

# THE HERON HOMELINK *newsletter*



MAY 2024 Issue No. 11



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Well done Maria



Year 13 Art pupils ready for  
University



Wanstead Sports superstar  
Thomas

## Education with Character

Message from the Headteacher will be in a separate end of term letter.

# FEEDBACK CORNER



Dear Parent/Carer,

I do hope you have a wonderful half term and enjoy reading about the huge number of opportunities that our children have had and their incredible achievements both inside and outside of school. We have also just heard that Ms Gullefer was awarded Redbridge Teacher of the Year 2024 following in Mr Sweet's footsteps last year. Our Creative Arts Department is really second to none. I will be sending out a letter over half term with important information to set us up for the final half term and thinking ahead to 2024/25. This will include information about future communication channels (website and Edulink). We wish our Year 11 and Year 13 the very best of luck with their remaining exams and all pupils who are taking end of year assessments and we look forward to a calm and peaceful half term.

Thank you for your continued support and here's to bigger and better things.

All the best

Miss E Hillman

**Dear Ms Gullefer,**

I just wanted to say thank you for sending out the photos and headshots of our daughter from Grease - that must have been a long task of sorting out each child's pictures on top of your workload and in the run-up to GCSEs/A-levels.

I also wanted to say thank you for her achievement award in Dance. She has gained so much confidence through increasing her participation in Dance and Drama at school, and is already looking forward to the next school production as well as the National Dance Competition. We feel very glad that both our daughters, get to benefit from the high quality Dance and Drama teaching and opportunities at the school.

**Year 9 Parent**

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**Dear All**

Thank you for making the Barcelona trip such a huge success. My daughter had a fantastic time and has come home full of lovely memories. I really appreciate your time and dedication to the children.

**Year 10 Parent**

I just wanted to write to thank Miss White for everything she does and continues to do for Year 11. My son is in Year 11 and has been supported by Miss White in the last two years with bereavement in our family. She has made him know she is there should he need her and time out if needed, and helped him into school on days he most probably didnt want to go in and face people.

Her kind way and understanding of the boys in the football team has helped them in the last couple of years, and due to her giving up time to take them to games they made it the final and won. I am not sure she gets the recognition she deserves and i am sure people contact you moaning about teachers so thought i would change that.

**Year 11 Parent**

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Mr Chartorizhsky has gone above and beyond for my son since Year 10, giving him extra time and help when he could see he was struggling, long before intervention was mentioned. He is the reason my son has enjoyed History and hopefully due to this teacher will pass this GCSE.

**Year 11 Parent**

Keep up to date with us via our website:

<https://www.wansteadhigh.co.uk/> or follow us on Twitter, Facebook or Instagram (wansteadhighe11)



THE DUKE OF EDINBURGH'S AWARD



London Borough of

Redbridge

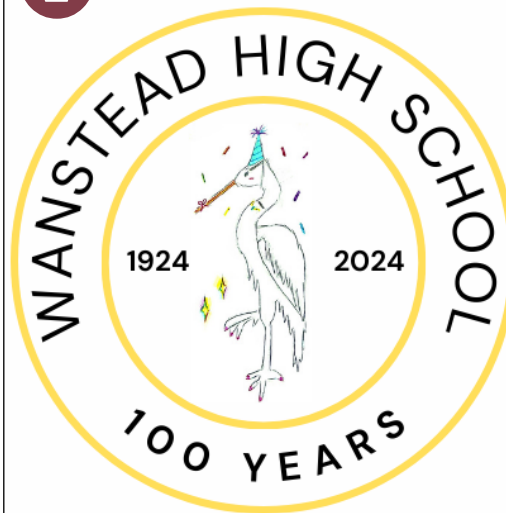


# Centenary Logo Competition

Congratulations to the winner of our Centenary Logo Competition, Adrianna's logo will be appearing on our Centenary Anniversary merchandise. Well done to our runners ups Ava, Aydin, Emily, Evie, Kayla and Queenie and also the many contributors to this competition - the standard of entries was really high.



1



**Logo Competition winner Adrianna Year 9**

Queenie Year 9

Emily Year 9

Kayla Year 9

Aydin Year 10

Evie Year 9

Ava Year 10

2



3



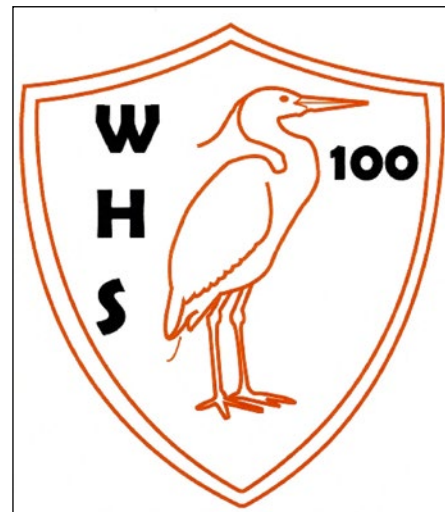
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# Messages from Heads of Year



## Head of Year 7

Dear Parents and Carers,  
As the penultimate half term draws to a close, there have been multiple opportunities to reflect on the successes of the cohort.

Attendance data currently stands at around 94%, which is above the national average. I am very pleased that the vast majority of pupils are in school every day, since, as is well illustrated, the more you attend school, the better the likely

outcome.

I have continued to be impressed by achievements of pupils across the year group. There have been some exceptional successes in the UK Maths challenge, with a number of pupils completing the challenge and being awarded with bronze, silver and even gold awards for their efforts. We have also had successes with pupils completing the LAMDA drama exams – a magnificent achievement. Another group of talented and creative pupils that I would like to congratulate are those who participated in the “Ignite” dance show. I was fortunate enough to be able to watch the show and was incredibly impressed with all of the performers – but in particular Year 7 (perhaps there is a little bias in my

opinion!).

I have had many reports from class teachers regarding some of the exceptional work that is being undertaken in the different subjects – with many pupils demonstrating that they are able to be challenged with supposedly more difficult tasks and content. I applaud all pupils who seek to push themselves and strive to be the best version of themselves in all aspects. I will be seeking a strong finish to the academic year – with an aim to instil pride and self-confidence into the pupils. Pride in their work, pride in their personal presentation, pride in their conduct.

In the final half term, we hopefully will be able to celebrate the fantastic young people that we have in the year group. There are plans for excursions for the whole cohort and reward trips for those demonstrating the right attitude and behaviours.

I wish you all a restful half term.

**By Mr D Tann**



## Head of Year 8

Dear Parents and Carers,

It is hard to believe that we have reached the halfway point of the Summer Term already, even more difficult to reconcile is the fact that Year 8 is almost over! Where did that go? Year 8 may be forgiven for wanting to enjoy the warmer weather (while it lasts) but preparations for their third Challenge Week are well under way. They have been working on revision techniques, plotting the course

of their revision timetable and making sure they understand the plethora of different assessments coming their way after half term. The Challenge Weeks are really helping them build their independent learning skills.

It was lovely to see so many Year 8s participating in the Dance Show this year. They had put in weeks of hard work and preparation. What was even more of a treat to see was the support and congratulations their peers showed them when watching the show. So many of the year group have been pursuing performing

arts activities and many of the year have received their LAMDA awards this half term too. Year 8 are a certainly a creative bunch.

The Year 8 pastoral team has also welcomed a new tutor this term. Supporting 8.1, the new Director of Sport Mr Sains, has been quick off the mark to introduce himself to parents as 8.1's form tutor and he is looking forward to working with you. Likewise, I'd like to thank all of our parents, carers and families for their support this half term. It makes such a difference and is always very much appreciated. Have a wonderful half term holiday.

**By Ms C Murray**



## Head of Year 9

Dear Parents and Carers,

I hope that this edition of the Heron HomeLink finds you well.

GCSE options have now been completed. I understand that there were some issues for some pupils when attempting to select on the online portal. I thank you for your patience and understanding with the selection process. Hopefully Year 9 pupils now have the direction and vision needed to move forward

successfully on to their Key Stage 4 studies.

It is not long now until the end of the academic year. Behaviour is a focus of my year group in the coming months. This will

determine their place on our upcoming reward trip. Information will be coming out shortly in relation to the Year 9 trip to Thorpe Park.

**By Mr M Tinker**



## Head of Year 10

Dear Parents and Carers,

What an exciting term, so much has happened!

During the summer term, pupils have demonstrated so much growth and excellence, showing true dedication to their studies and extracurricular activities.

As many of you are aware, I have returned to leading Year 10 as Acting Head of Year for the summer term.

This was a very easy and exciting decision for me

to make, the year group, tutors and staff have welcomed me back with such open arms and kindness, I have enjoyed every moment.

Thank you to Ms S Khan for an unbelievable amount of support, patience and kindness during my first term as Acting Head of Year. Ms Khan has done an incredible job supporting the year group with all their pastoral needs, it has been very clear how much of Ms Khan's time and dedication has been spent on Year 10. I very much look forward to continuing to work side by side with Ms Khan for the rest of the academic year.

Many extra-curricular activities have taken place in this half term alone, Duke of Edinburgh, Barcelona, Paris, Ignite (Dance show), Grease the Musical, Geography Field Trips to name a few. Thank you to all the wonderful teachers who continue to provide enriching opportunities for Year 10, I know the pupils are very grateful. It has been very refreshing to see in my return to Year 10 that the pupils continue to have a zest for learning in and out of the classroom and a desire to get involved in every opportunity offered to them.

Following the end of term, parents, carers and pupils will receive information about mock examinations happening next half-term. Parents and carers will be receiving all information about the mocks, behaviour expectations and preparations/revision at home and supporting your child in doing this. Pupils will receive revision booklets, stating all mock content by subject so they can streamline their revision as well as a variety of revision methods, organisation and planning, this will be delivered in assemblies and tutor time. I believe that pupils will see mocks as the perfect opportunity to practice, see gaps of learning and misconceptions to support themselves in becoming self-regulated learners. Ms Steel is working very closely with the year group in helping them understand how to adopt effective study habits, methods and routines as well as improve attitudes towards learning and in awareness in the classroom. Thank you, Ms Steel, for all your support and hard work with the year group!

As we move into the final half term, I would like the pupils to visualise their own personal and academic goals and to start the journey towards GCSEs. As a school we will be supporting our Year 10s in improving their attitude towards learning and examinations as well as their confidence and assurance in their own ability and to most importantly be proud of themselves. This next term will be challenging for all pupils. Around the school they have a number of supportive hubs they can go to if they find themselves struggling or overwhelmed. However, I know with the right support from home and school the Year 10s will strive and shine through the mock examinations and into the summer.

It has been a very exciting and delightful return to Year 10, and I look forward to all the pupils' wonderful academic achievements next term.

I hope you all have a restful half term break.

**By Ms R Gullefer**



## Head of Year 11

Dear Parents and Carers,

We have completed our first few weeks of the GCSE examinations; I am very proud of how committed pupils have been to extra revision and intervention sessions. It was wonderful to see how pupils have left exams talking confidently about

how they believe their exam went whilst being fuelled with a sense of achievement. We have just celebrated Year 11 leavers' day, what an emotional roller-coaster. Pupils received awards in our final assembly and have celebrated their time at Wanstead high School whilst reminiscing on their favourite memories.

Pupils will need to ensure they still have full uniform available for the remainder of their GCSE exams whilst ensuring they are equipped and ready for each exam. A reminder that if your child has loaned a Chromebook from the school, please can they bring this in and hand it to reception by Wednesday 19th June. If this is not returned, then we will need to invoice you for the cost of a replacement. These can be reissued at post 16 if pupils are staying and these are needed.

If pupils are away on Results Day, pupils can nominate someone else to collect their results on their behalf. Please email the Exams team [examsanddata@wansteadhigh.co.uk](mailto:examsanddata@wansteadhigh.co.uk) the name of the person who is collecting for your child- that person will have to bring in ID if they are external. They will also be able to enrol for you- make sure 6th form are aware of who will come on your behalf. If pupils are unable to find someone to collect, we can email results but this may not be able to be sent through until the following day. We are unable to give results if you haven't emailed in, so make sure this is done in advance.

### Dates for your Diary:

Year 11 GCSE Exam Period	Thursday 9th May – Wednesday 19th June
Year 11 Leavers Prom	Thursday 11th July
GCSE Results Day	Thursday 22nd August
Wanstead High School Enrolment day	Thursday 22nd August

Wanstead High School

YEAR 11 LEAVERS  
**PROM**  
*Celebration*

July 11 2024  
7.30PM UNTIL 11.30PM

MOCKTAIL ON ENTRY ; UNLIMITED FOOD; UNLIMITED SOFT DRINK; 1x PROFESSIONAL PHOTOS; DJ WITH SONG REQUESTS; UNLIMITED PHOTO BOOTH

Prince Regent Hotel | Chigwell  
TICKETS £39 THROUGH PARENTPAY

### Purchasing a Yearbook: April 2024

<https://shop.fizz-group.co.uk/>

### Code 27595YR11

Year books will be available for collecting on the 22nd August – Results day.

Year 11 Leavers' Prom 2024 will be held on Thursday 11th July, 7.30pm to midnight at the Prince Regent Hotel, Chigwell.

Pupils need to ensure their behaviour is exemplary in the lead up and on the night of prom.

Prom tickets need to be purchased through Parent Pay by Wednesday 5th June 2024.

**By Ms G White**



## Head of Year 12

Dear Parents and Carers,

I hope you are keeping well. This half-term has been eventful and a lot more is to come in the next half term. Firstly, I would like to thank so many of you for attending the Higher Education event that was hosted for our Year 12 pupils. It was great to have so many insightful speakers talking about what pupils can do to start preparing for their journey in applying to university.

On 4th June, we will be having Elevate Education for our Year 12 pupils periods 1 and 2. This will be to support pupils in exam preparation skills. Moreover, Year 12 pupils will be going to a higher education event at the University of East London on 6th June. This will also provide pupils with further options linked to universities. Please can you ensure the consent form is completed for your child to attend the event.

Mock Exams: Provisional dates are 13th June to 28th June. This will provide a fantastic opportunity for pupils to cement their

hard work for this academic year. It is important pupils start to prepare for these. Pupils can look to utilise their study sessions in the private and open study, engage with their teachers, and complete past paper questions to help with revision. The mocks provide a good opportunity to mirror what pupils will have to do for their A-level exams and will help form the basis for predicted grades. So, pupils need to prepare appropriately.

**Work Experience:** As part of our commitment to prepare pupils for the transition into the professional world, we are eagerly looking forward to pupils completing work experience opportunities from 1st July to 5th July. Work experience allows pupils to gain invaluable insights into different industries, develop essential skills, and explore potential career paths. If pupils have still not found work experience opportunities it is imperative, that they log in to the BEP portal and see Mr Langford or me.

On 11th July, we will be hosting our Higher Education drop-down day looking at registering pupils for UCAS and having guest speakers talking about university options and apprenticeships. This will provide a further opportunity for pupils to start planning for the next steps

We believe that these events and initiatives will play a pivotal role in shaping the academic and professional journey of our pupils. Your support and encouragement are invaluable in ensuring the success of these next key steps.

**By Mr M Hamza**

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# Wanstead High School Network

**For families of pupils who are looked after, previously looked after and under special guardianship.**

Wanstead High is setting up a forum for parents and carers of looked after and previously looked-after children to contribute towards the work the school is doing to become more trauma informed.

The group aims to meet once a term to give feedback to the school on what is working well for their children, explore where changes could be made, and to give feedback on how the funding allocated to support looked after and previously looked-after children could be spent.

The forum will be open to all carers, adopters and foster carers, and there will also be an opportunity to contribute for parents and carers who can't attend in person, via a google survey.

If you are the parent or carer of a looked after or previously

looked after pupil, then please do give your feedback using the link below. To register your interest in joining the network please indicate this on the survey.

<https://forms.gle/RpQXLHj3s4qTHAw7>

**Ms H Martin**  
Deputy Headteacher

**Mr N Morrison**  
Parent



## Head of Year 13

Dear Parents and Carers,

It seems hard to believe, but our Year 13s are now in the 'Final Act' of their time at Wanstead High: we have had our official 'last day' and A Level examinations are now well underway. Pupils have really impressed me with their conscientious exam preparation and work ethic over the past few months and I'm sure that they will be rewarded for their efforts in August.

We had a glorious Year 13 Leavers' Assembly on 10th May, a fitting celebration of their time at Wanstead High. Our fabulous band (Finn, Martha, Tantai and Sam) delighted and enthralled the Year 13 audience, tutors and 6th Form team. We had speeches from our Head Pupils, farewell messages from tutors and light-hearted subject awards with such nominations as 'Met Gala Fashionista Award', 'Best umbrella borrower Award' and 'Most likely to revive the Woolly Mammoth Award' (!). The Assembly culminated in a video presentation and photo montage which spanned the years. It was also an opportunity to thank everyone who has contributed to the success of our cohort, especially our dedicated Sixth Form Team.

A Level results day 2024 is on Thursday, 15th August. It is really important that your young adult is available on this day to pick up their results from school and to liaise with universities to secure degree places (if necessary). Ms Bray and I, and indeed the Sixth Form Team, will be on hand to support. If your young adult is unable to pick up their results in person, they can nominate someone else to pick it up on their behalf. They will need to email the Exams team [examsanddata@wansteadhigh.co.uk](mailto:examsanddata@wansteadhigh.co.uk) the name of the person who is collecting and that person will have to bring in ID. Otherwise, we can email results to your young adult.

For any pupil who would still like to apply for university, please note UCAS Clearing opens from 5th July until 21 October 2024. You can apply for a course using Clearing if you're not already holding an offer from a university or college, and the course still has places. You can use Clearing if: you're applying after 30 June; you didn't receive any offers (or none you wanted to accept); you didn't meet the conditions of your offers; or you've declined your firm place using the 'decline my place' button in your application. For more details on clearing and the procedure for results day please see <https://www.ucas.com/undergraduate/clearing-and-results-day> and my piece in the next Heron!

The vast majority of our pupils are planning to move on to university degree programmes in September, however, I would

like to take the opportunity to congratulate all of our pupils who have secured alternative pathways post 18. These include Art Foundation courses at prestigious institutions such as the New York School of Art, Central Saint Martins and Camberwell. I also want to give a shout out to one of our pupils who has secured a highly competitive job as co-trainer at NELFT (North East London Foundation Trust) hospitals for all healthcare professionals. In



addition, Great Ormond Street Hospital have also asked him to help train staff at Birmingham Children's Hospital. Well done Year 13!

Best of Luck to the Year 13s for their remaining exams.

Wishing you and your families a good half term.

By Ms T van Beers

# Lost Property

Lost property is still being collected and stored at the student reception. We are working on a better system so we can match the lost property to the person in a timely manner.

More details to follow.

## Performing Arts Update:

# Ignite Dance Showcase

On 25th and 26th April, over 100 pupils performed at the Ignite dance showcase. Pupils performed to primary school pupils, Year 8 Pupils as well as 300 parents and family members. The pupils did incredibly well with most of the performances choreographed by the pupils themselves. The show highlighted the dedicated pupils that we have the pleasure of teaching in both lessons and during extra-curricular clubs. The confidence and creativity shown made the show high quality and it is so lovely to have such positive feedback from staff and parents. I would

like to take this opportunity to thank Miss Gullefer for all her hard work whilst I have been on maternity leave. She has kept the dance department thriving and this showcase celebrated her and the pupils' hard work and was a very special way to return to school. Next term pupils will be competing in the London Youth Games Finals and at the Great Big Dance Off National Finals.

**By Ms R Walker**



# UKMT Maths Challenge Competition

A very big well done to our Year 7 & 8 pupils for taking part in the national UKMT Maths Challenge competition.

The UKMT Maths Challenge inspires mathematical reasoning, accuracy of thought, and effortlessness in using straightforward mathematical methods to solve stimulating problems.

Congratulations to all who took part in the Maths Challenge and

to all pupils who received an award; you were all amazing and instilled our school values throughout the competition.

See below the list of pupils who won Gold, Silver and Bronze certificates.

By Mr A Chauhan

Year Group	Pupil	Certificate
Year 7	Guder	Gold
Year 7	Thomas	Gold
Year 7	Danyal	Silver
Year 7	Edward	Silver
Year 7	Jay	Silver
Year 7	Jens	Silver
Year 7	Matty	Silver
Year 7	Max	Silver
Year 7	Millie	Silver
Year 7	Rayan	Silver
Year 7	Wilbur	Silver
Year 7	Abdurraheem	Bronze
Year 7	Amaya	Bronze
Year 7	Anna	Bronze
Year 7	Daniel	Bronze
Year 7	David	Bronze
Year 7	Deen	Bronze
Year 7	Edward	Bronze
Year 7	Ella	Bronze
Year 7	Ernie	Bronze
Year 7	Isam	Bronze
Year 7	Joseph	Bronze
Year 7	Marc	Bronze
Year 7	Natasha	Bronze
Year 7	Noman	Bronze
Year 7	Omar	Bronze
Year 7	Raees	Bronze
Year 7	Scarlett	Bronze
Year 7	Stan	Bronze
Year 7	Sulaiyman	Bronze
Year 7	Thames	Bronze

Year Group	Pupil	Certificate
Year 8	Amelia-Jane	Gold
Year 8	Archie	Gold
Year 8	Milan	Gold
Year 8	Oscar	Gold
Year 8	Ayyan	Silver
Year 8	Daniel	Silver
Year 8	Evelyn	Silver
Year 8	Jack	Silver
Year 8	Jacob	Silver
Year 8	James	Silver
Year 8	Jamie	Silver
Year 8	Oliver	Silver
Year 8	Oscar	Silver
Year 8	Adam	Bronze
Year 8	Aijan	Bronze
Year 8	Ayaan	Bronze
Year 8	Azhar	Bronze
Year 8	Callum	Bronze
Year 8	Daniel	Bronze
Year 8	Edwyn	Bronze
Year 8	Euan	Bronze
Year 8	Gene	Bronze
Year 8	Liat	Bronze
Year 8	Lily	Bronze
Year 8	Maria	Bronze
Year 8	Matthew	Bronze
Year 8	Niamh	Bronze
Year 8	Rebecca	Bronze
Year 8	Saim	Bronze
Year 8	Shaan	Bronze
Year 8	Tanvir	Bronze
Year 8	Tess	Bronze
Year 8	Uthman	Bronze
Year 8	Zaki	Bronze



## New Catering Team: Innovate

We welcomed back Colin Humes, our Chef Manager as part of the new catering team, Innovate. Our new company has invested in a refresh of the main canteen and 6th Form and the introduction of a new Food Pod that is located in the playground near the field. This is proving popular with the pupils and has eased the congestion in the main hall. The 6th form has enjoyed a café style provision which is open from 7.45am – 2.00pm. The facility is also open to staff who can pick up a coffee and snack throughout the day.

We have an exciting new 3-week menu and a refreshed offer at break times – please see pages 29 - 32 or the school website. <https://www.wansteadhigh.co.uk/page/?title=Catering&pid=49>

The next step is for Innovate to meet with our pupil reps and school council. This will be a regular feature and will be the opportunity for pupils to comment on the offer; what they like, what they don't like, suggestions and concerns. This dialogue will inform menu development and tweaks (within the Silver for Life framework) . We would also like to run a parents' evening showcasing the food offer and answering any questions and concerns. A date in June will be confirmed shortly, details to follow.

## ParentPay Break and Lunch

Please could parents check their ParentPay accounts regularly and top up dinner accounts in a timely manner. Although communicated sensitively by the catering staff, it is embarrassing for pupils to be told that they have no funds on their account when they are at the till.

Please be assured, however, if where there is an issue with an account in deficit, we will ensure pupils do not go without lunch and they have access to a main meal (£2.65 main meal and dessert) This will not include a drink as there is water freely available in the canteen. Parents/carers will be contacted if there are any issues.

## Technology Payments

The technology payments pay for food ingredients, takeaway containers and materials for practical projects. It is important that we receive this payment either as a one-off payment in September (£25.00) or 3 payments of £8.34 paid at the beginning of each term. If you are experiencing difficulties in making these payments, please contact the school. The practical element of these subjects are a key component of the curriculum and require the resources bought from these payments.

By Ms S Williams

# School Trip to Barcelona: Una experiencia inolvidable

In May, Year 10 and Year 12 pupils embarked on an exciting school trip to Barcelona, a city rich in culture, architecture, and history. Staying in the beautiful Pedralbes area, the pupils experienced a blend of education and adventure that left them with lasting memories.

## Day 1: Gardens, Souvenirs, and Stunning Views

Our first day in Barcelona began with a visit to the calm Jardins de Pedralbes. The lush gardens provided a tranquil setting to start our journey. After exploring the greenery, we strolled down the famous Las Ramblas, bustling with activity and vibrant street life. The pupils eagerly purchased their first souvenirs, tried some refreshing natural juices at Mercado de la Boqueria and indulged in delightful ice cream at Rocambolesc, known for its inventive flavours and whimsical presentation.



Our walk concluded with breath-taking views of the Barcelona Port, where we admired the scenic harbour and its maritime charm. After being awake for over 20 hours, we returned to our hostel for a well-deserved meal, marking the perfect end to our first day.



## Day 2: A Gaudí Extravaganza

The second day was packed with activities centered around the genius of Antoni Gaudí. We began our morning in the vibrant Barrio de Gracia, a neighbourhood known for its strong Catalan identity and inclusive atmosphere. Pupils were intrigued by the numerous independentistas flags, symbolizing the region's desire for independence.



Our journey continued through various plazas until we reached Parc Güell, one of Gaudí's most iconic works. The colorful mosaics and imaginative structures left everyone in awe. Next, we headed to Bunkers del Carmel, located in a working-class area atop a hill, providing panoramic views of the city despite the light drizzle.

As the sun re-emerged, we visited Gaudí's masterpieces: the awe-inspiring Sagrada Família, the undulating La Pedrera, and the whimsical Casa Batlló. Each site showcased Gaudí's unique

architectural style, blending nature with creativity in ways that captivated our pupils.



### Day 3: Mountains and Beach Bliss

Day three took us out of the city to Montserrat, a majestic mountain range with its famous monastery. Despite the rain and hail, the pupils were impressed by the rugged beauty and spiritual ambiance of the area. The adventure was well worth it as we spent a relaxing afternoon at the beach. The boys played football, the girls sunbathed, and everyone enjoyed the refreshing sea views.

Our day ended on a high note with a late-night visit to the illuminated Sagrada Família. The stunning lights against the night sky provided a magical backdrop as we enjoyed another round of delicious ice cream.



### Day 4: Culinary Creations and Farewell to Barcelona

On the final day, we explored Montjuïc, enjoying its panoramic views and historic landmarks. Our talented pupils then took centre stage, preparing a delicious paella for everyone. This culinary delight was a highlight, showcasing their cooking skills and teamwork. After our meal, the pupils had time to explore Poble Espanyol, gathering last-minute souvenirs and immersing themselves in the local culture.





As our trip came to an end, the pupils reflected on their unforgettable experiences in Barcelona. From the artistic wonders of Gaudí to the natural beauty of Montserrat and the lively streets of the city, the trip was an educational and enjoyable journey that will be cherished for years to come.

Barcelona offered a rich blend of learning and fun, giving Year 10 and Year 12 pupils a deeper appreciation for art, culture, and the joy of exploration. I was amazed by how much our Year 10 pupils engaged in Spanish conversation in the shops. They were so proud to share with me each interaction they had. Our Sixth Formers are already dreaming of spending a year abroad or even living there! Will I do this trip again? Absolutely! I can't wait to show more of our Wanstead pupils the city where I grew up and lived for 16 years. Hasta pronto, Barcelona. ¡Vamos, clase!

**By Ms N Gómez Álvarez**



# Updates From The Pupil Council

## Member Changes

We would like to thank Ellie, Harman, Oliver, Saffia and Jack for their service as Head Pupils and chairing the Pupil Council. Many

thanks also to William for his service. All the best for your GCSE and A Level exams.

We welcome Isla and Lois to the Council, and congratulate Jessiona and Lola on their appointment as interim Head Pupils.



## Our Pupils Spoke - They Listened!

After listening to the feedback of their peers, the Pupil Council met with Ms Hillman shortly before the Easter break, and have discussed and secured the following:

- Ms Hillman's commitment to a longer-term plan for new toilets
- Funding for new benches, and blinds in the 6th form block
- International-themed days in the canteen
- Trays at lunchtime
- A review of the scheduling of Challenge Week
- Consideration of working with more outside agencies for pupil mental health
- The setting up of a wellbeing room for selected pupils
- Feedback to be provided to Ms Martin on the tutor time programmes being able to watch Newsround if possible
- Feedback to be provided to Heads of Department on online learning-Oak Learning and ensuring all work is put on Google Classroom

They also played an important role in helping to select the new catering contractor by visiting other schools to sample their menu.

They met with the Form Reps (pupil voice representatives of each form) on Monday 29th April to gather further feedback,

which formed the agenda for the next pupil council meeting on Monday 20th May.



## Upcoming Pupil Council Meetings:

10th June

24th June (with Form Reps)

8th July

They will also meet with Ms Hillman and/or the SLT to feed back their peer's views and ideas.

By Mr D Langford

# Geographical Discoveries in London

GCSE and A Level Geographers have been out and about experiencing May's fine weather while extending their knowledge and understanding of key concepts in human geography as part of the requirements for their respective qualifications.

Following a trail through the regeneration of Vauxhall, Nine Elms and Battersea Power Station, the Year 12 pupils evaluated the ambitious schemes to bring life into this riverside area of south-west London. Is an outdoor swimming pool spanning across the roof tops of two mid-rise residential buildings really an appropriate

addition to the London landscape? Should a recycling facility be removed from the banks of the Thames adjacent to the multi-million pound regeneration of Battersea Power Station? Can the General Store justify a 38% mark up on the price of a shopping basket when compared to high street supermarkets? These questions and many more were reviewed building up case study evidence to use in exams and developing research skills in readiness for this summer's research for the A Level NEA, worth 20% of the A Level Geography qualification.



**Back row:** Sachin, Hashaam, Oscar, Will, Tom, Olly, Sol, Ruairi, Luke, Roman, Keira & Rosie.  
**Front row:** Sophie, Hema, Joshua, Zaki, Tom, Yusuf, Erin, Elis & Lily

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A week later the Year 10 GCSE Geographers embarked upon their investigation into the variations in quality of life across parts of Islington. This is a required theme of the GCSE qualification, with exam questions assessing a variety of skills and understanding in the examinations. Across four days the classes explored locations within the borough and completed a variety of investigative tasks. Later this term we will be undertaking coastal fieldwork in Essex culminating in an intense period of

fieldwork analysis and presentation.

Whilst on the fieldwork both GCSE and A Level pupils were complimented for their behaviour and considerate work ethics by members of the public, always a welcome compliment to receive.

**By Mr D Leftwich**

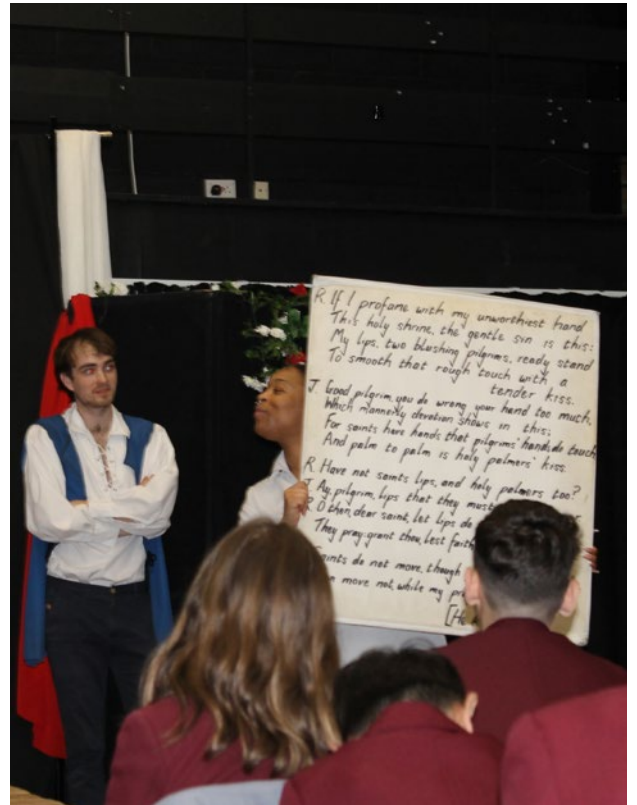
# Romeo and Juliet Performance

At the beginning of this term we welcomed the theatre group -The Globe Players- to perform 'Romeo and Juliet' to our Year 7 cohort. The performance introduced the Year 7s to the plot, important themes and Shakespeare's language.

Shakespeare's choices and the beauty of his language. By bringing Shakespeare to life in this way, pupils were given a fantastic foundation to the play that will be studied in English lessons this term.

Full of drama, love, humour and tragic tropes, the Year 7s enjoyed an energetic and entertaining performance of the key scenes along with a brief commentary, making pupils aware of

**By Ms C Gorczak**



# Design and Technology

## Designing For A Better Future

In today's fast changing world, we face difficult daily challenges on the environment, the Rise of Ai in the workplace, and increasing mental health concerns.

At Wanstead High, we believe there has never been a more important time to develop essential skills in critical, creative thinking. We combine academic rigour with irreplaceable hands-on skills to give every pupil the best opportunity for future success - in life and work.

Through Design and Technology (D&T), our pupils develop an understanding in user-research, commercial context and environmental impact. They learn to collaborate on idea development and analysis. We teach invaluable making techniques in Resistant Materials, Graphics and Textiles. In KS3 Technology pupils have access to use our extensive range of new, digital design technologies and techniques such as the Adobe Creative Suite, Laser-cutting, Hot wire cutter and a Vacuum forming machine.

### A commitment to sustainability

Our D&T Department has a strong commitment to sustainability. We teach the importance of sustainable sourcing and the environmental impact of design and manufacture. We challenge pupils to design and create upcycled 'new' products from waste material and products deemed to be at the end of their life cycle. Finally, there's an added benefit to the school in the amount of money we save on buying new materials.

It's amazing what the pupils have come up with. I'm proud to share a small selection of some of the upcycled projects from some incredibly talented pupils.

By Ms S Clarke

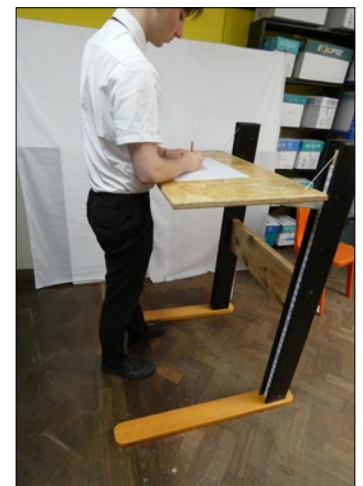
## Stand up (or sit down) for great design



Designed and made by:  
Luke Year 12



Designing and making a fully functional, user-friendly product from upcycled materials creates additional challenges. Research, design concepts, early prototyping, design development, design detailing, testing and analysis all take a lot of work. There's an extra challenge in sourcing materials but this can often lead to new ideas and approaches. This fully functional, flat-pack work-station is an excellent project 'on every level'. It demonstrates great design thinking, academic rigour and exceptional making skills. The designer Luke obtained Grade 9 at GCSE.



# From old rags to beautiful bags

In Year 7, 8 and 9 (Key Stage 3), pupils 'rotate' through a four-way carousel of design subjects including; Graphics (Gp), Resistant Materials (Rm), Textile Design (Tx) and Food.

Here are a few examples from pupils in Year 9. They have combined the skills learned in Textile Design and Resistant Materials to create beautiful bags and balletic pencil cases from old, unwanted clothing.



# Offcuts from a shed into a sea-themed chessboard

This pupil brought in a bundle of old, pine off-cuts from his shed. Using a wide range of woodworking techniques and laser-cutting, he created an amazing, sea-themed chess set.

*Designed and made by:*  
Henry Year 9

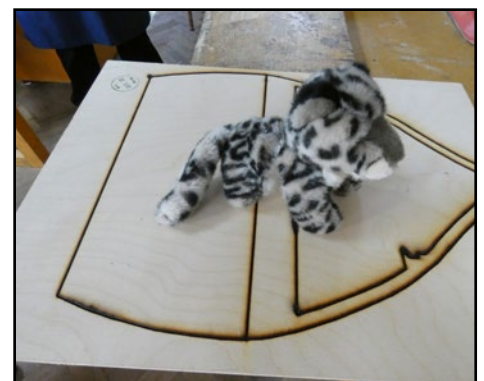


# Toys into book-ends

## Books into plant-stands

Pupils spend time researching before coming up with novel ideas for upcycling old discarded products. They sketched initial thoughts and ideas before creating a firm design direction, detailed design and plan of making. These projects challenged the pupils in; sourcing 'waste' materials and a wide range of Resistant Materials skills.

The bookend uses a cuddly toy, paper packaging for the tree, old plywood board and foam packaging for the rocks. The skills involved include band-sawing, wood joinery, hot-wire cutting and painting. The plant holder needed masking and gluing, pillar-drilling, scroll-sawing, hand drilling, filing and hotwire gluing. Like many good designs, there's a lot of 'hidden' thought and work involved.



# Unloved toys into Bear bags and jars

Pupils often turn to old toys and games for upcycled product inspiration. These pupils have been happy to decapitate the old bears and ducks they once loved. Using a wide range of Resistant Materials and Textile Design skills, they have created useful storage.



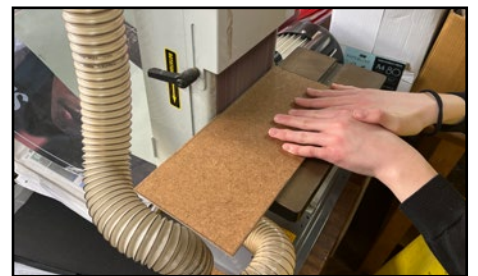
# Phone stands

All pupils at Wanstead High learn invaluable traditional craft and making techniques. They practice wood-working and engineering, using professional hand and power tools. We often find that pupils who are frustrated in a conventional classroom setting are more interested and engaged when working on projects and developing skills that are more 'hands-on' that they can talk about and use at home.



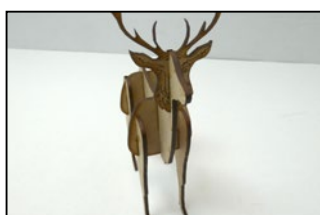
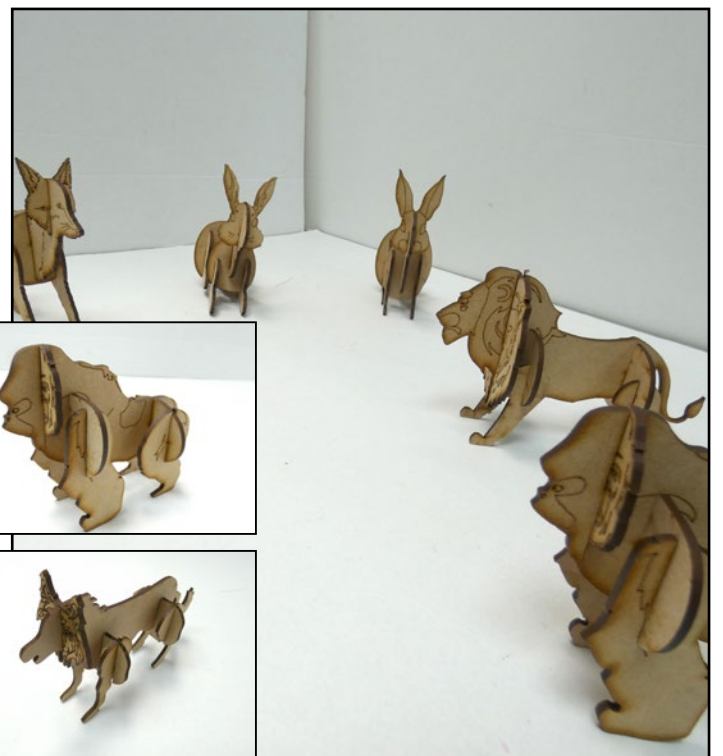
# Scrap furniture into Cat and Goose storage

These pupils were inspired by an old filing card draw, footstool and a cupboard door. Design & Technology can prompt the unexpected and unusual. Design thinking can free pupils to be more creative. Pupils then go through design planning before learning some incredibly useful making skills including; Pilar and hand drilling, and belt and disc-sanding. The results are quirky, fun and useful.



## Slotted Animals

Year 8 pupils use the latest CAD software to design and engineer 'Slotted Animals! phone stands and stationery storage boxes. It takes a lot of detailed measuring and drawing to create animals and products that look good and that actually stand up and work.



# Upstyling and refurbishing an old style stool

Sometimes, the most effective way to bring old, discarded products back to life is through bold restyling and refurbishment. In this project, the pupil took an unwanted, badly worn footstool as a starting point. Using Resistant Materials and Textile Design skills, the pupil embarked on a total restyling project. After complete disassembly, the legs were stripped, sanded, re-stained and revarnished. The seat was uncovered and re-upholstered with pairs of old jeans. The stool was successfully reassembled into a stylish, 'new' piece of furniture.

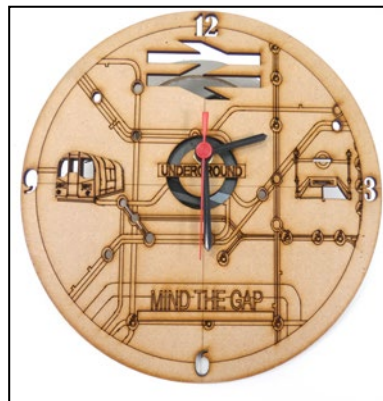
*Designed and made by:  
Lilly*



# Lamps and clocks from board and boxes

In Year 8, pupils are taught Computer Aided Design (CAD) software. They use TechSoft 2D Design to create products which are manufactured with the Laser-cutter, Computer Aided Machine (CAM).

Here are a few examples from pupils in Year 9. They have used the CAD skills gained in Year 8 and the extra skills they develop in Year 9 to turn redundant, corrugated cardboard boxes into wonderful lamps and clocks. Pupils are encouraged to take design inspiration from their families, cultures and out of school interests. Projects feel more personal.



# Achievement Award Winners

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
Maths	Adam	Mia	Edward	Joshua	Kieran	Sumedh
Further Maths						-
Economics						Lisa
English	Elizabeth	Frances	Carmen	Isla	Maya	
Literature						Jannah
Language and Literature						Mirabel
Science	David	Zara				
Biology			Daniel	Abdur	James	William
Chemistry			James	Laura	Mine	Riad
Physics			Sahib	Zarif	Hayleigh	Luke
History	Billy	Dylan	Maariya	Asia	Anna	Isabella
Classics						Marta
Geography	Poppy	Patricija	Rosa	Eliza	Eleanor	Keira
Resistant Materials						
Graphics	Bailey	Mia	Jan	Aaryan	Fiza	
Art	Deen	Sriyan	Evan	Joshua	Anaya	Alina
Photography						
Textiles	Emily	Maishe	Ibrahim	n/a	Ella	
Food & Nutrition	Aliza	Isabelle-Mae	Dua	Ashlea-	Lukas	
Dance	Bluebell	Xanthe	Jemima	Megan	Jessica	
Drama	Bailey	Archie	Kate	Finn	Beau	Kyla-Lily
Music	Teresa	Ella	Farhan	Eliza	Lily	Marta
Spanish		N/A	Tristan		Henry	Amelie
French		Eddison	Kayla		Hajar	
Media						
Computing			James	Sophie	Isaiah	Alfie
RP	Khushleen	Callum	George	Zahra	Soumia	Leya
Psychology						
Politics						Sofia
Sociology				Jessica	Eladas	Lisa
SEND						
PE	Nathan	James	Seth	Thomas	Albion	
Resistant Materials	Iris	Patricija	Carmen			
HOY Award	Emily	Frances	Djibril	Muhammad	Edie	Eilis
Behaviour Award	Anna	Ian	Balraj	Liliana	Cole	Madeleine
Attendance Award	Theodore	Felix	Liam	Daniel	Jack	Alfie
Headteacher's Award	Aslan	Archie		Finn	Sanchez	

Well done to you all!

Wanstead High School  
*Congratulations*  
Year 13 Class of 2024



# Year 7 Garden Club

The Year 7 have been sowing seeds and growing from cuttings. We have got some successful cosmos flowers grown from seed. Hydrangeas from cuttings which are flowering. Tulips also flowered over the easter.



Poppy, Alina, Theo, Unaysa, Krisha all getting the flower bed ready for the summer.



Crocus bulbs being planted



▲ Strawberries are now growing, as well as a foxglove, Rose and the Verbena is really taking.

Hopefully the flowers will be visible very soon



Thank you to all of the Year 7s who have attending and are looking after the flower beds and greenhouse.



Special thanks to Thomas, Oisin, Theo and Aleena who regularly attend and enjoy it very much.



# Year 7 Parent wins BAFTA

We were delighted to hear that one of our Year 7 parents won a BAFTA for her work on the film 'White Nanny Black Child.' She is pictured alongside other key members of the film team. Congratulations to you all and we look forward to welcoming you into the school soon to talk about your role as a film and TV editor.

## Foster for Redbridge

Redbridge Council offer our foster carers generous allowances and benefits including up to 80% Council Tax Discount. If you have a place in your heart and home to foster a young person, please call or email us on  020 8708 6068  [fostering@redbridge.gov.uk](mailto:fostering@redbridge.gov.uk)



# Round Up of Social Media wansteadhighE11

## Reading Books For Pleasure

To encourage our reading for pleasure initiative and support pupils with their reading, each tutor group spent some time discussing and reading around a number of books that they would want to read. They then took part in a vote and I'm pleased to

say that almost all tutor groups got their first or second choices! Each tutee will have one book each and these will be read in tutor time during DEAL (Drop Everything and Listen). A few spares of each title will be given to the library so that pupils can check these out if they'd like to read a broader range of titles independently.

A big thank you to the PTA for funding this initiative – it would not have been possible without their valuable support.



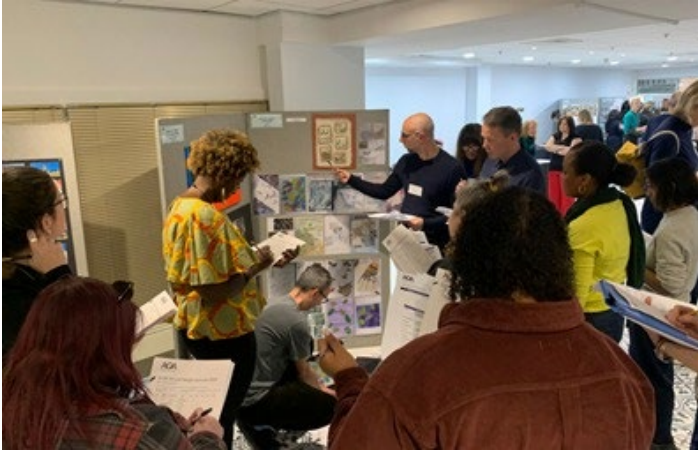
## Journey Continues For Our Year 13 Art & Photography Pupils

Class of 2024: Our Year 13 Art and Photography pupils impressed university and college assessors with their portfolios and secured conditional and unconditional places on creative courses including: Central Saint Martins Art Foundation; Camberwell Art Foundation; Film and TV Production at Hertford-

shire and Ravensbourne Universities; History of Art at Bristol and UCL; Architecture at Central Saint Martins; Fine Art Diploma at New York School of Art. A massive congratulations to them all.



# Round Up of Social Media wansteadhighE11



## Staff Growth And Development Lies At The Heart Of Our School Philosophy...

Mr Yiacoumi, is pictured leading the recent AQA Art Exam Moderation Meeting, enhancing and developing the next generation of Art & Design Teachers and Exam Board moderators.

## Well Done Maria!

Whether you are a Hammer or not, you can't help but be proud of Maria in Year 8.

She is part of the West Ham Girls U14 who won their Junior Premier League Division and became National Division League Winners at the weekend. Maria was player of the tournament!

Her older brother is currently in Hong Kong with the WH Under 20s team. What footballing talent in one family. Well done Maria - girl power!



# Round Up of Social Media wansteadhighE11

## An Amazing £384.44 Raised For Save The Children's Gaza Appeal

Our cake sale for Save the Children's Gaza appeal in full swing-all cakes were sold. Thanks to all who supported the appeal.



## Art History Club

Masterclasses from Lily Year 12 pupil.

Lily continues to provide breaks down and analysis of Art work/ Movements with her captivating knowledge and understanding of of the subject. Art History Club is open every Monday 13:20pm-14:00pm to all pupils and staff. Google Classcode: k5rpgq3.

Please pop in to listen to Lily's break down and analysis of the Art work/Movements and interact as part of the audience.





## The Year 11 boys' football team crowned Redbridge U16 CHAMPIONS!



The team celebrated a confident 4-1 win against a very organized King Solomon High School team. The difference between the two teams was certainly the incredible teamwork that Wanstead showed throughout the game.

A thoroughly well-deserved win, and what a way to end the year!

## Rounder's Enrichment Club



Wow, what commitment our pupils have shown to Wednesday's rounder's club. The session normally consists of a fielding or striking activity and then onto match play to put our tactical knowledge in practice.

A massive shout out to our sixth formers, Diego and Ben, who help out every Wednesday.



They help with the warm ups, setting and clearing of equipment, and they even join in with the rounder's activities. They present as outstanding models to our younger pupils at the club and I've been so impressed with their manner and commitment.

## Year 7 Boys' Team Suffer Semi-Final Heartbreak To End Very Successful Season

The Year 7 Boys' Football Team suffered a semi-final defeat against a very strong (unbeaten) Trinity side. The game ended in a 4-3 defeat meaning the end to a very successful season.

The opposition manager commented on not only the technical ability of the players, but also their resilience, teamwork, work ethic and excellent attitude.

We are already looking forward to seeing what this team can achieve next season!



## Representatives of Year 10 have finished the season unbeaten playing for Eton Manor u15s rugby team.

The team traveled all across Essex winning every single league game and only drawing one on their way to the championship. A stunning achievement for this set of players, who are already looking forward to the U16 season. We will most certainly be following their progress.



## Year 9 Cohort Take On The Duke Of Edinburgh Expedition

On Saturday 4th May our first Year 9 cohort embarked on their Duke of Edinburgh Expedition. We were so thankful for the sun the entire weekend, which made a huge difference from their training. From 10am until 5pm, pupils walked for hours using their map and compass to navigate their team to camp. When the groups arrived at camp, they had so many stories to share from their experience along the way. From seeing an array of different animals, to being clapped through a parade by the locals, and even crossing through a tough mudder course, pupils' experiences were unprecedented. Once all pupils arrived at camp, they cooked some delicious food on their stoves before getting a good night's sleep ready for day two.



All pupils showed outstanding resilience, teamwork and navigational skills. We are extremely proud of what our Year 9's have achieved so far, and are excited to introduce cohort 2 to their DofE experience shortly.

**Ms C Feeney**  
Duke of Edinburgh Coordinator

## Cricket Club Is A Roaring Success With Over 40 People In Attendance Each Week





The summer term has seen the start of the cricket season, and the cricket club, taking place every Tuesday has been particularly successful.

## Year 9s beat Woodbridge by 5 runs in Redbridge Cricket league

Year 9s took part in a Redbridge cricket league fixture against Woodbridge and came out winners in a close game. The game took place indoors and was a 15 over game. Wanstead were bowled out for 86 with some quick runs being scored in the final 2 overs. Wanstead then successfully defended this total with a good bowling and fielding effort all round.

## Year 10s beat Seven Kings by 4 wickets in Redbridge Cricket League

Our Year 10s took part in a Redbridge cricket league fixture and won by 4 wickets after successfully chasing a score of 49. Wanstead won the toss and decided to bowl first. Wickets fell quickly with a strong pace attack in the opening overs. Seven Kings eventually fell for 48 runs with Wanstead needing 49 to win. A strong opening partnership set Wanstead up nicely. After a retirement and a wicket, Wanstead then won with 10 balls to spare. Well done to all involved.

## A coach from Essex Cricket has been invited to deliver some sessions to our most enthusiastic cricketers.

These girls are developing their skills extremely quickly and

are looking forward to competing in some upcoming matches against other schools!



## Copper Box Arena Netball trip x2

Netball trip to watch London Pulse at the Copper Box Arena! Further enrichment opportunities for our most talented and enthusiastic netball players.



Our first trip to the Copper Box with Year 7 to watch London Pulse beat Saracens Mavericks 45-42.



The second trip with Year 8, 9, 10 & 11 was also a massive success both for London Pulse and Wanstead High!



Members of the public commented on the outstanding behaviour of our pupils both at the Arena and on the London Underground.

Keep your eyes peeled for the next one!



## Basketball success as Wanstead win local tournament

The start of the Basketball Summer programme saw the combined Year 8 and 9 boys' team become convincing winners against Isaac Newton Academy. Some incredible skills were on display, which included some amazing screens, crossovers, some excellent passing and even some three pointers!

We are looking forward to the basketball season starting properly in October to see how far these boys can go.



## Summer Enrichment After School Clubs (3:05pm - 4:05pm)

Below you will find the current enrichment opportunities for all pupils.

These opportunities can do so much for the development of a pupil with only two things required to attend - PE kit and a smile!

See Summer Enrichment table for details

## Summer Enrichment After School Clubs

### MONDAY

Athletics - Open to all year groups

Location: Field

Staff: KHO, CFE, EHA

Link: <https://forms.gle/76c5SNHirQbqeWFH8>

### TUESDAY

Cricket - Open to all year groups

Location: Lower playground

Staff: KHO, JSA

Link: <https://forms.gle/BrTtau6Et3DEtkzD8>

### WEDNESDAY

Rounders - Open to all year groups

Location: Field

Staff: CFE, EHS

Link: <https://forms.gle/J9r5dnF5CFzM58gF6>

### FRIDAY

GCSE PE intervention

Location: S13

Staff: EHA, CFE, JSA

*\*There is no need to re-sign your child up, link above for those that missed them previously\**

# THE WANSTEAD



## Episode .01

Welcome to the first edition of 'The Wanstead Superstar!', where you will be introduced to a pupil or group of pupils that have been particularly successful in the sporting world.

For this edition we meet Thomas who is an extremely talented athlete, taking part in competitions all over the country.

I met with Thomas to ask him about his journey in athletics so far.

**Mr Sains "When did you first start becoming interested in athletics?"**

**Thomas** "Around Year 5 (2018), during the summer I realized at primary school that I was the quickest runner in my year. This was either playing Bulldog at lunchtimes, or in things like PE lessons or sports day. Having realized this, my Mum took me to a local athletics club to try some things out and it has grown ever since then.

**Mr Sains "As well as your Mum, did you have any other role models that inspired you?"**

**Thomas** "At my athletics club there was a coach called coach Sam, and I remember him being a very young coach (he had just started university) and he would always be there taking our well planned coaching sessions. I do believe that he is one of the main reasons that I have stayed there and continued to progress"

**Mr Sains "What is a good memory that you have?"**

**Thomas** "In my first competitive event my eyes were opened that I was actually really quick and that I could compete at these high levels. That's when I think the real spark happened!"

**Mr Sains "What's your biggest achievement in athletics so far?"**

**Thomas** "Probably winning the indoor national championships in Sheffield, for the 300 meters. I ran it in 37.24seconds!"

**Mr Sains "What does your training schedule look like?"**

**Thomas** "I currently train three times a week on Tuesdays, Thursdays and Saturdays".

**Mr Sains "What advice would you give for any young athletes out there?"**

**Thomas** "Enjoy athletics first, and then if you want to make it you have to work hard and commit to every session. Don't make any excuses and train hard!"

**Check out some of Thomas' achievements here!**



2023
Essex (Outdoor) County Championships, U15 300m - 🏆 and 200m - 🏆
Essex (Indoor) County Championships, U15 300m - 🏆 and CBP
Eastern Counties (Indoor) Championships, U15 300m - 🏆
SEAA (Indoor), U15 300m - 🏆
English Nationals (Indoor), U15 300m - 🏆
2022
SEAA (Indoor), U15 Long Jump - 🏆
Essex County Championships, U15 Long Jump - 🏆 and 300m - 🏆
Essex Schools Championships, U15 300m - 🏆
English Nationals (Outdoor), U15 300m - 🏆
2021
Essex County Championships, U13 Long Jump - 🏆
SEAA, U13 Long Jump - 🏆
2020
U11 London Metropolitan Cross Country League - 🏆

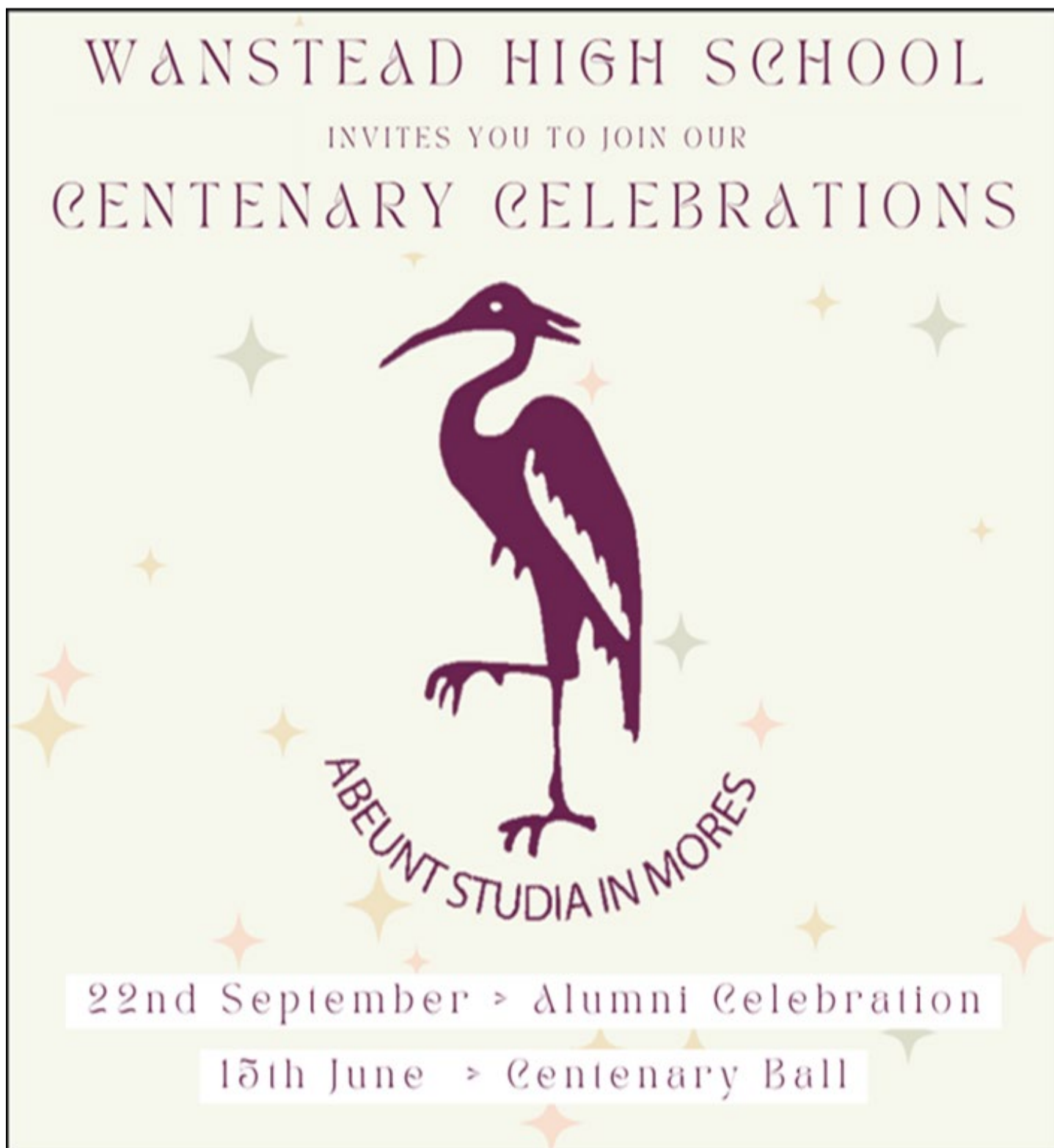


Does your child take part in competitive sport or activity outside of Wanstead High School? We want to hear about it! For a chance to appear in our Heron Homelink.

Are they - An incredible gymnast? A wonderful dancer? A black run skier? An opening batsman? A gold medalist swimmer? An amazing athlete? A superstar boxer? A black belt in karate?

Email [j.sains@wansteadhigh.co.uk](mailto:j.sains@wansteadhigh.co.uk) with all information for a chance to be featured in the next Heron Homelink 'Wanstead Superstar' edition.

## Other News & Events



**Wanstead High School will be 100 years old on 23rd September 2024.**

To celebrate this, we have planned two Celebration Events

15th June – Centenary Ball – PTA event at Eton Manor RFC

22nd September – Alumni Celebration – At WHS

Further details will be shared about these and the planned in school events nearer the time

# Other News & Events

*Celebrating 100 years of Wanstead High School 1924-2024*

# #WHS100 Centenary events



**Wanstead High School is proud to announce its events to mark this very special anniversary**

## ***MAIN EVENT: Alumni Centenary Celebration***

Everyone who went to Wanstead High School is invited to our Alumni Centenary Celebration

**10am-4pm, Sunday 22 September 2024**

Come back to school for the day:

- catch up with ex-pupils and staff
- take a school tour
- learn more about the school's history
- see what's going on at school today
- snap up some exclusive #WHS100 centenary memorabilia
- enjoy buffet lunch with your peers
- relax in the playing-field pop-up bar.

*Don't miss out: to attend, please register your interest today...*

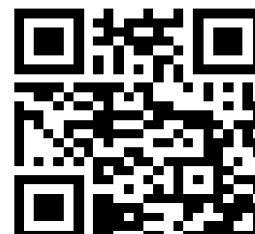
**See next page to find out how to register to attend the event...**

# Other News & Events

*Celebrating 100 years of Wanstead High School 1924-2024*

To attend the Alumni Centenary Celebration (likely ticket price approx £30), you **MUST** complete this online form <https://tinyurl.com/d3fr7c3e>. (Follow the link or reach it using the QR code on the right.) Thank you. We will then get in touch with more details. Please check Wanstead High School website [www.wansteadhigh.co.uk](http://www.wansteadhigh.co.uk) and our [Instagram account @wansteadhigh11](#) for more centenary news too.

LINK TO FORM TO REGISTER FOR ALUMNI CENTENARY CELEBRATION HERE



Any questions? For Alumni Centenary Celebration: email [centenarycelebrations@wansteadhigh.co.uk](mailto:centenarycelebrations@wansteadhigh.co.uk)

## ***SPECIAL FUNDRAISING EVENT*** ***Wanstead High Centenary Ball***

Join alumni, parents of current pupils, and staff at the Centenary Ball to celebrate a century of success at Wanstead High School

**Saturday 15 June 2024**

An elegant evening of fun and celebration in a marquee at Eton Manor Rugby Club, Wanstead, including:

- three-course dinner
- live band and disco
- raffle and silent auction
- special guests, and much, much more

The Centenary Ball is a unique and very special opportunity to support your old school through its PTA, and have fun in the company of other past pupils and current parents and staff. Use the same online form above to register for exclusive early access to Centenary Ball tickets. And look out for more details and tickets on sale on [Wanstead High School PTA's website](#) and Instagram account [@whspta](#).

LINK TO PTA WEBSITE HERE



Any questions? For Centenary Ball: email [info@ptawansteadhigh.co.uk](mailto:info@ptawansteadhigh.co.uk)

Redbridge Mental Health Support Team presents...

# PARENT AND CARER WEEK: CHILDREN'S WELLBEING WEBINARS

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

**REGISTER NOW!**

## SUPPORTING A CHILD WHO IS ANXIOUS TO ATTEND SCHOOL

Many children worry about school from time to time. Sometimes a child's worries may lead to difficulties attending school. If your child has anxiety about attending school, then this webinar is for you.

**TUES 21.05.24 7-8PM**

## TRANSITION TO SECONDARY SCHOOL

Making the transition to secondary school can feel exciting and daunting at the same time. Join our webinar to learn practical strategies for supporting your child during this time.

**WED 05.06.24 7-8PM**

## PROMOTING POSITIVE BEHAVIOUR: PRIMARY-AGED CHILDREN

Testing boundaries is a normal part of child development. Learn to enhance your child's emotional regulation and promote positive behaviour through play, boundary-setting, and clear expectations.

**THU 20.06.24 7-8PM**

**SCAN ME!**



**FOR MORE INFORMATION & TO SIGN UP**

**CLICK HERE,**

**VISIT [WWW.REDBRIDGE.GOV.UK](http://WWW.REDBRIDGE.GOV.UK) AND SEARCH 'MHST'**

**OR GO TO [LINKTR.EE/REDBRIDGEMHST](http://LINKTR.EE/REDBRIDGEMHST)**



# New menus from April from our new caterer **Innovate**



**WE'RE OPEN  
AFTER SCHOOL**

Come along and enjoy Filled Baguettes, Fruit, Yoghurt, Home Bakes and Hot Chocolate.

**You can find a bargain with our half price items after school only.**

**WEEK 1**

**WEEK COMMENCING**  
01/04/2024 22/04/2024 15/05/2024 05/06/2024 24/06/2024  
15/07/2024

**CV9 - VEGETARIAN  
CVE) - VEGAN**

## CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
<b>MONDAY</b> Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn	<b>MONDAY</b> Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)	<b>TUESDAY</b> Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread	<b>TUESDAY</b> Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)
<b>WEDNESDAY</b> Glazed British Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy	<b>WEDNESDAY</b> Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)	<b>THURSDAY</b> Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa	<b>THURSDAY</b> Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)
<b>FRIDAY</b> Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	<b>FRIDAY</b> Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)		

## DESSERTS


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Apple Strudel & Custard	Peach Kuchen	Pear & Cocoa Sponge	Manager's Special





**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins	Manager's Street Vibes Special

**NATURally**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (V)	Pakistani Tarka Dhal (V)	Manager's Special



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

WEEK 2

WEEK COMMENCING 08/04/2024 29/04/2024 20/05/2024 10/06/2024  
01/07/2024 22/07/2024

(V) - VEGETARIAN  
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

FRIDAY

Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

WEDNESDAY

Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

THURSDAY

Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

FRIDAY

Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Coconut & Jam Pudding

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Manager's Special

Fruit & Yoghurt Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



MONDAY

Caramelised Onion & Mozzarella Poutine

TUESDAY

Gochujang Chicken & Sesame Rice Pot

WEDNESDAY

Mei Goreng Indonesian Fried Noodles

THURSDAY

Korean Fried Crispy Chicken

FRIDAY

Manager's Street Vibes Special

NATURally

MONDAY

Reggae Reggae Jackfruit Curry (V)

TUESDAY

Spiced Paneer & Red Onion Naan (V)

WEDNESDAY

Vegan Ramen Bowl (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Manager's Special

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

WEEK 3

WEEK COMMENCING 15/04/2024 06/05/2024 27/05/2024 17/06/2024 08/07/2024

(V) - VEGETARIAN  
(VE) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Bhuna with Pilau Rice & Homemade Raita

FRIDAY

Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

THURSDAY

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

FRIDAY

Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

DESSERTS

MONDAY

Pineapple Upside Down Cake

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Dropped Pancake Bar

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

FRIDAY

Manager's Special

Fruit & Yoghurt Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



MONDAY

Chinese Style Vegan Noodles (VE)

TUESDAY

Chipotle Chicken Chimichanga

WEDNESDAY

Loaded Mediterranean Street Cart Wedges

THURSDAY

Thai Fried Rice

FRIDAY

Manager's Street Vibes Special

NATURally

MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Smoked Tofu & Caponata Burger (V)

WEDNESDAY

Seeded Vegan Sausage Roll (VE)

THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (V)

FRIDAY

Manager's Special

TRATTORIA

MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



**TARIFF SEPTEMBER 2023**

<b>DRINKS</b>		<b>PRICE</b>	<b>BREAKFAST</b>		<b>PRICE</b>
Water 330ml		80p	Breakfast Roll		£2.05
Fruit Slush – Med/Lrg		90p/£1.45	Small Breakfast Baguette		£1.40
Capri Sun		£1.30	3 Piece Breakfast Pot		£2.00
Dalston Cans		£1.40	Toast with Butter or Jam		35p
Radnor 200ml Carton		£1.10	Pancake with Topping		£1.25
Milk / Flavoured Carton		£1.00	Waffle with Topping		£1.55
<b>HOMEBAKES</b>			Pastries & Croissants		£1.55
Muffins		£1.30	Cereals + Milk		90p
Mini Cakes		From 40p	Porridge for Staff		Free/ £1.05
Cookies		£1.15	Porridge for Students		Free
Chocolate / Cheese Straw		£1.15	Porridge Toppings		40p Each
<b>HOT GRAB &amp; GO</b>			<b>COLD GRAB &amp; GO</b>		
Ciabatta		£3.20	Roll		£1.00
Panini		£2.60	Sub		£2.05
Toastie		£2.15	Wrap		£2.60
Loaded Nachos		£2.25	Street Vibes & Naturally		From £2.85
Garlic Dough Balls		£1.40	Baguette		£2.65
Burrito		£2.65	Cold Pasta Pot – Med/Lrg		£1.00/£2.50
Chicken Wings		£2.15	Sml Self-Serve Salad Bar		£1.80
Shawarma		£2.65	Houmous Pot		£1.20
Pizza Slice		£1.50	Edamame Beans		£1.60
Street Vibes		£2.60	Sushi		£3.00
Naturally (V / Ve)		From £2.65	Yoghurt/Jelly/Fruit Pots		£1.00
Hot Pasta Pot – Med/lrg		£2.15/£2.50	Whole Fruit		55p
Jacket Potato – 1 Topping		£2.05			

VAT on hot food and beverages will be charged at the current rate for all staff members



# BREAKFAST

**We are open for breakfast everyday from 8am**

**Come along and enjoy**

Fruit  
Yoghurt  
Cereal  
Toast and Bagels  
Filled Rolls  
Hot Chocolate

**Remember free porridge is available for all students at breakfast**



# Tutor Grid 2023 -24

Year 7			Year 8			Year 9		
HOY	Mr D Tann		HOY	Ms C Murray		HOY	Mr M Tinker	
7.1	Ms T Reynolds	09	8.1	Mr J Sains	SS1	9.1	Ms I Unegbu	18
7.2	Ms B Waters	03	8.2	Ms I Jasmine/Ms O Ogunfemi	SS3	9.2	Mr S Rashid	19
7.3	Ms S Khan	05	8.3	Ms N Rowshan	SS2	9.3	Mr N Rashid	15
7.4	Ms C Gorczak	04	8.4	Ms J Ibrahim	MA2	9.4	Mr A Chauhan	22
7.5	Mr I Choudhury	02	8.5	Ms D Collins	MA6	9.5	Mr D Boachie	23
7.6	Ms S Begum	07	8.6	Ms K Kaddour/Ms M Argyrakis	MA3	9.6	Mr J Ponniah	20
7.7	Ms N Ahmed	08	8.7	Ms N Redondo	MA1	9.7	Mr G Narang	17
7.8	Ms E Everhart	11	8.8	Ms N Gómez	MA4	9.8	Ms F Rahman	21
			8.9	Mr D Vardavas/Ms E Christofides	MA5	9.9	Ms K Kioi/Ms O Ogungbe	12

Year 10			Year 11		
HOY	Mr M Hadden		HOY	Ms G White	
10.1	Ms K Ali	NB7	11.1	Ms H Tassine	S10
10.2	Ms M Dietze/Ms M Masamha	NB4	11.2	Mr S Younis	S12
10.3	Ms L Pennington	36	11.3	Mr L Willer	S6
10.4	Ms C Feeney	NB1	11.4	Ms S Hoque	S5
10.5	Ms E Hayes	NB2	11.5	Mr R Ali	S3
10.6	Mr D Leftwich	NB3	11.6	Ms S Younas/Ms S Clarke	45
10.7	Ms M Ayer/Ms R Walker	NB9	11.7	Ms N Hassan	S4
10.8	Mr M Hadden/Ms J Wali	LP2	11.8	Mr R Nazir	S2
10.9	Mr A Yiacoumi	NB10	11.9	Ms H Ikrah	S9

Year 12			Year 13		
HOY	Mr M Hamza		HOY	Ms T van Beers	
12.1	Ms D Bennett/Ms O Gallagher	40	13.1	Ms H Ahsan	NB6
12.2	Mr B Weakliam	THR	13.2	Mr K Holdbrook	NB11
12.3	Ms S Begum	24	13.3	Ms C McQuillan/Mr R Smith	NB8
12.4	Ms A Khanum/Ms H Cressall	25	13.4	Ms M Kara	42
12.5	Mr I Sweet	38	13.5	Mr B Alom/Ms G Kartha	IR1
12.6	Ms F Hinson/Ms V Premkumar	41	13.6	Mr G Brodie/Ms T Zehra	13

# Summer Term Enrichment - 2024

\*Clubs are offered on a walk-in basis unless stated otherwise\*  
(KS3 - Years 7, 8 & 9) (KS4 - Years 10 & 11) (KS5 - Years 12 & 13)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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## Before School - 7.30 - 8.20

<b>KS3 Reading Wise (EAL)</b> Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	<b>KS3 Reading Wise (EAL)</b> Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	<b>KS3 Reading Wise (EAL)</b> Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	<b>KS3 Reading Wise (EAL)</b> Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	<b>KS3 Reading Wise (EAL)</b> Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>
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## Before School: Breakfast Club & Library every morning - 7.30 - 8.20

## Lunchtime

Year 7-9 Lunch is 12.20 - 1.05pm

Year 10 -13 Lunch is 1.20 - 2.05pm

<b>Year 9 Drama Club</b> Theatre	<b>KS4 &amp; KS5 Choir</b> Room 36	<b>Table Top Games</b> KS3 Library	<b>Year 9 Dance Company</b> Dance Studio	<b>KS4 &amp; KS5 Multi Faith Prayer</b> Alan Hearne Hall
<b>KS4 Art and Art History Society</b> Room NB10 1.20-2.00	<b>Year 7 &amp; 8 Dance Company</b> Dance Studio Sign up required - see Ms Gullefer		<b>Week 2 only</b> <b>KS3 LGBTQ+</b> Room MA2 - 1:30 2:00	<b>KS3 Dance</b> Open Studio
	<b>KS4 &amp; KS5 Spanish Speaking Club</b> Room MA4		<b>Week 1 only</b> <b>KS4/5 LGBTQ+</b> Room MA2 - 2:30 3:00	<b>Year 7 Garden Club</b> In the Quad
	<b>Week 1 only</b> <b>KS3 Photography Club</b> Room NB9 12 spaces <a href="https://docs.google.com/forms/d/1xVaWOp-1c5lucdOZFtBfVvojs7K_RmyVTnKk15Kp1c/viewform?edit_requested=true">https://docs.google.com/forms/d/1xVaWOp-1c5lucdOZFtBfVvojs7K_RmyVTnKk15Kp1c/viewform?edit_requested=true</a>			

## After School 3.05 - 4.10pm

<b>Homework Club</b> <small>(For targeted pupils with English as an Additional Language)</small> Room LS2	<b>Homework Club</b> <small>(For targeted pupils with English as an Additional Language)</small> Room LS2	<b>Year 9 Dance Company</b> Dance Studio	<b>Homework Club</b> <small>(For targeted pupils with English as an Additional Language)</small> Room LS2	<b>KS4 1:1 for Language &amp; Literature</b> <small>(For targeted pupils with English as an Additional Language)</small> Room LS2
<b>KS4 1:1 for Language &amp; Literature</b> <small>(For pupils with English as an Additional Language)</small> Room LS2	<b>KS4 1:1 for Language &amp; Literature</b> <small>(For pupils with English as an Additional Language)</small> Room LS2	<b>Week 1 only</b> <b>KS3 Weather Club</b> Room NB1	<b>KS4 1:1 for Language &amp; Literature</b> <small>(For targeted pupils with English as an Additional Language)</small> Room LS2	<b>Jazz Band</b> Room 36
<b>KS3 Drama Club (Year 9)</b> Theatre 3:00 - 4:00pm	<b>KS5 Philosophy Club</b> Room MA5 Sign up via Google Classroom: fn46ano	<b>Musical Rehearsals</b> Theatre By audition	<b>Steel Pan Group</b> Room 36	<b>KS3 London Youth Games Preparation</b> Dance Studio
<b>Athletics</b> Top Field 3:05pm - 4:05pm <a href="https://forms.gle/mwIVb6z2yhLSywm66">https://forms.gle/mwIVb6z2yhLSywm66</a>	<b>Debate Club below</b> <b>KS5 Year 12 pupils</b> Room NB8	<b>School Newspaper</b> All year groups Library	<b>KS4 &amp; KS5 New Views Scriptwriting Club</b> Room 3 (17 places) Sign up required See Ms Waters	<b>GCSE PE Intervention</b> Rooms IR4/ S13/Sportshall 3:05pm - 4:05pm
<b>Brass Group</b> Room 37	<b>Yoga (Squash Court)</b> <a href="https://docs.google.com/forms/d/15XcyX_Csqx-QhaDbnQHcLcY4rBVLpNoVCyWrmrwi6Ms/edit">https://docs.google.com/forms/d/15XcyX_Csqx-QhaDbnQHcLcY4rBVLpNoVCyWrmrwi6Ms/edit</a>	<b>KS3 Drama Club (Year 7 &amp; 8)</b> Theatre 3:00 - 4:00pm	<p><b>Dear Parent/Carer,</b></p> <p>Following your feedback, we wanted to clarify the system put in place if your child is attending after school enrichment.</p> <p>At the start of all enrichment clubs, registers will be taken so we are clear on who is in the school building.</p> <p>If a pupil does not attend a club that is expected to, the office will be informed and parents will be contacted to inform them that their child did not attend the club.</p> <p>At the end of the enrichment session, all pupils will be escorted to the main reception to be dismissed.</p> <p>If, for an exceptional circumstance, a club is cancelled, parents will be informed via a message.</p> <p>As always, please encourage your child to attend enrichment and make the most of the many opportunities on offer.</p> <p><b>Mr D Langford</b></p>	
<b>KS3 Film Club</b> Room 24 <a href="https://forms.gle/K6nmLEhHtnLvtb346">https://forms.gle/K6nmLEhHtnLvtb346</a>	<b>KS3 Choir</b> Room 36	<b>Rounders</b> Field 3:05pm - 4:05pm <a href="https://forms.gle/GCuz8IARX7dXoVGQ8">https://forms.gle/GCuz8IARX7dXoVGQ8</a>		
<b>String Orchestra</b> Room 36	<b>KS4 London Youth Games Preparation</b> Dance Studio	<b>Week 2 only KS3 Yoga Club</b> <a href="https://docs.google.com/forms/d/15XcyX_Csqx-QhaDbnQHcLcY4rBVLpNoVCyWrmrwi6Ms/edit">https://docs.google.com/forms/d/15XcyX_Csqx-QhaDbnQHcLcY4rBVLpNoVCyWrmrwi6Ms/edit</a>		
<b>Wind Band</b> Room 38	<b>GCSE Further Maths Class</b> Year 11 Set 1 Room 17			
<b>Year 7 Science Club</b> Room S7	<b>KS3 Maths Homework</b> Study Club Room IR3			
<b>KS3 Latin Club</b> <i>It will be running from 15th January, every Monday from 3:10-4:00</i> <a href="https://docs.google.com/forms/d/16ZVBy3l-crA_bjh9lPyhw22_FcwN5e5Ttbpnn2hIEBQ/viewform?ts=656739cd&amp;edit_requested=true">https://docs.google.com/forms/d/16ZVBy3l-crA_bjh9lPyhw22_FcwN5e5Ttbpnn2hIEBQ/viewform?ts=656739cd&amp;edit_requested=true</a>	<b>KS3 Maths Challenge Club</b> Set 1 and 2 Room 18			
	<b>Week 2 only</b> <b>KS3 Robotics Club</b> Room IR1 Sign up required See Mr Alom			
	<b>Cricket</b> Lower Playground/Top Field 3:05pm - 4:05pm <a href="https://forms.gle/KC6hpTKgSRYEJr8">https://forms.gle/KC6hpTKgSRYEJr8</a>			

If you are experiencing difficulties accessing the links for the extra - curricular clubs please click on this link: [E0075FDB717E28495ACB767DA3700E7F.pdf](https://forms.gle/E0075FDB717E28495ACB767DA3700E7F) ([wansteadhigh.co.uk](http://wansteadhigh.co.uk))

GET INVOLVED AT [FINDRUGBY.COM](http://FINDRUGBY.COM) 



**SIGN UP**

**FIND THE SPARK  
PLAY THE GAME**

**GIRLS RUGBY TASTER SESSION**  
Come and make new friends, learn new skills and play fun games!

Girls aged 11-17 of all abilities and experiences are welcome!  
You can also stay to watch the East London women play at 2pm.

**SUN 22ND OCTOBER  
12-2PM SESSION**  
Plus 2-3:30pm women's game

**EAST LONDON REC**  
Memorial Recreation Ground  
71 Holland Rd E15 3BP

**Allianz  INNER WARRIOR**

**WEAR TRAINERS/STUDDED BOOTS AND SPORTS KIT. BRING WATER AND LUNCH.**  
SIGN UP: <https://forms.gle/nqQgWoeZThkrzbQz5>  
CONTACT: [jmulholland@morneth.towerhamlets.sch.uk](mailto:jmulholland@morneth.towerhamlets.sch.uk) with any questions.

**REDBRIDGE MUSIC SERVICE** 



**GAMELAN**

**At Redbridge Music Service**

Want to try something completely new? Playing in a Gamelan Ensemble is an immersive musical activity, with no previous experience required. Playing in a music group has enormous benefits to one's wellbeing: come along and give Gamelan a go!

**🕒 Every Tuesday**  
(term time only)

- 5pm-6pm Children aged 10-18
- 6pm-7pm Adults

**Adults:** £40 per month  
**Children:** £15.95 per month (no extra cost for current RMS members)




**Learn more and book now!**  
[vrcl.uk/gamelan](http://vrcl.uk/gamelan)



An after-school club for neurodivergent children, their siblings, and friends. Children aged 8-12 can come and have fun creating with Lego alongside those with similar interests.

The club is run by our inclusive and neurodiversity affirming staff and volunteers.

**When:** Every Wednesday 15:45 - 17:30 during term time

**Location:** Central Wanstead just off the high street

For more information please contact:

[staaremail@gmail.com](mailto:staaremail@gmail.com)  
or  
visit our website  
[www.staar-redbridge.org.uk/afterschoolclub/](http://www.staar-redbridge.org.uk/afterschoolclub/)

**COLOURS**



**Events / Clubs / Trips**

★

**For your child or young person, your family and you.**

We are a friendly group of families and volunteers. We support autistic people and those with related social communication needs. We have members from Redbridge, the surrounding boroughs and counties.

★

**STAAR activities include:**  
**Family Trips, Small Group Trips, Clubs**

**We also organise and run:**  
**Information Events, Parents & Carers Social Events, Markets and Parties!**

To find out more and to become a member visit:  
[www.staar-redbridge.org.uk](http://www.staar-redbridge.org.uk)

# SEaTSS Upcoming Parent

Specialist Education and Training Support Service

## Training Dates

SEaTSS have sent through the attached information for parents/carers of pupils with SEND:

We enclose lots of free opportunities for you and your families.

## Social Media

SEaTSS are on social media now - we aim to upload short reels and information 2-3 times a weeks. Please share with all staff and families. If you share the flyer attached, you only need to click on the image and it will take you straight to the platform.

Don't forget to also share our YouTube too – please ask all staff and families to subscribe, and this helps keep the training for

your schools free.

<https://www.youtube.com/@RedbridgeSEaTSS/playlists>

## Parent training

We have launched our Parent training for this term. We are running separate primary and secondary sessions, and we are also running these in the daytime and evenings too.

Please find details on our event flyer. Please share with all parents

**Our training is FREE for Redbridge parents.**

By Ms J Connal

**S.E.A.T.S.S. UPCOMING PARENT TRAINING DATES**

Training Every Monday Evening Online 7:30pm-8:30pm  
or  
Monday Morning Online 9:30am-10:30am

Scan or Click Here

Are you looking for ways to support your child with **maths**?

Do you want to learn more about **Dyscalculia**?

Pick a date and time and join us at our ONLINE events hosted by Specialist Advisory Teachers

Free: For Parents/carers living in Redbridge. Cost: £6.99 for Parents/carers living outside of Redbridge.

**S.E.A.T.S.S. UPCOMING PARENT TRAINING DATES**

Training Every Monday Evening Online 7:30pm-8:30pm  
or  
Monday Morning Online 9:30am-10:30am

Scan or Click Here

Are you looking for ways to support your child with **revising for exams**?

Do you want to learn **new and advanced strategies** that can support your child?

Pick a date and time and join us at our ONLINE events hosted by Specialist Advisory Teachers

Free: For Parents/carers living in Redbridge. Cost: £6.99 for Parents/carers living outside of Redbridge.

**S.E.A.T.S.S. UPCOMING PARENT TRAINING DATES**

Training Every Monday Evening Online 7:30pm-8:30pm  
or  
Monday Morning Online 9:30am-10:30am

Scan or Click Here

Are you looking for ways to support your child with **handwriting and fine motor skills**?

Do you want to learn more about **Dyspraxia**?

Pick a date and time and join us at our ONLINE events hosted by Specialist Advisory Teachers

Free: For Parents/carers living in Redbridge. Cost: £6.99 for Parents/carers living outside of Redbridge.

**S.E.A.T.S.S. UPCOMING PARENT TRAINING DATES**

Training Every Monday Evening Online 7:30pm-8:30pm  
or  
Monday Morning Online 9:30am-10:30am

Scan or Click Here

Are you looking for ways to support your child with **reading, writing and spelling**?

Do you want to learn more about **Dyslexia**?

Pick a date and time and join us at our ONLINE events hosted by Specialist Advisory Teachers

Free: For Parents/carers living in Redbridge. Cost: £6.99 for Parents/carers living outside of Redbridge.

# Term Dates for 2023 - 2024

## ▶ SPRING TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Thursday 4 January 2024 to Thursday 28 March 2024

Easter break: Friday 29 March 2024 to Friday 12 April 2024

## ▶ SUMMER TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Monday 15 April 2024 to Friday 19 July 2024

Half term break – Monday 27 May 2024 to Friday 31 May 2024

Last Day of Summer Term Friday 19 July

## ▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

(SCHOOL CLOSED FOR PUPILS)

INSET 4 (disaggregated) Monday 22 July

INSET 5 (disaggregated) Tuesday 23 July

# Term Dates for 2024 - 2025

## ▶ AUTUMN TERM 2025

Monday 2 September 2024 to Friday 20 December 2024

Half term break - Monday 28 October 2024 to Friday 1 November 2024

## ▶ SPRING TERM 2025

Monday 6 January 2025 to Friday 4 April 2025

Half term break - Monday 17 February 2025 to Friday 21 February 2025

## ▶ SUMMER TERM 2025

Tuesday 22 April 2025 to Tuesday 22 July 2025

Half term break - Monday 26 May 2025 to Friday 30 May 2025

## ▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

INSET DAY 1 Monday 2 September 2024

INSET DAY 4 Monday 13 January 2025

INSET DAY 2 Tuesday 3 September 2024

INSET DAY 3 Friday 4 October 2024

Disaggregated INSET DAY: FRIDAY 29 November 2024

## Dates for your diary

June  
6<sup>th</sup> 2024

Year 8 Progress  
Evening  
3.30-6.30pm

All Progress  
Evenings will be  
online



# School Uniform

## Uniform, Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride.

High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

### Required Items Year 7 - 11

### Description

- |   |   |   |
|---|---|---|
| Burgundy school blazer with school badge  | - | Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances. |
| School tie  | - | All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times.  |
| White plain school shirt  | - | Top button must be done up. Shirts can be long or short-sleeved.  |
| Black tailored school trousers or black tailored school shorts (summer term only) | - | Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim.   |
| Black knee-length school skirt  | - | Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up.   |
| Black v-neck long-sleeved plain pullover (optional)                               | - | No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn.  |
| Black leather shoes with black soles and black laces                              | - | Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe.   |
| White or black socks  | - | Must be worn up to or below the knee and no patterns.   |
| Flesh tone or plain black tights (optional)                                       | - | No patterns and tights must not be torn or ripped.  |
| Outdoor coat (optional)   | - | Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat.  |
| Religious headwear  | - | Should be plain black, burgundy or white.   |

### Required Items 6<sup>th</sup> Form

### Description

- |  |   |  |
|--|---|--|
| Formal fit suit  | - | Should be smart and professional, ID badges must be worn at all times.   |
| Formal collared shirt with tie or business style blouse                    | - | Top button must be done up. Shirts can be long or short-sleeved.   |
| Formal fit skirt or dress (professional length) with business style blazer | - | Should be smart and professional, ID badges must be worn at all times  |
| Black leather-style shoes  | - | Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length. |
| V-neck plain formal jumper/cardigan can also be worn                       | - | Must show a collared shirt and tie/blouse underneath.  |

**All items of logoed uniform can be purchased from Carolina School Outfitters. <https://carolinaschooloutfitters.co.uk/> Other items can be bought from any other appropriate establishment. This will be reviewed in 2023-24.**

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

## Required Items Year 7 - 11

### School PE Kit

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

### Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

### Item Description

- Jewellery** - Jewellery worn to school should be safe and appropriate.
- Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed.
- Pupils may wear a watch; smart watches are not permitted in exams or assessments.
- Make Up** - Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.
- Hair** - Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point.
- The patterned shaving of hair or eyebrows is forbidden.
- Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance.
- This does not include durags or bonnets which are not appropriate in school.
- Hoodies and other non-uniform jumpers or coats** - Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.
- Hats, Ski Masks, Balaclavas, Face coverings** - It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.

