

# THE HERON HOMELINK *newsletter*



DECEMBER 2024 Issue No. 14

ception



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**Achievement Award  
Winners**



**Winter Fundraising and  
Charity**



**A Cracking Christmas Dinner!**

**Education with Character**

# FEEDBACK CORNER



Thank you to **Ms Rutland** for dealing with all our chopping and changing (& us eventually just showing up!!). We had a great tour yesterday and it was lovely to be able to chat with the young people from Wanstead who were on our tour.  
**Prospective Year 6 parent**

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**Hi Ms Khan,**  
I just wanted to thank you for your time yesterday at the Parents Information Evening, it was great to be able to sit and discuss in the classroom. I think you dealt with the concerns raised very well and I certainly appreciate that new policies and procedures take time for everyone to get used to. We are very glad that our has you as a Form Tutor as it is very clear you have the welfare of the children as your priority and that you have a great relationship with your Tutor Group.  
**Year 8 parent**

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**Hi Mr Tann,**  
Just a quick note to say how much my daughter is loving your science lessons. She is clearly developing a real thirst for the subject academically as well as so enjoying your teaching approach; thank you for bringing it to life. She says you always make it fun whilst making it digestible and memorable, not an easy feat, I'm sure.  
**Year 8 parent**

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**Dear Ms. Hillman,**  
We wanted to express how grateful we are to **Mr Hamza** for all the support he has given our daughter with her UCAS application. He has been extremely patient and kind, supporting her with any worries she has had and ensuring all the forms needed for her application have been submitted in good time. In addition, **Ms Bache** and **Ms Dietze** have continued to be an amazing support. They have also supported our daughter through the UCAS process and helped her a great deal.  
**Year 13 parents**

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**Dear Ms Begum,**  
My son has really enjoyed English this half-term. Your energy and passion have been positively infectious and it has encouraged him to work hard on his home learning projects, he particularly enjoyed the BHM research project. Thank you also for using the reward system so consistently which has kept him motivated and striving even harder!  
**Year 8 parent**

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We wanted to thank **Mr Hayat** for building a great team spirit within the year 8 football team. My son has really enjoyed the experience and we thank you for your commitment and time with the afterschool fixtures. The team are lucky to have someone so skilled as their coach!  
**Year 8 parent**

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Keep up to date with us via our website:  
<https://www.wansteadhigh.co.uk/> or follow us on Twitter, Facebook or Instagram (wansteadhigh11)



**Dear Ms Christofides,**

I just wanted to drop you a note to say a big thank you for taking the year 11's to the Old Bailey today. My son was really looking forward to the trip. He came back full of enthusiasm and telling me everything about it in great detail. He found it so interesting and I can tell he got a great deal out of it. It has also proven to me that he can survive the day without his phone!!!

**Year 11 parent**

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**Dear Ms Christofides,**

I wanted to say a very big thank you for organising the trip to the Old Bailey. My son was so enthusiastic when he got home and relayed in detail the day he had experienced. He described it as "the best school trip" he's been on and it's opened his eyes to how the judicial system works. He's even flirting with the idea of becoming a barrister, which is great! It's really heart-warming to see him so engaged in learning and wonderful that he's having such a good experience learning Sociology. We really appreciate the effort you put in.

**Year 11 parent**

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**Dear Ms Hillman,**

I just wanted to give you some feedback on my daughter's start at Wanstead High School. Every communication we have had with the school has been extremely positive and productive. I have been very impressed with the school's organisation and structured approach. **Ms Murray** has been so kind and helpful. Her empathetic and supportive approach has made my daughter's days there so much easier.

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I just wanted to take a moment to express my gratitude to the two pupils who showed us around the 6th form this evening at your school. Both of them were not only incredibly knowledgeable but also friendly, approachable, and professional throughout the tour. Their enthusiasm for the school and genuine willingness to answer our questions left a lasting impression on us. It's clear that they take great pride in their roles, and they are a real credit to your school community. Please do pass on our thanks to them both.

**Open Evening Visitor**

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# Messages from Heads of Year



## Head of Year 7

**Dear Parents and Carers,**

It's amazing how quickly the weeks fly by, sometimes and I can't believe we are already at the end of what has been another very busy half term.

I am very proud of our Year 7s for their continuous hard work throughout this half term. As I walk around Year 7 lessons, I am consistently impressed by the high standard of work being produced.

Our Year 7 pupils are so engaged in their learning and have been achieving high praise points. Pupils have also enjoyed lots of extra-curricular clubs and activities whilst representing the school in competitions. Their contribution to the school Winter Concert was outstanding.

We finished this half term with a brilliant Achievement Assembly; many pupils have now been awarded our Heron praise badges for achieving over 75 praise points. I have been so impressed with our pupils getting involved in all the festive celebrations. So many Year 7 pupils created gifts that will be given to those who may not receive any Christmas gifts this year. Our pupils thoroughly enjoyed the school's Christmas

dinner and getting involved in Christmas jumper day.

I would like to thank you all for your support so far with maintaining our high standards. Year 7 have made an absolutely fantastic start to the academic year and together we can ensure this continues.

Finally, I would like to wish you and your family a wonderful Christmas holiday and a happy and prosperous New Year and I look forward to seeing you all in 2025!

**Ms G White**



## Head of Year 8

**Dear Parents and Carers,**

As we approach the end of the Winter term, I expect many of the staff and pupils are looking forward to a well-earned rest.

There have, as always, been challenges, difficulties and frustrations in the run-up to the holiday break. Though, again as always, I must applaud the vast majority of the cohort for their efforts and resilience.

Challenge Cycle assessments have taken place, giving pupils an idea as to what the future holds. We have also started to consider the school character virtues as chosen by the pupils, and work towards achieving them.

At the time of writing this, there is much to pack in to the final week, with Christmas jumper day (raising money for a very good cause and Christmas lunch being served to those who want to). We, as a school have also shown generosity in donating gifts for children who may not otherwise get a gift. I truly believe that such acts of kindness will be repaid in time.

To this end, my request to the Year 8 cohort is that they take

the opportunity over the holiday period to reflect on the true spirit of the season. Not the receiving of gifts and merriment, but the giving, kindness and service that we can show to others. I ask that when we return in the new year, we return with a sense of empathy and kindness that extends to each other. I ask that when we return, we pay acts of kindness forwards and realise that working together is the best way to overcome challenges.

In respect of this, I would like to thank my team of Year 8 tutors and Pastoral Support Manager for all of the superb work that they do day in and day out.

I wish you all a happy and restful festive season.

**Mr D Tann**





## Head of Year 9

**Dear Parents and Carers,**

Christmas is a reflective time and as we come to the end of the Autumn term, I wanted to take a moment to share what has been a fantastic few months for Year 9. It has been a pleasure to see their enthusiasm, resilience and commitment to their studies in this term's Challenge Cycle, as well as their growing maturity as they prepare for the important decisions ahead in their learning journey.

One of the key highlights of this term has been the effort and thoughtfulness that Year 9 has put into exploring their GCSE options. Through research, guided sessions at tutor time and taster sessions, they have shown great determination to make choices that reflect their interests, strengths and aspirations. I'm so proud of them and their approach to this challenge and milestone.

Beyond the classroom they have continued to engage in wider school life by applying for pupil leadership roles and in pupil voice activities. We have had a large number of the year group start the DofE Bronze Award and the enthusiasm for supporting school's charities and fundraising events remains unwavering.

As we head into the festive season, I would like to thank you

for your ongoing support; it makes such a difference to your child's success and happiness at school and is something the Year 9 team appreciate and value a lot.

Wishing you all and your families a very Merry Christmas. I hope your holiday season comes wrapped with joy, rest, laughter and special memories.

**Ms C Murray**



## Head of Year 10

**Dear Parents and Carers,**

I hope that this newsletter finds your family well and that you are looking forward to the Christmas break.

It has been an extremely busy end of term but also a very much welcomed one. There have been a lot of things going on in school and there have been some fantastic opportunities available for our pupils. They have continued to progress

throughout the year and have made a fantastic start to their GCSE studies.

I have been taken aback by the resilience that Year 10 have shown as a collective group. They have continued to demonstrate many qualities and have shown me attributes which will undoubtedly help them in moving through Key Stage 4. As mentioned previously, there are always things in which we can improve on as a year group. Year 9 was a tough year for many, but I am pleased to say that the pupils have responded to starting their GCSE subjects and have excelled and exceeded my expectations. Both behaviour and achievement have improved significantly which is a positive step forward. This

is a lovely positive way to end the year on a high. I am very proud of what they have achieved so far in Year 10 and I am very much looking forward to continuing to help the pupils progress as their Head of Year after the new year.

I hope that you have a lovely and safe Christmas holiday and a Happy New Year!

**Mr M Tinker**





## Head of Year 11

### Dear Parents and Carers,

Where to begin, this term has been an extremely busy one!

Pupils and staff have been preparing themselves for examinations.

During this Autumn term, pupils have shown maturity and resilience in tackling the pressure and stress of exams. Pupils have been very organised, dedicated and working extremely hard in intervention sessions.

Thank you to all staff who dedicated time before and after school to support Year 11 pupils by offering interventions and extra study sessions, the pupils are very grateful. There have been a lot of academic achievements to celebrate this term, many of the pupils have truly turned a corner in their maturity and outlook on their learning.

Looking ahead, we look forward to GCSE exam-focused drop-down days, the second Challenge Cycle and more trips. It is important to note that interventions will be continuing throughout the academic year; it is vital for pupils to continue to attend these interventions to fully prepare themselves for the summer exams.

Please also note AQA have moved forward their exams to begin 5th May 2025.

Now pupils have received their results from their Autumn November Mocks, it is very important that pupils begin applying to sixth forms and colleges. The deadline for pupils to complete their Wanstead High Sixth Form application is February 2025. During tutor time, pupils have been completing reference forms and destination data to support tutors in completing references for our pupils, these will be completed again in the Spring term.

Please ensure when you are applying you are using the correct reference email: [referencerequest@wansteadhigh.co.uk](mailto:referencerequest@wansteadhigh.co.uk)  
Prom date has been confirmed as 10th July 2025 at the Prince Regent Hotel in Chigwell.

Thank you to all tutors who continue to support our pupils through the post-16 pathways process.

Overall, I am extremely pleased and proud of how Year 11 has tackled the Mock season and continue to strive for excellence every day. As we now begin the count down to the final months of the pupil's secondary school education, I want to advise the pupils to continue to remember the positives when you feel overwhelmed, remember the 1% and make yourself proud every day.

Thank you and Happy Holidays; stay safe.

**Ms R Gullefer**



## Head of Year 12

### Dear Parents and Carers,

I hope you and your families are very well. As the nights draw in and this year comes to an end, our Year 12s have started to make plans for the future. We have had a really packed half term, with lots of opportunities for enrichment and self-development. I wanted to share the following with you:

#### Drop Down Day

We had a very informative Drop Down Day on 3rd December, when all pupils

were off timetable. The WizeUp Team led two thought provoking sessions on practical money management: Understanding your Tax and Pensions and Effective Budgeting and Earning Extra Money. Pupils worked through practical exercises and were educated on some common misconceptions about personal finance. This was followed by two sessions from the BeWize Team who spoke about relationships, consent and responsibility; and contraceptives and STIs. The last session of the day was run by the University of East Anglia who led on 'Choosing the Best University Course for you'. All presentations have been uploaded to our Year 12 Google Classroom page for further reference.

Learn to Learn lessons

For the duration of this year, all Year 12 pupils have a one hour

scheduled lesson with me, once a fortnight where we literally 'learn how to learn'! We follow the VESPA programme which is a model based around 5 key components to pupil success: Vision, Effort, Systems, Practice and Attitude, which will provide a framework for pupils to develop study skills. So far this term, we have covered a variety of study skills techniques and methods including interleaving and dual coding, time management as well as tips to develop a growth mindset. Our focus on 'Vision' utilised Unifrog, our Post 18 Destinations platform. Pupils have completed psychometric quizzes to explore their interests and career aspirations and have investigated the Unifrog 'careers library'. Please do ask your young adult to show you how the platform works over the holidays.

#### Social Contract

All Year 12 pupils have successfully embarked upon their Social Contracts this term and are gaining a range of valuable transferable skills including supporting younger pupils in Maths intervention; assisting in Food Technology lessons and working with the Librarian. They will carry on with their social contracts for the Spring Term.

#### Super Curricular Reading Thursdays

Our tutor time sessions continue to follow a structured timetable. On Thursdays we have a focus on Super curricular reading when all pupils are expected to bring in a suitable reading book that extends their learning from the classroom syllabus. Super curricular learning springboards from what has been taught in class and is an excellent demonstration of independent learning. The best university personal statements are structured around relevant super curricular reading/activities as too are personal statements for Degree Apprenticeships. In addition, super curricular reading is a great way to discern where interests may lie and explore future career directions. I have started to put

together a book list which your child may find useful as a starting point. I would be most grateful if you could have a chat with your child about what they are currently reading - perhaps some of the below titles could go on a Christmas list! Otherwise, there are some great second hand book stores online where you can pick up a title for a bargain price. Here is my reading list for your information:

<https://docs.google.com/spreadsheets/d/1vmv1vuQkr-0VU4RjwPkB-gaBulGOp7n-2Bp2vJA-w0/edit?usp=sharing>

### Year 12 Google Classroom Page

Please do check that your young adult is checking our page regularly and getting updates. I post some great opportunities from external providers on a regular basis. Recent opportunities that our pupils have signed up to have been the Durham University Futures in STEM, Uniq Oxford and the Mishcon de Reya: Solicitor Apprenticeship Law Virtual Open Evening. Please note, for anyone who hasn't applied for the Uniq Oxford Programme, the deadline is still open!

### Other reminders...

### Year 12 Home Study Privilege

As you will know from our Parent Information Evening and Sixth Form Handbook, pupils with excellent attendance, punctuality and behaviour and who are on track to meet their target grades, will be awarded the privilege of Home Study in the Spring Term. Home Study means they can leave school at lunchtime to continue their studies at home if they do not have a scheduled taught lesson for Period 5. All pupils are expected to attend a full school day until we inform parents/carers that they have been awarded Home Study. Please note, Home Study Privilege may be revoked at any time in order to support progress, if we

feel pupils are not meeting any of the above expectations. For this reason, we ask that pupils do not schedule driving lessons, tuition etc in the Home Study Period 5 time slot. There also will be a few occasions when pupils are called back into school for compulsory whole year Drop Down Sessions etc. Home Study will be issued in 'waves' from the first week of the Spring Term but you will receive a message to confirm this.

A big thank you to all Year 12 pupils who gave up their time on a dark and wintery November night to make our Year 12 Open Evening a big success. I am very grateful to the parents and carers who facilitated their children attending by picking up and dropping off. We received really positive feedback from many prospective families about how knowledgeable and enthusiastic our pupils are, often going the 'extra mile' to ensure visitors had a good experience.

May I wish you and your families a safe and restful Christmas holiday and a joyful start to the New Year.

**Ms T van Beers**



## Head of Year 13

**Dear Parents and Carers,**

As we conclude this term, I want to take a moment to reflect on the hard work and commitment shown by our Year 13 pupils. It has been an incredibly busy and productive term, and I am delighted to see so many pupils approaching their studies with care and being conscientious in relation to their next steps.

Many congratulations to those pupils who have already applied to university and are starting to receive

offers - this is a brilliant achievement! For those still in the process, a reminder that the UCAS equal consideration deadline is Wednesday 29th January 2025, at 6:00 pm. The internal deadline to complete applications has now passed. We urge pupils to ensure that applications are completed at least a week before the deadline to allow enough time for us to meet with them and process their application before the deadline. To support pupils through the application process, I have offered slots to review pupils' UCAS application, personal statement and discuss the next steps. It has been great that so many pupils have taken this opportunity.

The conscientious attitude demonstrated by pupils during the mock examination period was commendable. This experience will undoubtedly prepare pupils well for the final A-level exams, and I encourage pupils to continue this level of focus in the

months ahead.

On Tuesday, 3rd December, Year 13 participated in a dedicated Drop-Down Day, with workshops designed to support personal development and future planning.

**Bewize Workshops:** Focused on essential topics such as consent, personal boundaries, and Sexual Relationship Education (SRE). These sessions provided valuable guidance on fostering respectful and healthy relationships.

**Wizeup Workshops:** Delivered practical advice on financial literacy, including how to save and adapt financially for university life, understanding credit scores, and managing personal finances effectively.

During Period 5, pupils who had not yet submitted their UCAS applications used the time to work on these. For those not planning to attend university, this time was used to explore alternative pathways post-18.

Details regarding the Year 13 Prom have now been shared in a letter sent home a few weeks back. A reminder that the final date to purchase tickets (one ticket per pupil) is Friday, 14th February 2025. The Prom will take place on Wednesday, 2nd July 2025, and we look forward to celebrating Year 13s achievements together at this special event.

Finally, I would like to take this opportunity to wish you and your families a wonderful festive break. Enjoy the well-deserved rest, and I look forward to seeing pupils refreshed and ready for the new term in January.

**Mr M Hamza**



# Making a Difference!

# Special Thanks to Our PTA

A huge thank you to our PTA for all of their support in the last term! We have had many donations and offers of help which will have a huge impact on our school community!

## PE and Sport: Unstructured time - Sports Equipment

The PTA have supported a recent bid by the Physical Education Department, in purchasing a range of sporting equipment to dis-

tribute to pupils during break and lunchtimes. We all know how amazing it is to get involved with a lunchtime game of football, basketball, netball or table tennis with your friends. Pupils get the opportunity to increase their heart rate, let off some steam, make new friends, and release some serotonin ready for the afternoon's learning.

We are looking forward to distributing this equipment to the pupils in the new year and are sure that they will look forward to their break and lunchtimes even more now!

**Mr L Wood**  
Assistant Headteacher

## Spare PE Kit



The PTA have recently supported a bid by the Physical Education Department to provide a significant amount of 'Pre-Loved' PE kit, to either support families that are in need of a few additional items, or for pupils that may have forgotten an item of kit for their PE lessons. These two services are vital, to ensure that all pupils are in their lovely PE kit for their PE lessons and do not miss essential learning time. We know that sometimes, pupils mislay an item, simply forget something, or grow out of their new PE top very quickly so these items will be fantastic in supporting these pupils.

## Dance and Drama



Thank you to the PTA for supporting with dance dramas initiative to become more inclusive by helping pupils to work on their design skills as well as their performances. This will support the upcoming performance of Romeo and Juliet as well as their GCSEs.

## English and Literacy

The PTA very kindly raised funds to purchase books for our students in Y7-10 to read in morning registration during the Spring term of 2024. This collective reading activity is called 'DEAL'

**Setting - Christchurch Neuse Gardens**  
**- Early Evening - 2021**

A group of three actors are carrying large quantities of equipment across the stage space, to arrive at centre stage. **Their movements are in slow motion, which are gradually highlighted on stage.** A black iron gate suddenly falls from the fly-bar downstage centre. An actor in an orange puffer jacket begins to walk in front, moving closer to the iron gate.

**Khalid: (Glancing down at his phone)** So our Uber should be here in less than a minute - we should have everything we need . . . I think there is just a few more shoots to take tomorrow (looking behind to talk to the others) and then we're done here. Perhaps we can go over some of the editing at the hotel?

**Enya: No problem, shall we arrange a final meeting before shooting tomorrow? (Touching the gate, notices the gate has been locked)** Guys, the gate is locked, how long's our Uber? Where is the other . . .

**Mal: . . . Exit? I think it's actually on the other side of the park, so we can start walking but I don't fancy carrying all of this equipment. Looks like it's about to rain. Khal, is there not someone you can call from the main grounds to open the gate?**

**Enya: Suddenly, all actors on stage pause and look bemused into the distance, the mood changes instantly to a feeling of uncertainty as they glance from left to right in unison, as time stood still. Simultaneously, a group of 1000 deer are running through woodlands which is projected onto a 10 metre cyclorama, upstage centre.**

**Enya: Jesus! Where are they all running to?**

**Mal: Or more to the point, what are they running from? (Starts frantically trying to undo his camera**

Location ■ Mood ■ Time ■ Reference ■

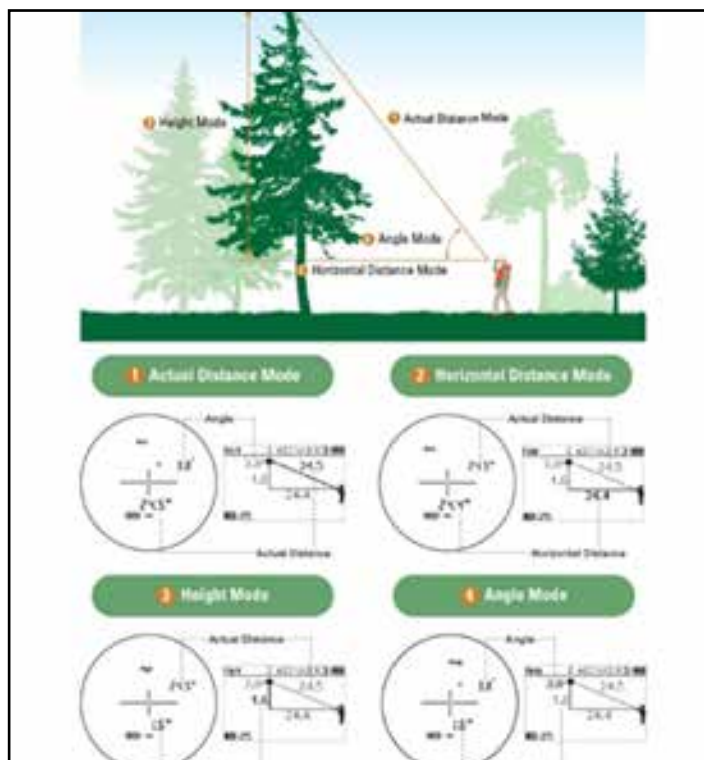
**WE TEACH DRAM**  
HEALTHY LITERACY IN DRAMA  
© 2014-2024

– Drop Everything and Listen. The book choices for DEAL were made with the help of another local school last academic year where DEAL was working well already, and the English department also.

The DEAL books that are being used weekly by the tutor aim for them to model reading fluency during a tutor time slot. Each week they read through a chapter of a book they have hard copies of. Pupils follow the text as their teacher models reading out loud. Pupils are given goals for their reading to support comprehension by their form tutor.

Having the real-life books, that pupils and tutors can get invested in, discuss and share questions/interpretations of is raising the profile of reading books with the pupils. Research indicates that teachers reading aloud motivates students to read themselves. In a world of sound bites and half-formed ideas expressed quickly in electronic formats, it benefits students to hear complete ideas, expressed with eloquence and attention – such as one finds in literary and academic language.

The pupils and teachers are so grateful for the kind donation from the PTA which has provided for every form group to have a hard copy reading book.



## Music



The whole Music department are really appreciative of the PTA who very kindly bought the school a new Yamaha drum kit (including cymbals) which is being used each week in drum lessons and also in performances such as the recent winter concert.

This is a real step up from what we had beforehand and is hugely appreciated by staff and pupils.

## Geography



A huge thanks to the PTA for purchasing an electronic clinometer for use by A Level Geographers when they are undertaking field work for their Carbon unit. Students can now accurately measure the height of trees and with this data it is possible to calculate the rate of carbon sequestration within the tree. Carbon storage varies by tree

species and height and therefore we can calculate the value of parks, woodlands and forests in helping to mitigate greenhouse gas emissions and reduce our contributions to climate change. This equipment speeds up the data collection process and reduces the chances of human error in the measurement of trees. We can also use this to measure the gradient of beaches when investigating the impacts of coastal management to slow down the process of longshore drift. The Geography Department hopes that a greater number of learners will select a physical geography theme for their NEA as the research process and data analysis is simplified through the use of this piece of equipment as opposed to a manual clinometer.

## Christmas Tree

To support with our festive efforts, the PTA also donated a Christmas tree which the Year 7 School Council decorated. The pupils loved doing this and we left their attempt authentically so their work could be recognised. This in conjunction with the other decorations and initiatives helped to bring some festive cheer to our site which is so important given the building work.

**Thank you!**

# A-Level Economics Strong Foundations Conference

To support our A-Level Year 13 Economics cohort with their Economic Exams technique, Mr Brodie organised a trip to the A-Level Economics Strong Foundations Conference at Vue Westfield Stratford at the end of November.

Pupils said of the trip:

“A very insightful day where I expanded my knowledge on Micro and Macro Strategies.”

“A very helpful day where I went over and revisit content.”

“A useful event where I was able to expand my knowledge and develop my understanding of Economic terms.”

“It was a great way for us to revise over content and apply it to new Year 13 content.”

This Workshop was designed and delivered by experienced teachers and examiners, all of whom had a deep understanding of what pupils need to focus on in order to succeed in the 2025 exams. An example of what was covered:

- Using Year 12 content in Year 13+
- Micro policies in context+
- Macro policies in context+
- Getting the little things right+

All pupils were amazing role models and ambassadors of

Wanstead High School.

What was really impressive was how our school received many of the prizes from the Conference. Furthermore, 6 pupils Charlotte, Sachin Hema, Lisa, Ava and Riad then presented and supported Year 11 Open Evening making it a long day but still gave 100% to that evening!

**Mr G Brodie**



# Maximizing the Extra-curricular Experience!

A huge thank you to everyone that has attended the extra-curricular opportunities that are on offer at Wanstead High throughout the Autumn term. As you know we have a wide variety of opportunities on offer, the link to our website can be found here (<https://wansteadhigh.ovw10.devwebsite.co.uk/page/?title=Clubs+and+Extra%2Dcurricular+Activities&pid=154>). A special

mention must go to Wendy Peterson who has volunteered each week to give up her time and offer her own resources to support the Crochet Club that runs on Wednesday's after school. The photograph shows the snowmen hats that pupils made, each one was lovingly placed on a Lindt chocolate. Well done to all!

Mr L Wood



# Winter Concert 2024

Around 80 pupils took part in the school's Winter Concert, on Thursday 5th December in the school Theatre.

This featured great performances from the two school choirs, the jazz band, steel pan group, wind band, string group and brass group as well as a solo performance from Isaiah (Year 12).

Miss Pennington has done a brilliant job growing singing in the school and it was fantastic to see so many pupils in the Key Stage 3 choir in particular. They had also recently performed at a local charity concert, where they raised over £1,100 for a number of good causes.

All music groups will resume in the new year and the Music department is always welcoming new members to these. The Key Stage 3 and Key Stage 4 choirs (which rehearse on Wednesday and Thursday lunchtimes respectively) will be learning material for the Redbridge Choral Festival, which is taking place in March 2025 at the Royal Albert Hall, which is a great opportunity for all pupils to take part in.

By Mr I Sweet



# Outstanding Performance at a Recent Charity Event



Miss Pennington and the Key Stage 3 choir delivered an outstanding performance at a recent charity event that took place at All Saints Church Hornchurch, raising £1125 for three charities, including St Francis Hospice, and surpassing expectations by collecting seven big boxes of donations for the food bank.

Looking ahead, they are excited to participate in the Redbridge Choral Festival in March 2025 and invite pupils from all year groups to join choir rehearsals starting in the new year— Wednesday lunchtimes for Key Stage 3 and Thursday lunchtimes for Key Stage 5.

## Redbridge Music Service

As part of our aims to expand the range of provision we offer at the Redbridge Music Service, we are pleased to share the details of a new course that may be of interest to your pupils.

'An Introduction to Music Production' is a new 10-week online course delivered remotely over Microsoft Teams using Ableton Live.

During this introductory course, pupils will learn the basic skills and techniques required to produce and compose their own original music using Ableton Live.

By the end of the course pupils will have created their own original track and acquired the knowledge to compose many more!

The course is taught using Ableton Live and pupils will be provided with a login for the duration of the course, allowing them to work on their tracks in between sessions and practice what they have learnt. The skills developed will be largely transferable to similar programs such as Logic & Cubase which will then support their school-based learning.

Initially we are offering two classes:

- **Class 1 (Years 5-8) - Monday 4-5pm**
- **Class 2 (Years 9-13) - Monday 5-6pm**

The Spring course starts on 13th January 2025.

The course fee is £75

Further details about the course content are listed on our website here: [vrcl.uk/musicproduction](http://vrcl.uk/musicproduction)

**An Introduction to Music Production with Redbridge Music Service**

Ever wanted to produce your own music or compose your own tracks? Then this is the course for you!

Learn the basic skills and techniques to compose and produce your own music using Ableton Live.

By the end of the course you will have created an original track and acquired the knowledge to compose many more!

**\*NEW\***

10 week online course starting January 2025

Online Classes on Mondays:  
Class 1 (Years 5-8): Monday 4-5pm  
Class 2 (Years 9-13): Monday 5-6pm

Visit [vrcl.uk/musicproduction](http://vrcl.uk/musicproduction) for more information.

Logos: Music, Vision, Arts Council England

# School Fund: Parental Contributions

A big thank you to all parents and carers who have contributed to the School Fund this year. Your support is truly appreciated, especially during this period of rising living costs.

So far, we have raised £7,650 for the main school and £1,200 for the 6th Form.

## Main School

We have allocated £5,000 to the PE department for this academic year to support transport for away matches, tournaments, and events. This has enabled our school teams, across all year groups, to fully compete with other schools in the borough, achieving some fantastic results. These opportunities provide an added incentive for pupils to engage in extra-curricular sporting activities and represent the school at home and away and meeting and competing against pupils from different schools.

In our drive to improve literacy and promote the joy of reading for all pupils, we have also allocated £3,000 to the Library. These funds are being used to update and expand the variety of books available, including fiction and non-fiction titles across multiple genres.

The Library, a beautiful space located at the top of the school, is light, airy, and calm—an ideal place for pupils to read, catch up on homework, or take a quiet break away from the busy lunch-time playground.

Looking ahead, further funds (should we receive them), will be used to support our pupil welfare fund and contribute towards pupil enrichment and school development projects. We will share more details about these initiatives in the new year.

## Sixth Form

Our Sixth Form has maintained steady numbers of 250 to 270 pupils, and we are now looking to update the premises to reflect the changing needs of a modern 6th Form.

Last year, we invested in improving the café-style provision, offering hot drinks and snacks throughout the day. The next step is to review the study areas — both private and supervised — focusing on the technology and resources available. The school is currently reviewing its Bring Your Own Device Policy, and part of the funds raised will support the necessary IT infrastructure to ensure its success.

The School Fund will also be used to refresh the Sixth Form block, enhancing the environment for both study and socialising with peers.

As with the main school, we aim to allocate a small portion of funds towards our pupil welfare fund and enrichment opportunities. This includes bringing in external speakers and supporting school trips that enhance the subjects being studied at A Level.

## How You Can Help?

We kindly suggest an annual contribution of £60.00 for the main school and £50.00 for the 6th Form. However, we are grateful for any contribution you can afford at this time.

Your generosity directly benefits the pupils' educational experiences and well-being, and we truly appreciate your continued support.

**Ms S Williams**

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# Winter Fundraising and Charity

The Pupils at Wanstead High have been amazing in engaging with the various winter initiatives that have been ongoing this year! We had 254 presents donated by our incredible school community that have been donated to local children's charities. These gifts will help children have a slightly brighter Christmas than they otherwise may have done, thank you to everyone that donated. These presents were placed under our 'reflection' Christmas tree. This tree was decorated by the school community with messages, reflections, wishes and acknowledgments of gratitude. Many of these were very personal and poignant and reading them really reminds us just how special family, friends and loved ones are. Well done to all who took part in what we hope will be a Wanstead tradition for years to come. Finally a huge thanks to all of the staff and pupils that have taken part in our Christmas Jumper Day and all of the monetary donations that form part of this initiative.

## Pupil Leadership

Autumn Term 2 saw lots of action for our pupil leaders. After the new Pupil leadership vision was launched by the Head Pupil to SLT in Autumn Term 1, the roll out of the plan has taken shape. Pupils applied to be shortlisted for the School Council for all year groups with 16 young people selected to present to their year groups in assembly. For many pupils this will have been the first opportunity to speak publicly and every single speech was heartfelt and well received. As a result the new school council has been formed and held their first meeting on 16th December and plans are afoot for a future meeting to be held at the Houses of Parliament (watch this space...).

As well as the School Council, the prefects have been busy presenting to various pupils in assembly, representing the school at open evenings and staffing the winter initiatives described. They attended the Waltham Forest Town Hall and met the Mayor to hand over the 254 presents that were greatly received. The Mayor was incredibly complimentary of our school community but in particular our prefects for how they presented themselves. Well done all, you were an absolute credit.

Five Departments have launched their Ambassador roles and January will see the full roll out of responsibilities. SEND, EAL, English, PE and History have all taken part in the pilot scheme. Pupils have been selected or shortlisted from applications for roles that will include Library Monitor, EAL Reading and Speaking Club, Sports Leaders, Debate Club and many more.

**Mr L Wood**



# A Cracking Christmas Dinner!

On Thursday 19th December, running parallel with the Christmas Jumper day for Save the Children UK, the pupils and staff at Wanstead High were treated to an amazing Christmas dinner. Pupils were greeted in the canteen with decorations, Christmas music and a cracker each to compliment their generous Christmas meal. 'This is amazing, much better than my Mum's!' said one Year 8 pupil who will remain nameless through fear of offense caused to said Mother...

The canteen pulled together and produced a herculean effort in serving over 1400 top quality Christmas dinners across a 3 hour period. Many of the staff chipped in with team effort produced an amazing and enjoyable experience for the pupils. An incredible way to end the term and a really great day had by all!

Mr L Wood





# Enter the 2025 Grantham Climate Art Prize

**Inviting all pupils to design a mural drawing focusing on climate change the deadline is 31st January 2025.**

Young people age 11 – 25 are invited to enter the 2025 Grantham Climate Art Prize by designing a mural to draw attention to the climate crisis. Two murals will be unveiled in 2025 at Imperial College and designs for the first a mural – at the South Kensington campus – are now being sought.

Pupil from schools, colleges and universities can submit a design for the mural with the theme From Grey to Green – focusing on the importance of boosting nature and green innovation to allow us to have a more sustainable future, which will be better for the planet and for our physical and mental health.

The winning design will be transformed into a large-scale (9.4m by 2m) mural by a professional artist while runner-up designs will be exhibited on the campus.

The art prize is a biennial competition and previous themes have included British Biodiversity Loss (2021) and A Greener, Cleaner, Cooler World (2023), inspired by the Grantham Insti-

tute's 9 things you can do about climate change. As well as the 12 murals across Great Britain – from Brighton to Glasgow – we have had exhibitions of winning and runner-up designs, including at COP26, in museums, and on billboards in London's transport hubs.

Further details of the competition are available on the Grantham Climate Art Prize webpage where you can enter the 2025 art prize. If you have any difficulties accessing the webpage you can send a clear photograph of your landscape style design as a JPEG, PNG or GIF less than 20MB to [granthamartprize@imperial.ac.uk](mailto:granthamartprize@imperial.ac.uk) by 31 January 2025 with your name, email address, date of birth, age, title of your artwork and a brief description of the artwork. If you are sending multiple pictures please do so separately on the webpage or by We Transfer with all the required info for each entry in a clear message linking the info to the entrant.



**A huge thank you to our PTA for all of their support in the last term! We have had many donations and offers of help which will have a huge impact on our school community!**

## PE and Sport: Unstructured Time - Sports Equipment

The PTA have supported a recent bid by the Physical Education Department, in purchasing a range of sporting equipment to distribute to pupils during break and lunchtimes. We all know how amazing it is to get involved with a lunchtime game of football, basketball, netball or table tennis with your friends. Pupils get the opportunity to increase their heart rate, let off some steam, make new friends, and release some serotonin ready for the afternoon's learning.

We are looking forward to distributing this equipment to the pupils in the new year and are sure that they will look forward to their break and lunchtimes even more now!

*Pictures and a full spread to follow in the next edition.*

**Mr L Wood**

# Achievement Award Winners

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Maths	Laila	Poppy-	Erin	Selin	Zach	Cara	Thomas
Further Maths	n/a	n/a	n/a	n/a	Woody	Pablo	Mehedi
Economics						Dara	Hema
English	Eesa	Izzy	Betsey	Barsa	Alice	Rocco	Jannah
Literature							
Language and Literature							Layla
Science	Isla	Emmanuel	Ula		Orli		
Biology			Mia		Woody	Kristina	Eilis
Chemistry			Grace		Soraya	Fateha	Lara
Physics			Liam		Ashir	Patrick	Dylan
History	Lucas	Betsy	Dyllis	Ellie	Muhammad	Pablo	Jack
Classics						Ellen	Nikita
Geography	Pranav	Cynthia	Kitty	William	Alfie	William	Eilis
Resistant Materials	Ileana	Max	Frances	Teddy			
Graphics	Lucille	Emilia-Rose	Ella	Araminta	Aliza		
Art	Ella	Betsy	Zara	Lillian	Samin	Bisma	Alina
Photography						Beau	Alfie
Textiles	Sky Blue	Eliana	Georgia	Sasha			
Health and Social Care				Fae			
Food & Nutrition	Amelia	Connie	Imani	Velvet	Alina		
Dance	Seren	Violet	Rosa	Amy	Timandra		
Drama	Jessie	Rosie	James	Lulu		Zara	Kyla
Music	Arsen	Camron	Beatrice	Jan	Joaquin	Zac	Marta
Spanish	Zafer	Isa	Mia	Daniel		Alice	Ruairi
French	Riyad	Idrees	Lily	Lucas	Zarif	Ethan	
Media				Maeve	Amana	Albion	Madiha
Computing	Toby	Adam	Matthew	Christopher	Tavras	Cara	Dylan
RP	Zafira	D'Juliana-Felicia	Leon	Ibrahim	Khizar	Keya	Ava
Psychology							
Politics						Eashan	Hashaam
Sociology				Lulu		Leo	Madiha
SEND							
PE	Daniel	Abayi	Maria	Louis	Lucien	Megan	
					Dylan		
HOY Award	Tom	Hannah	Beth	Jacob	Lucas	Kasim	Haider
Behaviour Award	Blythe	Deen	Zain	Samuel	Obichukwu	Madiha	Yann
Attendance Award	Erin		Zara	Mariela	Francesco	Joe	Elinor
Headteacher's Award	Edie	Hari	Jack	Maariyah	Anna	Sabina	Rhea







# Solve for Tomorrow Competition 2024/25

Let's inspire the next generation of young innovators in tech



## We Are Futures

### Make the final week of term count with this incredible career opportunity!

This is the final week of term—so don't miss the chance to empower your pupils with Samsung's Solve for Tomorrow Competition!

Open to 16-25-year-olds, all they need to enter is a tech-for-good idea.

If they don't have one yet, the NEW Design Thinking Toolkit can help them create or refine an idea in under 45 minutes.

By downloading the resources, you'll:

Achieve Gatsby Benchmark 4

Deliver a ready-to-use end-of-term lesson or homework activity

If shortlisted, they'll access mentorship and a series of expert-led workshops (virtual and in-person), as well as the chance to win...

#### REGISTER TODAY

The teachers that secure more entries, will also have greater chances to win a Samsung Galaxy S24 phone\*. Here's how to enter:

1. Register today to download
2. Share the Toolkit with your pupils for a quick and engaging activity.
3. Encourage them to submit their entries using the provided link.
4. Email us a list of pupil names who have entered to [samsungsft@wearefutures.com](mailto:samsungsft@wearefutures.com).

Make this final week of term count!

#### REGISTER NOW!

### How to enter in 3 steps



**Step 1: Gather your team members or fly solo**

Start thinking about the problem you want to solve

[Start here](#)



**Step 2: Use the Design Thinking Toolkit**

Develop your submission idea

[Start here](#)



**Step 3: Submit your idea for a chance to win £10,000\***

Deadline 12th January 2025

[Apply here](#)

# Duke of Edinburgh's Award Introducing the Website Page

**BRONZE**

Volunteering **3 months**

Physical **3 months**

Skills **3 months**

Expedition **2 days 1 night**

*PLUS a further 3 months in the Volunteering, Physical or Skills section.*



**SILVER**

Volunteering **6 months**

Physical **one section for 6 months, the other for 3 months**

Skills **one section for 6 months, the other for 3 months**

Expedition **3 days 2 nights**

*Plus an extra 6 months in the Volunteering, or the longer of the Physical or Skills sections if you haven't got Bronze.*



## Contact information:

Miss Feeney (Duke of Edinburgh Coordinator) – [dofe@wansteadhigh.co.uk](mailto:dofe@wansteadhigh.co.uk)

Duncan Moore (Director of Let's Get Out) – [Duncan@letsgetout.co.uk](mailto:Duncan@letsgetout.co.uk)

## More Information Found On The Below Tabs



INFORMATION BRONZE & SILVER	+
DATES & SESSIONS	+
ACTIVITY IDEAS	+
USE OF THE 'EDOFE' PLATFORM GUIDE	+
KIT LIST	+
KIT AND FOOD IDEAS FOR EXPEDITION	+
GUIDE ON WRITING AN ASSESSORS REPORT	+
SPARE ASSESSOR CARDS	+

# Sports News

PE lessons continue to be amazing. Our pupils have enjoyed learning about Anatomy & Physiology across Key Stage 3, specifically labelling the bones and muscles in the body.

All Year 9 pupils have completed both their GCSE, and Sport Studies taster sessions. We have some future PE stars in the making!



# Year 7 Boys' Rugby

The Year 7 Boys' Rugby team challenged the best of Essex this week, winning 3 out of 4 matches and only conceding one try in

the whole competition! This team now qualify for the next event in March 2025.



## Key Stage 3 Inter-Form Basketball is a Massive Hit!





## Results

Year 7	0-0 Draw 7.5A win Free Throw shootout
Year 8	3-3 Draw 8.1A and 8.7A Shared winners
Year 9	9.5A beat 9.9A 3-2

# Sports Leaders - Year 5 & 6 Rugby Festival

This group of sports leaders were asked to support, and lead the recent Redbridge Year 5 and 6 tag rugby festival. This event included pupils from over 12 local Primary Schools!

Teachers and parents alike were all so complimentary about the pupils' knowledge, effort and ability. Some future coaches perhaps?



A wonderful, local football club, Leytonstone Youth FC are seeing players to join their growing team.  
Year 10 pupils, check the info below if you are interested.  
Why not attend one of the training sessions?

## LEYTONSTONE YOUTH FOOTBALL CLUB

# Join Our Football Team

Calling all Year 10s

We're looking for passionate players to join our local football club.

**Improve your skills**

**Train**

**Play in weekly matches**

**Make new friends**

Contact us now and be part of the team!

**[Email us at: lyfc.under15.team@gmail.com](mailto:lyfc.under15.team@gmail.com)**



# Year 7 Rugby Results and Matches

Year 7s first competitive rugby matches end in resounding wins!  
Following some expert coaching from Eton Manor coaches,

these results are testament to their ability, and dedication to developing their skills.



## Both Year 9 Teams Progress in Essex Cup!



## Recent Results

Team	Opponent	Date	Score
Year 7 Netball	Trinity	13.11.24	Lost
Year 8 Netball	Trinity	13.11.24	Lost (8-5)
U13 Girls' Football	@Frenford	13.11.24	A - (3-0 win), (1-0 win), (1-0) lost B (1-0 win), (2-0 win), (0-0 draw)
Year 7 Boys' Football	Loxford	17.11.24	8-0 (WIN)
Year 9 Boys' Football	Debden Park (Essex Cup)	18.11.24	5 – 4 (WIN)
Year 9 Girls' Football	Riverside School (Essex Cup)	20.11.24	WIN ON PENALTIES!



Does your child take part in competitive sport or activity outside of Wanstead High School?

We want to hear about it!

For a chance to appear in our Heron Homelink.

Are they - An incredible gymnast?

A wonderful dancer?

A black run skier?

An opening batsman?

A gold medalist swimmer?

An amazing athlete?

A superstar boxer?

A black belt in karate?

Email: [j.sains@wansteadhigh.co.uk](mailto:j.sains@wansteadhigh.co.uk)

with all information for a chance to be featured in the next Heron Homelink 'Wanstead Superstar' edition.

# Wanstead High School

## Spring Term Enrichment - 2025

\*Clubs are offered on a walk-in basis unless stated otherwise\*  
(KS3 - Years 7, 8 & 9) (KS4 - Years 10 & 11) (KS5 - Years 12 & 13)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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### Before School - 7:30 - 8:20

KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>	KS3 Reading Wise (EAL) Room LS2 <small>(For targeted pupils with English as an Additional Language)</small>
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### Before School: Breakfast Club & Library every morning - 7.30 - 8.20

## Lunchtime

### Year 7-9 Lunch is 12:20 - 1:05pm

### Year 10-13 Lunch is 1:20 - 2:05pm

History of Art (KS5) Week 1 & 2 Room NB10 - 1:20 2:20	Year 9 Company Dance Studio 12:30 - 1:00	Choir (KS3) Room 36 12:20 - 1:05	Dance Company Year 7 and 8 Dance Studio 12:30 - 1:00	Open Studio (KS3) Dance Studio 12:30 - 1:00
	Spanish Speaking Club Year 11 Week 1 & 2 Room MA4 1:30 - 2:00	Art Photography Lecture (KS3 & KS4) Room NB11 1:20 - 2:00	Choir (KS4) Room 36 1:20 - 2:05	Friday Prayer Club (KS3) Room AHH 12:20 - 1:05
				Friday Prayer Club (KS4) Room AHH 1:20 - 2:05

## After School 3:05 - 4:10pm

Brass Group (KS3, KS4 & KS5) Room 37 3:15 - 3:45	GCSE NEA Recording + Intervention Room 36 3:15 - 4:00	Robotics Club (KS3) Room IR1 3:15 - 4:00	Steel Pans (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Jazz Band (KS3, KS4 & KS5) Room 36 3:15 - 4:00
String Group (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Wind Band (KS3, KS4 & KS5) Room 38 3:15 - 4:00	Basketball Club (KS4 & KS5) Sports Hall 3:15 - 4:15	Rugby Club (KS3, KS4 & KS5) Eton Manor Coaches 3:15 - 4:15	Revision Day (KS4 & KS5) Dance Studio 3:15 - 4:20
Netball Club Week 1 (Year 7) MUGA/Lower Playground 3:15 - 4:15	Fashion Illustration (KS3 & KS4) Room NB9 3:15 - 4:00	Crochet Club (KS3, KS4 & KS5) Room 1 3:20 - 4:20		Team (KS3) Dance Studio 3:15 - 4:20
Netball Club Week 2 (Year 8, 9, 10 & 11) MUGA/Lower Playground 3:15 - 4:15	KS3 Weather Club Room NB1 3:15 - 4:20	Dodgeball Club (KS3, KS4 & KS5) Gymnasium 3:15 - 4:15		GCSE PE Support (KS4) S13/ Sportshall 3:15 - 4:15
Film Club (After Oct Half Term) Year 7/9 Room 24 3:20 - 5:00	Coding Club Year 10 Room IR4 3:20 - 4:00			
	Badminton Club (KS3, KS4 & KS5) Sports Hall 3:15 - 4:15			
	Trampoline Club (KS3, KS4 & KS5) Sports Hall 3:15 - 4:15			
	Girls' Cricket Club (KS3, KS4 & KS5) Gymnasium 3:15 - 4:15			
	Team (KS4) Dance Studio 3:15 - 4:20			
	Enrichment: New Views Script Writing (Year 11) Room 3 3:20 - 4:20			

### Dear Parent/Carer,

We would like to clarify the system put in place if your child is attending after school enrichment.

At the start of all enrichment clubs, registers will be taken so we are clear on who is in the school building.

If a pupil does not attend a club that is expected to, the office will be informed and parents will be contacted to inform them that their child did not attend the club.

At the end of the enrichment session, all pupils will be escorted to the main reception to be dismissed.

If, for an exceptional circumstance, a club is cancelled, parents will be informed via a message.

As always, please encourage your child to attend enrichment and make the most of the many opportunities on offer.

Mr L. Wood

For any queries regarding sports clubs please contact the member of staff responsible, below:

Netball – [e.hayes@wansteadhigh.co.uk](mailto:e.hayes@wansteadhigh.co.uk) Trampoline – [c.feeney@wansteadhigh.co.uk](mailto:c.feeney@wansteadhigh.co.uk)

Basketball & Rugby – [j.sains@wansteadhigh.co.uk](mailto:j.sains@wansteadhigh.co.uk) Girls Cricket & Dodgeball – [k.holdbrook@wansteadhigh.co.uk](mailto:k.holdbrook@wansteadhigh.co.uk)

Badminton – [m.tinker@wansteadhigh.co.uk](mailto:m.tinker@wansteadhigh.co.uk) GCSE PE – [g.white@wansteadhigh.co.uk](mailto:g.white@wansteadhigh.co.uk)



# Dates for your diary

13

Jan 2025

INSET Day

16

Jan 2025

Year 11 Online  
Progress Evening

29

Jan 2025

Romeo and Juliet  
Performance

30

Jan 2025

Romeo and Juliet  
Performance

31

Jan 2025

Romeo and Juliet  
Performance

31

Jan 2025

Year 12/13 Online  
Progress Evening



## Term Dates for 2024 - 2025

### ▶ AUTUMN TERM 2025

Monday 2 September 2024 to Friday 20 December 2024

Half term break - Monday 28 October 2024 to Friday 1 November 2024

### ▶ SPRING TERM 2025

Monday 6 January 2025 to Friday 4 April 2025

Half term break - Monday 17 February 2025 to Friday 21 February 2025

### ▶ SUMMER TERM 2025

Tuesday 22 April 2025 to Tuesday 22 July 2025

Half term break - Monday 26 May 2025 to Friday 30 May 2025

### ▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

INSET DAY 1 Monday 2 September 2024

INSET DAY 2 Tuesday 3 September 2024

INSET DAY 3 Friday 4 October 2024

INSET DAY 4 Monday 13 January 2025

Disaggregated INSET DAY: FRIDAY 29 November 2024

# Tutor Grid 2024 -25

Year 7		
HOY		HOY Office
7.1	Ms G White	S10
7.2	Ms H Tassine/ Ms F Hinson	S12
7.3	Mr S Younis	S6
7.4	Mr L Willer	S11
7.5	Ms S Hoque	S4
7.6	Ms N Hassan/ Mr M Hussain	S3
7.7	Mr R Ali	S2
7.8	Mr R Nazir	S9
7.9	Ms H Ikrah/ Ms S Younas	

Year 8		
HOY		HOY Office
8.1	Mr D Tann	02
8.2	Mr K O'Connor/ Ms V Premkumar	03
8.3	Ms B Waters	05
8.4	Ms Sh Khan	04
8.5	Ms C Gorczak	09
8.6	Mr I Choudhury	07
8.7	Ms Sa Begum	06
8.8	Ms N Yasin	11
8.9	Ms E Everhart/ Ms S Choudhury	

Year 9		
HOY		HOY Office
9.1	Ms C Murray	SS1
9.2	Mr J Sains/ Mr K Holdbrook	SS3
9.3	Ms I Jasmine	SS2
9.4	Ms N Rowshan	MA1
9.5	Ms K Akhtar Bibi/ Ms M Umar	MA6
9.6	Ms D Collins	MA2
9.7	Ms E Harper/ Mr J Martos Rus	MA3
9.8	Mr P Chartorizhsky/ Mr L Jimenez	MA4
9.9	Ms N Gómez/ Ms G Kartha	MA5
9.10	Mr D Vardavas	

Year 10		
HOY		HOY Office
10.1	Mr M Tinker	19
10.2	Ms I Unegbu	21
10.3	Mr S Rashid	15
10.4	Mr N Rashid	22
10.5	Mr A Chauhan	23
10.6	Mr D Boachie	18
10.7	Mr F Rahman	17
10.8	Mr G Narang	14
10.9	Ms O Ogungbe	12
10.10	Ms K Kioi	

Year 11		
HOY		HOY Office
11.1	Ms R Gullefer	NB7
11.2	Ms K Ali	NB6
11.3	Ms H Ahsan	NB5
11.4	Ms L Pennington	NB4
11.5	Ms C Feeney/ Ms C Adelle	LP2
11.6	Ms E Hayes/ Mr T Ready	NB3
11.7	Mr D Leftwich	NB9
11.8	Ms E Urrehman	NB2
11.9	Ms J Wali	NB10
11.10	Mr A Yiacoumi	

## Tutor Group Key Abbreviations

.1 (M) = Mallard
.2 (W) = Wren
.3 (B) = Brambling
.4 (K) = Kestrel
.5 (S) = Skylark
.6 (H) = Hobby
.7 (R) = Redpoll
.8 (G) = Gadwall
.9 (D) = Dunnock

Year 12		
HOY		HOY Office
12.1	Ms T van Beers	SDA
12.2	Ms R Walker/Ms M Argyrakis	20
12.3	Ms M Tayeba	NB8
12.4	Ms C McQuillan	42
12.5	Ms M Kara	IR1
12.6	Mr B Alom	13/NB1
12.7	Mr G Brodie/Mr R Smith	

Year 13		
HOY		HOY Office
13.1	Mr M Hamza	40
13.2	Ms D Bennett/Ms O Gallagher	SDR
13.3	Mr B Weakliam	24
13.4	Ms Sh Begum	25
13.5	Ms A Khanum/Ms H Cressall	38
13.6	Mr I Sweet	44
13.7	Ms S Clarke	



# BREAKFAST

**We are open for breakfast everyday from 8am**

**Come along and enjoy**

Fruit  
Yoghurt  
Cereal  
Toast and Bagels  
Filled Rolls  
Hot Chocolate

**Remember free porridge is available for all students at breakfast**



# Menus from our caterer **Innovate**



*Innovate*

## WE'RE OPEN AFTER SCHOOL

Come along and enjoy Filled Baguettes, Fruit, Yoghurt, Home Bakes and Hot Chocolate.

**You can find a bargain with our half price items after school only.**

**WEEK 1**

WEEK COMMENCING: 02/09/2024 23/09/2024 14/10/2024 04/11/2024 25/11/2024  
14/12/2024 04/01/2025 27/01/2025 17/02/2025 10/03/2025

CV - VEGETARIAN  
CVD - VEGAN

### CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
<b>MONDAY</b> Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn	<b>MONDAY</b> Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)	<b>TUESDAY</b> Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread	<b>TUESDAY</b> Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)
<b>WEDNESDAY</b> Glazed British Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy	<b>WEDNESDAY</b> Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)	<b>THURSDAY</b> Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa	<b>THURSDAY</b> Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)
<b>FRIDAY</b> Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	<b>FRIDAY</b> Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)		




### DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Apple Strudel & Custard	Peach Kuchen	Pear & Cocoa Sponge	Manager's Special

**Fruit & Yoghurt Pots Available Daily**

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**

*Innovate*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins	Manager's Street Vibes Special

### NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (V)	Pakistani Tarka Dhal (V)	Manager's Special

### TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

**WEEK 2**

*Innovate*

**WEEK COMMENCING**  
 09/09/2024 10/09/2024 21/10/2024 11/11/2024 02/12/2024  
 23/12/2024 15/01/2025 05/02/2025 24/02/2025 17/03/2025

(V) - VEGETARIAN  
(VE) - VEGAN

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Traditional Sausage & Mash with Onion Gravy

**TUESDAY**

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

**WEDNESDAY**

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

**THURSDAY**

Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

**MONDAY**

Vegan Sausage & Mash with Onion Gravy (VE)

**TUESDAY**

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

**WEDNESDAY**

Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

**THURSDAY**

Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

**FRIDAY**

Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

**DESSERTS**

**MONDAY**

Apple Pie & Custard

**TUESDAY**

Peach & Pineapple Crumble

**WEDNESDAY**

Sticky Coconut & Jam Pudding

**THURSDAY**

Baked Churros with Chocolate Sauce

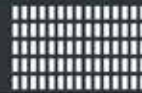
**FRIDAY**

Manager's Special

Fruit & Yoghurt Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Caramelised Onion & Mozzarella Poutine

**TUESDAY**

Cochujang Chicken & Sesame Rice Pot

**WEDNESDAY**

Mei Goreng Indonesian Fried Noodles

**THURSDAY**

Korean Fried Crispy Chicken

**FRIDAY**

Manager's Street Vibes Special

**NATURally**

**MONDAY**

Reggae Reggae Jackfruit Curry (V)

**TUESDAY**

Spiced Paneer & Red Onion Naan (V)

**WEDNESDAY**

Vegan Ramen Bowl (VE)

**THURSDAY**

The Big Plant Burger (VE)

**FRIDAY**

Manager's Special

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

**THURSDAY**

Pasta in Cheese Sauce

**FRIDAY**

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizzas

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



**WEEK 3**

*Innovate*

**WEEK COMMENCING**  
 24/08/2024 14/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024  
 30/12/2024 20/01/2025 10/02/2025 05/03/2025 24/03/2025

(V) - VEGETARIAN  
(VE) - VEGAN

**CLASSIC HOT & HEARTY**

**CLASSIC MAIN MEALS**

**VEGETARIAN MAIN MEALS**

**MONDAY**

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

**TUESDAY**

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

**WEDNESDAY**

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

**THURSDAY**

Chicken Bhuna with Pilau Rice & Homemade Raita

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

**MONDAY**

Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

**TUESDAY**

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

**WEDNESDAY**

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

**THURSDAY**

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

**FRIDAY**

Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

**DESSERTS**

**MONDAY**

Pineapple Upside Down Cake

**TUESDAY**

Warm Blueberry Sponge

**WEDNESDAY**

Dropped Pancake Bar

**THURSDAY**

Apple & Mixed Berry Crumble with Vanilla Sauce

**FRIDAY**

Manager's Special

Fruit & Yoghurt Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily**

**JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily**



**MONDAY**

Chinese Style Vegan Noodles (VE)

**TUESDAY**

Chipotle Chicken Chimichanga

**WEDNESDAY**

Loaded Mediterranean Street Cart Wedges

**THURSDAY**

Thai Fried Rice

**FRIDAY**

Manager's Street Vibes Special

**NATURally**

**MONDAY**

Fork Friendly Falafel Kebab (V)

**TUESDAY**

Smoked Tofu & Caponata Burger (V)

**WEDNESDAY**

Seeded Vegan Sausage Roll (VE)

**THURSDAY**

Onion Bhaji Skewer with Bombay Potatoes (V)

**FRIDAY**

Manager's Special

**TRATTORIA**



**MONDAY**

Tomato & Basil Pasta

**TUESDAY**

Creamy Pesto Pasta

**WEDNESDAY**

Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza

**THURSDAY**

Pasta in Cheese Sauce

**FRIDAY**

Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizzas

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# School Uniform

## Uniform, Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride.

High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

### Required Items Year 7 - 11

### Description

- |  |   |   |
|--|---|---|
| Burgundy school blazer with school badge                       | - | Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances. |
| School tie   | - | All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times.  |
| White plain school shirt                                       | - | Top button must be done up. Shirts can be long or short-sleeved.  |
| Black tailored school trousers or black tailored school shorts | - | Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim.   |
| Black knee-length school skirt                                 | - | Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up.   |
| Black v-neck long-sleeved plain pullover (optional)            | - | No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn.  |
| Black leather shoes with black soles and black laces           | - | Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe.   |
| White or black socks   | - | Must be worn up to or below the knee and no patterns.   |
| Flesh tone or plain black tights (optional)                    | - | No patterns and tights must not be torn or ripped.  |
| Outdoor coat (optional)  | - | Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat.  |
| Religious headwear   | - | should be plain black, burgundy or white.   |

### Required Items 6<sup>th</sup> Form

### Description

- |  |   |  |
|--|---|--|
| Formal fit suit  | - | Should be smart and professional, ID badges must be worn at all times.   |
| Formal collared shirt with tie or business style blouse                    | - | Top button must be done up. Shirts can be long or short-sleeved.   |
| Formal fit skirt or dress (professional length) with business style blazer | - | Should be smart and professional, ID badges must be worn at all times  |
| Black leather-style shoes  | - | Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length. |
| V-neck plain formal jumper/cardigan can also be worn                       | - | Must show a collared shirt and tie/blouse underneath.  |

**All items of logoed uniform can be purchased from Carolina School Outfitters <https://carolinaschooloutfitters.co.uk/>, Speed Stitch - <https://speedstitch.co.uk/schoolwear/>, Fashion Stop [fashionshop@hotmail.com](mailto:fashionshop@hotmail.com) E6 2HT, PTA Preloved Uniform. Other items can be bought from any other appropriate establishment.**

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

## Required Items Year 7 - 11

### School PE Kit

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

### Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

### Item Description

- Jewellery** - Jewellery worn to school should be safe and appropriate.
- Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed.
- Pupils may wear a watch; smart watches are not permitted in exams or assessments.
- Make Up** - Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.
- Hair** - Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point.
- The patterned shaving of hair or eyebrows is forbidden.
- Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance.
- This does not include durags or bonnets which are not appropriate in school.
- Hoodies and other non-uniform jumpers or coats** - Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.
- Hats, Ski Masks, Balaclavas, Face coverings** - It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.

