

THE HERON HOMELINK *newsletter*



February 2023 Issue No. 3



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Welcome from the Headteacher

Well here we are; at half-term already. Today, pupils are in a sea of blue to support Haven House; so far, so good with the non-uniform day! Thanks to all the parents and carers that came to the PTA relaunch last night; it was a pleasure to meet you and we look forward to you working with the school to fund raise and also to improve and develop the Wanstead High community.

This issue is full of the exciting things that are going on in school and we are making good progress towards our current 2 year School Improvement Plan. As you know, we will not change everything overnight but are totally committed to school improvement across the board making this the best school it can be for local families. After half-term, we will have a big push on supporting staff with making reasonable adjustments to support our pupils with SEND and what this looks like as best practice, as well as continuing to ensure there is challenge for all. Thank you to all the parents and carers that have made the time to speak to me about their experiences – we always reflect on what you say and use your feedback to continually improve. The Ofsted window, as you know, is open and, although we know there is still much to improve over the coming years, we hope they will see the things we do really well and be confident that we have a vision for improvement. As you know, Mrs Martin is leading on the review of the Behaviour Policy.

We are starting to plan the curriculum and timetable for next year and will keep you updated with any changes and why we are making them. We will also have to slightly extend the school day to ensure we have the statutory 32.5 hours of education time and will send further details of our proposals for you to feedback in the next half-term. Year 9 parents will receive the Options Booklet and further information about options in the next week.

We hope to be able to extend the Duke of Edinburgh programme for Year 9 after half-term – please keep an eye on emails and the fortnightly parent bulletin.

There were no achievement assemblies this half-term due to the Autumn Term ones taking place in January due to the snow days last term – we will have the next set at the end of term and then return to half-termly. I look forward to celebrating the next set of winners.

A final goodbye and thank you to Ms Herbert for all she has done to support the school and we wish her luck with her new ventures.

Have a great half-term and stay safe and well!

Miss E Hillman
Headteacher

The school community is thinking of all those in Turkey and Syria and we send love to anyone with family out there who is worried and fearful at this time. We will be holding a bucket collection for the Disasters Emergency Committee (<https://www.dec.org.uk/>) on the first day back at the gates. Please encourage pupils to bring a donation.

Keep up to date with us via
our website:

<https://www.wansteadhigh.co.uk/>

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Twitter, Facebook or Instagram
(wansteadhigh11)



Wanstead High School



THE DUKE OF
EDINBURGH'S AWARD



London Borough of
Redbridge



Jack Petchey Speak-out Challenge

A fantastic day this week, as twenty-five Year 10s took part in a workshop for the Jack Petchey Speak-out Challenge. The representative from the charity commented on the incredibly high quality of the speeches! Well done to those pupils, from whom a shortlist of five was chosen to compete with each other, to enter the regional final. Watch this space...



Update

The three students who went forward to the Assembly - Benjamin, Persis and Nima exuded confidence and crafted incredible speeches which they performed to Year 8 (who were a wonderful audience!).

There can only be one winner however, and that was Persis! With her fantastic use of imagery and eloquence, she will be entered into the Redbridge final!

Congratulations Persis and we wish you the best of luck!

By Ms A Malik

Message from Heads of Year



Head of Year 7

This half-term is traditionally so short you often feel that if you blink you would miss it. Year 7 haven't been resting on their laurels; choosing instead to be as busy as ever. The term started with a round of resolutions for the new year ahead. In Tutor Time, they have shared

their hopes and goals and being practically minded, they formulated a game plan for achieving them. I am looking forward to them charting their progress with this at the end of the academic year.

Thinking about the communities we belong to featured as a theme in Tutor Time this half term. 7.2 delighted us with a class assembly which explored this in more detail by looking at our responsibilities to our communities and what it means to be 'a good citizen'.

Every January the school finds ways to observe Holocaust Memorial Day. Year 12 spoke to Year 7 about the importance of bearing witness. HMD's theme this year was 'Ordinary People' so we decided to focus on how ordinary people did extraordinary things to challenge persecution. The Holocaust Memorial Day Trust this year encouraged the country to 'Light the darkness' and remember to take a stand against hatred and prejudice. Year 7 took this theme very much to heart and used it to inspire their tutor group displays capturing our HMD reflections.

Children's Mental Health Week was a national awareness event which to promote understanding around issues of

emotional well-being. 'Let's Connect' was promoted as 2023's theme and Year 7 looked at how connections and relationships are so important to our well-being. The end of this half term marks the halfway point for Year 7 in their first year of secondary school. Apart from it flying by at record speed, pupils have paused to think of all the new connections they have made during this transition and why it is important to continue to nurture them to stay healthy.

With this in mind, we too need to say thank you to you too for your all your efforts with helping us support your child through this first year. It is much appreciated.

Wishing all our families a lovely half term holiday.

By Ms C Murray



Work in progress- 7.6 putting together their class display of HMD reflections



Head of Year 8

Firstly, I hope that this edition of the Heron Homelink finds you all well.

This half term has flown by and I am pleased to say that Year 8 have made a real positive start to 2023. They have remained in top spot for their achievement across the school and

have begun to show a great skillset. They have stepped up to the role of being pupils Helpers and have contributed to

the effectiveness and efficiency of the School. I am proud of their mature approach to this initiative and long may it continue.

My year group have also shown Teamwork through the new Skills Builder programme which has recently been introduced within our Pastoral Curriculum. They are currently starting the new topic of Problem Solving. They will work through a series of skills which can be transferred across the curriculum as well as many aspects of their lives. The idea is that we can help create and fine tune such skills to help to support them once they go in to the world of employment. We will also be using the developed skills on upcoming trips which I will be getting some information out to you in the near future.

By Mr M Tinker



Head of Year 9

I would like to congratulate all Year 9 pupils on another very successful half-term. Pupils have shown excellence and maturity and their learning. A highlight from this term is witnessing how many Year 9 pupils are now taking advantage of the enrichment timetable across all subjects. Thank you for all parents

and carers support in encouraging this and showing such interest.

Due to the snow days, we had our Autumn Term achievement assembly this term, congratulations to all pupils who won subject awards. Also, congratulations to our Jack Petchey winner; Jack, for his outstanding contributions to PE and for being a kind, helpful, and positive model pupil.

Looking back, we have had a very colourful and exciting term. A huge congratulations to all of our 68 dancers

that competed in the Great Big Dance Off competition in London on 24th January. Our dancers competed against 42 acts representing all different boroughs of London with our KS3 team coming 3rd, Year 7 and 8 team coming 4th and our KS4 team coming 1st! I am so insanely proud of all pupils who competed, it was a pleasure to watch you perform as always.

Another highlight of this term would be the outstanding expression of interest we have seen from our Year 9 pupils for the Duke of Edinburgh's Award programme. This is an exceptional opportunity (coming from a gold badge myself) for any pupil to take part and it is excellent to see how excited our pupils are for this new adventure. I would like to say a huge thank you to Charlotte Feeney our DofE co-ordinator for her incredible hard work in organising and unwavering support for all pupils interested, thank you! We hope to extend this to more pupils shortly.

Our Haven House Enterprise team is already moving full steam ahead with new initiatives to raise money for the Haven House Hospice. It is inspiring to see their teamwork and determination and I very much look forward to seeing what event they have in store for Wanstead!

I hope you all have a restful week break!

By Ms R Gullefer



Head of Year 10

Year 10 have had a busy half term making even more progress in their GCSE subjects; however, we have been especially busy during Tutor Time. It has been very positive listening to pupil discussions as a part of their scheduled RSHE curriculum on Tuesday and Friday Mornings. Pupils have now completed Math's revision resources and looked at further reading and listening assessments. After half term break, we will begin to work through an English revision resource during tutor times on Wednesdays.

An extremely proud moment this half term has to be our amazing Year 10 dancers who came first in The 'Great Big Dance Off' competition that took place 24th January. Wanstead placed 1st out of 42 schools in the London borough. This win will take the team to the Nationals later this year!

Please be reminded Year 10 pupils must be in full Wanstead P.E kit when they have their practical P.E lessons. Pupils should not be wearing school shoes as a part of their P.E kit they should bring in trainers. We have had to continuously remind pupils to not wear tights and other clothing that is not WHS kit. The Wanstead polo shirt, bottoms, shorts and fleece can be purchased from our school uniform shop Carolina's.

Please note that the Year 10 parents evening will take place Online during our first week back after February half term break – Thursday 23rd February. Our GCSE Mock examination are scheduled to begin in June.

By Ms G White

Turkey-Syria Earthquake Collection

We will be holding a collection on the school gates on Monday 20th February for the Turkey-Syria Earthquake appeal. Please donate what you can, if you are able.





Head of Year 11

As we enter into the last few months of Year 11 we have started to make plans to remember and celebrate your child's time at Wanstead High School.

Year 11 Leavers' Prom 2023 will be held on Thursday 6th July, 7.30pm to midnight at the Prince Regent Hotel, Chigwell,

IG8 8AE. Tickets will be made available on ParentPay next term and the price will include drinks, hot and cold buffet, formal photos, a DJ as well as other treats that are in the pipeline. Watch this space!

Year 11 Leavers Hoodies and Year books are also available to purchase on Parent Pay. Hoodies are £25 (£28 for personalisation) and the Yearbook is £15. I want to thank Ms Ahmed for all her work in organising both of these.

On the horizon are mocks; starting the week of 27th February – a full timetable has been sent home for parents and carers. Also please expect a letter with an intervention timetable to support pupils' revision.

By Mr R Carfrae



Head of Year 12

Year 12 have had a focus on improving Active and Independent learning this half term.

Ms Steel delivered a key Year 12 assembly where she spoke about the importance of 'active' versus 'passive' learning including the benefits of 'pre-testing', 'stop and

recite' and 'occlusion' techniques (full details can be found on the Year 12 Google Classroom page). On Tuesdays, in Tutor Time sessions our Year 12s have been enjoying the opportunity for paired learning where they engage with different active learning techniques such as teaching peers a new topic.

Year 12 also had an assembly on the value of developing super curricular learning. Super-curricular activities are independent tasks that extend and deepen knowledge of the curriculum. They include things like reading professional journals, following media stories that concern developments in a classroom topic, or visiting a place that has been referenced in lessons. Year 12 is a brilliant time to get into the practice of independently extending learning on a topic that particularly engages or excites. Universities like pupils who think for themselves and are independent learners: pupils who develop their critical thinking can evidence this in their personal statements and applications next year.

Refining literacy skills whether or not English is taken as an A Level subject is key to future success. With this in mind, each form has recently had library sessions with Ms Maule, our librarian, who spoke about inspiring new titles and made personal recommendations. Our Thursday Tutor Time remains constant with our 'reading for pleasure' session therefore all pupils are expected to bring in a suitable reading book - something that will give them joy or enthrall them! Studies show that pupils who read for pleasure have better mental health and empathy, not to mention vocab-

ulary.

At this point in Year 12, many pupils are still undecided about which pathway to follow Post 18 so we are trying to provide pupils with lots of food for thought. At time of writing, we are looking forward to a visit by The University of East Anglia who will deliver three mini presentations on 'The advantages of going to university; Student life-what life might be like on a degree course and How to begin to choose a course and university'.

This week is National Apprenticeship Week and Year 12 will have live screenings of London ASK (Apprenticeship Support and Knowledge for School and Colleges Programme) webinars including a holistic introduction to Apprenticeship pathways and insights from employers. In addition, I would encourage any student even remotely interested in Apprenticeship opportunities to explore the Unifrog platform to see what is on offer as Unifrog has up to date information of every current Apprenticeship in the UK.

Over the next few weeks, Year 12s will have dedicated Tutor Time sessions to use Unifrog to start to explore 'shortlists' for Universities, Apprenticeships or both. Now that the cohort have their first term report they can input their aspirational grades into the Unifrog portal along with their subject and/or career interests and explore which degree or Apprenticeship opportunity they might like to work towards. Based on the shortlist created, Unifrog will also send targeted emails of forthcoming open days or taster opportunities.

(Please see the careers bulletin for further information about Unifrog in Year 12.

Please can you remind your child that they should be completing a recommended 3 to 4 hours home study per week per A Level subject outside of school time if they want to meet or exceed target grades. This does not include time spent in study periods during the school day. Home study can comprise of extended learning or consolidation and revision tasks as well as set homework. All pupils should have filled out a study planner to aid their time management and I am always happy to work with our pupils if they need further guidance in this area.

By Ms T Van beers



Head of Year 13

I hope this newsletter finds you and yours in the best of spirits and health. I would like to take this opportunity to say I have been incredibly proud of the Year 13 cohort for getting through this term which has been very important, and at times difficult.

In December, pupils sat the first of the two mock exams planned for this academic year. It was very useful for pupils to experience sitting exams in real test conditions. Most pupils did very well in adhering to regulations and expectations and the majority of these exams went smoothly.

This term we focussed on helping pupils to fine tune their applications and finalise their University applications, personal statements and choices. With the UCAS deadline now passed, I want to take this opportunity to say a huge

well done to all Year 13s who have now successfully applied to University. Many pupils have now received offers from Universities and will now be focussing on working hard towards securing their A Level grades. I am confident that pupils will successfully secure these places after their final exams.

For those who are looking at other pathways and to prepare all for the world of work, tutor time sessions have been focussed on the world of work and university life. UniFrog offers useful tools on how to write a CV and the cohort will be focussing on writing their own CVs in the coming month in tutor sessions. On February 6th we welcome National Apprenticeship week and will be hosting events to help pupils explore Apprenticeships further.

Some pupils have been meeting with Ms Lasite, our careers advisor, to help them decide on which careers they would like to focus on and how to develop skills to get there. If any other pupils would like to make an appointment with Ms Lasite, they can speak to me to arrange this.

I would like to thank you all for your continued support and will keep you updated on events in the near future.

By Ms H Battiwala

Personalised Hoodies for Year 11

Please find the prices below to purchase your child's hoodie and/or Yearbook.

Hoodie - £25

Hoodie including personalisation - £28

Yearbook - £15

This is now available to pay for via ParentPay.

If your child wishes to make any changes to their order or wants to place an order, then please email me on n.ahmed@wansteadhigh.co.uk or ask them to come and see me in Room 8.

By Ms N Ahmed

Year 12 Trip to Oxford University

A select group of Year 12 pupils were fortunate enough to be invited by Wadham College, Oxford for a 'taster' day.

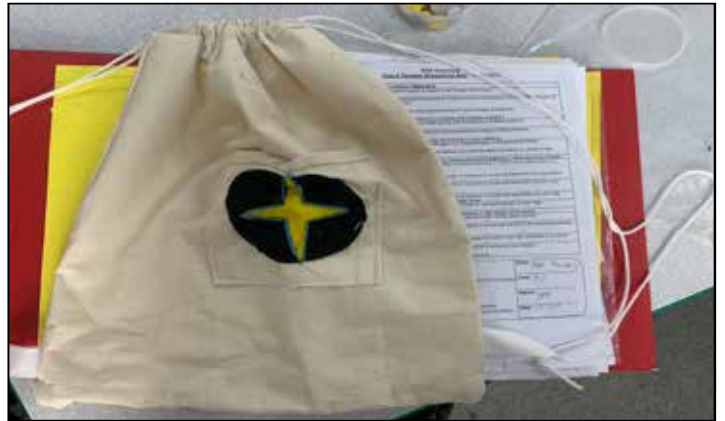
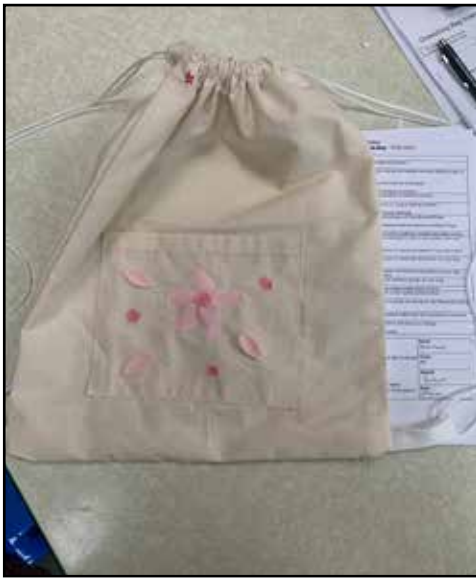
Our trip to Oxford University was primarily focused on making a strong application to Oxford and Russell Group Universities. The day started with a general introduction to applying to university, including UCAS and personal statements but we also specifically heard about the Oxbridge application process and how the college system works. We learnt about the importance of participating in super curricular activities to extend our current subject learning and how to write and structure a personal statement. The representative from Wadham College also spoke about student finance and how money or lack of it shouldn't be a barrier to embarking upon a degree.

There were two subject workshops to choose from, one on Chemistry and the other on Humanities. I attended the one on Humanities which was really eye opening as I usually just think of Humanities as detached subjects but Adam, the Humanitarian who was running the workshop, showed us that there are huge practical and ethical applications to Humanitarian studies in the real world. We then got a tour from Louie, a current student at Wadham, who showed us around the beautiful campus and explained the housing and dorm system at Oxford and the bonus of staying in assured accommodation for the full 3 years. He also told us about University social life and traditions of the college which I think was my highlight of the day.

Overall, I found the trip very useful as I feel it's given me a really good start for thinking about where I do want to

go Post 18, what I want to do and how I'll achieve it. **By Daphne Year 12**





Bags for Life!

Pupils in Year 8 have worked hard designing and making drawstring bags in Design and Technology: Textiles. Pupils were given the brief to design a drawstring bag to reduce the use of plastic bags being used. Over the course of 15 lessons, they learnt pattern symbols, how to measure, mark and decorate their fabric in order to construct a high quality bag. Pupils used applique to apply decoration to their bags and a range of embroidery stitches.

I was pleased to see pupils develop their accuracy on the sewing machine when stitching around their applique shapes. 8S2 and 8H2 in particular worked tirelessly to select the right stitch when sewing the seams of their bags in order to ensure their bags are durable and can withstand every day use.

By Ms M Kara

To Kill a Mockingbird

Pupils blown away by a sensational performance!

Year 10 and 11 GCSE Drama pupils went to watch the sensational *To Kill a Mockingbird* at the Gielgud Theatre on Thursday 26th January. Pupils were blown away by the incredible set and costume design and the individual performances of Matthew Modine as Atticus Finch and Ellis Howard as Dill Harris, in particular.

Adapted from Harper Lee's famous 1960 novel, the play depicts issues of extreme racism, corruption and class and pupils remarked how startlingly relevant this play still is today. The story is told beautifully by our three narrators Scout, Dill and Jem and the Wanstead pupils thoroughly enjoyed the light-hearted moments between the three that brought some comic relief to an otherwise hard-hitting tale.

After the show, there was a Q&A with some of the actors

and creative team, who provided informative and inspirational insight into what it takes to have a career in the industry. Stranger Things star, Matthew Modine, was a firm favourite with the audience and appeared genuinely honoured and humbled by the show of appreciation he received from the all-state-school crowd.

Some pupils enjoyed the performance so much, they have already been back to watch it a second time and even got the opportunity to meet and talk with Modine in person! The Hollywood actor has gained a few more fans from Wanstead High School, that's for sure!

The GCSE Drama pupils will now be studying the play in detail during Drama Theory lessons, in preparation for writing a live theatre review exam question in the summer.

By Mr B Anderson





Educational Opportunity For Wanstead High School Pupils

Johns Hopkins University Global Health Leaders Conference

Through our conference, pupils from around the world learn about issues in global health, public health, and medicine through world-class lectures from leaders in these fields, develop connections with like-minded exceptional pupils, and share their own work and ideas on global health-related topics at the international scale. Featured speakers at our conference have included leading global health researchers, renowned professors, physicians, policy developers, and Nobel Prize winners. In short, the purpose of our programme is to reach passionate pupils of all backgrounds from around the world and develop the next generation of leaders in global health, public health, and medicine.

Virtual conference programming will be held throughout the Summer of 2023. The conference consists of a series of multiple virtual events on multiple days throughout June-August 2023. If an admitted pupil cannot attend parts of the programming live, there will be asynchronous options for pupils to watch the content they miss. The

conference registration fee for admitted pupils is 99 USD; if the fee places a significant financial burden on a pupil's family, financial assistance is available as we do not want the fee to be a barrier for any deserving pupil. There are also no application fees.

The conference application is available on our website (<https://glohea.org>) and will be accepted until March 31st, 2023. Each year, admission into our programme is competitive, so we highly encourage your pupils to apply at their earliest convenience.

Please do not hesitate to email our team at ghlcjhu@glohea.org or visit our website if you would like any clarification or have any questions. We hope your interested pupils will take advantage of this opportunity, and our admissions committee looks forward to reviewing their applications!

**Please see me if you have any further questions.
By Mr D Langford**

Haven House Fundraising Update

It was fantastic to see so many of our pupils turn out in non-uniform to support our Enterprise Project fundraising. Adding to the excitement was the distribution of Valentine's cards with lollipops. Thank you to those who were able to participate and donate. Further details of the Enterprise Team's fundraising events will be forthcoming after half term.

By Mr D Langford



Sleeping Beauty

On Wednesday 11th, January the Dance department took 30 Year 9 and 10 pupils to see Matthew Bourne's gothic adaptation of Sleeping Beauty. The pupils watched an old fairy tale be told through a mixture of ballet and contemporary dance.

This was a fantastic opportunity for our pupils to see how dance can tell a story and be further enhanced through the use of design. The technique of the dancers and the costume, set and lighting were outstanding and hopefully will inspire the pupils when they are working on their own dances for this year's dance showcase.

The behaviour of all pupils was exceptional and we were very impressed with their mature attitude throughout the evening. We look forward to our next theatre trip to Sadler's Wells to see Creature in March.

By Ms R Grace

ZooNation Boys Workshop

Another exciting event which has taken place in the Dance department this half term was a workshop taught by Robbie Ordon who is a professional male dancer at ZooNation.

He taught 20 boys from Years 7 to 10 a hip-hop class as well as repertoire from the company's successful show "Message in a Bottle". This was a great opportunity for our

pupils to ask questions to a professional dancer and ask about his experiences as a male in an industry dominated by females.

We are hoping to continue to inspire more boys to get involved in the subject and share their talent.

By Ms R Grace



The Great Big Dance Off

This year's Great Big Dance Off London Heat took place in January at The Beck Theatre in Hayes. The Dance department took 66 pupils across London to compete in the Key Stage 3 (Year 7 - 9) and Key Stage 4/5 (Years 10 -13) categories. The Key Stage 3 Competition Team came in 4th place with their piece inspired by a game of chess.

The dance was inspired by the chess pieces, formations and the competitive nature of the game. Our Year 7 and 8 Dance Company, who rehearse every Tuesday lunch-time, performed a piece titled "Sweet Dreams" where Selin's sleep had been disturbed when a peaceful dream is suddenly overtaken by a nightmare. Our Key Stage 4 piece **won the competition** with a dance called "You Don't Own Me". The dance is inspired by Killing Eve with an assassin stuck in a life of crime wanting to escape. After their amazing victory the pupils will now progress to the Great Big

Dance Off National Finals which will take place in Cheltenham at the end of June.

I would like to thank every pupil who took part in the competition; their dedication to rehearsals was exceptional and their professionalism on the day of the competition was outstanding. I am enormously proud of every single one of you! In addition, I would like to thank Miss Gullefer, Miss Feeney and Mr Anderson for their ongoing support to make this competition such a success for our WHS Dance Teams.

If any pupils are interested in joining our Dance extra-curricular programmes and be part of this year Dance showcase please speak to Miss Grace.

By Ms R Grace



Massive congratulations to every pupils who took part in The Great Big Dance Off this week. The key stage 4 team won the competition and our Key Stage 3 (Years 7 -9) teams came in 4th and 5th place. We are incredibly proud!

Going Vegetarian

Bridget Sheppard from Animal Aid, came to Wanstead High School on Friday 27th January to cook a very healthy nutritious plant based vegetable chilli with Year 9 pupils. The pupils gained knowledge on how animals are sourced before meat reached the supermarket.

Bridget is now a vegetarian because she was concerned about the environment and would encourage people to

learn more about plant based food how to live a healthier lifestyle..

Year 9 learned how to make plant based vegetable chilli. There was a good debate for and against meat. pupils really enjoyed their cooking lesson!

By Ms Bennett



Chess club in full swing

We have some amazing pupils really getting involved with the game of chess! If you want to learn some great strategies, Barnaby is the one to see! Come along every

Wednesday after school in room LP1 to learn or challenge the greats!

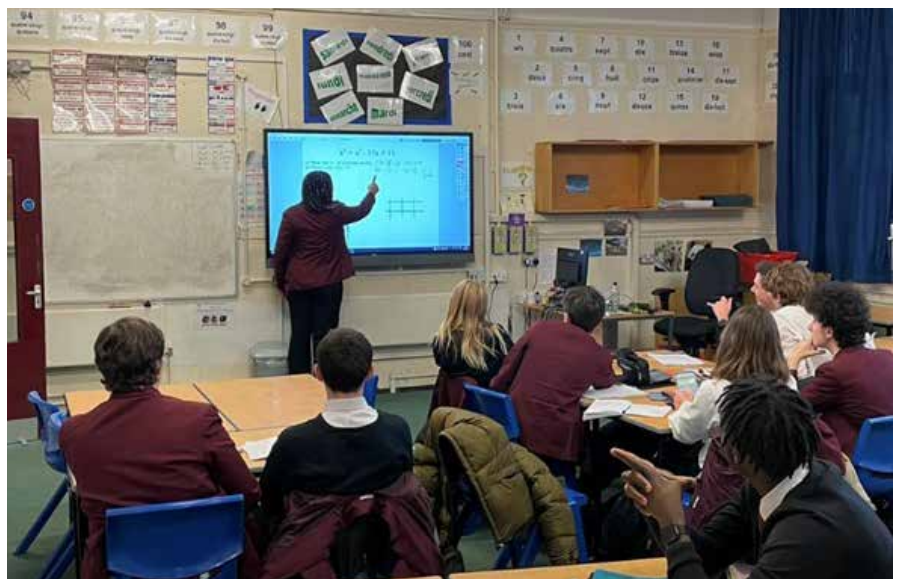
By Ms Z Suleman



Maths Genius shows how it's done!

Isabel in Year 11 demonstrating factor theorem and algebraic long division to the rest of the Further Maths Club! High level stuff - so don't worry if you are lost too!!

By Mr S Jeffrey



Looking back on life at Wanstead County:

I went on the hunt online to find different people who attended this school and then went off to achieve something incredible. One of those was Sir Tony Robinson, one of Britain's most known television show presenters, an author of children's history books, and an actor famous for his role as Baldrick in Blackadder. I instantly became interested in his work, as he really is an incredible presenter. I emailed his agent, asking if I could ask Sir Tony a few questions about his life at the school via email. She came back to me very promptly- and said we could

with a book for all eight lessons, he wouldn't mind. He had very vivid memories of the school library, which he loved to spend time in. He said that one of the best things is that no one was bothered by any teachers when in there. He learnt to play any card game you could name in the library. He also made bets with people on who would win in horse-riding races, and was great at making money from it.

He learnt to have a passion for History, and for what was then called RI (Religious Instruction)- yes, there were no Philosophy lessons back in those days, however his Religion



actually meet up on Zoom!

Then, two weeks later, I was sitting in front of the screen and talking to my idol. The tales he told from school were truly remarkable.

When Sir Tony first entered the school, he felt like he was in a completely different world, having just come from the very small Woodford Green Preparatory School. Surrounded by people older than him- the sixth formers looking like fully-grown adults- he felt overwhelmed for quite some time and felt it hard to find his place in a new institution with people who he had never met before.

Sir Tony's favourite subject at school was English. He said that the thought of getting marks on reading a book was fantastic to him. However, he said, he didn't like going to the long, hard lessons. But, if someone would offer him to sit

teacher led a small lunchtime club for those who wanted to learn a bit of philosophy. His passion for history, though, did not arise in his time at school. It came from his parents, who shared their stories of the Second World War with him. It made him realise that his had not been the only time there had ever been. It was only when he went to school, though, that he discovered the word 'history'.

I asked him if there were drama lessons at school. He answered that there weren't any at the time- apart from simple school plays- however his interest for acting started differently.

His mother and father showed him an advertisement in the Daily Express which said that they were looking for children to take part in a show, and having regularly gone to not very exciting drama clubs outside of school, the prospect of performing in the West End was incredible for him. So, from the

age of thirteen, he was playing a member of Fagin's gang in the musical Oliver!

This meant that his education at school was heavily disrupted. The funny thing was that Wanstead County did not know on what dates he was supposed to be at school or in the West End for rehearsals or shows, so Sir Tony used that opportunity to skip school and instead hide in a corner on the floor in South Woodford Library, his nose buried in a book. He, of course, made sure that no one would see him. As a result of missing so much of school, he did terribly in his final high school examinations, receiving only four O levels, which Sir Tony claimed to probably be the lowest score anyone had received in the entire year. But other than that, he has been awarded eight honorary degrees by different universities, no doubt by how long he spent in the theatre!

Sir Tony thought that unlike now, the school was half-strict and half-not strict, as if it was having a debate with itself, like many other schools in that era. He believed that this

which brought teachers to the school who were not as old-fashioned in how they treated pupils as the other half.

Sir Tony was once caned by the headmaster of the school, who kept a cane wrapped in the Union Jack and would say the cliché phrase "this will hurt me more than it will hurt you" - which was absolute nonsense, of course- and then whack you as many other headmasters of the time. However, Sir Tony thought that being given such a punishment made you seem a bit tougher to other pupils as you re-entered the classroom, swaggering a bit just to show off.

However, he was the littlest in his class and the least good at sport, and so did not enjoy being part of the competitive male world. Having spent a lot of time with girls at school, he learnt to be friends with them, unlike other boys, which is a very good value to have and one which he uses throughout his entire life.

Sir Tony is one of the Old Heronians -the alumni of the



was happening due to the fact that they were entering the 60s, an inspiring, fresh, new decade, finally moving people further away from the atrocities of the Second World War,

school- and he still attends year reunions to this day.

By Riku Year 7

Show your solidarity for LGBT+ Month

LGBT+ Month – show your solidarity and allyship by buying a pair of rainbow laces. Any profit will go to the East London Out Project - <http://elop.org/>
Pupils will be able to wear these in school in their shoes.

Now available on ParentPay - £2– please be aware stocks are limited and when they are gone, they are gone!



A Christmas Carol

To help them prepare for their GCSEs, Year 11 pupils enjoyed a memorable retelling of Dickens' classic novel 'A Christmas Carol'.

The performance was a brilliant opportunity for pupils to engage with a key GCSE text, especially important given the upcoming mock exam. Between the accurate dialogue, the set dressing, and the enthusiastic performances, pupils enjoyed a very engaging afternoon.

The production featured an incredible cast of just three

performers who switched swiftly and skilfully between characters, sometimes even in the same scene. Pupils found the performance a valuable addition to their learning.

Overall, it was the perfect chance to bring this text to life, and we're grateful to the Quantum Theatre for such a wonderful performance!

By Ms E Everhart and Ms S Khan



As fine as a festive treat, 'A Christmas Carol' performance was captivating for the Year 11s who are soon seeing the end of their English GCSE journey.

This three-person adaptation was humorous, jovial and an interesting recall of a traditional Victorian tale, with classic elements of the novel spun into an engaging theatrical performance.

Many thanks to Ms Khan for organizing this production within our theatre, keeping revision and learning pleasurable while we enter a high stress time! –

By Isabel - Year 11



The performance of 'A Christmas Carol' was enjoyable - an impressive adaptation of Dickens' novella.

The actors' performances were funny, expressive and offered interesting portrayals of the characters, with well balanced humour and emotion. Though relatively simplistic, the actors made effective use of their costumes and set for a convincing performance.

The use of music throughout was atmospheric and helped build tension, fear, and sorrow, but equally created a sense of joy and merriment towards the end. The script was accurate to Dickens' original text, and yet left room for creativity, allowing for a unique and memorable play that will no doubt be useful in our revision approaching our exams.

By Luke - Year 11

The PTA relaunch

Thanks to Lorraine and Nicole for handing over the baton and all their hard work and to Mr Langford for organising the event, and lastly, to all the amazing parents and carers that turned up so enthusiastically!



British Physics Olympiad

Congratulations to our Year 13 Physics pupils for taking part in this year's British Physics Olympiad (BPhO) in which schools from all over the UK and even overseas took part. This year, during the round 1 national competition, 2830 pupils from 440 schools participated and only 17.6% achieved 'Silver awards'! **So, well done to William and Oisin for their Silver awards, to Yusuf and Joe for their Bronze II awards and to Jessica for her Commendation!**

We hope that our pupils enjoyed taking part and benefitted from the experience. The British Physics Olympiad (BPhO) aims to encourage the study of Physics and recognise excellence in young physicists through twelve annual Physics and Astronomy & Astrophysics competitions. The competitions are designed to test understanding and problem solving skills and are open to young physicists in schools. Participation in a British Physics Olympiad is a challenge for pupils which allows them to have fun problem solving, experience the perseverance and determination required to solve harder problems, test their knowledge with stimulating questions and see the real-world problem-solving potential of physics.

They also get a chance to gain a prestigious award for CVs and UCAS forms and win certificates and book prizes.

By Ms S Hoque



Learning the Importance of Holocaust **Generation 2 Generation**

As part of our commemoration of Holocaust Memorial day, the Year 9s at Wanstead got to hear a very personal and moving account from Lesley Urbach from

Generation2Generation about her family's experienced relating to this momentous event.

By Mr P Chartorizhsky



Taster course experience for Sports enthusiasts



Wanstead High School A Level PE pupils had the opportunity to experience a day within the University of Bedfordshire Sports Science Department on Wednesday 25th January. The day started with an 8am departure from the school to travel up the M1 to Bedford, the aim of the trip was to provide practical experience of the theoretical components of the syllabus that have been studied and for pupils to be on campus for the day.

Upon arrival pupils were greeted warmly by the staff and entered the Sports Science Department where a lecture on the anatomy and physiology was followed by practical application of VO2 max testing. Due to the age of pupils, it meant that pupils were not exposed to maximal effort but an understanding of the procedures and data analysis was as valuable experience.

The second half of the morning comprised of lactate testing and the effects exercise has on the performance of the body, allowing pupils to apply theoretical knowledge to prove hypothesis predicted before testing started.

Before lunch we had a question and answer session with university staff and a tour of the campus to see sports and leisure facilities and lecture halls, this provided an insight to all pupils on the differences between school and university

teaching. Whilst on the tour pupils could see courses being delivered and a keen area of interest was a fully functions physiotherapy unit. Staff also provided pupils with a tour of the Student Union, student support services at a university and the role and a tour of the library.

The day finished with a lecture from a lead Sports Science tutor on body composition and procedures to measure percentage body fat. Data from this session was collected and processed by pupils to further support their knowledge and understanding of the important role this plays in elite performance.

Before leaving, pupils had further opportunities to ask questions to staff on a sports science degree and further study post degree which for many provided an insight into routes that they may possibly take in future year.

As a department, we would like to thank the University of Bedfordshire staff for their welcoming approach and delivery for our pupils to make it a positive experience for all and we hope to visit again in the future.

By Mr M Adams

KS3 (Year 7, 8 & 9) Achievement Award Winners

Subject Award - Year 7

Maths	Zaki
English	Leo
Science	Mia
History	Albert
Geography	Betsey
Resistant materials	Teiara
Art	Ella
Textiles	Sylvie
Food & Technology	Ava-Rose
Dance	Frances
Drama	Mia
Music	Xanthe
Spanish	Oliver
Computing	Rayina
RP	Albert
PE	Mia
Head of Year Award	Mia
Behaviour Award	D'Arcy
Attendance Award	Leah
Headteacher's Award	Leo



Subject Award - Year 8

Maths	Zayn
English	Maariya
Biology	Amy
Chemistry	Anya
Physics	Ansel
History	Laurel
Geography	Caspian
Resistant materials	Chloe
Art	Jeb
Textiles	Louka
Food & Technology	Zayn
Dance	Eva
Drama	Velvet
Music	Selin
French	Caspian
Computing	Ula
RP	Rishy
PE	Mariela
Head of Year Award	Laurel
Behaviour Award	Eliana
Attendance Award	Jeb
Headteacher's Award	Soloman





Subject Award - Year 9

Maths	Jugsher
English	Sibemusa
Biology	Jusbani
Chemistry	Finn
Physics	Maryam
History	Stephen
Geography	Orli
Resistant materials	Jaida
Art	Ilya
Textiles	Jaiden
Food & Technology	Lauren
Dance	Reese
Drama	Daniel
Music	Timandra
Spanish	Jusbani
French	Zarif
Computing	Julia
RP	Holly
PE	Evie
Head of Year Award	Oliver
Behaviour Award	Jaydon
Attendance Award	Holly
Headteacher's Award	Olivia



KS4 (Year 10 & 11) Achievement Award Winners

Subject Award - Year 10

Maths	Edie
English	Ellen
Biology	Aidan
Chemistry	Lorena
Physics	Elliot
History	Maya
Geography	Sophie
Graphics	Nicolae
Art	Harman
Textiles	Shantha
Food & Technology	Orla
Dance	Alexi
Drama	Harry
Music	Angel
Spanish	Carmelita
French	Ellen
Media	Darin
Computing	Lissus
RP	Annie
Sociology	Juanita
PE	Brooke
Head of Year Award	Noah
Behaviour Award	Harman
Attendance Award	Finn
Headteacher's Award	Luella



Subject Award - Year 11	
Maths	Syed
English	Erin
Biology	Luke
Chemistry	Isaac
Physics	Jessica
History	Noah
Geography	Erin
Graphics	Galya
Art	Harley
Textiles	Charlotte
Food & Technology	Elyse
Dance	Kelis
Drama	Lily
Music	Uma
Spanish	Grace
French	Seynabou
Media	Harry
Business	Joshua
RP	Jannah
Sociology	Jessica
PE	Joel
Head of Year Award	
Behaviour Award	
Attendance Award	
Headteacher's Award	Troy



KS4 (Year 10 & 11) Achievement Award Winners

Subject Award - Year 13	
Maths	Oisin
Economics	Thivya
Literature	Jay
Language & Literature	Zaara
Biology	Theo
Chemistry	Ruby
Physics	William
History	Ava
Classics	Ayesha
Geography	Zara
Art	Theo
Photography	Matilda
Drama	Henry
Spanish	Ruby
French	Shakira
Media	Florence
Computing	Mahdi
RP	Alina
Psychology	Livi
Politics	Alexandra
Sociology	Muneeb
PE	Luke
Head of Year Award	Khadar
Behaviour Award	Mahdi
Attendance Award	Alec
Headteacher's Award	Khadar

Subject Award - Year 12	
Maths	Nye
Economics	Amelia
Literature	Amelia
Language & Literature	Elizabeth
Biology	Nicholas
Chemistry	Anema
Physics	William
History	Jacob
Classics	Elizabeth
Geography	Katherine
Art	Sara
Photography	Krutika
Drama	Jack
Music	Xanthe
Spanish	Nora
French	Charis
Computing	Sean
RP	Jeremy
Psychology	Osmundas
Politics	Joseph
Sociology	Saffia
PE	Faha
Head of Year Award	Besona
Behaviour Award	Mahmood
Attendance Award	Michael
Headteacher's Award	Nicholas

Coding Challenges

Pupils had the opportunity to use block coding to complete challenges; solve mazes, playing alien invaders and attempt to code robots to play football! This is much harder than it looks but it doesn't justify footballer salaries!

By Mr Z Ali





Well done to all pupils who turned up on strike day and worked hard across the school!
 Robotic fun for some of our younger pupils: hopefully the future after today may be brighter for recruitment of teachers in the key STEM area?...



Girls Football

Year 7 & 8

Congratulations to our Year 7/8 girls football team who are now winners of the Redbridge competition. Pupils will now be entered into the East London competition in March. Throughout this whole competition, all pupils involved have shown outstanding leadership and teamwork. Special shout out to Zoe W who scored an outstanding winning goal in the final.



Week 1 Results	Week 2 Results	Semi Final & Final
Wanstead v Trinity 1-1	Wanstead v Chadwell Heath 1-1	Wanstead v Yr 7 Trinity 1-0
Wanstead v Beal 5-0	Wanstead v ATAM 4-0	Final Scores: Wanstead v Yr 8 Trinity 2-1
Wanstead v Woodbridge 1-0	Wanstead v Seven Kings 2-1	

Year 9 & 10

It has been amazing to see the engagement and enthusiasm from our KS4 football team. The girls have been fantastic throughout the whole tournament, especially in challenging weather we have experienced lately. Unfortunately, Wanstead suffered a 2-1 defeat to Trinity in the

semi-finals, however the team showed excellent resilience and bounced back in the 3rd/4th place playoffs with an impressive score of 3-1 against King Solomon. Although the team was disappointed, they persevered and represented the school to a high standard - Well done Wanstead!

By Ms C Feeney

KS3 Interform Basketball tournament

Unfortunately, this basketball competition could not take place the last week of term before Christmas due to the unexpected snow, however, we were not going to let our pupils miss out on a brilliant interform opportunity. Thank

you to our Sports Captains who organised their form groups into four smaller teams, they all did a great job. Across four lessons, the form groups got a chance to play other forms in their side of the year through a series of

group fixtures, quarter-finals and semi-finals. The lunch time finals did not disappoint either. It was great to see the support offered from peers that did not qualify.

Winners

Year 7: 7.9

Year 8: 8.9

Year 9: TBC



The tournament oozed competitiveness, sportsmanship and an excellent display of resilience shown from our KS3 pupils. The PE department look forward to organizing more interform competitions for our pupils, after all, healthy competition is important!

By Ms E Hayes



Key Stage 3 Basketball Fixtures

Wanstead (18) v Loxford (38) - Due to games having to be re-arranged for various reasons, this was the first time the Year 9 boys played as a team in a competitive fixture. Loxford were the visitors for the game in the school sports hall which both teams were eagerly looking forward to playing. The game was played in excellent spirits with fair play and sportsmanship throughout which is something that all pupils should be proud of from both teams. The first quarter started very tightly with an end to end game but very few points bit some excellent plays and defending from both sides. The second quarter was dominated by Loxford and they took the second quarter which set them up for the victory. As the game progressed in the third quarter, Wanstead grew in confidence and as a result won this quarter as a result of some excellent team play and rebounding around the opposition basket. As the game moved in to the final quarter Loxford scored a number of baskets in quick succession which further solidified their

dominance but the highlight of the game was a 3 point shot on the final play by Wanstead. Well done to all involved and both schools are looking to arrange a re-match next half term.

Wanstead (23) v Forest Academy (20) - The Year 8's played their second basketball game of the season against Forest Academy. Both teams were eager to play with the Wanstead Year 8's deciding the starting 5, bench and captain for the game amongst themselves which was great to see. The game was a tight contest throughout with the score 19-18 going into the final quarter. Two jump shots in quick succession from Captain Elson C saw Wanstead win the game with seconds left on the clock. Both teams should be proud of the sportsmanship and passion shown in the game. The Year 8's have been invited to a basketball tournament at Valentines High School which will take place in March. Well done to all involved.

PE kit reminder

Please can you ensure your child has the correct Wanstead High PE kit for all of their lessons, this includes the following:

- Wanstead High top
- Wanstead High shorts/leggings
- Socks (No tights to be worn for PE)
- Trainers
- Hair bobble

Thank you, PE Department

Netball

Year 7



The borough held their annual school games netball tournament, involving both secondary and primary schools, and it was great to take some of the Year 7 netball team to the event. Redbridge Sports Centre had a brilliant netball buzz across the 12 courts. In our pool we played Caterham, Woodbridge, Ursuline and Chadwell Heath. The pupils were able to apply and transfer the skills they've learnt

during lessons into a more competitive environment - very proud PE teacher! The interplay in attack and teamwork in defense improved over the course of the day, which gave them some amazing goal scoring opportunities and great wins. The team was able to combine their netball brains together and finish in a respectable 5th place out of 12 schools. Well done team!

We were also able to travel to Trinity Catholic High School for an away fixture. Unfortunately, the team was not able to come away with a win. However, that doesn't take away from the excellent dodges, interceptions, passes and individual flair shown in the final two quarters. Thank you to Trinity for having us.

Year 8



Unfortunately, the Year 8s have had a lot of schools cancel on them this half term, but not to worry Miss Hayes has rescheduled the games for next half term. The Year 8 team accompanied the Year 7 squad to their away fixture against Trinity. Every time this team takes the court, they display an outstanding level of composure and teamwork. The collective club experience amongst the players shines on court. It was great to see loose balls being chased, 100% commitment to interceptions and a group drive to come off on top - and that we did. Well done team!

Year 9

Year 9 entered a friendly league within the borough due to irregular commitment and numbers at the netball club before Christmas. However, it has been great to hear that pupils want the netball club to continue so they can learn and improve their skills and performance as a team. Unfortunately, the Year 9 team lost to Trinity in our most recent friendly.



The team showed excellent resilience throughout the game and were able to capitalize on some of the opposition's mistakes. Looking forward, our aim is to work on our movement in attack and timing in defense.



Year 10



This netball team truly displays such potential on the court. The partnerships and combinations throughout the team are strong and cemented from Year 7. The trust between these players is great to watch and a pleasure to coach. Unfortunately, some players were unable to play in the away fixture against Trinity due to injury or absence. However, individuals stepped up and put on a great performance on the day. Not only do this team consistently show off their individual flair every time they play, they continue to model excellent behavior and are outstanding role models to our younger netballers.

By Ms E Hayes

Extra-curricular Clubs

Basketball

Basketball - it has been so nice to see pupils continuing to attend basketball clubs on a regular basis on a Monday and Tuesday after school in the sports hall. Pupils are developing skills, social skills and team work each week and these clubs will continue until Easter. If you are interested in attending please come to the changing rooms at the 3.00pm on the following days:

Monday - Year 7 & 8
Tuesday - Year 9-13

DodgeBall

It has been amazing to see the interest from pupils regarding the Dodgeball club, especially as this is not part of our standard national curriculum. Dodgeball club has been happening every Tuesday, and it has been lovely to see the competitive element of this, as well as pupils maintaining excellent teamwork skills Dodgeball club will also continue after Easter.

Badminton

Badminton club has been a great opportunity for our pupils to develop their badminton skills in isolation but also incorporate tactical gameplay in more competitive situations. Thank you to Lukas and Shantha, our GCSE PE pupils, for attending the club and inspiring our KS3 pupils. It is also great to see some of our pupils using this club to contribute to their Duke of Edinburgh evidence - keep it up!

Vacancies for co-opted Governors at Wanstead High School

We are looking for the final Governors to join our new, revitalised team at Wanstead High School.

These vacancies are for co-opted Governors. This is an individual from the community who has the skills and experience which the Governing Board require. They will be appointed by the existing board, following an interview.

Please do pass this to friends and family or ex-pupils or share on local sites – we are particularly looking for local people who are invested in a successful local secondary school and we are looking to increase the diversity of the current Board.

We are especially keen to hear from people with backgrounds in HR, legal, marketing and construction.

Please contact:

h.davies@wansteadhigh.co.uk for further information as soon as you are able.



LAMDA Drama qualification

After February half term the Drama department is offering pupils to complete the LAMDA qualification. Depending on uptake weekly sessions will cost approximate £8 each, financial support can be offered for those eligible for free school meals.

If interested please contact hello@louderdrama.com with the subject "LAMDA Tuition @WHS"

We teach —
LAMDA
— Exams & Qualifications



***We Bring the
Character***

Tutor Grid 2023

Year	HOY	1	2	3	4	5	6	7	8	9	AHOY
7	Ms C Murray	7.1 Mr K Holdbrook ICT Teacher SS1	7.2 Ms K Uddin MA2	7.3 Ms N Rowshan SS2	7.4 Ms M Kara 42	7.5 Ms E Everhart Ms S Morgan 01	7.6 Mr A Yacoubi NB10	7.7 Mr R Ali S3	7.8 Mr M Hamza NB2	7.9 Mr D Vardavas NB8	Mr Hussain
8	Mr M Tinker	8.1 Ms F Begum NB6	8.2 Ms K Kaddour Ms E Christofides 16	8.3 Ms N Gomez 19	8.4 Ms S Begum 07	8.5 Ms C Feeney LP1	8.6 Mr D Leftwich NB3	8.7 Ms T Reynolds 09	8.8 Mr S Younis S12	8.9 Ms E Hayes LP2	Ms Gallagher
9	Ms R Gullefer	9.1 Ms O McLaughlin 02	9.2 Ms D Collins 18	9.3 Ms T Rajput 36	9.4 Ms B Waters 03	9.5 Ms N Redondo 20	9.6 Ms C Gortzak 04	9.7 Ms D Bennett Ms H Cressall 40	9.8 Mr D Hardy 11	9.9 Ms N Hassan S4	
10	Ms G White	10.1 Ms M John MA5	10.2 Mr G Narang MA4	10.3 Mr S Rashid MA1	10.4 Ms S Hoque Mr P Wilson S5	10.5 Mr I Sweet 38	10.6 Ms J Walli 37	10.7 Mr A Chauhan 22	10.8 Ms K Herbert Ms P Ayer (after February half-term) NB9	10.9 Ms A Malik 10	
11	Mr R Carfrae	11.1 Dr D Srikanthan S9	11.2 Ms K Khan MA6	11.3 Ms R Grace S11	11.4 Ms N Begum MA3	11.5 Ms N Ahmed 08	11.6 Ms N Yasin 06	11.7 Ms S Clarke 44	11.8 Mr B Anderson Theatre	11.9 Mr R Nazir S2	
12	Ms T van Beers	12.1 Ms F Mak Ms F Law NB4	12.2 Ms J Ibrahim Mr Hamamci 15	12.3 Mr R Smith Ms V Premkumar NB1 / 05	12.4 Ms L Redman Ms Ogunfemi 12	12.5 Mr B Alom IR1	12.6 Mr Z Munir EP1				
13	Ms H Battiwala	13.1 Ms B Kaur IR4	13.2 Mr M Adams S1	13.3 Mr L Waller S6	13.4 Ms M Warner 24	13.5 Ms S Awan Ms S Younas S7	13.6 Ms H Tassine S10				

Dates for your diary

23

FEB 2023

YEAR 10 PARENTS'
EVENING

30

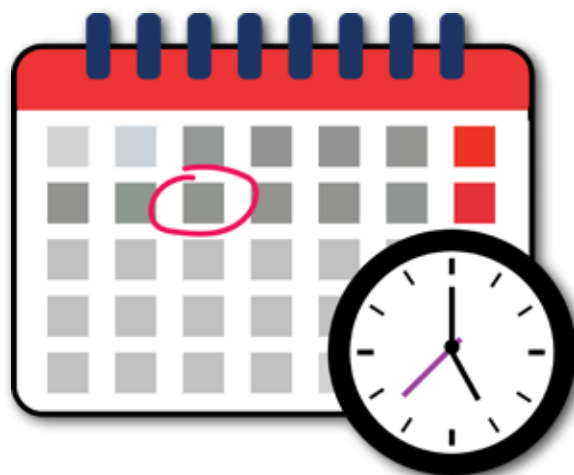
MAR 2023

YEAR 8 PARENTS'
EVENING

4

MAY 2023

YEAR 7 PARENTS'
EVENING



Term Dates

► SPRING 2023 SCHOOL TERM AND HOLIDAY DATES

Starts from Thursday 5th January 2023 to Friday 31st March 2023 – (on the last day of term pupils will be dismissed at lunchtime)

Half term break: Monday 13th February 2023 to Friday 17th February 2023

Spring break: Monday 3rd April 2023 to Friday 14th April 2023

► SUMMER 2023 SCHOOL TERM AND HOLIDAY DATES

Starts from Monday 17th April 2023 to Friday 21st July 2023 – (on the last day of term pupils will be dismissed at lunchtime)

Half term break: Monday 29th May 2023 to Friday 2nd June 2023

► BANK HOLIDAYS IN 2022/23

Please note the following is a Bank Holiday not included in school holidays above:

Monday 1st May 2023

Monday 8th May 2023

► WHOLE SCHOOL TRAINING DAYS FOR 2022/2023 (SCHOOL CLOSED FOR PUPILS)

INSET DAY 5 – Friday 23rd June 2023

Term Dates for 2023 - 2024

These will be published shortly after half-term.

LUNCH TIME CLUBS & AFTER SCHOOL CLUBS

Before School

Mon	Tues	Wed	Thurs	Fri
Before School Breakfast Club Every morning				
Library Year 7	Library Year 8	Library Year 9	Library Year 10	Library Year 11
	Years 7 & 8 Well-being morning Well-being room	Year 9 Well-being morning Well-being room	Years 10 & 11 Well-being morning - Well-being room	

Lunch Time Clubs Year 7-9 Lunch is 12.20-1.00pm; Year 11-13 is 1.20-2.00pm

Mon	Tues	Wed	Thurs	Fri
Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1
Girls Multi Faith Prayer Club 1.30 - 1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 - 1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 - 1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 - 1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 - 1.50pm - Room SS2
Year 8 Textiles Club - Week 2 Only Pupils in 8W2 Tech Room 42	KS3 Year 7 - 9 Origami Club Room S2	Year 9 Dance Company Dance Studio	KS3 Year 7 - 9 Photography Club (Week 1) NB09	KS3 Year 7 - 9 Dance & Drama Open Studio
KS4 Year 10 & 11 Maths Home- work Club (Week 1) - MA1	KS3 Years 7 & 8 Dance Company	KS3 Year 7 - 9 Maths Home- work Club (Week 2) - MA1	KS4 Year 10 & 11 Maths Home- work Club (Week 2) - MA1	KS4 Year 10 & 11 Dance & Drama Open Studio
	Week 2 - GCSE PE Revision Room S13	Week 2 KS3 Year 7 - 9 Board Game Club Room 14	KS4 Year 10 & 11 and KS5 Year 12 & 13 Choir - Room 36	Week 1 & 2 - GCSE PE Students - Badminton/Sports Hall
		Week 1 & 2 - GCSE PE Students Badminton/Sports Hall	KS4 Year 10 & 11 Dance & Drama Open Studio	
			KS3 Year 7 - 9 LGBT+ Club - Room 15	
			KS3 Year 7 - 9 Maths Homework Club (Week 1) - Room MA1	
			KS4 Year 10 & 11 Spanish Conversation Club Room 19	
			Week 1 - GCSE PE Revision Room S13	
			LGBTQ+ Club KS3 Year 7 - 9 Room 15	

After School Clubs

Mon	Tues	Wed	Thurs	Fri
Choir, 3.00-3.50 Room 36	New Views Script Writing KS5 Year 12 & 13 Room 3/4	Orchestra, 3.00-3.50 Room 36	Steel Pans 3.00-3.50 - Room 36	Jazz Band Room 36
Brass Group 3.00-3.40 Room 37	Week 1 - Meteorological Society - 3.15 - 4pm Room NB1	Week 2 - KS3 Year 7 - 9 Geogra- phy Homework Support 3.15- 4.00pm - Room NB2		KS4 Year 10 & 11 KS5 Year 12 & 13 Art Club Room NB11
KS5 Year 12 & 13 Film Club (Week 2) Room 25	KS3 Year 7 - 9 Board Game Club Room S3	KS4 Year 10 & 11 Dance Team Rehearsals Studio		
KS3 & KS4 Year 7 - 11 Film Club (Week 1) Room 25	Band Rehearsals 3.00-3.50 Room 38 & Practice rooms	Robotics Club - Room IR1 Max number of students only 20 allowed		
New Views Script Writing Post 16 - Room 3/4	Wind Band 3.00-3.50 Room 37	Crochet Club - Room MA3		
KS3 Year 7 - 9 Creative Writing Club Room 1	KS4 Year 10 & 11 Coding Club - Room IR4	Year 11 Maths Homework Club Room MA6		
KS5 Year 12 & 13 Creative Art Club Room NB10	KS3 Year 7 - 9 Dance Team Rehearsals Studio	From March 2023 KS3 Year 7 - 9 Wanstead's London Geography Society - 3.15-5.15 pm Room NB3		
KS4 Year 10 & 11 Design & Tech. (Yr11 Only) - Room 44	Basketball Year 9, 10 & 11 Sports Hall	KS3 Year 7 - 9 Drama Club/Theatre		
KS4 Year 10 & 11 D&T Technology Textiles Club (Yr11 only) - Room 42	Dodgeball - Gymnasium https://docs.google.com/forms/d/15bdEN9p9mR8-N6oTlo-nLGmg_hcb-cW0apzOkj1rU/edit	New Views Script Writing class for KS5 Years 12 & 13 - Room 3		
Fitness Club - Gymnasium	KS4 - Year 11 History Interventions Room 13	Badminton https://docs.google.com/forms/d/11sq4QuH3LTzvcQ4nVTCvH-4CBRYOFxW20m_WGQMqHY/edit		
KS5 Year 12 & 13 Philosophy & Ethics Essay Writing Clinic 3- 3.40pm - Room NB7		KS5 - Year 13 History Interventions Room 13		
Classics Club - Room 2		Chess Club - LP1		
KS5 - Year 13 Stem/TMUA/MAT Preparation - Room 22				
UK Maths Challenge Club Room 23				
Basketball KS3 Year 7 & 8 Sports Hall				
Food Tech Week 2 KS4 Year 10 & 11 Catch up session to support				



ABEUNT STUDIA IN MORES

JAN 2023

£2.50
Per session

BOXFIT

AT HAINAULT YOUTH CENTRE

Female only

For 11-18 year olds

Also open to relatives
(mother / guardian) wanting
to attend with their
teenage child

Tuesday 6pm-7pm

Book your session here:
<https://vrcl.uk/boxfit>



INTO FILM

YEAR'S 7 & 8
MONDAY (WEEK 1)
3.10-5PM (APPROX.)
ROOM 24 MEDIA
FREE
POPCORN!

INTOFILM FILMCLUB
IS A FREE FORTNIGHTLY
CLUB OPEN TO YEAR
7 & 8 PUPILS AIMED AT
FOSTERING AN
ENGAGEMENT AND LOVE OF
FILM.

DISCUSSIONS HELP TO IMPROVE
STUDENTS UNDERSTANDING OF FILM
AND THE INDUSTRY AND VERBAL OR
WRITTEN FILM REVIEWS HELP TO
PROMOTE LITERACY
AND ORACY

COLLECT A PERMISSION LETTER FROM ROOM 24 (MEDIA) TO JOIN

Friendly February 2023

MONDAY



6 Get back in touch with an old friend you've not seen for a while

13 Smile at the people you see and brighten their day

20 Make a plan to connect with others and do something fun

27 Call a friend to catch up and really listen to them

TUESDAY



7 Show an active interest by asking questions when talking to others

14 Tell a loved one or friend why they are special to you

21 Really listen to what people say, without judging them

28 Give positive comments to as many people as possible today

WEDNESDAY

1 Send a message to let someone know you're thinking of them

8 Share what you're feeling with someone you really trust

15 Support a local business with a positive online review or friendly message

22 Give sincere compliments to people you talk to today

THURSDAY

2 Ask a friend how they have been feeling recently

9 Thank someone and tell them how they made a difference for you

16 Check in on someone who may be struggling and offer to help

23 Be gentle with someone who you feel inclined to criticise

FRIDAY

3 Do an act of kindness to make life easier for someone

10 Look for good in others, particularly when you feel frustrated with them

17 Appreciate the good qualities of someone in your life

24 Tell a loved one about the strengths that you see in them

SATURDAY

4 Invite a friend over for a 'tea break' (in person or virtual)

11 Send an encouraging note to someone who needs a boost

18 Respond kindly to everyone you talk to today, including yourself

25 Thank three people you feel grateful to and tell them why

SUNDAY

5 Make time to have a friendly chat with a neighbour

12 Focus on being kind rather than being right

19 Share something you find inspiring, helpful or amusing

26 Make uninterrupted time for your loved ones



ACTION FOR HAPPINESS

Happier · Kinder · Together

LONDON YOUTH GAMES



2023

Would you like to represent Redbridge at the
London Youth Games 2023?

Girls football

School Years 8 & 9

Born between 1/8/08 and 31/8/2010

To register—[Click Here](#)

Trial
Wednesday 19th April
16.15—17.15 @ Fren-
ford Clubs



You must live or go to school in the London Borough of Redbridge.

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School Uniform

Please note: that Carolina uniform suppliers will be reviewing their prices in 2022/23

School uniform plays a valuable role in contributing to the tone and ethos of the school. It helps to promote a sense of equality amongst our diverse population of pupils and the understanding of the formal nature of the environment. The wearing of uniform helps to instil pride in the school, a spirit of togetherness and an atmosphere in which successful learning can flourish.

► DRESS CODE

Burgundy school blazer with badge embroidered on pocket

Plain, white cotton (cotton/polyester) shirt

School crested tie with year group coloured stripe

Plain, black, school V-necked pullover with crest

Pleated, black, knee-length school skirt or plain black regular fitting trousers

Socks, ankle or knee length - white or black socks, or black opaque tights

Shoes – flat, black, of a sensible design

Trainers, trainer type shoes, open or canvas shoes are not acceptable and must not be worn

The school embroidered blazer, tie and pullover can only be purchased from the school outfitter.

All other items of uniform may be purchased elsewhere. However, to keep in line with the school's colour, styles and appearance we would suggest you buy your child's full uniform from the school uniform shop.

► OUTFITTER

Contact Details:

Carolina

708 Chigwell Rd Woodford Bridge Essex IG8 8AL

Telephone: 020 8504 6420

Email: carolinaschoolwear@yahoo.com

Website: www.carolinaschooloutfitters.co.uk

► General Uniform Rules

1. Make-up need to be subtle. False eyelashes, nail varnish and fake nails are considered excessive and are not permitted.
2. The only jewellery permitted in school is one small signet ring, one sleeper or stud in each ear and a simple religious emblem on a necklace worn under the shirt. Large diamante earrings are not permitted. No other body piercing should be displayed.
3. Religious headwear should be plain in black, burgundy or white.

4. Hair bands must be plain black. Patterned bandanas are not permitted.
5. It is not permitted for any student to wear any form of cap or hat in the school building. A plain black woollen hat can be worn to and from school and at break / lunchtimes when the weather is cold.
6. Hooded sports tops or 'hoodies' are not permitted and will be confiscated.
7. Trainers, canvas shoes, plimsolls or patterned shoes must not be worn.
8. Jeans or tight fit trousers are not permitted.
9. Coats and jackets must be plain, and without large patterns or logos, these can be worn in the school building (not in lessons and/or the Dining Hall) as a trial from 3rd October 2022.
10. Trouser belts must be plain and dark in colour.

Pupils must wear school uniform at all times, including as they arrive at school and depart at the end of the day.

If there are any problems with uniform, temporary or permanent, contact the Head of Year in advance. In addition, the school has a family hardship fund for parents / carers that cannot afford to buy or replace uniform. Please contact the Head of Year to discuss your family's eligibility for this financial support.

The school requires a parent or carer to collect any confiscated items from 3.15pm that day.

