

THE HERON HOMELINK *newsletter*



May 2023 Issue No. 5



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Welcome from the Headteacher



Dear Parents/Carers,

We have made it through to the summer half-term; 5/6 or 83% of the school year if you have a mathematical mind! I can't imagine a time when I haven't been Headteacher of this school and love my job so much, despite the challenges of this year. The greatest pleasure is getting to know the community better day by day and learning about the huge wealth of talent and fascinating lives that people lead.

We wish the Year 11s and 13s well as they transition towards the second half of their exams and hope they can manage to stay focused on revision despite the sunny weather in store for us over half-term. I cannot wait until results day to share their successes.

Some great news about our Year 13 Art pupils being accepted at such prestigious places – 3 pupils, Nadia, Elijah and Theo accepted at Camberwell School of Art and Thalia at Camden Working Men's College. I also discovered in the lunch queue today that Eleanor in Year 11 has been accepted at the Brit School; an amazing achievement and I told her I was horrified she hadn't bragged about this news more!

Today was a chance for some pupils to share their cultural clothing and some pictures are below – they were very proud to show off their heritage and stumped me with some 'What flag is this?' questions! I have learnt these now I promise.

It's National Thank a Teacher Day on Wednesday 21 June and this year is all about gratitude, recognising the long-lasting impact that education has on individuals and throughout society. The Thank a Teacher Campaign is run by The Teaching Awards Trust which was established in 1998 by Lord David Puttnam CBE, to celebrate and recognise excellence in education.

This year, a limited-edition e-card has been illustrated by much loved author and artist Charlie Mackesy. So, if you want to thank anyone in school, whatever their role, and let them know how grateful you can send a free e-card.

There are also several competitions including baking, drawing, writing and sports. Visit the website for details on how to enter, and your entry could be shared by celebrity judges including Nadiya Hussain and Sir Michael Morpurgo.

I wish you all a very happy and restful half-term. Please remind pupils that it is business as usual when they return and we need to ensure that standards of learning and behaviour remain as high as ever. We wish all year groups the best of luck with their assessments next half-term too.

I will leave you with a thought as we approach the summer:

Keep your face to the sunshine
and you cannot see a shadow.

Happy half-term and good luck to the Year 9 Duke of Edinburgh pupils as they face their real expedition this weekend.

Miss E Hillman
Headteacher



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Wanstead High School



THE DUKE OF
EDINBURGH'S AWARD



London Borough of
Redbridge



Adrenaline Dance Showcase

At the start of the term, the Dance department had over 90 pupils take part in this year's annual dance showcase 'Adrenaline'. The showcase featured a range of different dance styles and included pupils in Years 7 to 11. Most of the dances were choreographed by the pupils themselves.

The time they had taken to choose music, find costumes, choreograph routines and rehearse with their peers was outstanding and a moment the pupils can be very proud of. As well as performing two evening performances to parents and staff, the pupils also performed to two primary schools and the whole of Year 8. The feedback from all the performances was overwhelmingly positive and hopefully inspired more of our Year 8 pupils to take part next year. The pupils also performed the dances we have entered

into The Great Big Dance Off and the London Youth Games. These performances have got through to the finals of these competitions and will take place next half term, we wish the pupils the best of luck! I would like to take this opportunity to thank the pupils involved, their parents and the Dance and Drama department staff for all their support in order to make the show and competitions such a success.

I was overwhelmingly proud and emotional at the final showcase performance; I am extremely lucky to work at a school with such talented and dedicated performing arts pupils and teachers and am already excited to see what next year brings!

By Ms R Grace



Messages from Heads of Year



Head of Year 7

Dear Parents and Carers,

This half-term we have had a focus on reading in tutor time and we have seen Year 7 have morph into bookworms! Pupils have been sharing their reading stories; books they enjoy or that have meant a lot to them when they were younger.

We are also reading together in tutor time, sharing and enjoying stories as a year group. For the non-fiction fans we've been reading more about current affairs articles from the children's newspaper First News.

Year 7s have also been quite crafty too with their reading, delighting us with some of the creative ways they have found to mark a page with a book mark. Some too have also started weaving matching friendship bracelets and book marks – it has been a delightful way to share books that we love. We're also keen to take recommendations from families and friends.

The final half term approaches it is amazing to think that Year 7 have almost completed their first year at WHS. Their unwavering enthusiasm is still as present as ever it was. I hope they enjoy the half-term holiday to recharge their batteries, and I look forward to seeing what they bring to the next last term!

By Ms C Murray



Head of Year 8

Dear Parents and Carers,

I hope that this newsletter finds your family well and that you are looking forward to the half term holiday.

I want to take this opportunity to share my ongoing reflections of the year group and their performance so far. I continue to be delighted with my year group on

the whole. Students have continued to demonstrate many talents throughout the year and have shown me the ability to be resilient and have a targeted focus on achievement.

Unfortunately, they are no longer the highest achieving year group in the school. There are always things in which

we can improve on as a year group. I have said to the year group that we need to up our game after half term as we have let a few things deteriorate. I have mentioned before about the sheer potential that they have and I will repeat that the sky is the limit for this cohort if they put their full focus and attention when in the classroom. However, they are on a positive path and they have improved leaps and bounds since September.

As a reward, the year group will be going on an end of year trip to Adventure Island in Southend. It is important to recognise their accomplishments throughout the year and how better way to spend it then on a rollercoaster next to the beach! Information on the trip will follow shortly with details on how you can secure a spot for your child.

I hope that you have a lovely half term holiday.

By Mr M Tinker

REMINDER ParentPay

If parents or carers wish to set a limit on their child's ParentPay break or lunchtime spending, they need to notify the school (via email whs@wansteadhigh.co.uk) as this can only be done by the school.



Head of Year 9

Dear Parents and Carers,
What a wonderful term!
This term pupils have demonstrated excellence, commitment and perseverance across the whole spring and start of summer term.

A highlight has been witnessing so many pupils be involved in all extracurricular activities including the Duke of Edinburgh's

Award. Congratulations to all Year 9 pupils on a successful expedition, I was so impressed to hear about all your adventures and how you demonstrated such maturity and positivity throughout the trip, thank you to Miss Feeney for organising and leading the expedition's, all pupils and myself are truly grateful.

Alongside this, some Year 9 pupils have also had the opportunity to take part in a touch rugby tournament this half term, Miss Hayes said that all pupils involved represented the school brilliantly and displayed excellent rugby etiquette, outstanding sportsmanship and lovely manners during the day. What an amazing achievement! – thank you to Miss Hayes for organising this opportunity, the pupils were very excited and loved the experience.

Another congratulations to all pupils involved in the amazing Adrenaline Dance Showcase. This was a true success and our Year 9 dancers performed incredibly well, representing our department in the most wonderful light. The Dance department

are extremely proud of all pupils involved and thank you for all your amazing efforts and determination and thank you to all families, friends and staff who supported and watched the performances.

Our dancers now look ahead to competing in the London Youth Games Finals after being successful and ranking top 10 in all London boroughs, this will be happening on the 30th June.

This term has been a very busy one with so many incredible opportunities for pupils to show their skills and try something new I am very excited and hopeful for next half term and all the successes and achievements Year 9 are yet to achieve.

Moving forward into the next half-term, I will no longer be the Head of Year 9, my role has now changed to Dance and Drama Curriculum Team Leader. This decision was very difficult for me working so closely with Year 9 pupils since Year 8, however I am very fortunate to still be a part of the Wanstead staff but now in a curriculum role and will continue to support Year 9 pupils as they move into their first GCSE year.

I would like to thank all parents and carers for their unwavering support during my time as Head of Year it has been great to speak to and meet so many of you. To the Year 9 pupils thank you so much for all the wonderful memories. I have thoroughly enjoyed cheering you on every day and supporting you to strive to be your very best and I hope you will always continue to do so! Thank you for making me laugh every day and always being such a kind and positive year group. I have truly loved being your Head of Year and hope you continue to work hard as you begin GCSEs! You've got this!

I hope you all have a restful half term break,

By Ms R Gullefer



Head of Year 10

Dear Parents and Carers,
Year 10 have been working extremely hard in preparation for their upcoming mock exams, using tutor time to familiarise themselves with exam rules; they have all been given a paper copy of the Year 10 mock guidance to assist

with revision. I would like to thank those who attended our information evening, it was lovely to see you all. You should have now received the link to our information evening for those who weren't able to attend, along with a letter & generic timetable informing you and your child what exams fall on which day. Pupils will receive an individual timetable with their location, seat number and the duration of each exam (including any extra time where applicable).

I would like to take this opportunity to wish them all the best of luck with their first set of exams. It would be a very valuable

exercise for you to discuss and evaluate with your child how the mock process went for them: what did they find challenging, what they can do to overcome the hurdles, and what lessons can be learned about, and what needs to be in place before the real exams for next year?

A reminder that if pupils have P.E they still need to wear school shoes to school, trainers should be brought in separately as part of child's P.E kit. Your continued support in ensuring excellent standards of attendance, punctuality, uniform and behaviour is maintained by all pupils is most appreciated.

Please keep a look out for information regarding our end of year reward trip. We will need parents to secure their child's place by expressing interest on the link sent out along with a small fee if possible.

By Ms G White



Head of Year 11

Dear Parents and Carers,
I would like to wish all Year 11 pupils the best of luck in the GCSE exams.

The hard work they have put in with revision and attending interventions, and making sacrifices can finally be put into practice.

Remember to continue

that hard work right through to the last exam.

But also remember to look after yourself. Eat and sleep right, reward your efforts and know it will all be worth it. Good Luck Year 11!

Best wishes

By Mr R Carfrae



Head of Year 12

Dear Parents and Carers,

Our Year 12s have impressed me with their diligence and focus towards their A Level studies this half term.

We have been very fortunate to have Claire Kinselley, a top Recruitment and Careers specialist deliver two very well attended career seminars to our Year 12s. Claire

has an illustrious CV and can list years of service with major blue-chip companies. Her seminars were held over two days and covered 'Careers in Law and Finance' and 'Careers in Social Sciences'. Pupils had the opportunity to ask 1:1 questions at the end of the session and Claire was very kind to email back with further information and links which have been shared on our Year 12 Google Classrooms.

Over the years our 6th Form has developed links with the Access Team at Wadham College, Oxford, and just before the end of term they visited WHS to present a session on writing competitive personal statements for university applications. The talk gave advice on how to structure the personal statement; how to include super-curricular accomplishments in a meaningful way and all importantly, how to avoid classic clichés that can switch off assessors.

Our tutor groups continue to explore post 18 options through their use of Unifrog, our destinations platform. We have had dedicated time in the Private Study IT suite to investigate the UK university and Apprenticeship Tool, creating shortlists based on predicted A Level grades. This has given the Year 12s plenty of food for thought as Unifrog filters universities in three categories, 'safe' 'solid' and 'aspirational' from which to create 'shortlists'. Parents and carers, if you haven't already asked your child for a demonstration on Unifrog, please do so!

As you will know, the Year 12s will sit their Mocks between 12th June to 23rd June. Pupils are expected to attend all lessons as normal between exams as they do not have study

leave. I know our pupils' learning will benefit from Ms Bray's assembly this week on 'metacognition' and understanding how our brains store and retrieve material and are wired for growth.

Looking ahead to the final half term of Year 12, we will be taking the whole cohort to visit the UCAS Discovery Fair at the University of East London on Tuesday 6th June. Over 100 universities, colleges and apprenticeship providers will be represented and will be happy to speak and answer questions about next steps. Trip letters have already been emailed to parents and careers-please can you complete these asap. Without a consent form we cannot take your child on the trip.

We have planned a Drop-Down Day at the end of June where all pupils will be off timetable to focus on post 18 next steps. We will have talks and workshops by external providers on a range of topics including gap years, student finance and of course, writing UCAS personal statements. We are also hoping to take the whole cohort to visit a leading London University for an Open Day. The day will offer subject taster sessions and lectures, demonstrations and tours around campus. Ambassadors will also be on hand to answer questions about university life.

As we are currently in University Open Day 'season', I would urge Year 12 pupils and their parents/carers to book visits to institutions via [Opendays.com](https://www.opendays.com). Visiting a range of universities will aid decision making and allow your child to make the best decision for them.

By Ms T van Beers

Congratulations!

A massive well done to our Haven House Enterprise Team, Charlotte, Evie, Hana and Daisy who won two awards at the final awards ceremony: The Inspiration Award and Most Raised, with a fantastic £4019 raised. I know they devoted many hours of planning after school for this great charity.

Well done to Elizabeth, who won the New Views script writing competition run by the National Theatre-absolutely amazing accolade!

Well done to Besona and Soha for winning places on the Sutton Trust Summer School-it will be a fantastic experience.

Well done to Manny who passed his driving test first time: the first in our year group!



Head of Year 13

Dear Parents and Carers,

I hope this newsletter finds you well. The Year 13s are busy sitting their final exams and I wish them all the very best of luck. It is very important that they continue eating and sleeping well during this time to ensure they are all well rested for the exams.

Pupils had their last official day in the Sixth Form on Friday 12th May. We celebrated their time at the school, and held a leaver's assembly and breakfast for the cohort in the main hall with music, a farewell video, amusing awards, speeches, performances and thank yous.

It was emotional at times but a proud moment for me to see the cohort altogether one last time and strange but great to see them in their old school uniforms!

I want to thank and congratulate all pupils for their resilience and hard work and I hope that the results in August will reflect this. I also want to take the opportunity to thank all the parents and carers for your support to your young person and the school throughout their time at the Sixth Form.

I look forward to seeing the pupils who have bought tickets for the Prom on Friday 7th July as it promises to be a great celebratory event after their exams.

I have really enjoyed being this cohort's Head of Year and will continue to support during these final moments. Please do not hesitate to contact me if you require any further information.

By Ms H Battiwala

Preparing Pupils for Success

Year 11 pupils working hard at a Sociology walking-talking mock. Thanks to all staff who have come in to support our pupils at this very important time.

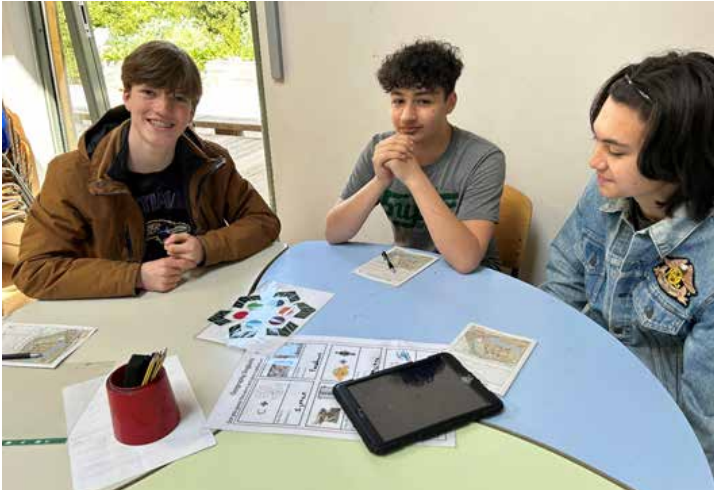
And solidarity to staff who are striking to ensure teachers

have a better deal from the Government in future.

By Mr Z Ali



Visit to Hyde Park



Planning in progress before the investigation in the field.



Data collection in the field

Year 12 enjoyed a visit to Hyde Park under the glistening sunshine, in helping them develop their skills for their NEAs (non-exam assessment). Hyde Park is one of the eight parks looked after by the Royal Parks Charity. Hyde Park provides a great opportunity to understand the role trees can play in the carbon cycle in the heart of central London.

The purpose of the visit was to carry out an investigation to see which trees were the most effective at sequestering carbon in Hyde Park. The day started off with planning how the investigation would be run. This involved undertaking a risk assessment which is imperative to ensure any potential hazards are minimised when out in the field. Once in the field pupils were able to undertake the investigation and collect data. This ranged from identifying tree species, looking at the tree height and measuring the circumference of the tree.

After collecting all the data, and undertaking calculations to work out how much carbon was sequestered by each tree. It was clearly evident that both London Plane and Oak trees were the most effective at reducing London's carbon footprint. This is vital to ensure these trees are looked after and planted in greater frequency to help clean the air. Moreover, the Royal Parks Charity do a great job to ensure this is the case. As each tree is mapped to ensure the health of the trees can be measured and the trees are looked after. Overall, the day provided useful reminders to the year 12 pupils to ensure they can take suitable steps in their own NEA investigation – some of which have fascinating titles!

By Mr M Hamza

A Day at the Old Bailey

The Year 11 Sociology pupils visited the Old Bailey on Wednesday 12th April.

They were given the invaluable opportunity to witness actual court cases. The Old Bailey is the Central Criminal Court of England and Wales, one of the many buildings housing the Crown Court. It is a centre of intense activity with thousands of people entering the building on a daily basis including judges, counsels, jurors, witnesses and defendants.

By Ms E Christofides



Behind-the-scenes at Wanstead High: Human Resources

In the first of a new series of articles, Mrs Graefe from Human Resources steps into the spotlight.

There are many members of staff who all contribute in their own role to make our school run - people such as Mrs Graefe, who works in HR (Human Resources) at Wanstead High School. Her days are very busy, as she has many varied tasks to do each day. She arrives at school early to check for urgent emails in her inbox and then gets an update on staff levels from the Senior Cover Supervisor.

During the day, she will normally have a couple of meetings - some of those could be to discuss Leave of Absence requests, some might be to discuss recruitment and some might be to help staff with workplace risk assessments if they are returning from an operation for example. The last one might involve liaising with an Occupational Health team to determine if the employee is fit and ready to return to work, and how the school can support them if they are able to do so.

She has also been working on updating the school's policies so that they support all employees. Most recently the staff Sickness Absence policy has been updated so that all staff returning after illness have a 'Welcome Back' meeting with their Line Manager to bring them up to speed with everything that has happened on the days when they were off from work.

I asked Mrs Graefe why she chose a job in HR and she said that she enjoys helping people, likes to keep things organised and loves working with others to make systems better. These are the reasons why she decided to join our school as the HR manager in November last year. She told me that it's been an exciting two terms for her and that the staff have been kind,



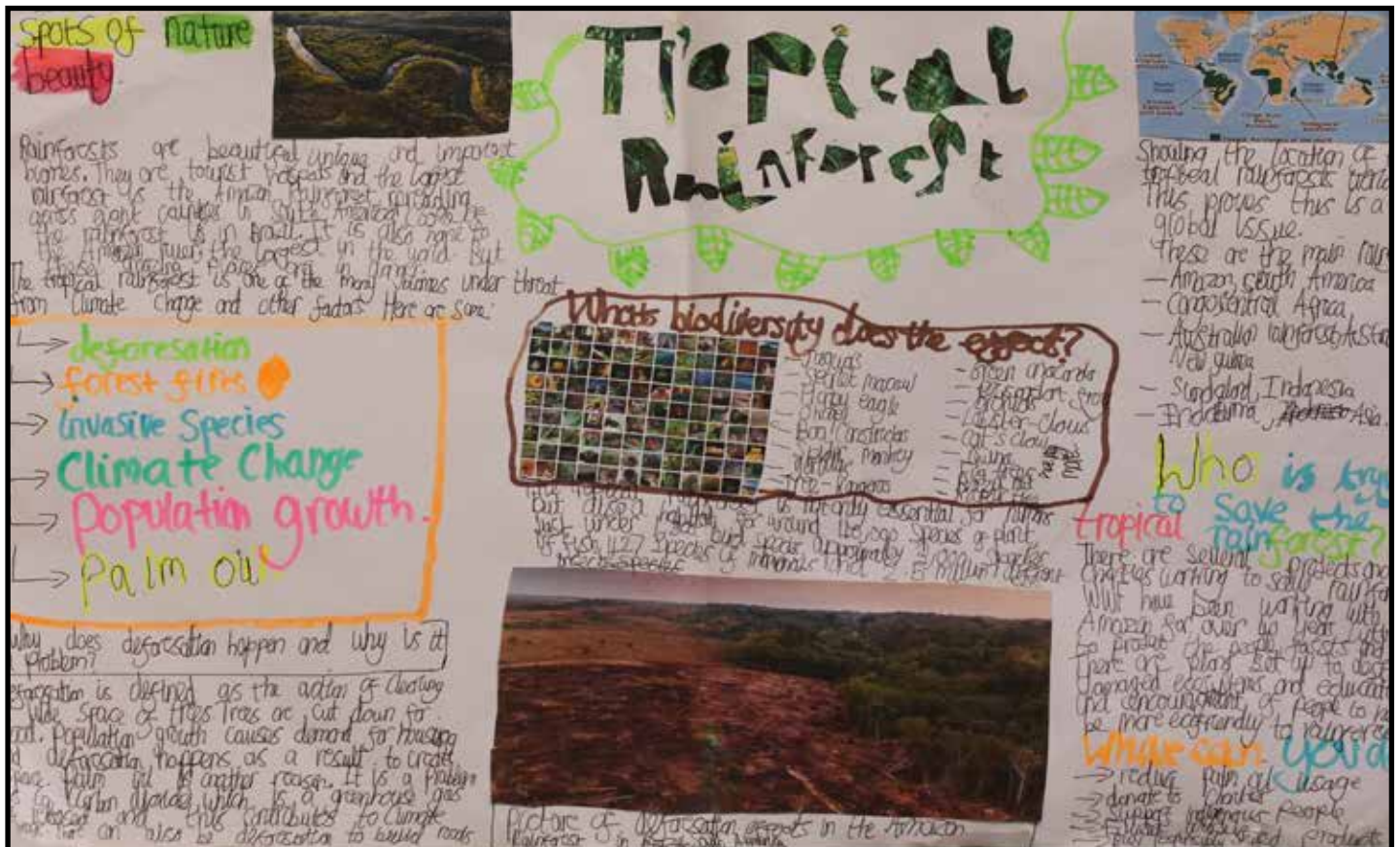
friendly and welcoming. I also found out that she used to be a Geography teacher after studying at University to get her PGCE. She was a teacher in Waltham Forest for 4 years, including as a Head of Year, before leaving the school and working as a school PA in West London.

By Riku - Year 7

Did you know?

The HR department has only been around since the early 1900s!

Climate Change Challenge



The Science department launched a climate change challenge last term with Year 9 which was based around changing habitats due to human activity.

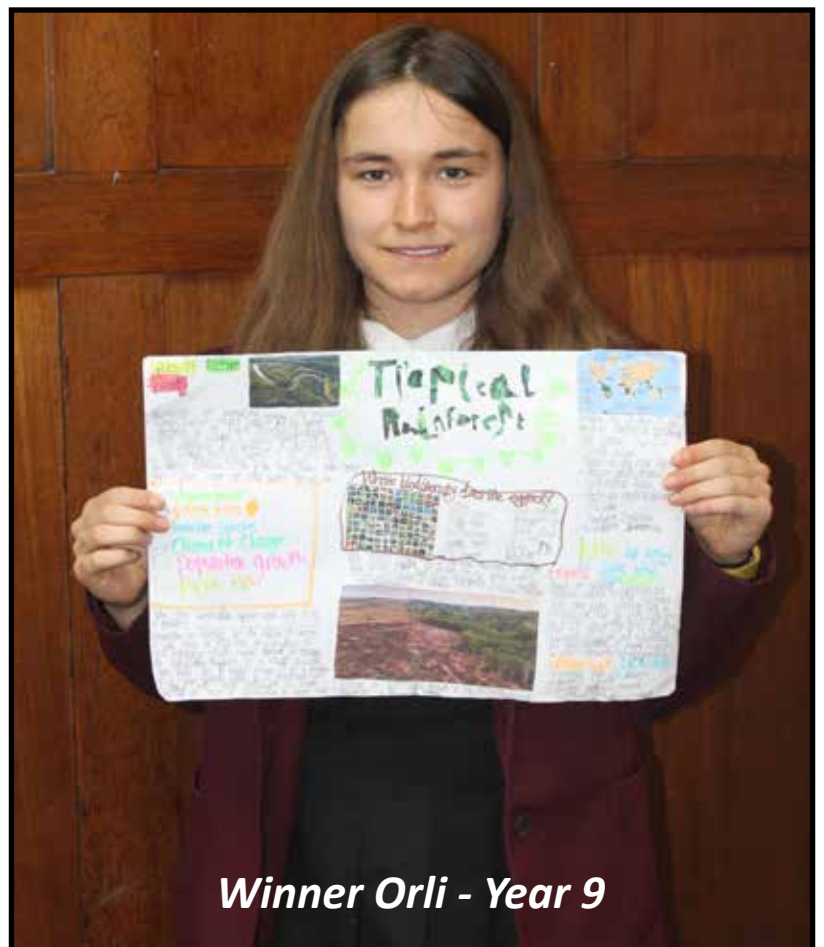
The aim was to raise awareness of climate change around the planet and to research the impacts this is having on the environment.

Pupils researched different habitats around the world using real life case studies to explore the strategies that are in place to protect and create habitats.

The challenge was to create a poster about the climate change and the winner from each form got ten praise points and the overall winner was Orli who received a prize, a science badge and 20 praise points, Orli's poster was based on the deforestation of rainforests. A massive well done to everyone else who participated and the runners up were Julia, Abdurrahim, Firuza, Iyad and Manha who all also received ten praise points each.

By Ms N Hasan

Winner: Orli, runner ups: 1. Abdurrahim, 2. Manha, 3. Mischak, 4. Julia and 5. Ngaire.



Winner Orli - Year 9

Amazon Rainforest : Destruction

The Amazon Rainforest in Brazil is a rainforest full of biodiversity, different ecosystems and species. However, there is a threat to the ecosystem: deforestation. 10,000 acres of trees are lost everyday, due to deforestation making way for unsustainable, harmful plantations, such as palm oil plantations. These trees are habitats for many species, such as insects and orangutans, but many of these species have become endangered and die everyday due to deforestation. The government in Brazil are not taking any actions against this and so deforestation still continues to destroy the rainforest.

Amazon Conservation has reforested degraded lands with over 250,000 trees to date. Logging has been introduced on mature trees, so that younger trees have more space to thrive. In solidarity with orangutans (and other Amazon species), companies have started to use sustainable palm oil in their products and some companies have boycotted palm oil completely. Many environmental activists fight for change in the Amazon Rainforest.



2 The Arctic

The Arctic is facing significant destruction due to various human-induced factors. Climate change is causing the melting of ice caps and glaciers, resulting in the loss of critical habitat for species that rely on ice, such as polar bears and walrus. Oil and gas drilling activities in the Arctic are expanding, causing disruption to fragile ecosystems and habitats, and leading to habitat destruction and pollution. Pollution from industrial and human activities is also contaminating the Arctic environment, posing a threat to wildlife and their habitats.

Species Affected

Numerous species are being affected by the destruction of the Arctic habitat. Polar bears, which rely on sea ice for hunting, are facing reduced access to food due to shrinking ice cover, resulting in declining populations and increased mortality rates. Walrus, which use sea ice as resting platforms, are forced to haul out numbers in large numbers, leading to overcrowding and an increased risk of stampedes. Reindeer, also known as caribou, depend on the Arctic tundra for food and habitat, but changing climate patterns are disrupting their migration routes and food sources.

Impact on Wildlife

The destruction of the Arctic habitat has severe impacts on wildlife. Polar bears, unable to find sufficient food, suffer from malnutrition, reduced reproductive rates, and increased mortality. Walrus face overcrowding and habitat loss, which can lead to stress, injuries, and death due to stampedes. Reindeer face disrupted migration patterns, which can result in reduced access to food and increased vulnerability to predators. Sea birds may face reduced food availability and changes in their feeding behaviours, leading to potential declines in their populations.

3 Forests

Approximately 80% of the world's species live in forests. As a result when forests are destroyed, many animals lose their homes some unable to survive. They can be destroyed by fires or destruction such as deforestation to make way for buildings or other infrastructure for humans.

Approximately 28,000 animal and plant species are expected to become **EXTINCT** in the next 25 years.

Orangutans, tigers, elephants, rhinos and many other species are increasingly isolated, and their sources of food and shelter are in decline.

Protection

- Restore damaged ecosystems by planting trees on land where forests have been cut down
- Introducing afforestation programs
- Controlling forest fires
- Proper utilization of forest resources

Examples

In 2021 alone 4.8 million acres of the Amazon Forest were lost.

Increased population growth is the main cause of deforestation in Africa (Congo forest) and Madagascar forest.

4 TROPICAL RAIN-FOREST

Rain forests are being destroyed due to climate change, cattle ranching and mining.

There are over 100 known forest species that are threatened with extinction. This is because the high rate of fragmentation and deforestation is taking these forests.

REDUCTION OF DE-FORESTATION

- Plucking (make it illegal)
- Planting trees
- Corporate (Recycling)
- Managed Timberlands

FUN FACTS

- Giant Pandas live in the temperate forests. They're endangered due to insouciance deforestation and de-forestation.

5 RAINFORESTS

The ever-growing human consumption and population is the biggest cause of rainforest destruction as we take many resources from them. Half of the world's rainforests have been destroyed in a century at the current rate of deforestation rainforests will be gone by 2100. Direct human causes of deforestation include logging, agriculture, cattle ranching, mining and oil extraction.

Habitat loss is the biggest threat to biodiversity with the removal of trees and other types of vegetation reducing the available food, shelter and breeding habitat for animals. Some animals that have become endangered because of habitat destruction are orangutans, jaguars, giant otters and white-cheeked spider monkeys.

Deforestation in rainforests has led to decreasing numbers of jaguars. Their habitats have become fragmented and it is estimated jaguars have lost 50% of their historic range. This makes it incredibly hard for jaguars to hunt and to mate. To save jaguars and so many other species from becoming extinct we must decrease forest habitat loss. Many organisations are working together to educate humans on the effects they are having and to protect animals for extinction. Their work is vital is essential for the survival of biodiversity and the environment. We as humans must adapt our lifestyles to help the Earth and the animals which we co-exist. Trees are being planted in an effort to replenish the Amazon. Recycling materials is also very important and we should only be buying FSC-certified wood products to ensure the wood is sourced responsibly.

The Duke of Edinburgh's Award

Every year hundreds of thousands of people embark on their Duke of Edinburgh journey.

At Wanstead, we are proud to offer pupils the opportunity to achieve such a highly recognised Award. Over the past couple of months, both Year 9 & 10 have completed their bronze Duke of Edinburgh's Award.

All pupils involved have shown excellent teamwork, resilience and navigational skills. The highlight in my opinion, was seeing everyone around the campfire of an evening

bonding together. This Award has been such a special experience for the pupils and they have learnt lots of new skills along the way. We are planning to host an Awards evening after Christmas to recognise the pupils' achievement.

Furthermore, we are also looking forward to introducing this opportunity to our current Year 8 cohort in September.

By Ms C Feeney



The Trading Game

Year 8 have been learning about the economic world during the Spring Term and this has involved studying our extraction, use and over-use of natural resources; globalisation; modern manufacturing; the advancements in the service sector and have culminated in investigating the role of international trade.

To conclude the unit classes have undertaken a simulation in international trade. Each pupil has been allocated to one of six countries (Italy, The UK, Brazil, India, Cambodia and Tanzania), each representing a different stage of economic development and geopolitical status.

Groups were allocated differing quantities of paper to represent natural resources, items of equipment to represent machinery and varying quantities of "cash" to represent the wealth of the country, group sizes also varied to represent population size. Groups are required to produce shapes to exacting standards which are worth varying amounts of money.

Whilst undertaking the simulation countries will need to "trade" between one another as no one country has everything they need to make money. Once shapes have been made, they are "sold" to the bank, with prices fluctuating to represent supply and demand circumstances.

When 8.2 played the Trading Game at the end of the Spring Term Cambodia made the greatest sums of money (£19,200) in their manufacturing and trading, through innovative manufacturing techniques and some very skilful negotiating skills to gain the highest value for their natural resources whilst at the same time paying minimal amounts for the equipment needed to manufacture semi-circles (the

shape with the highest value).

As with the real world, 8.2's Italy and United Kingdom teams demonstrated that these two countries are no longer hold significant reserves of raw materials and having declining manufacturing industries, coming in fifth and sixth place respectively and all too common with some wasteful use of natural resources.

Worryingly, as with the real world, our two bankers, Laurel and Caspian, paid out too much money and were bankrupted with time still to play the game! We had to revert to IOUs to see us through to the end of trading.

As we concluded, pupils were able to reflect on their experience in the role play and relate it back to their learning during the Economic World unit.

Let's hope that this experience will be something that pupils will take with them throughout their life and not make the same mistakes that many countries have been making over the past few centuries with rapid resource depletion, the chase for making a fast buck and paying excessive sums for things in need at that moment in time.

By Mr D Leftwich



Haven House Enterprise Team Wins Two Awards

A massive well done to our Haven House Enterprise Team, who won two awards at the ceremony yesterday: The Inspiration Award and Most Raised, with a fantastic £4019 raised for the cause. Thank you to all members of the school and parent community for your support, and well

done to all pupils involved, you have done yourselves and the school proud!

By Mr D Langford



Important Announcement! Cultural Day 12th July!



We are in the early stages of planning for this event, so watch this space!

So far, the intention is for lessons during the day to be off curriculum - bespoke lessons will be taught in all subjects which celebrate the diversity of our community.

In the evening (time and details yet to be confirmed) we're hoping to invite parents and pupils to school to enjoy entertainment and share cuisines from around the world! Looking forward to a time of celebration!

Grade Booster Workshop for Year 13 Economics Pupils

On Tuesday 25th April a few Year 13 Economics pupils attended the Edexcel A-Level Economics grade booster workshop at Westfield Stratford City, London. This workshop is designed and delivered by experienced teacher and examiner presenters, all of whom have a deep understand-

ing of what pupils need to focus on in order to succeed in their summer exams.

It was an interesting and enjoyable day for all.

By Mr Z Munir



Redbridge Short Story Competition Entries

All Year 7-10 pupils were given an exciting opportunity to be part of the Redbridge Short Story Competition and WHS Short Story Competition.

The selection process was challenging due to the exceptional quality of the submissions. The English teachers and the librarian, Ms. Maule, carefully reviewed and deliberated on each entry to determine the final selection of stories which have been sent to Redbridge organisers. We are eagerly awaiting the results and will announce these in the next

edition!

For now, we are excited to share with you a sample of the incredible creative talents showcased in both competitions. These stories will give you a taste of the creativity, imagination and dedication of our pupils.

Enjoy reading!

By Ms Khan and Ms Gorczak

Door of Hope

By Kitty - Year 7

It's 2057, WW3 has begun. You need to do anything to escape. Oceania no longer exists due to the rising seas. Climate change is at its peak. Continents are fighting for food and energy. North America has found a way to harness the Earth's core for energy, creating an atomic bomb. You need to escape now. Humanity as we know it was dying at a rapid pace. Hundreds of thousands of lives had been lost. The news has become too depressing to watch, the only news being of what North America will do.

Soon they will detonate it. Blowing up most of the world when it does. Including your home. You need to find a way to escape now. No-one knows when it will go off, making it more worrying. Everyday you panic, not knowing what to do. You look at every wiki file, read every newspaper article, search for any help on Google. Trying to find out when it may go off, where to find help, what to do. Nothing is helping. It is helpless. You are helpless.

Days go by without any further news. It's getting late and you decide it's time to go to bed, unknowing of what would happen that night. You wake up to a loud noise, some sort of explosion. You check the time it's 02:48 you lay on your back for a few minutes, staring at the ceiling. You decide it's nothing to worry about, it is a noise you are familiar with anyway. You try to go back to sleep. But the noise carries on, distressing you into going outside and checking. You find a giant bomb in France has exploded.

Your home is getting too dangerous. Some of your neighbours are standing outside. They can hear the engine of a plane, most like the one that had the bomb attached to it. You all stare into the night sky trying to see the plane.

In the morning you decide to go to the airport, there you might be able to find help or a flight to a safer place. Anything would be safer than here.

You run to the airport, hoping you will find safety there. Most of the houses have been burnt down, reduced to flaming rubble and ashes. Using your last bits of energy you make it to the airport. It is crumbling to pieces, barely staying together. As you force the doors open you see a horrifying sight.

Many people had the same idea, they were huddling together to create warmth. Dead animals and people sprawled across the once sparkling floor. Many are starving, eating anything they can find. Making it even more hopeless by the second. Somehow the overhead was still working and an announcement is made.

Bing bong This is the last check for New Zealand. Any passengers please go to terminal 4, the plane will be leaving in 5 minutes. Thank you! *Bing bong*

In desperation you run to the terminal. Hoping they will let you on without a ticket, as you get to the gate the woman standing there is about to shut the gate. She lets you run through, luckily not asking for a ticket. As you enter the plane the staff come and check everyone's seatbelt is on before taking off.

An introduction starts playing. Saying what to do in the event of a crash or a water landing. While you are watching the video you can see something in the corner of your eye. You turn to look out of the window. One of the metal sheets on the wing is coming loose. It falls off, letting the wind take control, making it float around in

the air before plummeting into the sea. Then another one falls off, floating around then falling. Another one follows. Then another. You start to get worried and look around the cabin for help.

But no-one is there. You are the only one on the plane. All the passengers...they were an illusion. Trying to get unsuspecting fools into the plane-that must be why the lady didn't ask for a ticket. The plot is all coming together now. The plane starts to fall and you run to the cockpit but it's too late, the plane crashes into the South Pacific ocean.

When you open your eyes you are laying on a beach. Slowly you stand up and look around. A young girl is squatting down beside you. As soon as she sees you awake she runs off screaming something in a different language. Then an older woman, who looks to be the girl's mother, comes over and takes you to the police station. They ask you questions, none of which you can understand. They talk amongst themselves and someone comes over and speaks to you, in English. They tell you that you are in Niue and the little girl found you passed out in the sand. They ask you some questions; where you came from, what your name was and what happened.

A few hours later you are released from the police station. You wander around for a bit, trying to find a place to sleep, knocking on every door to see if anyone could let you stay. No-one was helping as your body grew weaker you stumble into an old alleyway full of rubbish. Eventually you collapse in the alleyway.

As you look around your eyes become heavy and you fall asleep. You awake early in the morning. You don't know what time as your watch had smashed when the plane crashed but you know it was early. The sun was just coming up and the birds had begun to chirp. Suddenly a bright light appears. As you get up the glow gets lighter until it is blinding you. You let your eyes adjust to the bright light before trying to find the source.

Then the sky turned black, everything had gone into pure darkness. Everyone on the island started to scream. Then lightning slashed the sky, revealing a wooden doorway hidden behind a pile of rubble.

Could this be the solution? Or are you going crazy? What if this doorway could lead to another world, one where it was peaceful, one that wasn't at war? OR could it be another trap? Like the plane, but this time to definitely put an end to you as you survived the crash. And why did someone want to kill you this badly? Did they think you were hiding something from them? From the world?

Questions fluttered through your head.

You decided to leave it, but the next day you came back it was still there. It felt as if it was calling you. Was this some sort of destiny?

Three days later you went back to the same alleyway early in the morning. 01:24 to be precise. It was the same when you came yesterday, the same bins, the same weird marks on the walls. Only this time there was something a bit off from when you first came here. When you first collapsed in the alleyway. When you asked for help but received none. When all your hope was lost. When all you wanted was to find peace for this broken world.

As you turned the corner entering that place, the glow had stopped. There was no glow. Instead it looked like a normal alleyway. But if you looked a bit closer you could just make out the shape of the door. The same door you came across a few nights ago but this time it was different.

The door.

It was open.

Wide open.

Who opened it? You don't know. Inside the door it was completely pitch black. You started to walk away but some sort of force dragged you back, pulling you into the door.

As you fell through the door, into the darkness, you could see the door shut and the last bit of light you had left was gone. You were all alone. After what felt like hours, days even. Hope arrived.

A beam of light shone through your transparent skin. Many more followed until there was no darkness left. It was bright, brighter than the sun. Then, as if none of it happened you were out again, back in the lonely little alleyway. As you walk through the town you stop at a television store.

Many televisions are displayed in the window, trying to catch your eye. Trying to make you buy it. But something does catch your eye. The news.

The war had ended. It ended last night. At 01:24 am. Later there is going to be a party, a party of the century.

What Lies Inside the Letter

By Georgia - Year 7

I awoke suddenly to an abrupt thud caused by Elora. She faced me innocently as she tried to pick up the wooden stool that lay immobile on the floor. 'Elora go back to bed', she slowly made her way to me whilst I lay wearily stretched. 'Why are you in here, it's not even sunrise yet?', I asked her, as I opened my bed for my younger sister to lie with me. 'I just...', she paused 'there's nothing in the mail yet Emmeline, I checked it for you and ma,

'That's because it's early morning, besides it's dangerous out there, you shouldn't be going out alone', I answered her.

'I only checked the letter box Emme, I didn't go that far'. She quietly slipped out from the protection of my arm and proceeded to my bedroom door, 'see you in the morning Emmeline', she whispered from the door 'bye Elora', I whispered back.

As Elora left the room, I built up the energy to bring myself from my bed and to dress myself. A cold breeze seeped in through the narrow cracks of the frost covered windows, I wiped away the condensation and peered through to see Leela - her corn coloured hair sat perfectly in a neat braid draped down her shoulder. She lived next door yet we never really spoke. I knocked on the window to get her attention. Leela turned her head towards me, squinting her eyes trying to see who was calling her. She smiled simply then turned her head back to face the icy road in front of her, where she stood motionless.

I collected my jacket from the end of my bed where it lay crunched up and covered in tears then raced to Leela who was still standing with her hands in her coat pocket outside of her front door. 'Hi Leela', I said apprehensively as I shut the rotting wooden front door behind me. 'Can I help you Emmeline?', she muttered as she let out a big sigh. 'Why are you out here? The suns just rising, shouldn't you be waking up or resting, not standing outside in the cold'. I turned to look her in the eyes, she looked scared and full of fear. 'You know Emmeline, last night I had a dream, it was strange but...I don't know, it doesn't matter',

'Speak Leela, now you've made me curious',

'Well it started with me looking out the window and all of a sudden lightning slashed the sky, revealing a wooden doorway hidden behind a pile of rubble. I walked towards the door then it just disappeared, I don't know what it meant but it led me here'.

We both glanced down the road to where we saw the faint outline of a boy on a bike. The bell rang out loudly. As he cycled closer a white envelope flew from his hand and towards my front door step. A cold shiver ran down my spine. Leela nudged my shoulder then looked over to the envelope on the floor. I nervously began to walk towards the envelope. I turned over the letter to where it displayed the blood red sealing wax, it was still warm considering the heaps of ice and frost that surrounded the streets. 'You should go inside, I'm sure it's nothing serious', Leela began as she opened her front door.

I made my way inside to where I found a knife and reluctantly cut the seal. At the top point of the letter bold writing was displayed reading 'The societas de sanitatem et bene esse. I drew my finger below each word and made an attempt at sounding them out. Carefully, I took out the whole letter and began to read.

The societas de sanitatem et bene esse

10th January, 2065

Dear Miss E. Oleander, considering the many current shipments of the Latrommi vaccines - many from the upper/richer sides of the region have taken an interest in the new Latrommi vaccine. And as already stated by the Lower/poorer regions leading party, if the Latrommi vaccine is taken by someone from the upper region, to stop the population from overflowing, someone from the lower regions is to be executed. We are sorry to inform you that after searching thoroughly for an eligible applicant over the age of sixteen years to be executed, you have been chosen. If you don't comply with these rules, not only will we find and kill you but the same will be done to your family.

Execution date: 18th January 2065

Location: TBC

Yours Sincerely, Upper Regions leading party

I fell to the floor. A sickly feeling met my stomach, I was horrified. 'Ma...Ma!' I called out. My mother ran to face

me on the floor. She soon noticed the open letter in my hand. 'Emmel-', I interrupted my mother by hugging her tightly and weeping on her shoulder. 'No, I won't let it happen, I can't let it happen', she said as she stroked my hair lovingly. We sat together bound by pain until Elora entered the room. 'Why are you sad?', she asked us as she joined us on the floor. All I could do was smile, she looked so pure and clueless. I stroked her cheek then took myself to one of the dining chairs where I wiped away my tears. 'We can't do anything ma, what's done is done'.

Days went by quickly after finding out my fate, one day became two days, followed by three days then they all just merged into one long week of sadness and fear. After the sixth day of waiting I finally received a second letter. The sealing wax was the same blood red colour and the envelope as crisp and delicate.

The societas de sanitatem et bene esse

Confidential information. Do not share.

Dear Miss E. Oleander, your execution will take place at the following location:

Upper region, 37 Round Rd, Unit no. 23489

Yours Sincerely, Upper regions leading party

Before going to bed- as unusual as it was for me- I stared at myself deeply in the mirror. The thought of knowing that I was going to sleep in my bed for the last time was upsetting.

The next morning the sun shone, beaming through the window as I woke up. I looked down to the floor next to my bed, to where I saw my white dress. Its beading was beautiful, the satin material glistened. As I left my bedroom, a strong stench of cigarettes and coffee wafted up my nose. Two things that I hadn't smelt in a long time. 'Haha!' exclaimed a man, his voice deep and hoarse. Two middle aged men sat at the dining table with my mother, they each had a cigarette in hand and a mug of coffee in front of them. 'Ma, who are your friends?'

'This is Dean and his friend Stefan'. They both had a mixture of gray and brown hair, Stefan was very slender whereas Dean was slightly thick set. 'Pleasure to meet you Miss', said Dean as he took a puff of his cigarette. 'I didn't think you would be awake at this time lovely', mumbled my mother as she swallowed a mouth full of coffee.

'I'm about to be... executed Ma, I mean what did you expect?', I answered her in a sad tone. 'Oh, right, well you're going to need to sit down for this then Emmeline'. I sat down next to my mother with a worried expression. 'So we hear that the rich ones from up in the higher regions are killing you off today, isn't that right?', asked Dean with a strong cockney accent. 'Well we ain't letting that 'appen Miss- you, your mum and the little sister are coming with us, up into the mountains and far away from here, what'd ya think?'

'What's the plan?', I responded.

The Receptionist

By Betty - Year 7

She remained seated on the seat that had been sat on by many other customers before. The leather seat was warm and sweaty. Seizing the sticky taxi handle to open the car door, she proceeded towards The Chelsea Hotel. The Chelsea Hotel was an old building, one like many others in New York. Grand, black acres towered over Harper. Open, panelled balconies supported the external extension of each room. The ten-storey building seemed to reach the gloomy, grey clouds that lurked in the sky. Oh yes, this was the Hotel where Kate was last seen.

A small, crumpled piece of paper laid on her porch. The bold, swirly writing on the letter read "Members getaway at the Chelsea Hotel". Harper was soon to realise that she wasn't a member of this dodgy Hotel in New York. She wondered if her mum had forgotten to cancel the member subscription from the business trip. The useless paper remained in her hand, Harper couldn't remember the last time she had been to New York as she promised to never return.

Harper was born and raised in one of the world's greatest cities; The City of London. Her family often visited New York, as Harper's father, Alexander owned four properties there. Before the incident thousands of childhood memories lead to New York; a sweet old coffee shop where her mother and her occasionally visited. The 'childhood memories' had soon after faded from her brain as Harper's mother had died in New York. Only seven, Harper

made an oath to herself to never return to the Big Apple, not wanting to remember the tragic accident but there she was in New York again. Strangely enough, the letter had been mailed to Harper's house on Thursday 14th of June, the day Kate had died. Harper's memory of her mum's death was very clear and very sudden. Away in New York for only a small business, Kate had mysteriously died in the hotel. Harper remembered the last pictures she ever saw of her mum; pictures of Kate on the Brooklyn Bridge, on top of the Statue of Liberty and dining in the grand hotel she had stayed in. The Chelsea Hotel.

Harper trotted to the main reception with the noise of her heels clicking behind her. "Ello' miss anything I can help you with?" barked an annoying German man. He was short and plump and was accompanied by a little blond moustache above his lips. "Yes, actually..." Harper said softly. Harper slid the crumpled piece of paper underneath the desk. "I'm here for the members' getaway..." blurted Harper. "The getaway?" questioned the receptionist. He then snapped his fingers and whispered into his colleagues ear. "I'm sorry ma'am there has been a misunderstanding, we do not have a member's getaway until 1994 as we are still working on the members suite. The receptionist pointed to scaffolding in the corner of the foye. Harper immediately knew that she had been set up. Determined, Harper was not going to leave, she was going to stay and figure out who and why she was invited here. "Well then..." Harper glanced down at the emerald green name tag that pinned onto his shirt. "Thomas Munich I'm sure you could arrange me a suite for the week since I have travelled all the way from London."

Harper's blood ran cold as soon as she had stepped in her room. She immediately felt drawn to the room. Room 56 was very dull; it had a stench of rotting corpses. Harper dumped her bags on the floor, sprayed air freshener in the suite and ran across to the balcony for fresh air. A plaque on the wall hung next to Harper. 'In loving memory of Kate Corbyn.' Harper stood on the balcony ready for the tears to burst out her deep brown eyes. No wonder she felt so connected to this room and could tell something was off, her mother had died in this room. Immediately snatching her laptop from her suitcase, Harper launched onto her bed. She proceeded to google; 'Room 56 at the Chelsea Hotel'. "No...no...no" muttered Harper. Someone had disabled her laptop.

With no way of finding out what happened, Harper started wondering why she was even here? Who sent that letter to her doorstep and how did they know where she lived? Exhausted she slipped into her floral bed sheets and fell into a long sleep. Thunderclouds brewed in the stormy skies. Rain slowly thundered against the window. A soft chill twirled down Harper's back. All Harper needed to do was sleep and she could resolve this mystery tomorrow.

The air was fresh and sharp. The dawn chorus of melodic birds was used just as an alarm clock for Harper. Golden fingers of sunlight beamed in Harper's face as she woke up. A bitterness crossed Harper as she headed down to breakfast. A rage. She never wanted to be here in New York, it reminded her of painful experience. "Ah hello miss how was the night?" asked Mr Munich "It was..fine thank you" spoke Harper. "Glad to hear it" assured the receptionist. He then slid away into a back room, a room that looked like it was supposed to be hidden. With no one around, Harper found herself in the doorway of the room. She couldn't resist the temptation to go inside, afterall her mother had died here. Maybe this could be a clue?

The room atmosphere felt sticky. It felt as if the air was clinging onto Harper's pale skin. Harper's eyes landed on a picture of a beautiful woman. The woman's brunette hair fell just upon her shoulders, with eyes deep and blue as the ocean. Her lips, rosy and plump. This picture was of her mother. Although Harper's image of her mum had probably changed in 11 years, she knew the picture was of her mum. "Could you not read the sign?" snapped Thomas. "The sign?" asked Harper. "Yes the sign, the staff only sign, on the door, the door of the room you shouldn't be in right now!" snapped the receptionist once again. "I-I'm sorry!". Pip flushed, ran out and made her way back to room 56. She could still feel Thomas staring down at her. Harper knew something was up. Yes, maybe Harper shouldn't have gone in there but she was glad she did.

She woke from her sleep at the second 11:59 change to 12:00. Even if this was all just a coincidence, Harper would do anything for a chance to figure out what happened to her mum. Harper snatched a flashlight and tiptoed out the door. She trotted down the stairs rapidly and entered the room. The coast was clear for Harper. She admired her mum's beauty for around 10 minutes until she discovered a whole collage of pictures of beautiful women. Harper could hear the rain and thunder patting against the roof. What horrible weather New York had been having, but that wasn't the point. She slowly found herself taking the pictures off the wall one by one only to discover another entrance. Harper opened the door to unveil a small hallway. She crept through the hallway. Lightning slashed the sky, revealing a wooden doorway hidden behind a pile of rubble. She had gotten one thing straight, the receptionist did not want anyone to find this hidden passage. Harper removed the debris from the entrance and opened the door. Her mum, frail and skinny, sat in the room covered in soot and mud.

The Door

By Jamie - Year 7

Steve yanked his bag on his back - full of sweets, drinks and chocolate - and yelled goodbye to his mum. He slammed the door behind him before taking off on his bike. The rain plummeted towards the ground and exploded on impact. After a long ride, Steve had arrived at the enormous, sinister forest. He stood patiently, cars speeding past him. Finally, his two friends arrived at the forest - James and Henry.

They ventured deep into the forest, losing track of time. As the boys went deeper into the forest, they all became more lost and scared, but none of them wanted to admit it. Deep in the heart of the wood, the boys came across a bunker leading underground. Cautiously, they crept closer to the bunker that led to mystery. Frightened but curious, Steve peered inside, his friends cowering behind him. On the side of the wall, was an old rusty ladder that was loose and shaky. The floor was cloaked in darkness so Steve couldn't see it. The three disturbed boys agreed to sneak out at night and descend into the depths of the bunker but this time with torches. The boys all retreated home, all secretly relieved.

As the day went on, all the boys could think about was the bunker. What was in it? What was it for? Steve was frightened and scared but still curious. Finally, the time came. It was 12 o'clock at midnight and Steve's bag was packed full of food, water and a torch.

Steve crept downstairs and closed the front door carefully behind him. He jumped on his bike and sped along the street. When he arrived at the forest, Henry and James were already there waiting for him. He left his bike by the side of the road and together they went back into the forest.

Finally, they found the bunker again after searching for a while. It looked even scarier at night. Shadows twisted and distorted, almost dancing. Trees that scraped the sky loomed over them. The boy's torch lights pierced the darkness. The wind gently beckoned through the leaves. Rustling came from the bushes and overgrowth. The moon shone down coyly. Steve offered to go first down the ladder and, of course, all the boys accepted.

With the torch in one hand, Steve clambered down the ladder, into the darkness, James and Henry close behind. As they climbed down, it began to rain heavily. Abruptly, Steve's hand slipped, he fell backwards and collided hard with the ground. His head snapped backwards and hit the dirty, concrete floor hard. Steve woke up. He could feel blood dripping from the back of his head. Rain pattered onto his forehead. Dizzy and confused he sat up. James and Henry stood next to him, worried. Remembering where he was, Steve insisted that they push on.

Random bits of rubbish were strewn across the floor. Reluctantly, they pressed on. Steve stood up and continued forward down the dark, seemingly never-ending hallway. Lightning slashed the sky, revealing a wooden doorway hidden behind a pile of rubble. A noise came from behind the door.

The boys froze.

Steve tried to move his legs, but they stayed locked in place. Another creak from behind the door. Slowly, five unnaturally long, bony fingers slithered around the door. A look of horror filled the boys' faces. Adrenaline shot down Steve's spine. He began to run. Faster than he ever had before. James and Henry followed close behind. Ditching his torch, he shot up the ladder. The boys dispersed in different directions, screaming in terror. Steve grabbed his bike and flew home. He threw the front door open and ran upstairs straight into his bed. Steve stayed up for hours, his wide eyes fixed on the doorway.

After a long time, Steve thought he was safe from whatever was in that bunker. He put his head down on the pillow. Blood seeped from his head and the pillow soaked it up, leaving dark red marks. But as Steve's eyelids began to become heavier, the same five unnaturally long, bony fingers slithered around the door. Steve watched on, petrified, as the thing crept closer.

Silence

By Juliette - Year 8

And as the lightning slashed the sky revealing a doorway hidden behind a pile of rubble she heard a single piercing scream and then there was silence.

(12 hours earlier)

Avery walked into her living room and saw the dying fire clinging onto life. She picked up a match and lit some kindling, threw it in the fire and soon enough the room was filled with light bouncing off the walls - ready for her mother to come home to. She sat down and thought. She thought for a while about many things but one was always there at the front of her mind. Her mother. How much she appreciated that smile, the homemade meals, the strength through her fathers disappearance and supposed death. She was like the light in the endless pit of darkness and without that light she would be swallowed up and never let out. All of a sudden she snapped back to reality and saw the time, her mother was an hour late to be home. Avery dove for her phone and immediately called her mother. Voicemail. Voicemail. Voicemail. Over and over again. Those same six words over and over again. Maybe she could have gone to a friend's house. 'No Elizabeth didn't come over. I thought we were meeting on Sunday with a couple other friends. Avery, she is probably fine. Maybe she decided to go to the park.' Caroline said in a soothing voice. Then to her mothers school 'Yes Ms Warden left at her usual time alone saying she was heading home, don't worry she is probably stuck in traffic'. But Avery knew that was wrong. She knew that she walked to work this morning and that it was only a brisk thirty minute walk to her work, not an hour and thirty minutes. Then to the police '999 how may i direct your call ... police department how can i help you ...'. She was told how she was not a missing person yet if she was only missing for an hour.

Panic rose in Averys chest. 'No she can't. That's not possible. No no no no... she walked to work. No she wouldn't go anywhere, she always comes home on thursday nights that's our movie nights' she sobbed. After another two hours of calling and denying and crying, Avery eventually crawled into bed tossing and turning like she was drowning.

The feeble rays of sun crawled along her room as the loud silence echoed throughout the house. Usually Avery woke up to the sound of sizzling pancakes in a pan just before her mother left for work. The lack thereof scared Avery she knew in her gut that something was horribly wrong. She was now wide awake and almost running to her mother's room. She opened the door and the bed was untouched sunlight streaming through the drawn curtains. She knew almost instantly that her mother had been taken and that it most definitely happened on her way home from work.

As she retraced her mother's route to work she noticed a splatter of blood on a tree trunk some twenty minutes away from home. It was only a tiny splatter and could be anything but she was desperate. Staying almost completely calm, Avery proceeded to wander down the alleyway, phone in hand, and sky slowly greying. More signs of struggle down the alley. More evidence that her mother was abducted. She ran her fingers down a crack in the wall and imagined her mother being thrown against it. Tears filled her eyes and she quickly blinked them away. She had to stay focused. The alley led to an abandoned bank that was shut down years ago by the council. In almost a trance by now Avery traipsed towards the entrance of the neglected building, the door was unusually left ajar and as she was brought back to reality she saw the state of the door, scratch marks, a blood fingerprint and worst of all the death mark, a symbol of sacrifice.

Horror struck her like the plague struck Britain and she fell to the ground, rain poured over her and her tears were mixed with the cold November rain. Laying there she thought of her father and how before he became a surgeon he worked at a bank, this bank and that when it closed down he decided to pursue his dreams of becoming a surgeon. The defining silence of the building and the fast quiet metronome of the rain persuaded Avery to dig deeper into this rabbit hole.

As she stood she heard something; a scream, a cry for help? It was something and it was enough to get Avery running into the somewhat deserted building and down into the vault. Something told her to run into the vault that her father always talked about 8808. He always told her as a child that that was the best number because it reminded him of blood red. He said that it was the first 4 digits of the colour code for blood red and that it reminded him of his first date with her mother even though that never really added up what she asked her mother.

She was right.

Someone was here.

The vault was covered in symbols and ancient writing but also hospital equipment, scalpels, vials, needles, medical wrappers, bloodsoaked cloths and scattered limbs. Rain pounded on the ceiling of the building and the small tinted windows of the vault, in what seemed to be the corner of the dark and mysterious vault a pile of rocks were covering the corner supposedly hiding something she took a couple steps towards it. Leaning over it. Out of nowhere a strong force almost like a massive hand shoved her into the rocks cutting her cheek right under her eye. Slowly pushing herself up, she spun around just to find an empty vault. As blood trickled down her cheek and into her mouth the metallic taste washing over her tongue a rumble of thunder shuddered the walls. And as the lightning slashed the sky revealing a wooden doorway hidden behind a pile of rubble she heard a single piercing scream and then there was silence.

It was her father.

She thought he was dead.

Everyone thought he was dead.

He was standing there.

Over her mother.

Behind that wooden door her mother was laying on a surgical table with her father standing over her, needle in hand, about to inject her with something that looked like anaesthesia. There were saws, scalpels and knives by his side like he was about to operate on her. Or sacrifice her.

'Donum Deorum' her father said to the room in a bellowing voice

'A gift to the gods' Avery muttered

'Hoc Donum Accipe, Et Me Protectione Et Immortalitate Honora' He spoke it in almost a chant-like way. Avery was pale just like her mother and they both gazed at her father in horror. From a young age Avery was taught Latin as her mother had always told her that it would help her one day and it had just then.

'He wants immortality from the gods' she thought. As she ran towards him he put down the needle and instead of stepping back and coming to his senses he grabbed a knife and rammed it through Elizabeth Warden's chest...

Short Story

By Lorena - Year 10

Rain poured down as I pulled into the driveway. Climbing out the car I rushed to grab my suitcase from the boot and paced towards the porch. Fiddling with my set of keys eager to get inside and escape the rain my palms began profusely sweating. Upon finding the key, I began poking it into the lock, missing it at least three times. Subconsciously holding my breath, the rattling of the keys turned into a click, and I went inside. I was almost immediately repulsed from an undeniable and unexplainable nauseating sensation. The house was as expected, littered with cobwebs and concealed by a layer of dust, which was evenly scattered across the barely visible oak floorboards.

The kitchen consisted of a counter with a sink and microwave, and two cupboards with exactly two spoons, a knife, and three plates. The living room had an extremely outdated tv, with an antenna, a small screen, and was around thirty centimeters thick. The tv was resting on a cardboard box, which was opposite to what appeared to be an antique sofa, with a pink floral print and a yellow background. Beside the sofa was a narrow oak staircase which led to the bathroom and bedroom. The only source of light in the house was two barely functional light

bulbs located in the bathroom and kitchen.

The house itself was in the middle of nowhere. It was located in a small unheard of town on the outskirts of Nevada, with around 20 houses. Nothing else but forest for miles. It's advisable not to buy a house in the middle of nowhere, but it's not like I had a choice anyway. I have no money to go anywhere else.

In no time, a blanket of stars draped over the horizon, revealing the full moon. Laying there watching the stars through the cloudy window, I began to feel drowsy. Until... I hear a knock at the door. At this point I was half asleep and began subconsciously scrambling in an attempt to answer the door. Until I froze. Who was at the door at this time? I checked my watch and it read 1:07AM. It was dark outside. The knock repeated. This time louder. It echoed in my head, and the whole house vibrated slightly. My heart began pounding in my chest, sweat dripped down my face.

I didn't move. It felt like hours. I waited. I waited. I waited. For what I was waiting for I was not aware of myself. I consolidated my thoughts and very slowly, began approaching the window beside the door. Crawling on my hands and knees, the dust clung to my clothes. Reaching the window, I began slowly pulling myself up to look out the window. It was a girl. With long chestnut brown hair, a blue knitted jumper and a pair of worn out jeans. The same thing I was wearing. I look up to see more. Tears began streaming down my face.

It was me. A corrupt, warped version of me. Her eyes wide. Piercing. Staring forwards as if she was eagerly awaiting for me to open the door; like a psychopath. A stomach churning grin on her face.

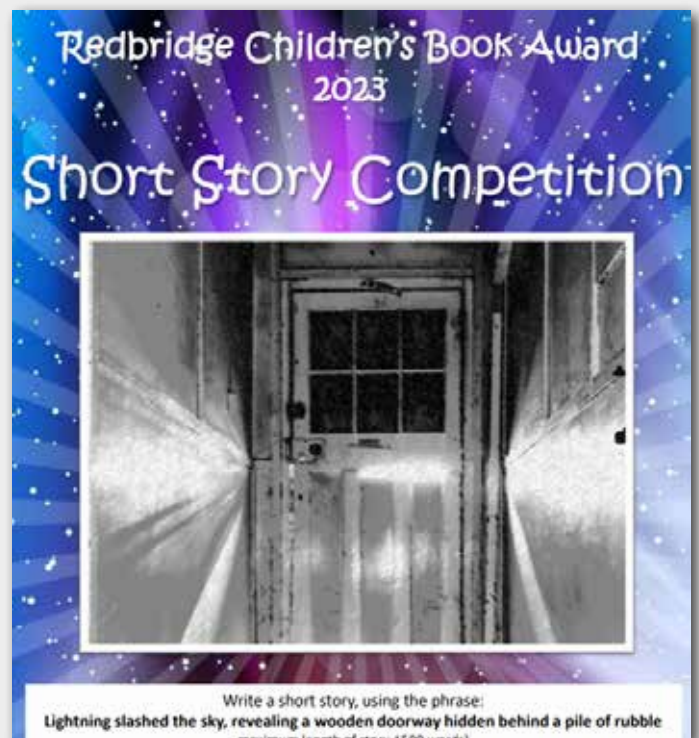
Abruptly, she averted her gaze from the door to the window. She stared at me. Her grin widened. Screaming, I ran to the kitchen and rummaged through the inconvenient assortment of cutlery, grabbing the knife. Unsure where to run, I hear footsteps descending from the staircase, creaking at every step. Mortified, I ran out of the door into the deserted street. I see my neighbours house and begin screaming and pounding on the door, begging for them to open it. I hear a click, and the door opens revealing a man in a beige button down shirt, and khaki trousers. I was overwhelmed with relief. Turning around, I saw her walking towards me slowly. Tears poured down my face, barely able to formulate a sentence I begged for help.

He seemed unfazed to my screaming and crying and blankly stared at me. A malicious grin began spreading across his face. In terror I turned behind me to see the girl standing right behind me, beginning to extend her hand to grab me. I jerk my hand, stabbing her in her stomach. I pull my knife back to reveal no blood on the knife.

She continued to stare at me, her grin growing up to her ears, revealing a set of sharp teeth, like a wild animal's.

I begin running in meaningless directions- not knowing where I'm going. Knowing there is nowhere to go. Her and my "neighbour" sprinting behind me. What seemed to be an endless corridor of trees towering over me, leaves shaking in the brisk breeze. My ribs were sore from my heart throbbing in my chest and I could barely breath from exhaustion. The sky rumbled.

On the verge of giving up, I saw a body of water. I began running towards it, tripping over a pebble, landing on what seemed to be a wooden plank. Desperately, I started digging with my hands, pushing soil away from the wood hoping to find a miraculous way out. Lightning slashed the sky revealing a wooden doorway hidden behind a pile of rubble. A way out! I cried from excitement, until I felt a cold, skeleton-like hand on my shoulder.



Our Wanstead Star



Bonjour from Wanstead!

Tutees across the school had great fun greeting their tutors in a huge variety of languages last term for our annual Multilingual March competition.

Several classes went to great effort to research languages from all over the world (there are 6,000 to choose from)!, all were noted down and the winners announced in assemblies last week.

Easter chocolates and a winner's certificate were awarded to each: well done to 7.4, 8.3, 10.6 and 12.1, with a particularly special mention to 8.3, who used the greatest number of languages! Bien hecho!

By Ms L Redman

Breaking news

Huge congratulations to the following Year 13 Art & Design pupils for gaining their University/College places.

Nadia, Elijah & Theo - University of the Arts (UAL- Camberwell College of the Arts)

Thalia - Camden Working Men's College.

A massive well done!

By Mr A Yiacoumi

Achievement Award Winners

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Maths	Sofia	Jeb	Joshua	Angel	Jai	Nye	Joe
Further Maths	N/A	N/A	N/A	N/A	N/A	Samuel	Oisin
Economics	N/A	N/A	N/A	N/A	N/A	Amelia	Ashvinder
English	Jacob	Maryam	Flora	Nima	Isabel	Alexia	Amelia
Science	Daniel	N/A	N/A	N/A	N/A	N/A	N/A
Biology	N/A	George	Neha	Emma	Manaal	Aliza	Shakira
Chemistry	N/A	Farhan	Yusuf	Lukas	Madalena	Paramvir	Jeffrey
Physics	N/A	Amber	Isla	Annabelle	Lucas	Martha	Yusuf
History	Ellie	Millie	Alice	Taya-Anae	Madeleine	Jacob	Bryony
Classics	N/A	N/A	N/A	N/A	N/A	Flo	Rose
Geography	Tess	Daniel	Ilya	Eleanor	Seynabou	Zeenat	Alex
Resistant Materials	Imani	Maryam	Lauren	N/A	Luke	N/A	N/A
Textiles	Mykhailo	Laila	Liliana	Cara	Jasmine	N/A	N/A
Graphics	Jeanna	Fae	Ava	Madiha	Sumayah	N/A	N/A
Art	Oscar	Jude	Anna	Kamran	Catriona	Daphne	Thalia
Photography	N/A	N/A	N/A	N/A	N/A	Daniel	Matilda
Textiles	Mykhailo	Laila	Liliana	Cara	Jasmine	N/A	N/A
Food & Technology	Anya	Rudy	Michael	Henry	Charlotte	N/A	N/A
Dance	Adam	Jemima	Lily	Darin	Amy	N/A	N/A
Drama	Zara	Emily Rose	Finn	Matheus	Harley	Leo	Madeleine-Rose
Music	Flora	Elena	Lee	Oliver	Jessica	Holden	N/A
Spanish	Oshia	n/a	Jeremiah	Francesca	Joel	Besona	N/A
French	n/a	Kayla	Ishaq	Aliza	Seynabou	Charis	N/A
Media	N/A	N/A	N/A	Daisy	Lily	Ellie	Ubaid
Computing	Rebecca	Eliza	Maryam	Ella	William	Liri	Yusuf
RP	Robyn	Louis	Max	Dilara	Layla	Charis	Evie
Psychology	N/A	N/A	N/A	N/A	N/A	Erica	Umar
Politics	N/A	N/A	N/A	N/A	N/A	TBC	TBC
Sociology	N/A	N/A	N/A	Ibrahim	Lily	Rina	Ben
PE	Noah	Elson	Victor	Shantha	Haydar	Nelly	Ben
HOY Award	Mariana	Benjamin	Reese	Christian	TBC	Elizabeth	Sasha
Behaviour Award	Jacob	Sean	Gabriella	Lauren	TBC	Daniel	Alec
Attendance Award	Martin	Dominykas	Oliver	Joe	TBC	TBC	Eshana
Headteacher's Award	Zoe	Amara	Lucas	Reo	N/A	TBC	N/A

 Well done to you all! 

Achievement Award Winners



Achievement Award Winners



Drama Showcase: Pupils Show off Dramatic Capabilities in Variety Night

Drama Showcase: Pupils Show Off Dramatic Capabilities in Variety Night

The Wanstead Drama Showcase took place on Friday 28th April, showcasing a range of dramatic works that pupils had devised in Drama Club, or as preparation for GCSE exams. The night was hosted by budding comedians and year 12 drama pupils, Joe and Miles who introduced the acts and bantered with the audience like a young Vic & Bob (or a thinking man's Ant & Dec- their words, not mine!).

The pupils who performed were so excited to show the audience of parents, friends and relatives what they had been working on. Performances demonstrated the unique creativity of drama pupils from across the school, with wacky and far-fetched sketches and pieces of theatre that covered everything from a classic melodrama villain with writer's block, to a pair of scheming BigFoot Hunters. The theatre was set out in a cabaret style, with the PTA bar in operation throughout the show, which was a big hit with the packed out crowd! A HUGE thank you goes out to the PTA for their hard work and support and making the night that extra bit special.

Lastly, thank you to all the pupils who performed and anyone who came to support, it was a really fun night and the pupils were so delighted that so many came to see them strut their stuff!

Mr B Anderson



Sports Success

It was great news for the PE department and the school this week that Ezra Mayers in Year 11 signed his scholarship contract with West Ham United Football Club for the next two years.

Ezra is an excellent pupil who has balanced his football commitments alongside his academic studies throughout his time at the school.

As a department we would like to wish Ezra all the best for the next two years and hope the pathway into professional football is successful moving forward.

As a department we would like to share sporting/physical activity success across the school and wider community. If your child achieves a personal milestone or achievement within a specific event/sport please complete the following Google Form https://docs.google.com/forms/d/1_6hK-cnZuvC3d2_6Ag-GctazcfbGclghXidQOGSdtxJs/view-form?edit_requested=true



Pupil Voice

As part of the department plan to improve the experience for pupils within PE at Wanstead High School we need to hear the opinions and input from pupils. Please complete the Google Form to share your ideas https://docs.google.com/forms/d/16otqD2_Zwnpympa3z3h7CsZOgJ-p2PtUUM-5draS04Hk/edit#settings This will also be placed on each year groups Google Classroom page.

Swimming Gala

Wanstead High School have entered the Redbridge Schools Swimming Gala Event that will be taking place at Bancrofts School on Wednesday 28th June during the school day. This Gala is only for pupils currently in Year 10.

If your child would like to be considered for the team that represents the school please complete the following Google Form https://docs.google.com/forms/d/1R4VPd8GISP-pjSiw8bEMxlyUd1VkgVYnUCkOu6qTi-U0/viewform?edit_requested=true by Friday 9th June.

Places on the team are limited due to the nature of the event with only one swimmer per year group for each of the following events breast stroke, butterfly, backstroke and freestyle. Once selection has taken place parents/carers will be notified via letter of the final details for the event.

Year 7 & 8 Girls Rugby at Eton Manor Rugby Club

Wanstead High School and Eton Manor Rugby Club are delighted to be working in partnership to provide opportunities for girls in Year 7 & 8 to experience the sport of Rugby Union.

Eton Manor as a club were successful in gaining funding to continue the development of girls rugby following on from the recent success of the National team at the World Cup. As part of Year 7 & 8 PE lessons girls will get the opportunity to experience rugby specific coaching in a sport specific environment which we are unable to provide at the school. The Year 7 event will take place on Monday 26th June during periods 4 & 5 and year 8 on Tuesday 27th during periods 4 & 5.

More information will follow in a more detailed letter but this event will be non-contact with the aim to promote rugby and the values and moral it can provide to young females physically, socially and cognitively.

Year 9 Basketball v Seven Kings

On Tuesday 16th May the Year 9 basketball team played a very competitive fixture against Seven Kings. The game was

played in a very good spirit with some excellent skills on display from both teams in both offensive and defense. It was nice to see a broad range of abilities playing together



in a competitive environment which eventually led to Seven Kings winning 43-30.

Touch to Twickenham Tournament

On Wednesday 17th May a mixed gender team of Year 9 pupils competed in a RFU organised event at Eton Manor Rugby Club. The aim of the event was to raise the profile of rugby and the inclusive values it has in the development of pupils of all abilities. The event consisted of 20 schools from the region with the winners progressing to the next round with the overall prize of playing in the grand final on the pitch at Twickenham during a Six Nations international.

The team went from strength to strength as the day went on and managed to win 3 out of 5 games played. The pupils were commended by Twickenham staff on their brilliant sportsmanship and rugby etiquette over the course of the day. Well done to all those involved.



District Athletics

Wanstead High School will once again be competing in the upcoming District Athletics Events that will be taking place at Ashtons Athletics Track (598 Chigwell Rd, Woodford, Woodford Green IG8 8AA) on the following dates:

- Year 7 & 8 Tuesday 6th June
- Year 9 & 10 Wednesday 21st June

This is an event that we as a school attend every year to allow pupils to compete against other schools within Redbridge. If pupils are successful this can also lead to pupils being selected to represent Redbridge in the Essex Schools Athletics event. In the next few weeks if your child is selected you will receive a letter with a Google Form within for you to complete to provide consent.

Girls Football Results

Wanstead entered into an ESFA Football competition for Year 7 & 8.

The team has had an enormous amount of success so far. At the start of the competition there were 120 schools that originally entered into this tournament. Wanstead have now made it to the final 16. The team secured an 8-0 win in round 1, a 3-2 win in round 2, and a 4-0 win in round 3.



Enrichment clubs

Wanstead High School Cricket Club

In the summer term the school and Wanstead Cricket Club will be working together to provide extra curricular opportunities after school from 3.00-4.30pm. These sessions will take place every Wednesday starting on Wednesday 7th June. The club have kindly allowed us access to the nets and the outfield to allow pupils to develop their skills. This opportunity is open to all pupils in the school and is not based on previous experience or ability. At all times pupils will be supervised by members of Wanstead High School staff.

If pupils are using the nets full protective equipment is required and at all times these sessions will be supervised by staff.

Pupils will meet PE staff in the changing rooms then will walk to the cricket club with members of staff.

The dates for the after school sessions are as follows at Overton Drive, London E11 2LW:

07/06/23
14/06/23
21/06/23
28/06/23
05/07/23
12/07/23
19/07/23

If you would like your child to attend please complete the Google Form - https://docs.google.com/forms/d/1m-WyVNZuSmuUkiprP2lOhNnIA914CcOfW6cb-KnBehh0/viewform?edit_requested=true if you have any questions please contact Mr Adams via email - m.adams@wansteadhigh.co.uk

Athletics & Rounders clubs

Rounders & Netball - Monday after school 15.00-16.15
Athletics Club - Tuesday after school 15.00-16.15

These clubs will take place after school and will complete the PE enrichment offer for the summer term. Rounders club will take place on the school field after school and will start 3.00pm and finish by 4.15pm. This club is open to all pupils of all genders and abilities and it would be really good to see as many of you there as possible. As a school we have also entered a number of Rounders Rallies through the summer so it could lead to you representing the school against other schools in Redbridge.

Athletics club will also take place after school from 3.00pm to 4.15pm. This will provide an opportunity for pupils to practice skills learnt in lessons and develop technique further. Each session after school will be supervised by PE staff and there will be opportunities for both track and field events. It would be good to see you there and this once again is open to all pupils across the school. If interested in attending please speak to your PE teacher.

Year 7 & 8 Girls' Football Success

Sporting success in Women's Football has promoted significant participation in girls sport. Due to this, Wanstead entered into the ESFA (England Schools Football Association) tournament with 120 other schools.

After successfully winning the past several games, the girls are now in the top 8 schools in the country and are due to play their quarter final game after half-term. This alone is one of the biggest sporting achievements the school has had to date. In addition to their recent England success, the team won the East London tournament back in November, which allowed them to progress into the next stage against a variety of schools across London.

I am overjoyed to say that the team are now London champions and they did this by not conceding a single goal throughout the whole tournament on Wednesday. The

team has gained a lot of momentum through their recent football success.

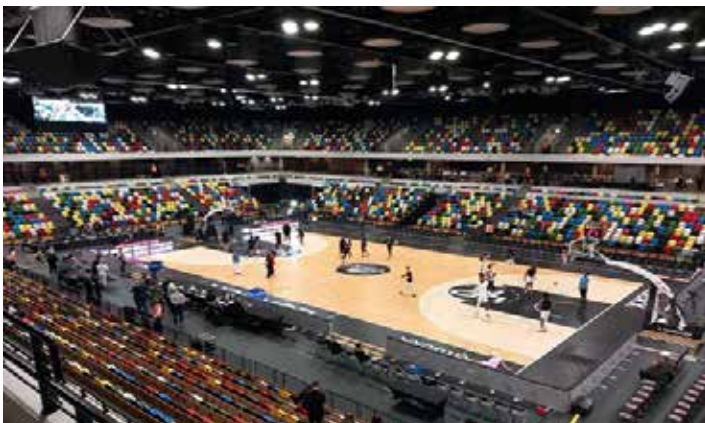
I have really enjoyed watching the team take girls Football to a new level. Hopefully, this success will continue to inspire and drive more participation.

Thank you to all the pupils involved, we wish you the best of luck in the England quarter finals.



London Lions Trip

On 21st April, pupils who have regularly been attending basketball club got the chance to visit the Copper Box arena to see our Local basketball team London Lions in action. This was the Lions final regular season match and a chance for our pupils to experience an elite sporting environment.



With a place in the playoffs already secured the Lions did not take their foot off the gas winning the game by 34 points.

We arrived at the arena early and got to see the Lions and Plymouth go through their pre game warm ups. After the pre game entertainment both teams were ready to go with tip off at 7:30PM. After a slow start to the game London Lions started to find their rhythm with some good defensive work and free flowing basketball in attack. In the second quarter the Lions put on an impressive display with the total for the quarter ending 32-8.

Our pupils were able to see a range of basketball shots including dunks and three pointers. The Lions then saw out the game with the final score being 96-62. The man of the match for the game was Vojtech Hruban who contributed 25 points to the teams total.

Since the game the Lions have gone onto win the BBL playoffs making them the champions in the country.

Thank you to the Lions for inviting us and providing this opportunity.

External Cricket Opportunities

Please see below two opportunities for pupils at Wanstead High School to get involved with outside agencies to develop cricket skills that are free to all pupils. As stated in each

opportunity they are for pupils of all abilities, if you require more information contact the email on each poster.


CHANCE TO SHINE STREET


ESSEX

IT'S FREE!



- TAPE BALL CRICKET
- FREE COACHING
- NO EQUIPMENT NEEDED
- WEAR WHAT YOU WANT
- GIRLS ONLY SESSIONS STARTING FROM 22ND MAY, 2023

AGE 8-16 | EVERY MONDAY | 5:30PM TO 6:30PM
WANSTEAD LEISURE CENTRE,
REDBRIDGE LANE WEST, WANSTEAD -E11 2JZ

TO FIND OUT MORE, CONTACT PROMILA RAINA :
PROMILA.RAINA@ESSEXCRICKET.ORG.UK


CHANCE TO SHINE STREET


ESSEX





IT'S FREE!



- TAPE BALL CRICKET
- FREE COACHING
- QUALIFIED STAFF
- NO EQUIPMENT NEEDED
- WEAR WHAT YOU WANT
- ALL GENDERS WELCOME

AGE: 8 TO 16 | EVERY WEDNESDAY |
4:15 PM - 6 PM, STARTING FROM 17TH MAY
QUEEN ELIZABETH OLYMPIC PARK, E20 2AE
HEAD TO LONDON STADIUM TRAINING TRACKS
NEXT TO BOBBY MOORE ACADEMY

TO FIND OUT MORE, CONTACT : PROMILA RAINA
PROMILA.RAINA@ESSEXCRICKET.ORG.UK

MONDAY	TUESDAY	WEDNESDAY
NETBALL  ROUNDERS 	ATHLETICS 	CRICKET (AT WANSTEAD CRICKET CLUB) 

PE Kit Reminder

Please can you ensure your child has the correct Wanstead High PE kit for all of their PE lessons, this includes the following:

- Wanstead High top
- Black track suit bottoms/shorts/leggings
- Socks (No tights to be worn for PE)
- Trainers
- Hair bobble

Thank you, PE Department



Dates for your diary

June 9th

KS3 Cross Country

July 5th

Year 6
Transition Day

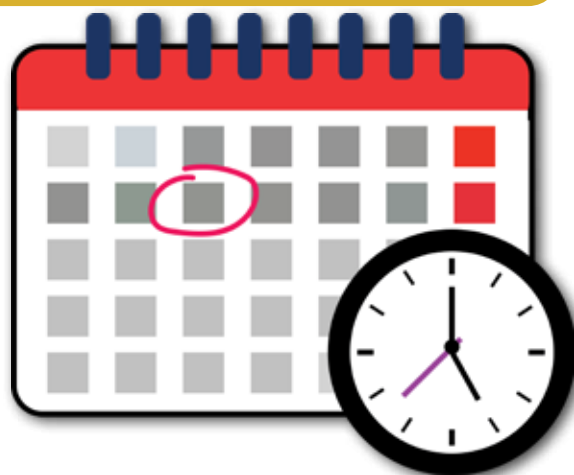
July 10th

5.00-7.00PM

Year 6 Parents
Transition Evening

July 12th

Cultural
Celebration
Time TBC



Term Dates for 2023

► SUMMER 2023 SCHOOL TERM AND HOLIDAY DATES

Starts from Monday 17th April 2023* to Friday 21st July 2023 – (on the last day of term pupils will be dismissed at lunchtime).

(*Pupils to return back to school from 10:30am for a prompt 10:40am start).

Half term break: Monday 29th May 2023 to Friday 2nd June 2023

► WHOLE SCHOOL TRAINING DAYS FOR 2022/2023

(SCHOOL CLOSED FOR PUPILS)

INSET DAY 5 – Friday 23rd June 2023

Tutor Grid 2023

Year	HOY	1	2	3	4	5	6	7	8	9	AHOY
7	Ms C Murray	7.1 Mr K Holdbrook Ms Chime SS1	7.2 Ms K Uddin MA2	7.3 Ms N Rowshan SS2	7.4 Ms M Kara 42	7.5 Ms E Everhart 01	7.6 Mr A Yiacomini NB10	7.7 Mr R Ali S3	7.8 Mr M Hamza NB2	7.9 Mr D Vardavas NB8	Mr Hussain
8	Mr M Tinker	8.1 Ms F Begum NB6	8.2 Ms K Kaddour Ms E Christofides 16	8.3 Ms N Gomez 20	8.4 Ms S Begum 07	8.5 Ms C Feeney LP1	8.6 Mr D Leftwich NB3	8.7 Ms T Reynolds 09	8.8 Mr S Younis S12	8.9 Ms E Hayes LP2	Ms Gallagher
9	Ms R Gullefer	9.1 Ms O McLaughlin 02	9.2 Ms D Collins 18	9.3 Ms J Bean 36	9.4 Ms B Waters 03	9.5 Ms N Redondo 20	9.6 Ms C Gorczak 04	9.7 Ms D Bennett Ms H Cressall 40	9.8 Mr D Hardy 11	9.9 Ms N Hassan S4	
10	Ms G White	10.1 Ms M John MA5	10.2 Mr G Narang MA4	10.3 Mr S Rashid MA1	10.4 Ms S Hoque Ms H Ikrah S5	10.5 Mr I Sweet 38	10.6 Ms J Wali 37	10.7 Mr A Chauhan 22	10.8 Ms M Ayer NB9	10.9 Ms A Malik 10	
11	Mr R Carfrae	11.1 Dr D Srikanthan S9	11.2 Ms K Khan MA6	11.3 Ms R Grace S11	11.4 Ms N Begum MA3	11.5 Ms N Ahmed 08	11.6 Ms N Yasin 06	11.7 Ms S Clarke 44	11.8 Mr B Anderson Theatre	11.9 Mr R Nazir S2	
12	Ms T van Beers	12.1 Ms F Mak NB4	12.2 Ms J Ibrahim Mr Hamamci 15	12.3 Mr R Smith Ms V Premkumar NB1 / 05	12.4 Ms L Redman Ms Ogunfemi 12	12.5 Mr B Alom IR1	12.6 Mr Z Munir EP1				
13	Ms H Battiwala	13.1 Ms B Kaur IR4	13.2 Mr M Adams S1	13.3 Mr L Willer S6	13.4 Ms M Warner 24	13.5 Ms S Younas S7	13.6 Ms H Tassine S10				



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@Inspire_Trampoline_Academy

Info@InspireTrampolineAcademy.co.uk

Student Safety - Crime Prevention



**METROPOLITAN
POLICE**



Safer schools officers are here to develop positive relationships between young people and the Police. We provide visible reassurance before, during and after school. We work alongside the school and parents in early intervention, preventing young people becoming either victims or perpetrators of crime.

What is "Robbery"?

Under Section 8 of the Theft Act 1968, a person will be guilty of the criminal offence of robbery if they steal, and immediately before or at the time of doing so, and to do so, they use force on any person or puts or seeks to put any person in fear of being then and there subjected to force.

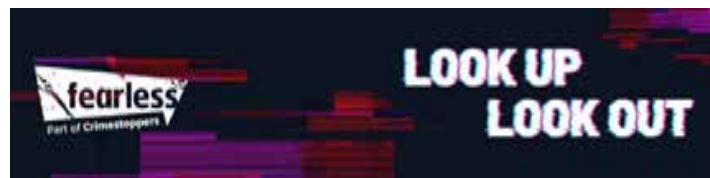


Police contacts

Emergency – 999

Non Emergency – 101

Website – www.met.police.uk



Fearless

Fearless is the dedicated youth service of the independent charity Crimestoppers. They provide you with the opportunity to give information about crime 100% anonymously.

You can give information to them by using their online form (<https://crimestoppers-uk.org/fearless/what-is-fearless/who-we-are>) or by calling Crimestoppers on 0800 555 111

They cannot track your IP address or your phone number. They have no way of knowing who has contacted them.

After receiving your completed form or your call, they will create a report, ensuring it doesn't contain any information that could identify you, and generate a report which is then sent on to the relevant authority with the legal responsibility to review the information that has been passed to them.



IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety. If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.



**METROPOLITAN
POLICE**

TOTAL POLICING



Student Safety - Crime Prevention contd...

**YOU CAN HELP
US PROTECT AND
TRACK YOUR PHONE
IF IT'S STOLEN.**

HERE'S 3 THINGS YOU CAN DO:

- Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.

Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.

Record the phone's IMEI number in a separate place at home. Find this by typing in `*#06#`. You'll need to give this number to police if it's stolen.

For more information go to www.fearless.org/campaigns/robbery



STAY SAFE GOING TO AND FROM SCHOOL

We want children to be as safe as possible on the school journey.

- Stay aware of your surroundings when walking.
- Try not to walk along with your phone or valuables out on show.
- Plan your route and use forms of transport others are using.
- Avoid shortcuts in isolated places.
- Don't confront a thief or risk your own safety.

Robbery is a serious crime that should be reported, this includes any attempts to rob victims of their property.

**IF YOU SEE A ROBBERY TAKING PLACE OR HAVE JUST BEEN ROBBED CALL 999.
OR REPORT IS AS SOON AS POSSIBLE ON 101 OR AT MET.POLICE.UK**



IF YOU ARE A VICTIM

Crime prevention advice can help reduce your chances of being robbed, but it may still happen to you. It can be a frightening experience and leave you feeling worried afterwards, especially if you felt threatened or violence was used. Talking to a parent or adult you trust can help.

IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety. If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.

Protect yourself from Mobile Phone theft

Don't leave your phone, iPad, tablet or camera unattended, out of your sight, or left on a table. Thieves can grab a phone from a table in seconds.

Be aware of your surroundings and only use your mobile when it feels safe to.

When you've finished using it, put it away.



KEEPING YOU AND YOUR PHONE SAFE

Getting a phone is really exciting. You can stay in touch with friends out more about world.

STREET ROBBERY

Robbery is when force is used or threatened to steal items. Thieves often target people who are distracted, so keeping your valuables including your mobile phone and other devices hidden ensures you're more alert.

HOW CAN I STAY SAFE?

- When out and about – be aware of your surroundings.
- Stay alert when walking along the road for criminals who might use bikes/mopeds or e-scooters to snatch phones/valuables.
- Try not to walk along with your phone or valuables on show.
- Earbuds/Headphones can be a distraction.
- Plan your route and use forms of transport that others are using and avoid shortcuts in isolated places.

IF YOU ARE A VICTIM

Crime prevention advice can help reduce your chances of being robbed, but it may still happen to you. It can be a frightening experience and leave you feeling worried afterwards, especially if you felt threatened or violence was used. Talking to a parent or adult you trust can help.

KNOW SOMETHING ABOUT STREET ROBBERY?

If you have any information about street robbery taking place in your area, you can tell us what you know 100% anonymously at Fearless.org

IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety.

If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.

As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.

You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

5 TIPS TO KEEP SAFE

- Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.
- Stay alert and remember ear phones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.
- Don't fight back, it's not worth the risk when a phone can be replaced.
- Tell us if someone robs you or tries to. It's important you get help straight away by dialling 999 using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.
- If you don't want to talk to police - contact Fearless online, without giving your name, at www.fearless.org
- Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.



TOTAL POLICING



Term Dates for 2023 - 2024

▶ AUTUMN TERM 2023-24 SCHOOL TERM AND HOLIDAY DATES

Starts from Monday 4th September 2023 to Wednesday 20th December 2023

(*All pupils return back to school on Wednesday 6th September 2023).

INSET 1 Monday 4th September

INSET 2 Tuesday 5th September

Half term break – Monday 23rd October 2023 to Friday 27th October 2023

INSET 3 Friday 24th November

Christmas break – Thursday 21st December 2023 to Wednesday 3rd January 2024

▶ SPRING TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Thursday 4th January 2024 to Thursday 28th March 2024

Half term break – Monday 19th February 2024 – Friday 23rd February 2024

Easter break: Friday 29th March 2024 to Friday 12th April 2024

▶ SUMMER TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Monday 15th April 2024 to Friday 19th July 2024

Half term break – Monday 27th May 2024 to Friday 31st May 2024

Last Day of Summer Term Friday 19th July

▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

(SCHOOL CLOSED FOR PUPILS)

INSET 1 Monday 4th September

INSET 2 Tuesday 5th September

INSET 3 Friday 24th November

LAMDA Drama qualification

The Drama department is offering pupils to complete the LAMDA qualification.

Depending on uptake weekly sessions will cost approximate £8 each, financial support can be offered for those eligible for free school meals.

If interested please contact hello@louderdrama.com with the subject "LAMDA Tuition @WHS"



***We Bring the
Character***



- ☐ Are you feeling low and would benefit from some 'me' time?
- ☐ Do you need support to be more active?
- ☐ Are you looking to improve your wellbeing?
- ☐ Would you like to try something new or re-try an activity?

Active Body Healthy Mind

If you have answered 'Yes!' to any of the above, come and get involved. From October 2022 – July 2023, you can find a full programme of activities in various locations across Redbridge.

- Booking required
- Age 16+
- Taster sessions
- FREE



**To view the programme timetable
and to find out more about this project**

Visit: www.visionrcl.org.uk/activebodyhealthymind
Email: active.redbridge@visionrcl.org.uk



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MAYOR OF LONDON



visionrcl.org.uk

@ActiveRedbridge

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Summer Term Extra Curricular Clubs 2023

Before School

Mon	Tues	Wed	Thurs	Fri
Before School Breakfast Club Every morning				
Library Year 7	Library Year 8	Library Year 9	Library Year 10	Library Year 11
	Years 7 & 8 Well-being morning Well-being room	Year 9 Well-being morning Well-being room	Years 10 & 11 Well-being morning - Well-being room	
Year 7-9 Lunch is 12.20-1.00pm Year 11-13 is 1.20-2.00pm				

Mon	Tues	Wed	Thurs	Fri
Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1	Boys Multi Faith Prayer Club Room S1
Girls Multi Faith Prayer Club 1.30 -1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 -1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 -1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 -1.50pm - Room SS2	Girls Multi Faith Prayer Club 1.30 -1.50pm - Room SS2
Year 8 Textiles Club - Week 2 Only Pupils in 8W2 Tech Room 42	KS3 Year 7 - 9 Origami Club Room S2	Year 9 Dance Company Dance Studio	KS3 Year 7 - 9 Photography Club (Week 1) NB09	KS3 Year 7 - 9 Dance & Drama Open Studio
KS4 Year 10 & 11 Maths Homework Club (Week 1) - MA1	KS3 Years 7 & 8 Dance Company	KS3 Year 7 - 9 Maths Homework Club (Week 2) - MA1	KS4 Year 10 & 11 Maths Homework Club (Week 2) - MA1	KS4 Year 10 & 11 Dance & Drama Open Studio
KS5 Year 12 & 13 Spanish Debate Lunch Club Monday Week 1 Only Room 19	Week 2 – GCSE PE Revision Room S13	Week 2 KS3 Year 7 - 9 Board Game Club Room 14	KS4 Year 10 & 11 and KS5 Year 12 & 13 Choir - Room 36	Week 1 & 2 – GCSE PE Students - Badminton/Sports Hall
		Chess Club - Room LP1	KS4 Year 10 & 11 Dance & Drama Open Studio	
		Week 1 & 2 – GCSE PE Students Badminton/Sports Hall	LGBTQ+ Club KS3 Year 7 - 9 Room 15	
			KS3 Year 7 - 9 Maths Homework Club (Week 1) - Room MA1	
			KS4 Year 10 & 11 Spanish Conversation Club Room 19	
			Week 1 - GCSE PE Revision Room S13	

After School Clubs

Mon	Tues	Wed	Thurs	Fri
Choir, 3.00-3.50 Room 36	New Views Script Writing KS5 Year 12 & 13 Room 3/4	Orchestra, 3.00-3.50 Room 36	Steel Pans 3.00-3.50 - Room 36	Jazz Band Room 36
Brass Group 3.00-3.40 Room 37	Week 1 - Meteorological Society - 3.15 – 4pm Room NB1	Week 2 - KS3 Year 7 - 9 Geography Homework Support 3.15- 4.00pm - Room NB2		KS4 Year 10 & 11 KS5 Year 12 & 13 Art Club Room NB11
KS5 Year 12 & 13 Film Club (Week 2) Room 25	KS3 Year 7 - 9 Board Game Club Room S3	KS4 Year 10 & 11 Dance Team Rehearsals Studio		
KS3 - Year 7 - 9 Film Club (Week 1) - Room 25	Band Rehearsals 3.00-3.50 Room 38 & Practice rooms	Robotics Club - Room IR1 Max number of students only 20 allowed		
New Views Script Writing Post 16 - Room 3/4	Wind Band 3.00-3.50 Room 37	Crochet Club - Room MA3		
KS3 Year 7 - 9 Creative Writing Club Room 1	KS4 Year 10 & 11 Coding Club - Room IR4	Year 11 Maths Homework Club Room MA6		
KS5 Year 12 & 13 Creative Art Club Room NB10	KS3 Year 7 - 9 Dance Team Rehearsals Studio	From March 2023 KS3 Year 7 - 9 Wanstead's London Geography Society - 3.15-5.15 pm Room NB3		
KS4 Year 10 & 11 Design & Tech. (Yr11 Only) - Room 44	Basketball Year 9, 10 & 11 Sports Hall	KS3 Year 7 - 9 Drama Club/Theatre		
KS4 Year 10 & 11 D&T Technology Textiles Club (Yr11 only) - Room 42	Dodgeball - Gymnasium https://docs.google.com/forms/d/15_bdEN9p9mR8-N6o_Tlo-nLGmg_hcb-cW0apzOkj1rU/edit	New Views Script Writing class for KS5 Years 12 & 13 - Room 3		
Fitness Club - Gymnasium	KS4 - Year 11 History Interventions Room 13	Badminton https://docs.google.com/forms/d/11sq4QuHi3LTzvcQ4nVTCvIH-4CBRYOFxW20m_WGQMqHY/edit		
KS5 Year 12 & 13 Philosophy & Ethics Essay Writing Clinic 3- 3.40pm - Room NB7		KS5 - Year 13 History Interventions Room 13		
Classics Club - Room 2		GCSE PE Revision Room S13		
KS5 - Year 13 Stem/TMUA/MAT Preparation - Room 22				
UK Maths Challenge Club Room 23				
Basketball KS3 Year 7 & 8 Sports Hall				
Food Tech Week 2 KS4 Year 10 & 11				
KS3 Year 8 & 10 Netball Club Week 1 - Year 7 & 9/Week 2 - Lower Playground				

April 2023

£2.50
Per session

BOXFIT

AT HAINAULT YOUTH CENTRE

Female only

For 11-18 year olds
Also open to relatives
(mother / guardian) wanting
to attend with their
teenage child

Tuesday 6pm-7pm

Book your session here:
<https://vrcl.uk/boxfit>



INTO FILM

YEAR'S 7 & 8
MONDAY (WEEK 1)
3.10-5PM (APPROX.)
ROOM 24 MEDIA
FREE
POPCORN!

INTOFILM FILMCLUB
IS A FREE FORTNIGHTLY
CLUB OPEN TO YEAR
7 & 8 PUPILS AIMED AT
FOSTERING AN
ENGAGEMENT AND LOVE OF
FILM.

DISCUSSIONS HELP TO IMPROVE
STUDENTS UNDERSTANDING OF FILM
AND THE INDUSTRY AND VERBAL OR
WRITTEN FILM REVIEWS HELP TO
PROMOTE LITERACY
AND ORACY

COLLECT A PERMISSION LETTER FROM ROOM 24 (MEDIA) TO JOIN

Meaningful May 2023

MONDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world

TUESDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost

WEDNESDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

THURSDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why

FRIDAY

5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful

SATURDAY

6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others

SUNDAY

7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight



ACTION FOR HAPPINESS

Happier · Kinder · Together

School Uniform

Please note: that Carolina uniform suppliers will be reviewing their prices in 2022/23

School uniform plays a valuable role in contributing to the tone and ethos of the school. It helps to promote a sense of equality amongst our diverse population of pupils and the understanding of the formal nature of the environment. The wearing of uniform helps to instil pride in the school, a spirit of togetherness and an atmosphere in which successful learning can flourish.

► DRESS CODE

Burgundy school blazer with badge embroidered on pocket

Plain, white cotton (cotton/polyester) shirt

School crested tie with year group coloured stripe

Plain, black, school V-necked pullover with crest

Pleated, black, knee-length school skirt or plain black regular fitting trousers

Socks, ankle or knee length - white or black socks, or black opaque tights

Shoes – flat, black, of a sensible design

Trainers, trainer type shoes, open or canvas shoes are not acceptable and must not be worn

The school embroidered blazer, tie and pullover can only be purchased from the school outfitter.

All other items of uniform may be purchased elsewhere. However, to keep in line with the school's colour, styles and appearance we would suggest you buy your child's full uniform from the school uniform shop.

► OUTFITTER

Contact Details:

Carolina

708 Chigwell Rd Woodford Bridge Essex IG8 8AL

Telephone: 020 8504 6420

Email: carolinaschoolwear@yahoo.com

Website: www.carolinaschooloutfitters.co.uk

► General Uniform Rules

1. Make-up need to be subtle. False eyelashes, nail varnish and fake nails are considered excessive and are not permitted.
2. The only jewellery permitted in school is one small signet ring, one sleeper or pupils in each ear and a simple religious emblem on a necklace worn under the shirt. Large diamanté earrings are not permitted. No other body piercing should be displayed.
3. Religious headwear should be plain in black, burgundy or white.
4. Hair bands must be plain black. Patterned bandanas are not permitted.

5. Extreme hair styles or hair colour or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time. The patterned shaving of hair or eyebrows is forbidden.
6. It is not permitted for any student to wear any form of cap or hat in the school building. This includes du-rags. A plain black woollen hat can be worn to and from school and at break/lunchtimes when the weather is cold.
7. Hooded sports tops or 'hoodies' are not permitted and will be confiscated.
8. Trainers, canvas shoes, plimsolls or patterned shoes must not be worn.
9. Jeans or tight fit trousers are not permitted.
10. Coats and jackets must be plain, and without large patterns or logos, these can be worn in the school building (not in lessons and/or the Dining Hall) as a trial from 3rd October 2022.
11. Trouser belts must be plain and dark in colour.
12. The school has adopted the Halo Code - see school website.

Pupils must wear school uniform at all times, including as they arrive at school and depart at the end of the day.

If there are any problems with uniform, temporary or permanent, contact the Head of Year in advance. In addition, the school has a family hardship fund for parents / carers that cannot afford to buy or replace uniform. Please contact the Head of Year to discuss your family's eligibility for this financial support.

Uniform will be reviewed as per government guidance in the summer term.

