

To apply for Free School Meals in Redbridge, follow these steps:

These details are also available on the Redbridge website (www.redbridge.gov.uk)

1. Eligibility Check:

- Your child may qualify if you receive certain benefits, such as:
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Universal Credit (with a net income of less than £7,400)
 - Other specified benefits [[See Free school meals](#)] [[See Free school meals](#)].

2. Create a Parent Portal Account:

- If you are applying for the first time, you need to create an account on the parent portal. Make sure to verify your email address before completing your application. You can create an account [here](#) [[See Free school meals](#)].

3. Submit Your Application:

- Once you have an account, sign in to the parent portal and submit your application. You can sign in [here](#) [[See Free school meals](#)].

4. Await Confirmation:

- After submission, if more information is needed, you will receive an email requesting proof of your benefits. Once verified, you will be informed about your child's eligibility and when the free meals will start.

For more detailed information, visit the [Free School Meals page on the Redbridge website](#) [[See Free school meals and financial support](#)].