

HERON HOMELINK

NEWSLETTER



Education with Character

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WHS Heron Homelink March 2026 Issue No. 22

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Dear **Ms Feeny**, I just wanted to say thank you for organising the DofE awards ceremony last week - it was great to see so many students collecting their awards and having their efforts publicly recognised. It's also a real plus for the school that so many students are able to take part in the scheme, and I know a lot of that is down to you, so thanks also for your commitment and hard work in promoting and running the awards at Wanstead High.

Year 10 parent

Dear **Mr Chartorzhsky** and **Mr Ready**. Thank you so much for the wonderful and informative trip you ran for y9 on Friday. Our daughter was lucky enough to go and had a brilliant time. She learnt a lot from you and the guides and was telling us about the awful atrocities they heard about and the incredible survivor stories too. It's amazing how a personal connection brings the story to life, what a fantastically organised trip. We heard about the pupil travel sickness you had to deal with, Mr Ready, and really felt for you. We do hope you both had a wonderfully restful weekend following such a very long day on Friday. Thank you both and to all the **other members of staff who made the trip such a success** for the children, we are so grateful to you all, and wish you all a well-earned Easter holiday.

Year 9 parent

Ms Murray, I have seen a remarkable change in my older daughter since Ms Murray has taken over this class "you can tell she actually cares and knows the subject she teaches really well." Please do pass this positive feedback on to her; she truly deserves the recognition, so refreshing what a difference a teacher can make. This has been brilliant for my daughter and has motivated her to work harder in science - thank you.

Year 11 parent

We visited your school last Thursday for a private Sixth Form tour and would like to thank **Ms Samuel** for her time. We really appreciate how welcoming and informative the visit was, and we were very impressed with the school.

Prospective Sixth Form parents

I can honestly say that the **Dance Department** at Wanstead High School has made a huge difference to my daughter's time at secondary school. They have provided many opportunities for both her and her peers as they encourage the students to both develop their performance abilities and wider skills, such as leadership and creativity. I know she has learnt many skills that will help her in the future. She is currently enjoying working with the Key Stage 3 performance team - a role that she discussed in her interview. I really appreciate all the department's hard work and I know she will miss them. Thank you for your support as my daughter's headteacher and for noticing the efforts that she has made in school. She will always remember being given the Headteacher's Award. Thank you for supporting the students who wish to select more than one creative subject as this has allowed my daughter to develop depth in her area of interest. I think having the opportunity to study for the LAMDA awards was also an amazing opportunity. She has also been able to be involved with school life as a prefect which meant that she had other opportunities such as helping in registration times and on the open day. All of these experiences have helped her to develop skills she can use as she moves to the next steps of her journey.

Year 11 parent

Dear **Ms Hillman**, I wanted to express my thanks to you and the team of teachers and any helpers who put on the trip on Friday. Our daughter had such an amazing time, and described it 'as the best day ever' and was so excited to tell us about all of the experiences throughout the day. A huge thank you from us, it clearly took a lot of organising behind the scenes and we are extremely grateful and wish to pass our thanks to everyone involved.

Year 9 parent

I would like to thank **Miss Feeny** for her hard work in running the Duke of Edinburgh programme and making the Bronze award ceremony so special. The evening was a fitting way to acknowledge and re-enforce the achievements that the participants have made in completing the programme. Thank you Miss Feeny and team for giving up your time and making this happen.

Year 10 parents



Keep up to date with us via our website: <https://www.wansteadhigh.co.uk/> or follow us on Twitter, Facebook or Instagram (wansteadhigh11)



Hi **Ms Feeney**, thank you for organising the award ceremony last night. Was really lovely to celebrate the children's achievements. My son is really looking forward to completing the silver award. Appreciate your hard work and dedication. ””

Year 10 parent

Dear Wanstead High, big thank you to all the **Year 9 teachers** for their time and detail at the recent parent/teacher meetings for Year 9. There's a lot packed into that 5 minute call and you show a lot of care and attention for individual students. ””

Year 9 parent

Hi **Mr Weakliam and all**, we hope everyone had a good half term. We wanted to share how much we loved watching Our House, almost as much as our son loved being in it! The energy and performances were excellent, all those hours of work shone through in the show, the standard was so high. All the parents were buzzing outside after the show, it was infectious. How magical that Suggs came to see it all too. Huge congratulations to everyone involved, we always appreciate how much time and work goes into it all. It was a special one to watch. Huge thanks. ””

Year 9 parent

Hi **Ms Hillman**, I've just read your letter with updates. I hadn't realised Ms Hayes was only standing in for Ms White. I just wanted to share with you how amazing **Ms Hayes** has been at investing her time to get to know our son and how loved she is with my son and his pals. There is always "that teacher" that stands out to you when you become an adult as they had a real positive impact on your childhood and I just feel for my son and a lot of Year 8's that will be Ms Hayes. I have copied her in as I am sure you have a recognition programme but if not our sincere gratitude for her kindness and care will hopefully be enough. Thanks Ms Hayes for the call last week just to report how well my son was getting on in his dance lesson! Loved getting your call. ””

Year 8 parent

Good afternoon, I'd like to extend my congratulations **to the staff and pupils involved in the recent production of Our House** the madness musical. I was fortunate enough to see the show on Thursday 12th and had an amazing night. The cast were incredible given they are just school children and having since watched the west end show on you tube I believe your pupils and staff put on a better show. Everyone was well cast and performed exceptionally, the energy at the end of the show was electric and to see the kids beaming with pride and happiness was a real joy. Congratulations please pass my compliments on to all involved. ””

Year 8 parent

Dear **Ms Walker and Ms Gullefer**, congratulations and huge thanks to you both for the brilliant performance of the y9 team last night at Trinity Laban in the UDance competition. Such an achievement amidst so many other amazing entries! The WHS team was wonderful and you had empowered them so much to choreograph and be so creative themselves, I was so impressed watching them and indeed aware of the tremendous hard work you and the kids have been putting in for months after school. Thank you for giving up the last day of your hard earned half-term so the team could compete and enjoy the workshop and the whole experience. And all this is on top of the splendid Our House production, what an absolutely brilliant show you and the drama and music teams put together (such an annual triumph) and to empower the kids to shine - they were all phenomenally talented! It was such a pleasure to see the show and so amazing to have Suggs there!

Thank you as always for all the fun and exciting opportunities you are giving the children above and beyond the excellent education at school. ””

Year 9 parent

Dear Ms Hillman, I wanted to express my thanks to you and the team of teachers and any helpers who put on the trip on Friday. Our daughter had such an amazing time, and described it 'as the best day ever' and was so excited to tell us about all of the experiences throughout the day. A huge thank you from us, it clearly took a lot of organising behind the scenes and we are extremely grateful and wish to pass our thanks to everyone involved. ””

Year 9 parent

Dear **Ms Gomez and Ms Akhtar**, I'd like to say a huge thank you for a wonderful trip to Barcelona. My son was exhausted but extremely happy and had a fantastic few days. It looks like you explored every corner of the city and gave them an unforgettable experience. I can't imagine how much hard work it must have been and you've gone above and beyond expectations to make it happen. ””

Year 10 parent



Head of Year 7

Ms R Gullefer

Dear Parent and Carers,

As we come to the end of a wonderfully successful Spring Term, I would like to take a moment to congratulate our fantastic Year 7 pupils for their hard work, enthusiasm, and achievements over the past few months. It has been a joy to see the year group continue to grow in confidence, maturity, and community spirit.

EAL Department Bake Sale – A Sweet Success!

This term, many of our Year 7 pupils played an important role in supporting the EAL Department's Bake Sale, helping to raise funds for our upcoming Culture Day in the summer. Their energy, teamwork, and willingness to get involved made a huge difference, and we are incredibly proud of the contribution they made. The event was a wonderful celebration of our diverse school community, and Year 7 truly shone. Thank you to Ms Gomez for working tirelessly to provide opportunities like this for our Year 7s, I know they were so grateful to be involved.

World Book Day & Open Mic Sessions

A huge well done to all Year 7 pupils who took part in World Book Day activities and our special Open Mic reading sessions. It was fantastic to hear such incredible stories read so beautifully and confidently by our pupils. Their creativity and love of reading was on full display, making the event one of the highlights of the term. Thank you to Ms Ahmed for putting on such an incredible event and giving this wonderful opportunity to our pupils, they absolutely loved it!

Performances at Cranbrook Primary School – A Proud Moment

Congratulations to all the Year 7 and 8 pupils who performed as special guests at Cranbrook Primary School. Their professionalism, talent, and enthusiasm were truly commendable, and they represented the school brilliantly. It was inspiring to see our young performers showcasing their creativity and encouraging the next generation.

The Dance Department now looks forward to an exciting Summer Term ahead,

filled with competitions and culminating in our annual dance show. We can't wait to see the incredible performances our pupils will bring to the stage.

A Special Congratulations – Mia & Meabh's National Success

A huge and heartfelt well done to Mia and Meabh in Year 7, who competed in the National English Artistic Swimming Championships this term. Both pupils delivered outstanding performances, swimming in two routines each within the 12 & under age group, and achieving Bronze medals in both categories.

Their dedication has been extraordinary—training relentlessly for six months, with some weeks involving up to 40 hours of swimming. Their commitment, resilience, and passion are truly inspiring, and we are incredibly proud of their remarkable achievements on the national stage.

Adventure Island Trip – Exciting Times Ahead!

Looking ahead, we are thrilled about our Adventure Island trip coming up in July. Thank you to all parents and carers for your support in completing forms and arranging payments. Your cooperation is greatly appreciated, and we are very much looking forward to what promises to be a fun-filled and exciting day out for our Year 7 pupils.

Thank You

Finally, I would like to express my heartfelt thanks to all parents and carers for your continued support throughout the Spring Term. Your encouragement and involvement make a tremendous difference, and we are grateful for everything you do.

Wishing all our Year 7 pupils a restful break—we look forward to an even more exciting and successful Summer Term ahead!



Associate Head of Year 8

Ms E Hayes

Dear Parents and Carers,

As I come to the end of my time as Head of Year 8, I wanted to take a moment to thank you for the continued support you have shown throughout my time in the role. Working in partnership with you has made a real difference, and it has been a privilege to support such a wonderful year group together.

Year 8 is a group full of character, personality, and enormous potential. Over the past year it has been amazing to watch them grow — not just academically, but also as young people. I have seen many of them make better choices, support one another, and begin to lead with kindness and maturity. Those moments, both big and small, are what make this

role so rewarding.

I am incredibly proud of the progress they have made and the way they continue to develop into thoughtful and responsible individuals. They should all be proud of how far they have come.

While I will certainly miss working with them as their Head of Year, I am not going far. I will still be around the school — just across the pond in PE — so please remind them that my door is always open if they need support, encouragement, or even just a quick hello.

Thank you again for your ongoing support. It has truly been a pleasure working with you and your children.



Head of Year 9

Ms N Jacob

Dear Parents and Carers,

The second half of the spring term has been short but incredibly busy, with a wide range of opportunities and experiences for our Year 9 pupils.

It has been fantastic to see pupils take part in two trips to France this term. These visits provided valuable cultural experiences and the opportunity for pupils to develop their independence, confidence and language skills beyond the classroom. The positive feedback from both staff and pupils has been wonderful to hear and it is clear that these experiences have had a lasting impact.

A key focus this half term has also been the GCSE options process. Pupils have now completed their option choices and I have been very impressed with the thoughtful and mature approach they have taken when considering their future pathways. This is an important milestone in their academic journey and I am proud of the way they have engaged with the process.

To support pupils further, we have also had a subject taster session delivered by the Head of Sociology, giving pupils a clearer understanding of what the

subject has to offer at Key Stage 4.

Alongside this, pupils have taken part in workshops exploring important topics such as anti-racism, misinformation and the role of bystanders. These sessions have encouraged pupils to think critically, reflect on their role within the school community and develop a greater sense of responsibility.

Looking ahead to the final term of Year 9, there are many exciting opportunities to continue building on the strong foundations already in place. As pupils move closer to Key Stage 4, the focus will be on maintaining high expectations, strengthening good habits and continuing to develop both academically and personally. I look forward to seeing pupils embrace the final term with the same determination and positivity they have shown so far.

Thank you, as always, for your continued support. It makes a real difference in helping our pupils to thrive and make the most of the opportunities available to them.



Head of Year 10

Ms C Murray

Dear Parents and Carers,

Spring has definitely arrived! As we enjoy the longer days and start to see those welcome signs of spring appear all around us, it has been wonderful to see year 10 pupils blossom as well. This half-term has been a particularly positive one, with many pupils demonstrating a real commitment to their learning and wider school life.

A large number of pupils have recently begun working towards their Silver Duke of Edinburgh Award. It has been fantastic to see the enthusiasm with which they have approached the programme. During their expeditions, pupils have shown impressive problem-solving skills, stamina and resilience as they navigate challenges together. Alongside this, they are also giving back to the community through their voluntary work, which is something we are incredibly proud to see.

In school, Year 10 are also beginning an important stage of their academic

journey as they prepare for their mock examinations. These exams provide valuable preparation for the GCSE examinations next year, and many pupils are already working extremely hard to develop effective revision habits. It has been encouraging to see pupils engaging with revision strategies, forming study groups and taking real ownership of their learning.

There have also been some fantastic creative achievements this term. The devised pieces in GCSE Drama were particularly impressive—thoughtful, powerful and often very moving. The confidence and creativity shown by the pupils were a real credit to them.

We are very much looking forward to the opportunities that the summer term will bring as pupils continue to grow in confidence and prepare for the important months ahead.

I would like to wish all our Year 10 pupils and their families a very happy Easter and a relaxing break.



Head of Year 11

Ms C Feeny

Dear Parents and Carers,

As we move further into the academic year, I would like to thank you for your continued support during this important time. Year 11 is always a significant and challenging year, and I am extremely proud of the resilience, maturity, and determination our pupils have demonstrated so far.

Our priority remains supporting pupils as they prepare for their final examinations and their next steps beyond school. We strongly encourage all pupils to attend intervention sessions where possible and to develop consistent and effective revision habits. To support this, every pupil has been provided with a revision timetable booklet. In addition, our Year 11 pastoral curriculum has recently been adapted during tutor time to offer additional support in Maths.

Alongside exam preparation, we are also beginning to look ahead to the end

of pupils' time with us. Plans for the Year 11 Prom are well underway, and it promises to be a wonderful celebration of their hard work and achievements.

Pupils also have the opportunity to purchase a leavers' hoodie and/or a Year 11 Yearbook as a keepsake of their time at school. If you have not yet placed an order, please ensure this is done before the deadline, as these items are made to order.

A polite reminder that Year 11 pupils will have their Yearbook photograph taken on Friday 27th March. As outlined in our most recent letter, please ensure that your child is registered with Fizz before this date.

Finally, I would like to take this opportunity to congratulate all pupils who performed in the Our House production. Their hard work and dedication truly paid off, making it a very special and memorable evening.



Head of Year 12

Ms E Horne

Dear Parents and Carers,

I hope you are all well and enjoying the welcome signs of spring around us.

It was a real pleasure to take our Year 12 pupils to the UCAS Discovery event on 23rd March. The event provided a wonderful opportunity for pupils to speak with university ambassadors, ask questions about higher education, sign up for open days, and start thinking more seriously about their next steps. Many also came away with plenty of helpful resources (and a few free goodies!). On the subject of higher education, please do check your inbox for the Higher Education Information PowerPoint that I recently shared with you.

You should now also have received your child's Term 2 report. I would encourage you to take some time to look through it together and talk about their progress — considering what is going well, whether

they are on track, and what their next steps might be. Pupils will also be spending time with their tutors reviewing their reports and reflecting on the actions they need to take, particularly as we begin preparing for the summer mock examinations.

The summer term of Year 12 is always a busy and exciting time as pupils begin to think more carefully about their post-18 pathways. We have already started drafting sections of personal statements so that pupils can begin developing their writing style and thinking about how best to present themselves and their aspirations. To help support this process, I will be hosting an information evening for parents and carers on 20th May, where I will talk through the personal statement process and share ways you can support your child at home.

I hope you and your families have a restful and well-deserved break over the holidays. As always, please do not hesitate to get in touch if you have any questions over the coming months.



Head of Year 13

Ms T van Beers

Dear Parents and Carers,

I hope you and your families are very well. It's been a bit of a whirlwind Spring term for our Year 13s but they now take a slight pause before embarking upon, what is hard to believe, their final term at Wanstead High School.

It is a widely held belief in educational circles that 'good exam grades are made during the Easter holidays'. It's no secret that good preparation reduces exam anxiety. If your child has not yet created an exam revision planner that spans the next 7 weeks or so, then I would heartily recommend they do this. This way topics can be prioritised, repeated and then ticked off systematically. I have shared a revision planner template on our Year 13 Google Classroom page with other tips for planning for revision success.

We have had a focus on 'Active Recall' revision techniques in tutor time reminding pupils that highlighting notes and re-reading textbooks as a revision method can give us the 'illusion of competence'. These activities are largely ineffective because they don't necessarily commit

anything to memory. Self-tests and quizzes lead to much more effective revision, because the act of recalling something from memory — known as "retrieval practice" — helps to consolidate the understanding of a topic. If you would like to assist your young adult in the run up to exams, offer perhaps to quiz them, asking questions in written or verbal form. This way material has to be retrieved from long term memory and neural pathways strengthened which in turn makes retrieval more efficient.

Another way parents and carers can help at this time is to check that their young adult is not burning the midnight oil or working through the night because good sleep aids the brain to retain information in the long-term memory.

Those who have applied to university will now be receiving the last of their offers. Well done to our Year 13s who have secured amazing offers, many of them from prestigious universities. Pupils should be selecting their 'firm' and 'insurance' offer once they have received a decision from all universities. It is really important that your child replies to universities by the deadline date stipulated on their UCAS hub because after this date the place may be withdrawn. Incidentally, for any Year 13 pupil who is now having a change of heart and wishes to apply to university,

it is not too late. Please do contact me if your child needs any more support with this.

Further to my last Heron Homelink article, Student Finance has now opened. Please use the Government portal: [WWW.GOV.UK/STUDENTFINANCE](https://www.gov.uk/studentfinance) to make your application for the 2026/27 cycle. It is highly recommended that your child apply by the end of May 2026 to ensure funding is in place for the start of the term. You may find it useful to refer to our recent assembly slides on Student Finance now on our website: <https://www.wansteadhigh.co.uk/page/?title=Student+Finance+and+Budgeting&pid=188>

A Level Results Day 2026 is on Thursday 13th August. I would strongly recommend that your young adult is available on this day to pick up their A Level results from school and if necessary, communicate with universities. The Sixth Form team and I will be on hand to support on this

very important day. I will send out more information about A Level Results day nearer to the time.

It is our usual tradition to put together a Yearbook marking your young person's time here at Wanstead High School. The Yearbook will be a glossy, hardback book containing photos and messages from pupils and staff alike. It should prove to be a lovely memento. The cost of the Yearbook is £29.99 and can be purchased via the Fizz Yearbook online shop:

Link: <https://shop.fizz-group.co.uk/>
Unique ID: 27595YRTHIRTEEN

Due to popular request, the book will contain our Leavers' Prom photos and therefore will be ready to pick up from school on Exam Results day on Thursday 13th August 2026.

Wishing you and your family a peaceful Easter break.

Achieving Success in the UKMT Grey Kangaroo Mathematics Challenge

Thomas' success in the UKMT Grey Kangaroo marks an exciting step in what promises to be a bright academic journey.

Opportunities in advanced mathematics, competitions and enrichment programmes are well within his reach.

For now, though, it's worth pausing to celebrate a remarkable accomplishment. The school community is proud of Thomas' hard work and delighted to see his talent recognised on a national stage.

Congratulations Thomas — your achievement is an inspiration to many.

By Mr A Chauhan



Innerscope Inspires Year 12 and Year 11 Pupils

We were delighted to welcome Innerscope into school to speak with our fantastic Year 12s and a group of Year 11 pupils in what proved to be a great and impactful event.

The keynote was both inspiring and thought-provoking, with pupils fully engaged throughout. One of the key themes of the talk was the reminder that every young person has potential; what matters is the choices they make and how they choose to use it. Pupils were encouraged to reflect on their own attitudes, choices and next steps, and this led to some very mature and reflective conversations.

A central part of the session focused on the 4Ps: Pioneer, Participant, Passenger and Protestor. Pupils were asked to think carefully about where they currently see themselves within this framework and, importantly, where they want to be moving forward. This encouraged honest self-reflection and gave pupils a valuable opportunity to consider how their mindset and actions can shape their future.

A particularly powerful message from the event, and one that pupils highlighted in their feedback afterwards, was the repeated reminder:

“If we do the same things we have always done, we will get the same results.”

This was a powerful call for pupils to reflect on the changes they may need to make in order to grow, improve and achieve their goals. It reinforced the importance of taking responsibility, embracing challenge and being willing to step outside of familiar habits in order to make progress.

We are incredibly grateful to our PTA for supporting this event. Their generosity enabled our pupils to benefit from an experience that has already had a significant impact and will continue to do so in the weeks and months ahead. Both the pupils and the Sixth Form team greatly appreciated this opportunity and the positive message it brought.

It was a memorable event, and we hope the messages shared will continue to inspire our pupils to believe in themselves, recognise their potential and take positive steps towards their future.

By Ms D Samuel

Some of our pupils' feedback below:

‘I thought the assembly today was really motivating and helped me to better my understanding of the mindset I have towards learning, as the presenter was very insightful. He was very interactive with the audience and respectful to everyone's answers.’

‘I found the speaker very engaging and thought provoking. He brought everyone's mood up. I liked the message and the way it felt like a story, very inspirational.’

‘The key message was to follow your own goals, make your own choices, don't follow the crowd and see where you want to be in the future and try aim for that.’

‘To try and make changes yourself rather than waiting for someone else to do it for you. (Don't be a passenger)’

‘Yes, because it gave me the chance to think about what I want to do with my life’

‘That I need to lock in and enter the pioneer zone’



<p>THE PROTESTOR ZONE</p> <p>Full of potential Has leadership influence (-) Often involved in conflict Plays the blame game Not connected to their WHY yet Fixed mindset</p>	<p>THE PIONEER ZONE</p> <p>Full of potential Has leadership influence (+) Takes responsibility to another level Inspires others to be their best Growth mindset Work rate high Deeply connected to their WHY</p>
<p>THE PASSENGER ZONE</p> <p>Full of potential Follow the crowd Led into conflict by others Maintains a low profile Avoids responsibility Work rate is low Fixed mindset Not connected to their WHY yet</p>	<p>THE PARTICIPANT ZONE</p> <p>Full of potential Focuses on their personal goals A positive relationship with peers and staff Active in lessons and at home Takes responsibility Work rate is medium/high Growth mindset Connected to their WHY</p>

School Fund:

Thank You for Your Support

A huge thank you to all parents and carers who have contributed to the School Fund. So far, we've raised £15,531 for the main school and £1,800 for the Sixth Form—your generosity makes a real difference!

- £1,300: Team building workshops/literacy support/6th form block enhancements
- £100: To be confirmed

Main School

- £5,750: PE department travel costs and additional staff trained to drive the minibus
- £1,250: Library updates and resources
- £3,000: Careers investment—extended Unifrog contract for 3 years
- £2,000: Theatre balcony
- £2,000: Support for science department - to be confirmed in the summer term
- £1,500: To be confirmed
- Sixth Form
- £400: Year 11 welcome breakfast and Year 13 celebration

How You Can Help?

We suggest an annual contribution of £60 for the main school and £45 for Sixth Form. Every amount counts and directly benefits pupils.

Technology Contribution

In our recent parent survey, 89% of families agreed or strongly agreed that they would prefer the school to provide all ingredients and materials for Food Technology, Design Technology and Textiles.

To continue offering fully-resourced practical lessons—where

pupils take home the items they make—we ask for the following annual contributions:

- £25 for Key Stage 3 (Years 7–9) – 72% of families have contributed so far
- £40 for Key Stage 4 (Years 10–11) – 60% of families have contributed so far

If you haven't been able to contribute yet, please consider doing so next term. Every contribution, no matter the size, helps us maintain the rich, hands-on learning experiences these subjects provide. Your support enables us to supply all ingredients and materials without asking families to purchase items themselves.

We are very grateful for anything you are able to give.

How Key Stage 3 Technology Contributions Support Our Pupils

Key Stage 3 Technology contributions help ensure that every pupil has the materials they need for Textiles, Resistant Materials, Graphics, and Food & Nutrition. All contributions are pooled and shared across the year group, ensuring fairness and consistent access for all pupils.

If families are struggling financially and are eligible for Pupil Premium funding, the school can cover the contribution on their behalf.

Every pound goes directly to the Design & Technology department and is used to purchase materials pupils use in their practical lessons.

How Key Stage 4 Food Technology Contributions Support Our Pupils

Key Stage 4 Food Preparation & Nutrition contributions ensure GCSE pupils have the ingredients and resources needed for their assessed practical work and skill-building sessions. These contributions are also pooled, meaning all pupils benefit throughout the course.

If families are struggling financially and eligible for Pupil Premium, the school can cover this contribution for them.

All funding goes directly to the Food Technology department and is used solely for ingredients and materials that support pupils' learning and exam preparation.

Innovate: School Catering

- Top Up Accounts: Please ensure dinner money accounts have sufficient funds. Innovate does not offer credit.
- Spending Caps: We can set daily limits—email whs@wansteadhigh.co.uk to request changes.
- Smart Choices:
- Buying bottled water daily costs £218.50 per year—bring a

reusable bottle instead!

- Juice twice a day costs £437.00 annually—please encourage your child to swap a juice box for a drink of water.
- NEW MENUS FROM APRIL 2026 – please see below (also on the website)

Free School Meals – Could Your Child Be Eligible?

If you think your family might qualify for Free School Meals, you can contact the local authority directly at admission-sandawards@redbridge.gov.uk for guidance.

We've also invested in a FSM eligibility checking service with the London Borough of Redbridge (LBR). Please complete the consent form on EduLink, which allows LBR to carry out regular checks with the Department for Work and Pensions. This means that if your circumstances change and you become eligible, the system will automatically flag it—ensuring support can begin as quickly as possible without you having to apply.

School Communication: EduLink

Manage everything in one place:

- Update details
- Monitor attendance and behaviour
- Track achievement points

Need help? Email whs@wansteadhigh.co.uk

Closing Message

Thank you for your continued support and partnership. Every contribution, big or small, helps us provide the best possible



Year 9 Dancers Shine at U.Dance London Regional Platform

On Sunday 22nd February, 28 of our talented Year 9 dancers travelled to Trinity Laban Conservatoire of Music and Dance to take part in the U.Dance London Regional Platform—an exciting and inspiring opportunity to perform and learn alongside other young dancers.

The day began with the pupils watching an impressive performance by third-year degree pupils. This was followed by an engaging Q&A session, where our dancers gained valuable insight into the choreographic process and what it's like to study dance in further and higher education. They then had the opportunity to learn repertoire from the piece, giving them a real taste of professional-level work.

In the afternoon, the group took part in a high-energy hip hop workshop led by National Youth Dance Company (NYDC). This session challenged the pupils to step outside their comfort

zones and explore a new style, developing both their confidence and performance skills.

The day concluded with our dancers performing their own piece, which they have been working on over recent months. Inspired by Malala Yousafzai, the choreography explored her struggles and her powerful advocacy for girls' right to education. The pupils performed beautifully, demonstrating both technical skill and emotional maturity, and received wonderful feedback from the audience.

We would also like to extend a heartfelt thank you to the parents who came along to support the performance, it meant a great deal to the pupils. Overall, it was a truly memorable and enriching experience for everyone involved, and we are incredibly proud of all 28 dancers.

By Ms R Walker





A Show-Stopping Production of Our House

In the final week of this half term, our school was proud to present a spectacular production of *Our House*. With three evening performances, all of which were completely sold out, the show was a huge success and a true celebration of the talent within our school community.

Over 100 pupils were involved in the production, taking on roles both on stage and behind the scenes. From the cast and live band to the dedicated backstage team managing props, costumes, sound and lighting, every pupil played a vital role in bringing the show to life.

The performances themselves were outstanding, with pupils demonstrating incredible energy, commitment and professionalism throughout the week. Feedback from staff and parents was overwhelmingly positive, praising the high standard of performance and the clear passion shown by everyone involved.

We were especially fortunate to welcome Suggs, lead singer of Madness, who joined us on the Wednesday evening. He deliv-

ered an inspiring good luck talk to the cast and crew before the show, which meant a great deal to all the pupils and made the experience even more memorable.

In addition to the evening performances, the cast also had the opportunity to perform to the entire Year 7 cohort. We hope this gave younger pupils a taste of what they can be part of in the future and will inspire them to get involved in next year's production.

We would also like to take this opportunity to extend a heartfelt thank you to our PTA for their continued support. Their generous donation towards a new lighting system gave the production a truly professional feel, while the addition of a new sound system in the dance studio will greatly benefit rehearsals for future shows and enhance the quality of our dance lessons.

Overall, *Our House* was an unforgettable experience, and we are incredibly proud of every pupil who contributed to its success.

By Ms R Walker



Dance Pupils Take to the Stage at Redbridge Dance Links Gala

On Sunday 1st March, 30 of our dedicated dance pupils from Years 10, 11, 12 and 13 performed at the annual Redbridge Dance Links Gala, held at the Millfield Theatre. This exciting event gave pupils the opportunity to showcase their work in a professional theatre setting alongside other schools and colleges.

Our pupils performed a diverse range of pieces, including GCSE and A Level performance and choreography work that they have been developing since September. Their commitment, creativity and hard work were evident in every performance, highlighting both their technical ability and artistic expression.

In addition, the Key Stage 4 and 5 Dance Team performed their powerful group piece titled *The Second Wave*. Inspired by the second wave of feminism, the choreography explored themes of

equality, identity and empowerment. It was an exciting and dynamic performance that challenged the dancers both physically and expressively, and they rose to the occasion with confidence and maturity.

All of our dancers represented the school exceptionally well, performing to a very high standard and demonstrating true professionalism throughout the event. We are incredibly proud of their achievements and the way they supported one another both on and off the stage.

By Ms R Walker

Celebrating Creativity at the Redbridge Winter Festival

Ms Hillman and Ms Walker were delighted to be invited to Cranbrook Primary School to judge an Art and Dance competition as part of the Redbridge Winter Festival. The event brought together seven primary schools in a wonderful celebration of creativity, talent and the arts.

It was an absolute pleasure to see the pupils' work, all based around the theme of space. The standard was incredibly high, with pupils showcasing imaginative ideas and impressive artistic and performance skills.

As part of the event, our Year 7 and 8 Dance Team also performed a piece they have been working on this term. Inspired by the distinctive style of Tim Burton, the dance was both creative and expressive, capturing the quirky and dramatic elements associated with his work.

The choreography was created by three of our talented Year 11 pupils—Louisa, Selin and Mia—making the piece a true reflection of collaboration within the department. It was fantastic to see older pupils supporting and inspiring younger dancers, and

the performance was very well received by the audience.

Overall, it was a fantastic event, and we are grateful to have been part of such a special celebration of the arts within the local community.

By Ms R Walker

Mastering Communication and Creativity with Debate Mate Guidance

Thanks to the generous support of the PTA, the Debate Society is delighted to be working with Debate Mate, who are running weekly after school sessions every Tuesday for our Year 12 Debate Captains. These workshops focus on building confidence, as well as developing inquisitive, critical, and creative thinking skills. Pupils also practise attentive and empathetic listening through structured and informal debating activities.

The first session took place on Tuesday 17th March, led by our Debate Mate mentor, Amir. He began by challenging pupils to suggest reforms for Wanstead, with the group ultimately agreeing that the area would benefit from an improved bus route.



Pupils then debated three thought provoking motions:

- This house believes that assisted dying is morally right.
- This house believes that the History curriculum is thorough and robust.
- This house believes that the voting age for general elections should be lowered to 16.

Our Debate Captains confidently formed and presented their own viewpoints, while Amir encouraged them to consider and articulate the reasons behind their positions.

Amir ended the session with a hot air balloon debate. Four volunteers each selected a celebrity and attempted to persuade the group why their chosen person should remain in the hot air balloon. In the first round, pupils presented constructive arguments explaining why their celebrity deserved to stay; in the

second, they constructed deconstructive arguments explaining why the other celebrities should be voted out. The winner was Harry Kane, largely due to his work supporting disabled children, raising awareness for mental health, and—of course—his impressive penalty taking record.



The Debate Captains also wanted their feedback included:

“I love Debate Mate!”
May, Year 12

“The way he formalised the debate was very interesting.”
Atene, Year 12

“I found his enthusiasm really engaging, which created a healthy and strong debating environment.”
Zack, Year 12

Amir was also very impressed with our Debate Captains and fed back and said he *“was really impressed with the engagement of the pupils”*

The Year 12 Debate Captains are excited to continue working with Debate Mate and would like to extend their thanks to the PTA for their continued support.

By Ms C McQuillan

Royal Academy Young Artists' Summer Show Competition

A huge well done to all the pupils who submitted entries to the Royal Academy Young Artists' Summer Show this year. We were truly impressed by the quality, imagination, and enthusiasm shown across all the work. Whether pupils attended Art Club or created their pieces independently, every submission showed wonderful creativity and commitment.

We would also like to extend a warm thank you to the parents

who contributed time or resources to support the creation of these artworks—your help is greatly appreciated.

We are now excited to soon hear back from the Royal Academy and can't wait to see if any of our talented young artists are selected as winners!

By Ms C Shepperd and Ms A Tailor



Go Beyond
Abayi

Status: submitted



Almost Perfect
Autumn

Status: submitted



The Wenda Box
Rayid

Status: submitted



Judgement
Mariya

Status: submitted



Luna
Bisma

Status: submitted



Captain Jack Sparrow
Inaam

Status: submitted



Pink Sky
Wendi

Status: submitted



Show Your Colours
Jai

Status: submitted

Sixth Form Geography Fieldtrips

Exploring Urban Landscapes

Year 12 and Year 13 pupils recently went on Geography fieldtrips to Battersea and Nine Elms, as well as King's Cross, providing valuable opportunities to explore urban regeneration in real-world contexts. Year 12 pupils attended both locations, while Year 13 pupils visited Battersea and Nine Elms to support their synoptic understanding and NEA preparation.

Throughout the visits, pupils engaged in a range of fieldwork activities, including environmental quality surveys, land-use mapping and place perception studies. These experiences enabled them to investigate how these areas have changed over time, particularly in relation to large-scale regeneration, economic development and shifting demographics.

Pupils conducted themselves impeccably throughout the trips, demonstrating maturity and enthusiasm for their learning. They represented the school exceptionally well and should be proud of their efforts.

By Mr M Hamza



Geography Golden Globe Winners:



Ms Ammantoola:

Tameen U (Year 10) - he has shown excellent progress this year and always approaches his learning with a positive attitude and determination.

Dr Adelle:

Edwyn V (Year 10) - since September, Edwyn has consistently demonstrated enthusiasm, commitment, and a strong work ethic in Geography. His dedication has enabled him to develop from a strong Key Stage 3 pupil into an outstanding GCSE geographer!

Mr Leftwich:

Juliette L (Year 11) - for diligent focus on learning and a determined strive for improvement in outcomes through independent exam practice. Juliette demonstrates that you get out what you put in.

Mr Hamza:

Chloe W (Year 13) - for excellent application during lessons and consistently making thoughtful contributions to class discussions, Chole has demonstrated a strong commitment to her learning. She engages with geographical concepts confidently, asks insightful questions, and shows a clear ability to think critically.

EAL Bake Sale A Fantastic Success!

We are delighted to share that our recent EAL Bake Sale was a tremendous success. Our dedicated pupils from the EAL Ambassador Programme took full ownership of the event—planning, organising, decorating and committing their time and energy to ensure everything ran smoothly.

In the lead up to the sale, our EAL Ambassadors baked delicious treats, presented confidently in assemblies, handed out tickets, and made sure their friends, classmates and teachers knew all the details. On the day, they were proactive, organised, and wonderfully collaborative, ensuring a smooth flow of customers and goodies.

Thanks to their hard work and enthusiasm, we raised over £800! These funds will go directly towards enhancing our Culture Day celebration at the end of the summer term, helping us create an even richer and more vibrant experience for the whole school community.

We are incredibly proud of our EAL Ambassadors—their teamwork, leadership, and commitment truly made this event shine. Well done to all involved!

By Ms Gómez Álvarez, EAL Coordinator



Dunkirk: From Beaches to Battlefields and Pupils Unraveling the Secrets of Two World Wars



On 13th March, Year 9 pupils from Wanstead High School set off early for a day trip to Dunkirk. Travelling on two coaches, the groups made brief stops at Saint Éloi and at Super U et Drive so that pupils could buy breakfast or snacks before continuing their journey across the Channel.

Their first main stop in France was Cassel, where pupils learned about the period between the two world wars, the rapid developments in military technology, and how these changes shaped the German invasion of France in 1940. The visit helped pupils understand how Blitzkrieg tactics contributed to the speed of the German advance.

Nearby, the group explored the Cassel Bunker, which offered insight into the so called Phoney War and the reliance on static lines of defence early in the conflict. Pupils heard how the bunker was used, what it was meant to protect, and how it was eventually taken during the German push through northern France.

The group then travelled to Wormhout, where they learned about the massacre of soldiers from the 2nd Warwickshire Regiment. This part of the visit encouraged important discussions about ethics in warfare, the rules of the Geneva Convention and how events of the past still influence how conflicts are understood today.

The final stop was Bray Dunes, where pupils reflected on the evacuation of the British Expeditionary Force and debated whether Dunkirk should be seen as a victory or a disaster. After their historical discussions, the pupils ended the day with some free time to run around and enjoy the wide, sandy beach before beginning the return journey via Calais, where both coaches made a final stop at the Eurotunnel terminal for food.

By Mr P Chartorizhsky



Checkmates and Milestones

Chess Club continues to be a space full of laughter, excitement and strategic thinking. Pupils with previous chess experience, as well as those completely new to the game, have come together to enjoy this classic and challenging activity. The club has quickly grown into a lively and welcoming environment where pupils can develop their skills, challenge themselves and, most importantly, have fun. It has been particularly encouraging to see several pupils join who had never played chess before but were eager to learn and embrace the game.

Chess Tournament 2026

To add to the excitement, we hosted our friendly WHS Chess Tournament, which was a great success. Pupils from both Key Stage 3 and Key Stage 4 took part, demonstrating impressive strategy, focus and excellent sportsmanship.

The final match, held on 9th March, saw an exciting and closely contested game between Joel (Year 7) and Thomas (Year 9). It was a tense match that kept everyone watching closely.

After an impressive display of skill and determination, Joel emerged as the tournament champion. A huge well done to Thomas, who secured

a strong second place, and to Isaac, who claimed a well-earned third. A big thank you to all the pupils who participated— your energy, sportsmanship, and enthusiasm turned this tournament into a fantastic and memorable event.

The Chess Club is proudly led by Ms Sabir, Mr Shine, Mr Zaman and Ms Offiler.

By Ms A Sabir



Above Picture: Isaac Year 7, Joel Year 7 and Thomas Year 9 .



Learning About Texture

Year 7 Art pupils have been exploring creating different types of textures as part of their unit on the Formal Elements of Art. They have experimented with creating the illusion of texture as

well as manipulating materials to create actual texture. These are just some of the outcomes:

By Ms M Kara



A Day to Remember on the Opal Coast



Setting Off Before Sunrise

Our adventure began long before dawn, as pupils and staff gathered at the Leisure Centre car park at 1:30am. By 1:45am, everyone was aboard the coach—tired, but buzzing with anticipation.

At 2:00am we departed, heading for Dover under a dark but clear sky. By 4:30am, we had reached the port and checked in for our early morning crossing. The ferry left at 6:30am, giving pupils a chance to enjoy the fresh sea air and practise key French phrases ahead of the day.



Bonjour, Calais! Exploring the Market

We arrived in Calais at 9:00am and made our way straight to the bustling local market which was a perfect opportunity for pupils to put their French into action. From ordering fresh produce to chatting with friendly stallholders, the market visit brought language learning to life.

At 9:30am, pupils used their new skills to buy their lunch. Many commented that this was one of the most rewarding parts of the day.



Hands On at the Boulangerie

At midday we travelled to Le Fournil, a traditional French bakery. Here, pupils watched master bakers craft baguettes, loaves and croissants the authentic way. Even better, they had a chance to try shaping the dough themselves and were treated to pain au chocolat and croissants for an impromptu snack!

The warm smell of fresh bread filled the bakery, and several freshly made produce were purchased on our way out.



Under the Sea at Nausicaá

At 2:30pm, our next stop was Nausicaá, France's national sea life centre and one of the largest in Europe. From shimmering shoals to enormous rays and the impressive shark lagoon, every exhibit captivated the group.

Pupils were especially fascinated by the jellyfish gallery and the immersive ocean tunnel.



A Final Stop at Cité Europe

Our last visit of the day took us to Cité Europe at 4:00pm—one of Europe's biggest shopping complexes. Pupils explored the shops, picked up souvenirs, and enjoyed a final taste of French culture before heading home.

At 7:00pm we returned to Calais to check in for our ferry. After a smooth 9:00pm crossing, we arrived in Dover at 9:30pm and finally reached the Leisure Centre at 11:30pm—tired, happy, and full of great memories.



A Day of Language, Culture and Confidence

The Opal Coast trip remains a highlight of the MFL calendar. It gives pupils a chance to apply their French in real world situations, to discover new places, and to gain confidence that goes far beyond what can be achieved in the classroom.

A huge thank you to all staff who supported the visit and to our wonderful pupils for representing the school so brilliantly.

By Ms D Collins

Barcelona Trip 2026

Day 1

We began by exploring the world of Antoni Gaudí, the master of Catalan Modernisme known for his nature inspired designs and vibrant trencadís mosaics. At Park Güell, one of his UNESCO listed works, we enjoyed its colourful architecture and iconic mosaic lizard. Later, we walked along Passeig de Gràcia, seeing Gaudí's Casa Milà (La Pedrera) and the stunning Casa Batlló, his fully Modernista masterpiece inspired by Mediterranean forms. After more than 20,000 steps, rest was well earned.

Day 2

We visited the Sagrada Família, Gaudí's unfinished masterpiece and Spain's most visited monument, known for its symbolic façades and soaring towers. Then we toured the interior of Casa Batlló, admiring its organic shapes and detailed craftsmanship. Pupils later joined a trencadís workshop, creating Gaudí inspired dragons, before exploring Rambla de Catalunya and tasting fresh foods at La Boqueria. The day ended at Port Vell and Maremagnum shopping centre.

Day 3

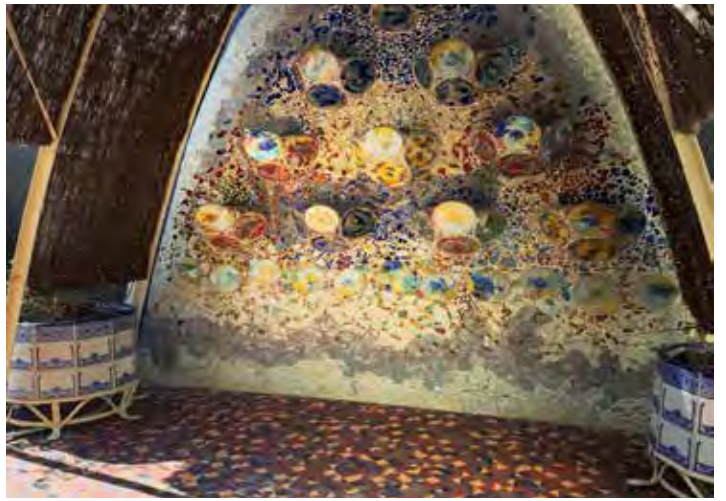
We spent the day on Montjuïc, a hill rich in history whose name derives from "Jewish Mountain." We visited the Teatre Grec, Botanical Gardens, and Poble Espanyol, an open air museum recreating architecture from across Spain, built for the 1929 International Exposition. A paella cooking show delighted everyone. At the Museu Nacional d'Art de Catalunya (MNAC), we enjoyed its renowned art collections before finishing at Las Arenas shopping centre.

Day 4

On our final day, we explored the Gothic Quarter, visited the Cathedral of Barcelona, and browsed a charming second hand market. We ended at Barceloneta Beach, where pupils played volleyball and said goodbye to a vibrant and welcoming city.

By Ms Gómez Álvarez, MFL Teacher & Trip Leader





‘Speak Out’ Workshop: Speak and be Heard

To strengthen the spoken language skills of our Year 10 pupils and prepare them for the upcoming Speak Out Challenge, pupils took part in an inspiring workshop led by an expert trainer. Throughout the day, they engaged in dynamic activities designed to refine their public speaking techniques and build their confidence as speakers.

The workshop provided a valuable platform for pupils to carefully plan, practise and deliver their speeches to their peers,

creating a supportive environment that encouraged both growth and resilience. The calibre of performances was exceptional, showcasing the talent, creativity and dedication of our pupils. From this impressive group, one finalist will be selected to represent the school at the Speak Out Event, where they will compete against other schools.

Ms Khan and Ms Begum were also delighted to support pupils alongside the official Speak Out trainers, celebrating their progress and commitment throughout the day.

By Ms S Khan



Penguin Publishing Workshop

In a recent workshop hosted by Penguin Publishing host, Anna, pupils were astonished to discover that the realm of publishing extends far beyond the confines of English Literature and were captivated by the multitudes of avenues. The workshops reflect-

ed on an 'Introduction to the different components in Publishing' and 'How to build a book'.

Ms S Begum



Library Shines on World Book Day 2026

Booklovers, writers, and poets have been busy in the Library this half term. In the Library, we celebrated World Book Day 2026 for a whole week with a series of events during lunchtimes.

From Open Mic sessions to book swaps, poetry recitals to Treasure Hunts, the buzz in the Library was infectious. Children are becoming increasingly confident in sharing their stories and ex-

cited to stand up in front of an audience, sharing their personal writing, reading extracts from their favourite book and bringing the characters to life.

All children were given a Book Token to redeem against a book of their choice either at Foyles, WHSmith or online at Books-2Door



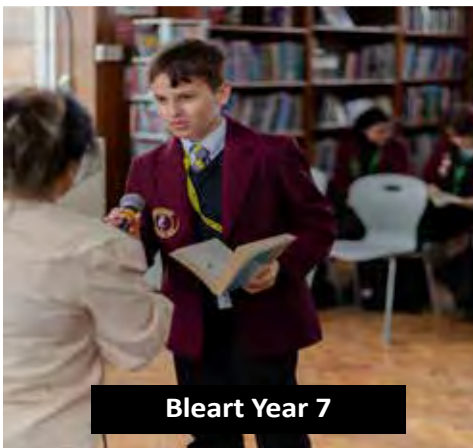
Avni and Izzy Year 7



Kip Year 7



Blythe Year 8



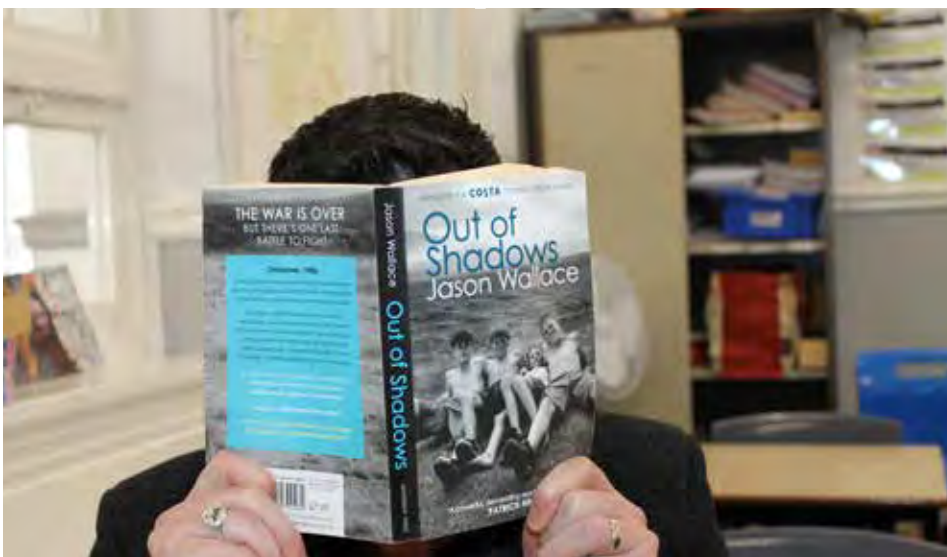
Bleart Year 7



Ben Year 7



Erin Year 8



Guess the teacher?

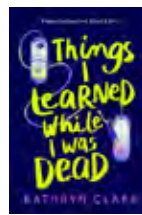
Guess the teacher was another fun event with children trying to guess the member of staff behind the book.

Books shortlisted for the Redbridge Book Awards 2026 are now also on display in the Library. The Award Ceremony will be taking place on Thursday 16th April 2026 and I will be taking a group of children to the Awards to meet a number of authors whose books have been shortlisted.

The children will have the opportunity to speak with the au-

thors, discuss their ideas and find out what inspired them to write. It is a brilliant opportunity for children to realise that they too have the potential and creativity to write and get their work published.

By Ms M Ahmed



These books have been short-listed for the Redbridge Library Awards 2026 and will be available in the library from Wednesday 4th March so please pop in and let's get reading!



Please can you return all/any outstanding books ASAP. We have a lot of books that are not being returned, and we cannot afford new books. There is a small red postbox at the bottom of the Library stairs, drop the books in there if the Library is closed for exams - thank you.



Connecting the Unconnected

Bridging the Gap for Remote African Libraries



The Library is continuing to support the work of the charity Pepala, in setting up libraries in remote parts of Africa. Since its inception in 2025, the charity has raised over 100,000 donated books. We are proud at WHS to support such incentives and to continue to build a culture and love of reading both here and abroad.



Please click on the link to see the amazing work that they are undertaking. <https://www.pepala.org.uk/about-us>

By Ms M Ahmed

Think it, Question it, Explore it. British Science Week 2026 is Here!

The theme for British science week this year was 'Curiosity'. In Science we decided to celebrate this by exploring questions such as 'Can we use household items to make indicators for testing for acids and alkalis?' The mystery of melting ice cubes! 'What should we trust machines to do for us?'. The last question was exploring pros and cons of AI.

Year 7-10 participated in the practicals based on the above questions and the feedback from pupils was really positive!

We used red cabbage as our household item as an indicator;

pupils carried out a practical to extract liquid from the red cabbage which was tested on a variety of acids and alkalis.

The mystery of the melting ice cube involved seeing what surfaces ice melted quickest on and we linked this with why salt and grit is used on icy roads.

By Ms B Ubaka



Stop the Hate Workshops

Promoting Positive Values in the Face of Hate

Year 9 pupils recently took part in 'Stop the Hate' workshops delivered by the West Ham United Foundation. The Stop the Hate project aims to tackle racism, discrimination, prejudice, and extremism. The programme aims to empower young people to become resilient to hate and extremism, whilst promoting positive values throughout our communities.

Each pupil engaged in three workshops;

Anti Racism/Prejudice workshop which supported pupils to define racism and prejudice, explore why it happens and its harms, debunk negative stereotypes, and promote positive language.

Active Bystander workshop which informed pupils how to safely take positive action to prevent or reduce harm to others when they encounter racism, discrimination, or prejudice.

Internet Safety and Media Literacy workshop which explored how to stay safe when using the internet and critically analyse information they are exposed to online or through other forms of media.

Our Year 9 pupils engaged positively in the workshops and were able to feedback critical pieces of information which they had learned.

'I will commit to looking after people and trying to help in my community when I can, making sure people around me have a better time.' – Mika R

'I think I will start to critically think about what I hear, see or read. I think this will reduce the spread of disinformation and misinformation.' – Khushleen C

'I would commit to the following by telling a trusted adult when you see something that doesn't look right and who to call if you need help.' – Poppy B

'I will check in with people after I see someone being not nice and I will research news before I believe it.' – Scarlett M

By Ms D Cini



Celebrating Success

Highlights from our Latest Achievement Award Winners Ceremony

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Maths	Matthew	Adelina	Thomas	Ian	Mina	Aashir	Oliver
Further Maths						Shayan	Isaiah
Economics						Tavras	Benjamin
English		Rose	Mya	Gene	Eliana		
Literature						Aydin	Heidi
Language and Literature							
Science	Zachary	Nala	Stan				
Biology				Roxhers	Gabriella	Tavras	Harman
Chemistry				Archie	Gabriella	Louis	Hajar
Physics				Ella	George	Lucien	Oliver
History	Luca	Poppy	Betsy	Noah	Rosa	Lucas	Annie
Classics						Ruby	Juanita
Geography	Darwin	Charlotte	Nathan	Sofia	James	Thomas	Leo
Resistant Materials	Jia	Lottie	Ibrahim	Pavel	Jude		
Graphics	Edie	Nala	Lylah	Ian	Araminta		
Art	Rayid	Emma	Sandy	Roxhers	Kayla	Dulcima	Sabina-loana
Photography						Alice	Mine
Textiles	Beatrix	Alice	Abayi	Hrudhya	Olivia		
Food & Nutrition	Maya	Zafira	Freya	Samara	Kalil		
Dance	Lula	Coco	Freya	Beth	Eva		
Drama	Kayden	Zafira	Eliana	Elia	Albert	Polly	Zara
Music	Mhairi	Patryk	Amaya	Daniel	Blake	Francesco	William
Spanish	Yusra	Mohammed	Scarlett	Edwyn	Mohammed	Ethan	Oliver
French	Eesa	Lucas	Gabriel	Maahirah	Mia	Joshua	Ethan
Media				Betsey	Eleanor	Ava	Darin
Computing	Lara	Dmytro	Noman	James	Michael	Aashir	Rayan
Religion and Philosophy	Hania	Yanis	Mya	Sana	Inaaya	Aydin	Alice
Psychology						Sami	Harman
Politics						Dora	Ben
Sociology				Shah	Daniel	Raul	Muhammad
Rising Star	Khushi	Keanu	Emmanuel	Hasnain	Usman		
Physical Education	Marnie	Laurence	Violet	Robyn	Elson	Esme	Alfie
EAL Champions		Fatou	Bilal	Roxhers			
HOY Award	Olive	Jacob	Rosie	Gethin	Kayden	Joshua	Chloe
Behaviour Award	Leo	Raphael	Zahra	Oscar	Jemima	Nana	Calum
Attendance Award	Alfie	Mateo		Teo	Evie	Helena	
Headteacher's Award	Anna	Astrid	Kassidy	Dylan	Lucas		
Assistant HOY award		Ronnie	Sanjog				





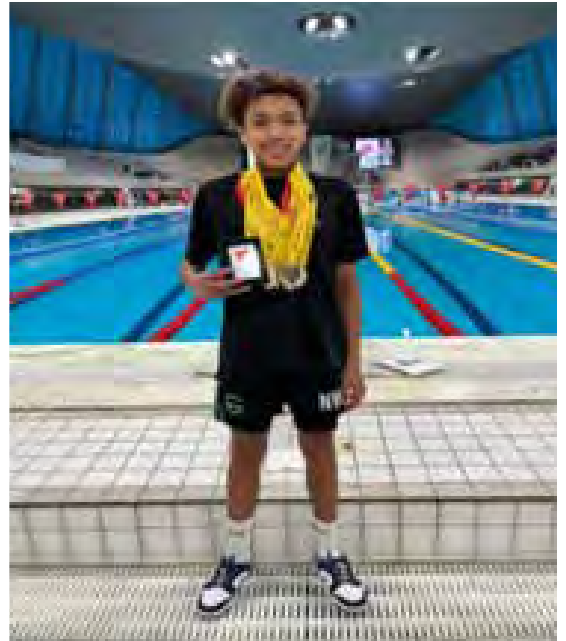


Swimming News

Noah Crowned the Top Boy Essex Champion

Noah - Gold medal in 100m Breaststroke. Essex Champion plus new Essex record along the way.

Incorporating all other results, Noah is officially the 'Top Boy' in all of Essex. An incredible achievement.



Netball News

Netball Copper Box Trip 2026! Massive shout out to London Pulse on their win.



Football News

Brilliant 6-0 win for the Year 10 boys against ATAM academy. Two wins and one loss in this year's Redbridge tournament and

waiting to find out if they have made it through to the next round. Well done to all involved.



Celebrating Josh Zetter-Plummer. A Beacon of Academic Brilliance at Brentford FC

We are extremely proud of our very own Josh Zetter-Plummer, and his progress as a scholar at Brentford!

Josh has been playing with both the U17s and U18s and even training with the first team on occasions.



Together We Lead The Spirit of Sports Leadership at Frenford

Well done to everyone that took part in the Sports Leader's day at Frenford. Pupils helped referee and manage the Year 5/6 football tournament on the day!



Rugby News

Check out some amazing action shots from our pupils competing for Eton Manor Rugby Club!



JUNIOR TENNIS CAMPS

Easter Holidays
30th March - 2nd April 2026 10am-3pm
Multisports Not just tennis!
8 Years and Over

Other Dates:
26th - 29th May 2026 (Half Term)
TBC (Summer Holidays)



For more information and to book:-



<https://tinyurl.com/2w6f2zd3>

email@drummond.co.uk
www.drummondltc.co.uk
Drummond LTC
Nutter Lane
Wanstead
E11 2HZ



DRUMMOND
LAWN TENNIS CLUB
EST. 1921

INSPIRE EXCELLENCE ACADEMY
FREE*
Easter CAMP
Trampoline Gymnastics Games Arts & crafts
30th March - 10th April 2026
10am-2pm
Oaks Park, High School, IG2 7PQ
*Must be eligible for HAF Camp

INSPIRE EXCELLENCE ACADEMY

WOODFORD TRAMPOLINE CLASSES

Location: Woodbridge High School, IG8 7DQ

AGE: 6 - 16 YEARS
DAYS: TUESDAYS WEDNESDAYS
TIMES: 4:10PM-5:05PM 5PM-5:55PM

WHAT WE PROVIDE:
Qualified coaches British Gymnastics affiliated Fun & engaging sessions

<https://inspire-excellence-woodford.classforkids.io>
@InspireX_gymnastics_trampoline

EKOTA

CRICKET CLUB

FREE TRIAL

Experienced Players & Complete Beginners Welcome
Limited Places Available
First Come First Serve

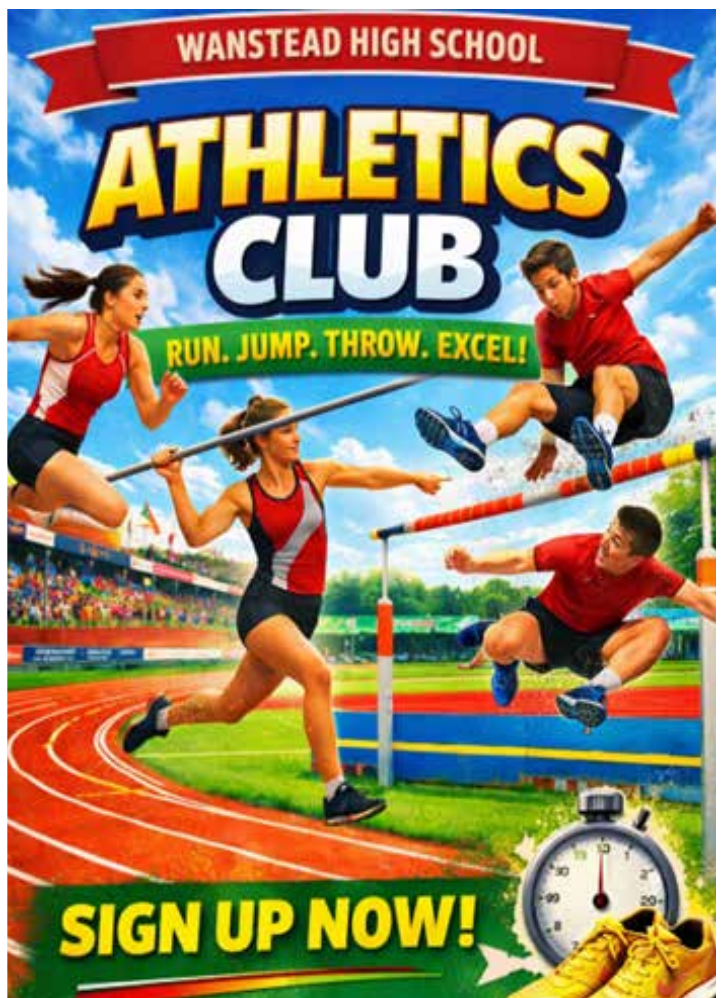
Saturday 28th March **MAYFIELD LEISURE CENTRE**

SESSION TIMETABLE
9AM - 10AM: AGES 7-11
10AM - 11AM: AGES 12-16
11AM - 12PM: GIRLS 11-16 & WOMEN
12PM - 1PM: MEN (16+)

SCAN HERE TO SIGN UP

CONTACT 07951242393 TO FIND OUT MORE

www.ekotaacademy.com 07951242393 contact@ekotaacademy.com



Understanding Meningococcal Disease

Following the very sad news of two recent deaths in Kent linked to Meningitis (strain B), we wanted to share some helpful information about Meningococcal disease and the vaccinations available to protect against it.

Since 2015, the Meningococcal B (MenB) vaccine has been included in the national childhood immunisation programme and is routinely given in infancy. Children born before 2015 would not have received this vaccine as part of the NHS schedule, although it is available privately.

The MenACWY vaccine, which protects against four strains of Meningitis (A, C, W and Y), is routinely offered to young people in Year 9 through the school-based immunisation programme. If your child missed their Year 9 vaccination, we are able to offer catch-up appointments locally—please contact our team if you would like to arrange this.

For those who would like to learn more, a recent webinar for parents and carers about the DTP and MenACWY vaccines is available to watch here:

<https://www.youtube.com/watch?v=Uj3ql-WLin8&t=28s>

Please note that the MenACWY vaccine is offered from Year 9 onwards and cannot be given before this stage.

If you have any concerns or would like further information about

meningitis, we recommend visiting:

<https://www.meningitisnow.org>

Wanstead High School do not hold record of vaccinations. However, the school immunisation team can assist with queries about your child's vaccination history.

The school immunisation team are hosting community catch-up clinics for any child that is outstanding their DTP/MenACWY vaccine or MMR. If you are unsure if your child is up to date with either of these vaccinations, then please email the team on Redbridge@v-uk.co.uk with the following information:

Vaccine Check (Parent to state: DTP&MEN, HPV or MMR)

Child's full name:

Date of Birth:

NHS number (if known):

School they attend:

Contact number for parent/ carer:

The school immunisation team will then check your child's records and contact you to book into a community catch-up clinic.

By Ms D Cini

LUNCHTIME CLUBS &

LUNCHTIME CLUBS 13:15 - 14:10

Mon

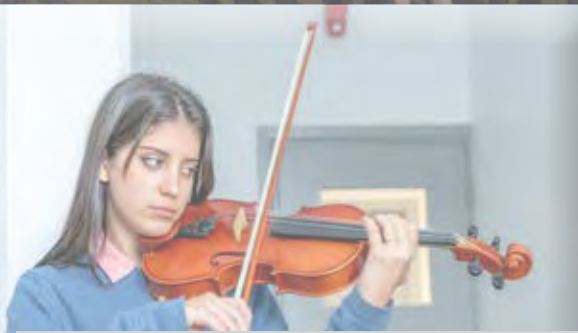
Tues

Wed

Thurs

Fri

Key Stage 3 - (KS3 - Year 7, 8 & 9) Key Stage 4 - (KS4 - Year 10 & 11)
Key Stage 5 - (KS5 - Year 12 & 13)



Maths Breakfast Club
KS3
Reflection Centre
8am - 8.35am

Year 11 Maths Open
Revision Club
Room 16
at 7:30am - 8:30am



Flash Academy English Additional Language Club, Room LS2, 8.30am - 9.00am, (KS3/KS4) Everyday

KS3 – Prayer
Room 16
All prayers will begin
at 12:35pm

Choir
KS3
Room 36
12.30pm - 1.00pm

KS3 – Prayer
Room 15
All prayers will begin
at 12:35pm

Choir
KS4 & KS5
Room 36
12.30pm - 1.00pm

Open Studio
KS3
Dance Studio
12.20pm - 1.00pm

KS4 & KS5 – Prayer
Room 21
All prayers will begin
at 13:30pm

KS3 – Prayer
Room 15
All prayers will begin
at 12:35pm

KS4 & KS5 – Prayer
Room 21
All prayers will begin
at 13:30pm

KS3 – Prayer
Room 15
All prayers will begin at
12:35pm

Maths club for KS3
Room 23 (week2)
12:20pm - 1:05pm

KS4 & KS5 – Prayer
Room 21
All prayers will begin
at 13:30pm



KS4 & KS5 – Prayer
Room 21
All prayers will begin at
13:30pm

KS3 – Prayer
Alan Hearn Hall
All prayers will begin
at 12:35pm

KS4 & KS5 – Prayer
Alan Hearn Hall
All prayers will begin
at 13:30pm



2026 Summer Term 1



AFTER SCHOOL CLUBS

AFTER SCHOOL CLUBS

Mon

Tues

Wed

Thurs

Fri

Key Stage 3 - (KS3 - Year 7, 8 & 9) Key Stage 4 - (KS4 - Year 10 & 11)
Key Stage 5 - (KS5 - Year 12 & 13)

English Additional Language Homework Club, Room LS2, 3.15pm - 4.00pm, (KS3/KS4) Mon - Thur
Library & Homework Club, 3.15pm - 3.45pm, (KS3/KS4/KS5) Mon & Wed (Room IR3) & Thur (Room LSI)

<p>Design Leads Drama Studio 3.15pm-4.15pm https://forms.gle/13v8t9KXtq-PRZASA</p>	<p>Francophone Culture Club (Week 2 Only) KS3, KS4 & KS5 Room MA6 3.15pm - 4pm</p>	<p>Art Club - KS3 Room NB9 3.15pm - 4.15pm</p>	<p>Steel Pans KS3, KS4 & KS5 Room 38 3.15pm - 4.00pm</p>	<p>Dance Team KS3 (Year 7 & 8 only) Dance Studio 3.15pm - 4.30pm</p>
<p>Spanish Clinic KS5 Room MA4 3.15pm - 4.00pm</p>	<p>History Ambassadors KS3 Room NB5 3.20pm - 4pm</p>	<p>Graphics Catch-Up KS4 (Year 11 only) Room 45 3.15pm - 4.30pm</p>	<p>Doctor Who Society KS3, KS4 & KS5 Room 21 3.15pm - 4pm</p>	<p>Jazz Band KS3, KS4 & KS5 Room 36 3.15pm - 4.00pm</p>
<p>Brass Group KS3, KS4 & KS5 Room 37 3.15pm - 4.00pm</p>	<p>Dance Team KS4 & KS5 Dance Studio 3.15pm - 4.30pm</p>	<p>Art Club - Special Educational Needs - ALL Room LS1 3.15pm - 4.15pm</p>	<p>GCSE PE Support Room S13 INVITATION ONLY</p>	
<p>String Orchestra KS3, KS4 & KS5 Room 36 3.15pm - 4.00pm</p>	<p>Musical - All Cast KS3, KS4 & KS5 Theatre/Dance Studio 3.15pm - 4.30pm</p>	<p>Musical - All Cast KS3, KS4 & KS5 Theatre/Dance Studio 3.15pm - 4.30pm</p>		
<p>Chess Club KS3, KS4 & KS5 Room MA2 3.15pm - 4.15pm</p>	<p>Debate Society Year 12 Room NB8 3.15pm - 4.15pm</p>	<p>Robotics KS3 (Year 7 & 8 only) Room IR1 3.15pm - 4.00pm</p>		
<p>Dance Team KS3 (Year 9 only) Dance Studio 3.15pm - 4.40pm</p>	<p>New Views: Script Writing Club Year 10, 11 & 12 Room 3 3.20pm - 4.20pm</p>	<p>D&D Club KS3, KS4 & KS5 Room MA2 3.15pm - 4pm</p>		
<p>Athletics Club KS3, KS4 & KS5 Field 3.15pm - 4.15pm https://forms.gle/12z01M0RT3ugIM-Yu8YV7Daaeaq6N9p-Z8p-0v3p3m7y/sd1</p>	<p>Wind Band KS3, KS4 & KS5 Room 38 3.15pm - 4.00pm</p>	<p>Food Club Year 11 Room 41 After School</p>		
<p>Basketball Club KS3 Sportshall 3.15pm - 4.30pm https://docs.google.com/forms/d/1F4lpQLSfHgONw-WPvudD2j0z0tM9Y10xAG6bc-gCa1vn84Uv40aa/viewform</p>	<p>Badminton Club Year 7 Sports Hall 3.15pm - 4.30pm https://docs.google.com/forms/d/1FAlpQLSfHgONw-caY0QPXFponLjG5hLhhgQTF8Lk-Bhrrecfwr3iRLw/viewform</p>	<p>Basketball Club KS4 & KS5 Sports Hall 3.15pm - 4.30pm https://docs.google.com/forms/d/1VDU6pvQeWf-DHgsMUKuFwXupsZhyqP-4PUTX4-Trs63CE/edit</p>		
<p>Basketball Club KS3 Sportshall 3.15pm - 4.30pm https://docs.google.com/forms/d/1F4lpQLSfHgONw-WPvudD2j0z0tM9Y10xAG6bc-gCa1vn84Uv40aa/viewform</p>	<p>Cricket Club KS3, KS4 & KS5 Lower Playground 3.15pm - 4.30pm https://docs.google.com/forms/d/1RuvRDaYo3n-SSPupq7a2-QSHhTjFgGsoNxf9ch-GtcbqQ/viewform?edit_requested=true</p>	<p>Badminton Club Year 8 & 9 Sports Hall 3.15pm - 4.30pm https://docs.google.com/forms/d/1Sxh-XvzrkBdkbGjO3InbcSVNYwJLj-uANw-YJYphQ/viewform?edit_requested=true</p>		

WANSTEAD HIGH SCHOOL

PROJECT VOLLEYBALL

WE NEED YOUR HELP!

Tesco Grants Programme has been successful and your project will be put forward to a customer vote in Tesco stores.

Voting will commence in store from Tuesday 28th April 2026 until the end of July 2026.



Enhancing our sports program by offering additional PE activities, lunchtime sessions, and after-school clubs for students of all ages and ability levels.



VOTE WITH TOKENS IN THE FOLLOWING STORES:

- 2078 Ilford Superstore IG6 1HY
- 2399 Seven Kings Express IG3 8LG
- 2569 Romford Goodmayes Extra RM6 4HY
- 2603 Gants Hill Ilford Express IG2 6LE
- 2730 Ilford Express IG1 1XR
- 3422 Woodford Green Superstore IG8 8GE
- 5191 Manford Way Chigwell Express IG7 4DN
- 5727 Woodford Green Express IG8 9FB
- 5923 Wanstead Express E11 2AE
- 5983 Ilford Cranbrook Road Express IG1 4NH
- 6364 Ilford Ley Street Express IG2 7RX

The Tesco logo is displayed in red capital letters with a blue and white striped underline, positioned in the bottom right corner of the main content area.

FRANCOPHONE CULTURE CLUB

- Learn about the Francophone world
- Watch French films
- Listen to French music
- Try French food



AFRICA
CÔTE-D'IVOIRE



SWITZERLAND



MARTINIQUE
MOROCCO

BEGINNING MAY 2026
ROOM MA6 • WITH MS COLLINS



Term Dates for 2025 - 2026

▶ AUTUMN TERM 2025

Monday 1 September 2025 to Friday 19 December 2025*
(All pupils return to school on Tuesday 2 September 2025)

INSET 1 Monday 1 September 2025

Disaggregated INSET DAY 2: Friday 3 October 2025

Half-term break - Monday 27 October 2025 to Friday 31 October 2025

INSET DAY 3: Friday 28 November 2025

Christmas break - Monday 22 December 2025 to Friday 2 January 2026

▶ SPRING 2026

Monday 5 January 2026 to Friday 27 March 2026*

INSET DAY 4: Monday 12 January 2026

Half-term break - Monday 16 February 2026 to Friday 20 February 2026

Easter break - Monday 30 March 2026 to Friday 10 April 2026

▶ SUMMER 2026

Monday 13 April 2026 to Monday 20 July 2026*

Half term break - Monday 25 May 2026 to Friday 29 May 2026

Disaggregated INSET DAY 5: Monday 20 July 2026

▶ BANK HOLIDAYS 2026

Please note the following is a Bank Holiday not included in school holidays above:

Monday 4 May 2026

▶ WHOLE SCHOOL TRAINING DAYS

(SCHOOL CLOSED FOR PUPILS)

INSET DAY 1: Monday 1 September 2025

Disaggregated INSET DAY 2: Friday 3 October 2025

INSET DAY 3: Friday 28 November 2025

INSET DAY 4: Monday 12 January 2026

Disaggregated INSET DAY 5: Monday 20 July 2026

* On the last day of term, pupils will be dismissed at lunchtime

Dates for your diary

05

May 2026

Public Exams Begin

14

May 2026

Year 7 Progress
Evening

18

June 2026

Year 8 Progress
Evening



Term Dates for 2026 - 2027

▶ AUTUMN TERM 2026

Wednesday 2 September 2026 to Friday 18 December 2026

(All pupils return to school on Thursday 3rd September)

Half-term break

Monday 26 October 2026 to Friday 30 October 2026

Christmas break

Monday 21 December 2026 to Friday 1 January 2027*

▶ SPRING 2027

Monday 4 January 2027 to Thursday 25 March 2027

Half-term break

Monday 15 February 2027 to Friday 19 February 2027

Easter break

Friday 26 March 2027 to Friday 9 April 2027*

▶ SUMMER 2027

Monday 12 April 2027 to Thursday 22 July 2027*

Half-term break

Monday 31 May 2027 to Friday 4 June 2027

▶ BANK HOLIDAYS 2027

Please note the following is a Bank Holiday not included in school holidays above:

Monday 3 May 2027

▶ WHOLE SCHOOL TRAINING DAYS OR ADDITIONAL DAYS WHEN SCHOOL IS CLOSED TO PUPILS

(SCHOOL CLOSED FOR PUPILS)

Wednesday 2 September 2026

Friday 9 October 2026

Friday 27 November 2026

Monday 11 January 2027

Monday 22 February 2027

***On the last day of term, pupils will be dismissed at lunchtime**

Tutor Grid 2025 - 2026

Year 7		
HOY	Ms R Gullefer	
SLT	Mrs H Martin	
PSM	Mrs N Ahmed	
7.M	Ms K Ali/ Ms Z Ammantoola	NB7
7.W	Ms H Ahsan/ Ms C Shepperd	NB6
7.B	Dr C Adelle	NB4
7.K	Mr P Chartorizhsky	NB5
7.S	Mr T Ready	LP2
7.H	Mr B Weakliam	SDR
7.R	Ms M Kara	42
7.G	Mr A Yiacoumi	NB10

Year 8		
HOY	Ms G White	
SLT	Mr L Wood	
PSM	Ms S Khan	
8.M	M Hamamci (Mon -Thurs) Ms B Ubaka (Fri)	S5
8.W	Mr S Younis/ Ms E Chowdhury	S12
8.B	Mr L Willer	S6
8.K	Ms S Hoque	S11
8.S	Ms N Hassan/ Mr M Hussain	S4
8.H	Mr R Ali	S3
8.R	Mr R Nazir	S2
8.G	Ms H Ikrah	S9

Year 9		
HOY	Ms N Jacob	
SLT	Ms D Cini	
PSM	Ms S Khan	
9.M	Mr K O'Connor/ Mr M Hamamci (Fri)	8
9.W	Ms B Waters	3
9.B	Ms S Khan	5
9.K	Ms C Gorczak	4
9.S	Mr I Choudhury	9
9.H	Ms S Begum/ Ms V Premkumar	7
9.R	Ms A Khanum	2
9.G	Ms E Everhart	11

Year 10		
HOY	Ms C Murray	
SLT	Ms D Cini	
PSM	Ms J Seekings	
10.M	Mr J Sains	S13
10.W	Ms I Jasmine	S7
10.B	Ms N Rowshan	SS2
10.K	Ms K Akhtar Bibi	MA1
10.S	Ms D Collins	MA6
10.H	Ms R Walker	NB11
10.R	Mr L Jimenez	MA3
10.G	Ms N Gómez Álvarez/ Mr Q Qaiyum	MA4
10.D	Mr D Vardavas	MA5

Year 11		
HOY	Ms C Feeney	
SLT	Mrs H Martin	
PSM	Ms J Seekings	
11.M	Ms I Unegbu	19
11.W	Mr S Rashid	21
11.B	Mr M Tinker	12
11.K	Mr A Chauhan	22
11.S	Mr M Hamza	NB2
11.H	Mr K Miah	18
11.R	Mr G Narang/ Mr H Amin	17
11.G	Ms O Ogungbe	14
11.D	Ms K Kioi	15

Year 12		
HOY	Ms E Horne	
SLT	Ms D Samuel	
12.1	Ms J Wali	NB1
12.2	Ms L Pennington	36
12.3	Ms H Cressall/ Ms D Bennett	45
12.4	Mr I Sweet	38
12.5	Ms S Clarke	44
12.6	Mr K Holdbrook	S1

Year 13		
HOY	Ms T van Beers	
SLT	Ms D Samuel	
13.1	Ms M Argyrakis/ Ms E Christofides	SS1
13.2	Ms M Tayeba	20
13.3	Ms C McQuillan	NB8
13.4	Mr C Sheehan	24
13.5	Mr B Alom	IRI
13.6	Mr O Obanye/ Mr G Brodie	13

WEEK 1

Week Commencing:
13/04/26 04/05/26 25/05/26 15/06/26 06/07/26 27/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Beef & Lentil Bolognese with Pasta & House Salad

TUESDAY

Bang Bang Chicken with Soy & Mixed Rice

WEDNESDAY

Glazed Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Chicken Tikka & Chickpea Masala, Brailed Rice & Kachumber Salad

FRIDAY

Chili Shoo 'Friday' Fish, Salmon Fillet/steak or Pizza with Chios, Pesto & Tartare Sauce

MONDAY

(Egg) Based Bolognese with Pasta & House Salad (V)

TUESDAY

Bang Bang Fal: Curious with Soy & Mixed Rice (V)

WEDNESDAY

Vegetable 'Squashage' Roll with Crispy Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Cauliflower, Courgette & Chickpea Roast with Brailed Rice, Kachumber Salad & Minted Yoghurt Dressing (V)

FRIDAY

Vegan Chickpea & Coriander Burger with Fries (VE)

DESSERTS

MONDAY

Baked Meringue Cake

TUESDAY

Chocolata & Biscotti Brownie

WEDNESDAY

Silky Ginger Cake

THURSDAY

Day Apple Crumble

FRIDAY

Foi Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Vegan Singapore Noodles (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Roasted Butternut Sweetcorn & Chiosate Pasta (VE)

THURSDAY

Mash & Chill Cauliflower Wings with Cajun Wedges (VE)

FRIDAY

Corn & Chili Noodles (V)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

WEEK 2

Week Commencing:
20/4/26 11/05/26 01/06/26 22/06/26 13/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Pork Sausage (Beef Casing) or Halal Chicken Sausage (Beef Casing) & Mashed Potatoes with Onion Gravy

TUESDAY

Cajun Chicken, Tomato & Sweetcorn Wholemeal Pasta Bake with House Salad

WEDNESDAY

Roast Breast of Turkey, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Sweet & Sour Chicken with Carrot Rice

FRIDAY

Chili Shoo 'Friday' Fish, Salmon Fillet/steak or Pizza with Chios, Pesto & Tartare Sauce

MONDAY

Vegan BBQ Boston Bean Sausage Casserole & Maun (VE)

TUESDAY

Lentil & Chickpea Dahl with Roasted Tikka Cauliflower & Steamed Rice (V)

WEDNESDAY

Cheese & Potato Pie with Roast Potatoes, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Crunchy French Onion & Less Mascarpone Cheese with House Salad (V)

FRIDAY

Vegan Moroccan Spiced Butternut Squash Fasty with Chios & Pesto (VE)

DESSERTS

MONDAY

Chocolate Meringe with Chocolate Sauce

TUESDAY

Pear & Apple Biscotti Crumble

WEDNESDAY

Cocoa Bread & Butter Pudding

THURSDAY

Jam & Coconut Sponge

FRIDAY

Apple Treysers

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

**CHOOSE IT!
ADD IT!
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Delicious Chili Noodles (VE)

TUESDAY

Singapore Fried Rice (VE)

WEDNESDAY

Lentil & Chickpea Dahl with Chios Bombay Potatoes (VE)

THURSDAY

The Big Plant Burger (VE)

FRIDAY

Vegan Singapore Noodles (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepperoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza

WEEK 3

Innovate

Week Commencing:
27/04/26 18/05/26 08/06/26 29/06/26 20/07/26

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Mexican Beef Nacho Pasta Bake

TUESDAY

BBQ Chicken with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas

WEDNESDAY

Roast Pork or Salt 'n' Pepper Roast, Crispy, Crisp Roasties, Seasonal Vegetables & Roast House Gravy

THURSDAY

Fragrant Lemon & Herb Chicken with Spicy Rice

FRIDAY

Chop Shop 'Friday' Frits, Pizzas or Fisticake & Chips with Peas and Tartare Sauce

MONDAY

No Waste Cauliflower Cheese Pasta Bake (V)

TUESDAY

Chewie Quorn Dippers with Salt 'n' Pepper Wedges, Asian Slaw & Garden Peas (V)

WEDNESDAY

Roasted Vegetable & Chickpea Pastry Roll with Crisp Roasties, Seasonal Vegetables & Roast House Gravy (V)

THURSDAY

Hot Maple & Cajun Quorn Filler with Spicy Rice (V)

FRIDAY

Crispy Chickpea & Vegetable Pakora Burger with Mango Slaw, Chiles & Peas (V)

DESSERTS

MONDAY

Shiny Lemon Sponge

TUESDAY

Mixed Berry & Apple Crumble

WEDNESDAY

Chocolate & Whole Biscuits Pull Pastry Powder

THURSDAY

Nut Free Bakewell Sponge

FRIDAY

Hot Chocolate Rocky Road & Custard

Fruit and Jelly Pots Available Daily

JACKET POTATOES

Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MADE YOUR WAY!

CHOOSE IT!
ADD IT!
TOP IT!

Switch up your flavours with our street food-inspired range, available Tuesday to Thursday. With weekly rotating choices, there's always something tasty.

Choose a base, add protein, and top it your way!

Visit the restaurant to check out what's on offer each week

NATURally

MONDAY

Veget Singapore Noodles (VE)

TUESDAY

The Big Plant Burger (VE)

WEDNESDAY

Pesto Pasta with Roasted Tomatoes (VE)

THURSDAY

Green Bean Shower with Bombay Pulao (VE)

FRIDAY

Garlic & Chilli Noodle (VE)

TRATTORIA

MONDAY

Pasta in Cheese Sauce

TUESDAY

Tomato & Basil Pasta

WEDNESDAY

Margherita or Pepporoni Pizza

THURSDAY

Creamy Pesto Pasta

FRIDAY

Margherita Pizza



National Online Safety®

#WakeUpWednesday

Top Tips to Protect Your Child



1 BE WARY OF WHAT'S SHARED

Whatever your child says or shares on the platform can be seen, heard and shared with a much larger audience. Be careful to make sure your child understands this and does not say or share anything that could be deemed offensive, harmful or put themselves or others at risk.

You can find Discord's own guide for parents here: <https://blog.discordapp.com/parents-guide-to-discord-c77d91793e9c>

2 IMPROVE SECURITY SETTINGS

To help protect your child, make sure they set strong passwords. You should consider using the 'two-factor authentication' function for extra protection. It's also important to remind your child to never to share their personal information, or the details of another user.



3 CHECK THEIR FRIEND LIST

You can restrict who is able to make 'friend requests' to your child in the 'Friends' tab. It's a good idea to deselect the default option that allows anyone to connect. Of course, you should also talk to your child about why it's a risk to allow strangers to connect with them through such platforms.



4 REPORT & BLOCK SUSPICIOUS USERS

Make sure your child knows how to report and block abusive or suspicious users. If you do find your child suffering repeated abuse, contact the platform directly using the email: abuse@discordapp.com. It's a good idea to teach your child how to screenshot any negative interactions too.



5 BE WARY OF NSFW CONTENT

Public forums on the platform are a potential venue for inappropriate content that you should be wary of. There is a Discord mascot known as 'Wumpus', which is supposed to represent anyone under 18. Anyone who posts content unsuitable for under-18s, should mark it NSFW (Not Suitable For Wumpus).



6 SHOW RESPECT TO OTHERS

It's important you actively teach your child to treat other users with respect and behave online the same way as they would offline.

Take the time to read through Discord's Community Guidelines with your child. Find them at: www.discordapp.com/guidelines



School Uniform

School Uniform: Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride. High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

Required Items Year 7 - 11

Description

- | | | |
|--|---|---|
| Burgundy school blazer with school badge | - | Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances. |
| School tie | - | All pupils must wear a school tie. Ties can be purchased from school via Parent-Pay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times. |
| White plain school shirt | - | Top button must be done up. Shirts can be long or short-sleeved. |
| Black tailored school trousers or black tailored school shorts | - | Trousers and shorts must be tailored school-style and not be skinny or tight-fitting or baggy canvas skate style trousers. No leggings, jeans or denim. |
| Black knee-length school skirt | - | Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up and must be to the knee. Pupils should wear black tights with skirts if they do not reach the knee. |
| Black V-neck long-sleeved plain pullover (optional) | - | No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn. |
| Black leather shoes with black soles and black laces | - | Smart, flat boots to the ankle may be worn. No Dr Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe. |
| White or black socks | - | Must be worn up to or below the knee and no patterns. |
| Flesh tone or plain black tights | - | No patterns and tights must not be torn or ripped. |
| Outdoor coat (optional) | - | Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat. |

Required Items: Sixth Form

Description

- | | | |
|--|---|--|
| Formal fit suit | - | Should be smart and professional, ID badges must be worn at all times. |
| Formal collared shirt with tie or business style blouse | - | Top button must be done up. Shirts can be long or short-sleeved. |
| Formal fit skirt or dress (professional length) with business style blazer | - | Should be smart and professional, ID badges must be worn at all times |
| Black leather-style shoes | - | Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length. |
| V-neck plain formal jumper/cardigan can also be worn | - | Must show a collared shirt and tie/blouse underneath. |

All items of logoed uniform can be purchased from Carolina School Outfitters <https://carolinaschooloutfitters.co.uk/>
Speed Stitch - <https://speedstitch.co.uk/schoolwear/>, Fashion Stop fashionshop@hotmail.com E6 2HT.
School Uniform: Pre-Loved Uniform - For uniform items, please visit our pre-loved uniform site: [Pre-loved Uniform](#)

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

Required Items Year 7 - 11

School PE Kit

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

Item Description

- | | |
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| Jewellery | - Jewellery worn to school should be safe and appropriate.

Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed. |
| | - Pupils may wear a watch; smart watches are not permitted in exams or assessments. |
| Make Up | - Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11. |
| Hair | - Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point.

The patterned shaving of hair or eyebrows is forbidden. |
| | - Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance.

This does not include durags or bonnets which are not appropriate in school. |
| Hoodies and other non-uniform jumpers or coats | - Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities. |
| Hats, Ski Masks, Balaclavas, Face coverings | - It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school. |

