOOK: Empowering Parents Together - Redbridge
FOLLOW US ON TWITTER: @EPT_Redbridge



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FOLLOW US ON TWITTER: @EPT_Redbridge






EPT COFFEE MORNING

Date : **WEDNESDAY 13th November 2024**
Time: **10am to 12pm**
Venue: **Gearies Children's Centre, Gants Hill, IG2 6TF**
Speakers: **Redbridge Travel Assistance and Therapy Services**






07486 880 799
07486 880 646

✉ info@empoweringparentstogether.org.uk



Diwali

REWT and MHST present...

BREAK THE STIGMA

A FREE community event!

WHEN?

Thursday 31st October 2pm-5pm

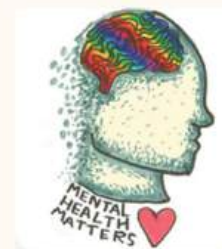
WHERE?

Cranbrook Walk Entrance, Ilford
Exchange, 112 High Road, Ilford IGI IRS

JOIN US FOR FUN AUTUMN ACTIVITIES AND CONVERSATIONS ABOUT LOOKING AFTER YOUR MENTAL HEALTH AND WELLBEING. RIASS WILL BE AVAILABLE TO PROVIDE FREE AND IMPARTIAL LEGALLY BASED ADVICE AND INFORMATION TO PARENTS AND CARERS OF YOUNG PEOPLE (0-25) WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES (SEND).



#BREAKTHESTIGMA





PRELOVED UNIFORM

Academic Year 2023/24 Summary

We are delighted to report the tremendous success of our Pre-Loved Uniform Initiative and share the summary report for the academic year of 2023/24.

Thanks to the generosity of our school community and the hard work of our volunteers, the initiative not only made a positive environmental impact but also raised vital funds for our school.

Key Achievements:

£3,220.00 Raised

Through the sale of pre-loved uniforms, we proudly contributed £3,220.00 to the Build a Better Wanstead High Fund. These funds will be instrumental in supporting much-needed school improvements, benefiting both current and future students.

368 Items Saved from Landfill

A total of 368 uniform pieces found new homes this year, helping families save money and reducing waste. We now have proof, due to the name tag of its original owner still being faintly visible (which happens to be the son of pre-loved Lucy), of one blazer entering the preloved stock for its third wear!! By reusing uniforms, we significantly cut down on landfill contributions, playing our part in creating a more sustainable future.

Supporting Families

The initiative has provided an affordable solution for parents, offering quality second-hand uniforms at a fraction of the cost. This effort helped families stretch their budgets while still ensuring their children were equipped with the appropriate school attire.

Looking Ahead

We are incredibly proud of what has been achieved in the last academic year, but this is just the beginning. We aim to build on this success in the coming year, increasing our impact on the environment and continuing to support our school community. Through summer pop up sales and on-line purchases, we have already raised £360.00 and rehomed 75 items of uniform.

Thank you to everyone who donated and purchased; you have all made a difference! Together, we are not only raising funds for a better Wanstead High but also helping to create a greener, more sustainable world.

Thanks for supporting the WHS PTA Pre-Loved Initiative.

*Lucy & Kerry
Team PTA Pre-Loved*



SCAN ME FOR ALL
PRE-LOVED INFO

ROBBERY IS A SERIOUS CRIME THAT SHOULD BE REPORTED

If your child is robbed, calling 999 on a friend or trusted adult's phone is their best chance of an immediate response.

This gives police the opportunity to catch the suspects, recover stolen items and make sure they're safe.



STAY SAFE GOING TO AND FROM SCHOOL

We want children to be as safe as possible on the school journey.

- Stay aware of your surroundings when walking.
- Try not to walk along with your phone or valuables out on show.
- Plan your route and use forms of transport others are using.
- Avoid shortcuts in isolated places.
- Don't confront a thief or risk your own safety.

Robbery is a serious crime that should be reported, this includes any attempts to rob victims of their property.

**IF YOU SEE A ROBBERY TAKING PLACE OR HAVE JUST BEEN ROBBED CALL 999.
OR REPORT IS AS SOON AS POSSIBLE ON 101 OR AT MET.POLICE.UK**



REDBRIDGE



FOLLOW
Redbridge police team
on WhatsApp for the
latest information, news
& alerts



**METROPOLITAN
POLICE**



TUITION FOR 2024/2025 ACADEMIC YEAR

About me:

My name is Amelia, and I am a current undergraduate at Durham University reading History. In all the subjects that I offer for tuition I achieved either a Grade 9 at GCSE or an A* at A level.

My previous results (23/24):

GCSE: All my students at GCSE level achieved in the range of grade 7-9.

A level: Last year I tutored in History and Classics. Both of these students achieved at least a grade higher than initially predicted at the start of Year 13.

If you are interested please email me:
ameliahartt@icloud.com

SUBJECTS OFFERED:

GCSE:

English Literature

English Language

History

A level:

History

English Literature

Classics

Lesson types:

Online weekly lesson

Ad hoc online booster sessions

Term Dates for 2024 - 2025

▶ AUTUMN TERM 2025

Monday 2 September 2024 to Friday 20 December 2024

Half term break - Monday 28 October 2024 to Friday 1 November 2024

▶ SPRING TERM 2025

Monday 6 January 2025 to Friday 4 April 2025

Half term break - Monday 17 February 2025 to Friday 21 February 2025

▶ SUMMER TERM 2025

Tuesday 22 April 2025 to Tuesday 22 July 2025

Half term break - Monday 26 May 2025 to Friday 30 May 2025

▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

INSET DAY 1 Monday 2 September 2024

INSET DAY 2 Tuesday 3 September 2024

INSET DAY 3 Friday 4 October 2024

INSET DAY 4 Monday 13 January 2025

Disaggregated INSET DAY: FRIDAY 29 November 2024

Wanstead High School

Autumn Term Enrichment - 2024

Clubs are offered on a walk-in basis unless stated otherwise
(KS3 - Years 7, 8 & 9) (KS4 - Years 10 & 11) (KS5 - Years 12 & 13)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School - 7:30 - 8:20				
KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>

Before School: Breakfast Club & Library every morning - 7.30 - 8.20

Lunchtime

Year 7-9 Lunch is 12:20 - 1:05pm

Year 10-13 Lunch is 1:20 - 2:05pm

History of Art (KS5) Week 1 & 2 Room NB10 - 1:20 2:20	Year 9 Company Dance Studio 12:30 - 1:00	Choir (KS3) Room 36 12:20 - 1:05	Dance Company Year 7 and 8 Dance Studio 12:30 - 1:00	Open Studio (KS3) Dance Studio 12:30 - 1:00
	Spanish Speaking Club Year 11 Week 1 & 2 Room MA4 1:30 - 2:00	Art Photography Lecture (KS3 & KS4) Room NB11 1:20 - 2:00	Choir (KS4) Room 36 1:20 - 2:05	Friday Prayer Club (KS3) Room AHH 12:20 - 1:05
				Friday Prayer Club (KS4) Room AHH 1:20 - 2:05

After School 3:05 - 4:10pm

Brass Group (KS3, KS4 & KS5) Room 37 3:15 - 3:45	GCSE NEA Recording + Intervention Room 36 3:15 - 4:00	Robotics Club (KS3) Room IR1 3:15 - 4:00	Steel Pans (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Jazz Band (KS3, KS4 & KS5) Room 36 3:15 - 4:00
String Group (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Wind Band (KS3, KS4 & KS5) Room 38 3:15 - 4:00	Redbridge Girls' Football Festival <i>(INVITE ONLY)</i> 3:15 - 4:15	Rugby Club Top Field 3:15 - 4:15	Revision Day (KS4 & KS5) Dance Studio 3:15 - 4:20
Netball Club (KS3, KS4 & KS5) MUGA/Lower Playground 3:15 - 4:15	Fashion Illustration (KS3 & KS4) Room NB9 3:15 - 4:00	Boys Football Matches (KS3 & KS4) <i>(INVITE ONLY)</i> Location (various) 3:15 - 4:15		Team (KS3) Dance Studio 3:15 - 4:20
Boys Football Matches (KS3 & KS4) <i>(INVITE ONLY)</i> Location (various) 3:15 - 4:15	KS3 Weather Club Room NB1 3:15 - 4:20	Basketball Club (KS4) Sports Hall 3:15 - 4:15	<p>Dear Parent/Carer,</p> <p>We would like to clarify the system put in place if your child is attending after school enrichment. At the start of all enrichment clubs, registers will be taken so we are clear on who is in the school building. If a pupil does not attend a club that is expected to, the office will be informed and parents will be contacted to inform them that their child did not attend the club. At the end of the enrichment session, all pupils will be escorted to the main reception to be dismissed. If, for an exceptional circumstance, a club is cancelled, parents will be informed via a message. As always, please encourage your child to attend enrichment and make the most of the many opportunities on offer.</p> <p>Mr L Wood</p>	
Film Club (After Oct Half Term) Year 7/9 Room 24 3:20 - 5:00	Coding Club Year 10 Room IR4 3:20 - 4:00	Crochet Club (KS3, KS4 & KS5) Room 1 3:20 - 4:20		
	Football Club (KS3, KS4 & KS5) Top Field 3:15 - 4:15			
	Trampoline Club (KS3, KS4 & KS5) Sports Hall 3:15 - 4:15			
	Girls' Cricket Club (KS3, KS4 & KS5) Gymnasium 3:15 - 4:15			
	Team (KS4) Dance Studio 3:15 - 4:20			
	Enrichment: New Views Script Writing (Year 11) Room 3 3:20 - 4:20			

For any queries regarding sports clubs please contact the member of staff responsible, below:

Netball – e.hayes@wansteadhigh.co.uk Trampoline – g.white@wansteadhigh.co.uk/c.feeney@wansteadhigh.co.uk
Football – j.sains@wansteadhigh.co.uk (Year 7 & 11), t.hayat@wansteadhigh.co.uk (Year 8), k.holdbrook@wansteadhigh.co.uk (Year 9), m.tinker@wansteadhigh.co.uk (Year 10) Girls' Football – c.feeney@wansteadhigh.co.uk

Throughout the year there will also be some competitive opportunities for those pupils with a particular interest and ability in an activity. These opportunities are 'invite only' and you will receive a message to complete a Google Form with all of the pertinent information, and to give permission. For Half Term 1, in line with the Redbridge Sports Federation competitive seasons, these include Girls' Netball, Girls' Football, Boys' Football, Girls' Basketball & Boys' Basketball. These are highlighted in **green** on the timetable.



Tutor Grid 2024 -25

Year 7		
HOY		HOY Office
7.1	Ms H Tassine/ Ms F Hinson	S10
7.2	Mr S Younis	S12
7.3	Mr L Willer	S6
7.4	Ms S Hoque	S11
7.5	Ms N Hassan/ Mr M Hussain	S4
7.6	Mr R Ali	S3
7.7	Mr R Nazir	S2
7.8	Ms H Ikrah/ Ms S Younas	S9

Year 8		
HOY		HOY Office
8.1	Mr K O'Connor/ Ms V Premkumar	02
8.2	Ms B Waters	03
8.3	Ms Sh Khan	05
8.4	Ms C Gorczak	04
8.5	Mr I Choudhury	09
8.6	Ms Sa Begum	07
8.7	Ms N Yasin	06
8.8	Ms E Everhart/ Ms S Choudhury	11

Year 9		
HOY		HOY Office
9.1	Mr J Sains/ Mr K Holdbrook	SS1
9.2	Ms I Jasmine	SS3
9.3	Ms N Rowshan	SS2
9.4	Ms K Akhtar Bibi/ Ms M Umar	MA1
9.5	Ms D Collins	MA6
9.6	Ms E Harper/ Ms L Worham	MA2
9.7	Mr P Chartorizhsky/ Mr L Jimenez	MA3
9.8	Ms N Gómez/ Ms G Kartha	MA4
9.9	Mr D Vardavas	MA5

Year 10		
HOY		HOY Office
10.1	Ms I Unegbu	19
10.2	Mr S Rashid	21
10.3	Mr N Rashid	15
10.4	Mr A Chauhan	22
10.5	Mr D Boachie	23
10.6	Mr D Ahmad	18
10.7	Mr G Narang	17
10.8	Ms O Ogungbe	14
10.9	Ms K Kioi	12

Year 11		
HOY		HOY Office
11.1	Ms K Ali	NB7
11.2	Ms H Ahsan	NB6
11.3	Ms L Pennington	NB5
11.4	Ms C Feeney/ Ms C Adelle	NB4
11.5	Ms E Hayes/ Mr T Ready	LP2
11.6	Mr D Leftwich	NB3
11.7	Ms E Ellis	NB9
11.8	Ms J Wali	NB2
11.9	Mr A Yiacommi	NB10

Year 12		
HOY		HOY Office
12.1	Ms R Walker/Ms M Argyrakis	SDA
12.2	Ms M Tayeba	20
12.3	Ms C McQuillan	NB8
12.4	Ms M Kara	42
12.5	Mr B Alom	IR1
12.6	Mr G Brodie/Mr R Smith	13/NB1

Year 13		
HOY		HOY Office
13.1	Ms D Bennett/Ms O Gallagher	40
13.2	Mr B Weakliam	SDR
13.3	Ms Sh Begum	24
13.4	Ms A Khanum/Ms H Cressall	25
13.5	Mr I Sweet	38
13.6	Ms S Clarke	44



BREAKFAST

We are open for breakfast everyday from 8am

Come along and enjoy

Fruit
Yoghurt
Cereal
Toast and Bagels
Filled Rolls
Hot Chocolate

Remember free porridge is available for all students at breakfast



Menus from our caterer **Innovate**



WE'RE OPEN AFTER SCHOOL

Come along and enjoy Filled Baguettes, Fruit, Yoghurt, Home Bakes and Hot Chocolate.

You can find a bargain with our half price items after school only.

WEEK 1					WEEK COMMENCING					(V) - VEGETARIAN (VE) - VEGAN														
02/09/2024					23/09/2024					14/10/2024					04/11/2024					25/11/2024				
16/12/2024					06/01/2025					27/01/2025					17/02/2025					10/03/2025				
CLASSIC HOT & HEARTY																								
CLASSIC MAIN MEALS										VEGETARIAN MAIN MEALS														
MONDAY Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn					MONDAY Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)					TUESDAY Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread					TUESDAY Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)									
WEDNESDAY Glazed British Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy					WEDNESDAY Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)					THURSDAY Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa					THURSDAY Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)									
FRIDAY Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce					FRIDAY Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)																			
DESSERTS																								
MONDAY Chocolate Sponge & Chocolate Sauce				TUESDAY Apple Strudel & Custard				WEDNESDAY Peach Kuchen				THURSDAY Pear & Cocoa Sponge				FRIDAY Manager's Special								
Fruit & Yoghurt Pots Available Daily																								
HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily										JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily														
Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.																								

MONDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

TUESDAY
Garlic & Lemon Chicken Gyros

WEDNESDAY
Chicken Yakitori with Rice

THURSDAY
Loaded Potato Skins

FRIDAY
Manager's Street Vibes Special

NATURALLY

MONDAY Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	TUESDAY Vegan Singapore Noodles (VE)	WEDNESDAY Jerk Jackfruit Open Wrap (V)	THURSDAY Pakistani Tarka Dhal (V)	FRIDAY Manager's Special
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TRATTORIA

MONDAY Tomato & Basil Pasta	TUESDAY Creamy Pesto Pasta	WEDNESDAY Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	THURSDAY Pasta in Cheese Sauce	FRIDAY Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza
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WEEK 2

Innovate

WEEK COMMENCING
 09/09/2024 30/09/2024 21/10/2024 11/11/2024 02/12/2024
 25/12/2024 15/01/2025 05/02/2025 24/02/2025 17/03/2025

(V) - VEGETARIAN
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY
Traditional Sausage & Mash with Onion Gravy

TUESDAY
Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY
Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY
Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

FRIDAY
Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY
Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY
Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

WEDNESDAY
Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

THURSDAY
Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

FRIDAY
Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

DESSERTS

MONDAY
Apple Pie & Custard

TUESDAY
Peach & Pineapple Crumble

WEDNESDAY
Sticky Coconut & Jam Pudding

THURSDAY
Baked Churros with Chocolate Sauce

FRIDAY
Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Caramelised Onion & Mozzarella Poutine

TUESDAY

Gochujang Chicken & Sesame Rice Pot

WEDNESDAY

Mei Goreng Indonesian Fried Noodles

THURSDAY

Korean Fried Crispy Chicken

FRIDAY

Manager's Street Vibes Special

NATURally

MONDAY

Reggae Reggae Jackfruit Curry (V)

TUESDAY

Spiced Paneer & Red Onion Naan (V)

WEDNESDAY

Vegan Ramen Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Manager's Special

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



WEEK 3

Innovate

WEEK COMMENCING
 24/08/2024 16/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024
 30/12/2024 20/01/2025 10/02/2025 03/03/2025 24/03/2025

(V) - VEGETARIAN
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY
Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY
Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY
Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY
Chicken Bhuna with Pilau Rice & Homemade Raita

FRIDAY
Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY
Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

TUESDAY
Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

WEDNESDAY
Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

THURSDAY
Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

FRIDAY
Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

DESSERTS

MONDAY
Pineapple Upside Down Cake

TUESDAY
Warm Blueberry Sponge

WEDNESDAY
Dropped Pancake Bar

THURSDAY
Apple & Mixed Berry Crumble with Vanilla Sauce

FRIDAY
Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Chinese Style Vegan Noodles (VE)

TUESDAY

Chipotle Chicken Chimichanga

WEDNESDAY

Loaded Mediterranean Street Cart Wedges

THURSDAY

Thai Fried Rice

FRIDAY

Manager's Street Vibes Special

NATURally

MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Smoked Tofu & Caponata Burger (V)

WEDNESDAY

Seeded Vegan Sausage Roll (VE)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (V)

FRIDAY

Manager's Special

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



School Uniform

Uniform, Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride.

High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

Required Items Year 7 - 11

Description

Burgundy school blazer with school badge	-	Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances.
School tie	-	All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times.
White plain school shirt	-	Top button must be done up. Shirts can be long or short-sleeved.
Black tailored school trousers or black tailored school shorts	-	Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim.
Black knee-length school skirt	-	Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up.
Black v-neck long-sleeved plain pullover (optional)	-	No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn.
Black leather shoes with black soles and black laces	-	Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe.
White or black socks	-	Must be worn up to or below the knee and no patterns.
Flesh tone or plain black tights (optional)	-	No patterns and tights must not be torn or ripped.
Outdoor coat (optional)	-	Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat.
Religious headwear	-	Should be plain black, burgundy or white.

Required Items 6th Form

Description

Formal fit suit	-	Should be smart and professional, ID badges must be worn at all times.
Formal collared shirt with tie or business style blouse	-	Top button must be done up. Shirts can be long or short-sleeved.
Formal fit skirt or dress (professional length) with business style blazer	-	Should be smart and professional, ID badges must be worn at all times
Black leather-style shoes	-	Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length.
V-neck plain formal jumper/cardigan can also be worn	-	Must show a collared shirt and tie/blouse underneath.

All items of logoed uniform can be purchased from Carolina School Outfitters <https://carolinaschooloutfitters.co.uk/>, Speed Stitch - <https://speedstitch.co.uk/schoolwear/>, Fashion Stop fashionshop@hotmail.com E6 2HT, PTA Preloved Uniform. Other items can be bought from any other appropriate establishment.

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

School PE Kit

Required Items Year 7 - 11

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

Item	Description
Jewellery	<ul style="list-style-type: none"> - Jewellery worn to school should be safe and appropriate. - Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed. - Pupils may wear a watch; smart watches are not permitted in exams or assessments.
Make Up	<ul style="list-style-type: none"> - Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.
Hair	<ul style="list-style-type: none"> - Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point. - The patterned shaving of hair or eyebrows is forbidden. - Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance. - This does not include durags or bonnets which are not appropriate in school.
Hoodies and other non-uniform jumpers or coats	<ul style="list-style-type: none"> - Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.
Hats, Ski Masks, Balaclavas, Face coverings	<ul style="list-style-type: none"> - It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.

