

# THE HERON HOMELINK *newsletter*



July 2023 Issue No. 6



## *What's Inside*

Redbridge Short Story  
Information for Results days  
Tutor Grid  
Geography Golden Globes  
Culture Day & Evening  
Paris Trip  
Jack Petchey  
Meet our Head Pupils  
Achievement Awards  
Sports News  
Term Dates  
School Uniform



Prefects 2023-24



Jack Petchey 'Speak Out'  
Challenge



Cultural Day

## Education with Character



## *Message from the Headteacher*

Dear Parents/Carers,

This will be the final thank you to you all for supporting the school community this year. None of what is celebrated each day in and out of the classroom and what is written about in this publication could happen without you and your support. An early glance at the pupil survey suggests that the community and relationships are the one things that pupils value most about being at Wanstead High School and this is something we should be very proud of and continue to build on.

Please enjoy a wonderful break with family and friends and we look forward to welcoming everyone back in the new year as well as our new Year 7 and 12 cohort. We wish all our pupils and staff who are leaving all the best on their new journeys and pathways and we have just spent a lovely afternoon saying good-bye to the staff that are moving on and celebrating all they have contributed – a special thank you to Lin Redman and Mel Warner who are retiring and have contributed so much to the community over the years.

In the words of Sri Sri Ravi, 'Wisdom is knowing when to have rest, when to have activity, and how much of each to have.' — let's hope we all get this right over the summer and come back bigger and better in September, strong enough to face Ofsted but to ensure we grow and get better for the sake of our pupils and their futures, not just because Ofsted might be coming!

All the best

**Miss E Hillman**  
**Headteacher**

Keep up to date with us via  
our website:

<https://www.wansteadhigh.co.uk/>

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**Wanstead High School**



THE DUKE OF  
EDINBURGH'S AWARD



London Borough of  
**Redbridge**





# Redbridge Short Story Competition

On 29<sup>th</sup> June, the English department took four pupils to Redbridge Town Hall for the awards ceremony for the Redbridge Children's Book Award writing competition 2023. The awards for the school creative writing competitions were announced as was the reward for the Redbridge Children's Book Award. While they were there, pupils had the opportunity to meet published authors and get their own books signed. To the right, pupils are pictured with SF Said, author of this year's Children's Book Award winner!

In the Junior Short Story competition (Years 6-7), Kitty's story 'Door of Hope' came second and Jamie's story 'The Door' came third in the borough. Betty's story 'The Receptionist' was a Runner Up. In the Teenage Short Story competition (Year 8 and above), 'Short Story' by Eliza was a Runner Up.

Here are all our winners and runners up pictured with the authors and the Redbridge mayor!

By Ms S Khan



# Messages from Heads of Year



## Head of Year 7

Dear Parents and Carers,

With the summer holidays just at the end of the week, we can scarcely believe how quickly Year 7 has whizzed by! Pupils have been reflecting on their first year at WHS and sharing what they are looking forward to in Year 8.

This term, the highlight for me has been the Year 7 trips. The pandemic

curtailed school jaunts so it has been lovely to see a return to opportunities for 'learning outside the classroom'. The Science department kindly arranged for the year group to visit the Natural History Museum. 7.8 really impressed me with their independent pre-visit planning. Discussing as a group the merits of each suggestion; they researched, negotiated and arranged which exhibitions the class would see during their visit. Having pupils involved in the trip planning was fabulous. After the trip

the general consensus amongst Year 7 was the Minerals exhibition was by far the best! Obviously we have lots of budding Chemists and Geologists in the year group but if you are looking for a family day out in the summer holidays – the mineral exhibition in NHM comes highly recommended!

The year group trip to KidZania too was also a great day out too. I was so impressed by their work ethic there – picking lots of different career workshops and being so keen to earn those KidZos. It bodes well for the future. Its also worth mentioning that they loved, loved, loved the cleaning windows activity there which was a huge surprise for me, but I think this new found enthusiasm for cleaning is worth mentioning and perhaps something parents would like to harness in the long summer holiday ahead. We have had so much fun. Trip suggestions for Year 8 will be greatly received.

On a final note I just wanted to say thank you for all your help and support this year. Year 7 are an amazing year group and as I frequently love to tell them they give me reasons to feel proud of them each day; your huge input into supporting them in school doesn't go unnoticed so thank you. I hope you and your loved ones have a wonderful summer.

By Ms C Murray



## Head of Year 8

Dear Parents and Carers,

I hope that this newsletter finds your family well and that you are looking forward to the summer holiday.

It has been an extremely busy end to term but also a very much welcomed one. There has been a lot of things going on in school and there have been some fantastic opportu-

nities available for our pupils. They have continued to progress throughout the year and have really started to come into their own.

I have been taken back by the resilience that Year 8 have shown. They have continued to demonstrate many qualities and have shown me attributes which will undoubtedly help them moving into the final year of Key Stage 3. As mentioned previously, there are always things in which we can improve on as a year group. I said to the year group that we needed to up our game after half term as we have let a few things deteriorate. I am pleased to say that they have responded to this and have excelled and exceeded my expectations. Behaviour has improved and achievement has significantly increased. This is a lovely positive way to end the year on a high. I am very proud of what they have achieved and I am very much looking forward to leading them again as their Head of Year next year.

It was great to see so many of you at our Year 8 personal development information evening. We had over 200 people in attendance and the feedback that we received on the night was very much appreciated. As said on the night, the number of people in attendance was testament to your level of care and support for your children as well as the school and for that I thank you. A feedback survey has recently been sent out and it would be great to hear your voice and use your comments to make our continued improvements as a school.

As a reward, the year group attended an end of year trip to Adventure Island in Southend. It was a great fun day out. The pupil's behaviour was exemplary and this should be recognised and congratulated. It was fantastic for myself and other teachers to see our wonderful pupils in a different environment as well as a different light. The manner in which they represented the school gives me great hope moving forward and provides even more encouragement to organise similar trips. It is extremely important to recognise their accomplishments and I am hoping that their experiences will provide them with added motivation to continue positively on their learning journey.

I hope that you have a lovely and safe summer holiday!

By Mr M Tinker





## Head of Year 9

Dear Parents and Carers,

Though I've only been in charge of this year group a few weeks I can already say how fantastic they will be heading into their GCSEs. The welcome the pupils gave me and continue to give me when we talk says so much about their character. It's a shame I haven't been able to speak to them all.

It's a time to look forward for us all. The year group are ready to begin their GCSEs and option subjects. I've spoken to so many and I feel their excitement and passion for the subjects they want to study and this can only be a positive thing for their outcomes. It will be a challenging time too and a time for the year group to step up and face those challenges head on, and I have every faith that they'll be up for it.

I will be leaving Wanstead High at the end of the year but I know that the new Head of Year Mr Hadden is looking forward to leading this year group through their GCSEs. I wish the year group the very best for their journey as they embark on their GCSEs.

**By Mr R Carfrae**



## Head of Year 10

Dear Parents and Carers,

As the end of the academic year is fast approaching, we begin the transition into Year 11. I have been impressed with pupils that have shown an interest to the leadership opportunities available for next academic year.

Our recent Year 10 Mocks were a huge success. The

year group have experienced what their GCSE exams will look and feel like next year. It has been clear that the year group have benefited enormously from familiarising themselves with the rigorous routines, rules and regulations. I must also add that I was incredibly impressed with the way that the year group conducted themselves.

It was amazing to see many Year 10s celebrating their culture last Wednesday when pupils were invited to wear culture dress to school. I was very proud of the Year 10s that went above and

beyond in helping the celebrations take place.

Without a doubt, both pupils and staff are eagerly looking forward to a long and restful break! Whilst recharging batteries is vital, it would also be wise for our pupils to remember that they are more than half way through their GCSE courses. The holiday weeks that lie ahead are an excellent opportunity to consolidate knowledge, reflect on our recent Mock exams and catch up on any missed work and revise.

It has been a great pleasure being Head of Year 10 this year; they are a brilliant year group and I can't wait to continue our journey of success through to the end of Key Stage 4!

Wishing you all a productive and restful summer.

**By Ms G White**



## Head of Year 11

Dear Parents and Carers,

I wanted to take the opportunity to say good-bye and wish you and your children the very best of luck for the future. It has been a wonderful journey with this year group since I took over as Head of Year half way through the year and then entered lock down 3 weeks later - a daunting sign of things to come under my lead. It's been a real

pleasure to watch the year group grow and I too have grown with them. I've learned so much and been inspired by this group

of young people time after time to keep going despite the ups and downs. They are the ones that motivated me to come into work each day.

As the year group move on to the next stage of their life to sixth forms, colleges or apprenticeships I too will be moving on from Wanstead High. I've decided to take a break from teaching and do something else. What that is I don't even know but I'm excited for what the future holds. It's been a real pleasure to lead this year group through and build relationships with them as well as so many parents and carers too. I wish you all the very best of luck for the future and every happiness in the world.

**By Mr R Carfrae**



## Head of Year 12

### Dear Parents and Carers,

The torrential rain couldn't dampen our end of term fun last week when our sports day had to be cancelled at very short notice. Open Study was a sight to behold -150 Year 12 pupils, eyes down, playing Bingo for prizes-the tension in the room was palpable! Bingo was followed by a buffet lunch with a bit of an ad

hoc sing-song added for good measure! Staff and pupils commented that it was a lovely way to bring the year group together at the end of a hectic year.

Our Higher Education and Post 18 Options Drop Down Day a couple of weeks ago, was a huge success. All Year 12 pupils attended a series of workshops and seminars led by members of the 6<sup>th</sup> Form Team and guest speakers. Presentations included Queen Mary's University on 'How to make effective course choices and what to expect as a student' and 'Fees, Loans and Finance for pupils' by The University of East Anglia. The latter presentation clarified the Student Loan system and process and explained that a university degree shouldn't be a barrier to anyone on the grounds on finance.

It was great to see the return of three of our Alumni pupils (all currently studying or graduating from top universities) return to answer questions generated by our Year 12s relating to university and university life. Questions ranged from 'what has the transition been like from school to university' to 'how have you coped with cooking for yourself'! Many of our pupils commented that it was really useful to receive 'real world' tips from young people their age.

We were very fortunate to have Claire Kinselly, leading careers coach, join us for the Drop Down Day. Claire led Personal Statement workshops for the year group looking at how to write a successful Personal Statement and broke down the structure and content of this important element to UCAS applications.

All Year 12s now have been registered for UCAS. Over Summer I would urge all pupils to write at least a first draught of their Personal Statement. All resources to support with this can be found on Google Classrooms HE, Careers and Post 18 Options page (see below) and of course Unifrog is an invaluable support for writing Personal statements too. As you will know from previous Herons, all pupils have a Unifrog account and this will remain accessible over summer too.

We have issued all Year 12 pupils a hard copy of our booklet 'University Admissions for Pupils and Parents' which was previously given to you in person during our HE Parent Information Evening in March. The booklet contains valuable information, reminders and a range of further links. Please do keep the booklet in a safe place as it will contain answers to the many questions you may have.

### New 'Higher Education, careers and Post 18 Options' Google Classroom Page

We have created a new Google Classroom page entitled HE, Careers and Post 18 Options that pupils and parents can refer to throughout the forthcoming year. The Google Classroom is now live and can be accessed using code zj5tbhq. Here you will find

lots of very useful parent and student guides and key materials including 'How to make a competitive application to university' and 'How to write a Personal Statement'.

### Early Applicants

Pupils have already been invited to make themselves known if they would like to make an Early Application to UCAS e.g. they intend to apply to Oxford, Cambridge or apply for Medicine, Dentistry or Veterinary Science. If your child decides over the summer holidays that they are now interested in making an early application, please can you ask them to speak to Ms van Beers on their immediate return to school in September. I would recommend Early Applicants research Pre-Admission exam requirements (if any) and it would be advantageous for pupils to start to work through past papers. Many of the Pre-Admission exams can be sat at school and this can be arranged first week back via the Exams Office. All Early Applicants should have a draught of their Personal Statement ready by 11th September as we will be visited by Dr Hugh Munroe from Wadham College, Oxford who will be running an editing workshop for them. Please be advised that we have the following deadlines for UCAS

### External deadline dates

**2<sup>nd</sup> October 2023**, 18:00 (UK time) – for music conservatoires

**16<sup>th</sup> October 2023**, 18:00 (UK time) – for Oxbridge, medicine, dentistry and veterinary courses

**31<sup>st</sup> January 2024**, 18:00 (UK time) – the main UCAS deadline for the majority of all other courses.

Some art and design courses are later and depend on the institution.

### Internal Deadline Dates

To ensure that we can support you with completing your UCAS application and have time to check through for errors, we set internal deadline dates for pupils.

**Friday 22<sup>nd</sup> September 2023** - Wanstead Internal UCAS application deadline for Medicine, Dentistry, Veterinary Science, Oxford or Cambridge applicants.

**Friday 3<sup>rd</sup> November 2023** – Wanstead Internal UCAS application deadline for all other applicants.

**1<sup>st</sup> week of December 2023** - Oxbridge interviews

The aim is to ensure all applications are sent before the Christmas break as universities begin sending out offers in November.

### Summer Study

It is really important to keep subject knowledge refreshed and maintained over the summer holidays as well as furthering knowledge through super curricular projects. All subjects will have set holiday homework, assignments or revision-it is vital these tasks are completed as pupils will have further tests and mocks in the new term.

Please do congratulate your child on the completion of a really intense but hopefully rewarding year. I do wish you and your family a wonderful summer break and I look forward to supporting the year group in Year 13.

**By Ms T van Beers**



## Head of Year 13

Dear Parents and Carers,  
I hope this newsletter finds you well and that you have had the opportunity to rest after a very busy and important year. As many of you may already know from previous communication, I am leaving Wanstead High this year. I would like to thank you for your

continued support and wish your young people the very best of luck in their future endeavors. I will be here on results day to support and see pupils. I have included a snippet of my speech that I shared with Year 13 pupils on their leavers' assembly below.

'And I want you to remember that so much can and has changed from generation to generation and from year to year but there is one thing in life which is a constant- the ability to be kind. Whatever you do in life, think about how you can be that someone to somebody. As you get older and leave school, you may have fewer people in your life and that is normal! Cherish those friendships and relationships, prioritise them and nurture them because they will often carry you through the difficult times.

But also remember that whatever your experience has

been at Wanstead High, school is just the beginning and does not have to define you. Think carefully about what your core values are and let them help you to choose your paths in life. It is OK to change your mind; be open to discussions and conversations and different points of view because it will make you better and life more interesting.

And please never give up learning. At this point learning feels like a burden and I am sure many of you cannot wait to leave learning as you know it behind. However, many of you will surprise yourselves as you grow further in to adulthood and realise that learning can take so many different forms and you may crave being curious and challenging your minds again; give in to it and return to learning regularly'.

### Year 13 Results Day

A Level results day is on Thursday 17th August. The Sixth Form team will be around to help pupils with their next steps on this day and to guide pupils once they have received their results with navigating their options.

Please click on the below link for fuller guidance on the options pupils will have on results day with regards to UCAS and the next steps and how they can prepare.

By Ms H Battiwala

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# Information for Results day

A level results day is **Thursday 17 August 2023**. Your Head of Year and the Sixth Form team will be around to support you on this day.

If you are unable to collect your results, you will need to nominate someone to collect on your behalf and will need to send the name of that person to the exams team or your Head of Year (Ms Battiwala).

### Tracking and replying to offers

In Track, a student can hold up to two offers. Once they have received all offers, they must select their choices.

Firm – their first choice. If they meet the conditions of the offer they will be placed

Insurance – acts as a back-up choice if they are not placed with their firm choice

### UCAS EXTRA

Extra is available between February and July.

If pupils don't get offers from any of their choices, they may be able to use Extra.

Applicants are eligible for Extra if:

- they have used all five choices
- all their choices were unsuccessful, canceled, or they declined their offers

### If using Extra:

- there is no option for an insurance choice
- the universities have 21 days to respond
- an applicant's existing Apply information is used

### Prepare for results day

Results day can be stressful, so make sure you know how it works and what to expect.

- **Have your UCAS application sign in details handy** and update your contact details if you need to on your online application.
- **Make sure you're available on results day and contactable** because UCAS cannot speak to anyone else about your application details unless you give them nominated access to speak on your behalf.
- **Check how your exam results get to your universities/ colleges** – most come directly to UCAS from the awarding organisations, and we send them on to your choices. But if not, you just send your exam results to your universities or colleges yourself. Check this link for any exams not directly received by UCAS: <https://wwwucas.com/undergraduate/clearing-and-results-day/results-day/sending-exam-results>



## What UCAS will do with your results

1. First UCAS will match them to exam entry records and to the qualifications you list on your application.

**If your application info doesn't match your results, there might be a delay in the outcome of your offer.**

2. Then they will send them on to the unis, colleges, and conservatoires you're holding offers with.

Generally, it's only the overall result that UCAS process and pass on, but there are some exceptions. For A levels, they include the unit grades as well as your overall grade.

## Clearing (if your grades do not meet the grade requirements of your firm or insurance choices)

- Lists of courses with vacancies in Clearing are published from the beginning of July until late September in our search tool – [www.ucas.com/search](http://www.ucas.com/search)
- Check the lists for suitable courses, then contact universities and colleges to find out more about the course, and see if they will offer them a place. You must do this yourself – admissions tutors want to speak to them, not their parents or teachers.
- Applicants can apply for any course that has places left. They don't have to keep to the same subjects they first applied for.
- The applicant must have permission from the university or college before they add a Clearing choice in their application. If they don't, their application may be delayed.
- **If an applicant originally had an offer and wants to decline their place and go into Clearing, they can release themselves in their application.**

If a student has individual support needs, they should mention this in any Clearing conversation to arrange any support they may need. Once a Clearing choice has been added, the applicant cannot change it until the university or college has made

a decision. If they're accepted, they are firmly committed to that course. If the applicant is unsuccessful, they can repeat the process.

## Clearing process:

1. Track confirms applicant eligibility, and provides a Clearing number (six digits).
2. Applicants have a ten-digit Personal ID (PID), and should be able to quote this and their Clearing number when calling Universities.
3. An adviser email is sent to schools/colleges identifying those in Clearing.
4. On A level results day, the 'Add Clearing choice' button appears from 15:00 (UK time) for eligible applicants.

## Clearing Plus (If you did not meet the entry requirements of your firm and insurance places)

If you're eligible, you'll see a button in your online application called 'See matches'. Once you hit that, you'll be able to see a full list of your matches. If you express an interest in a course, that university or college can contact you.

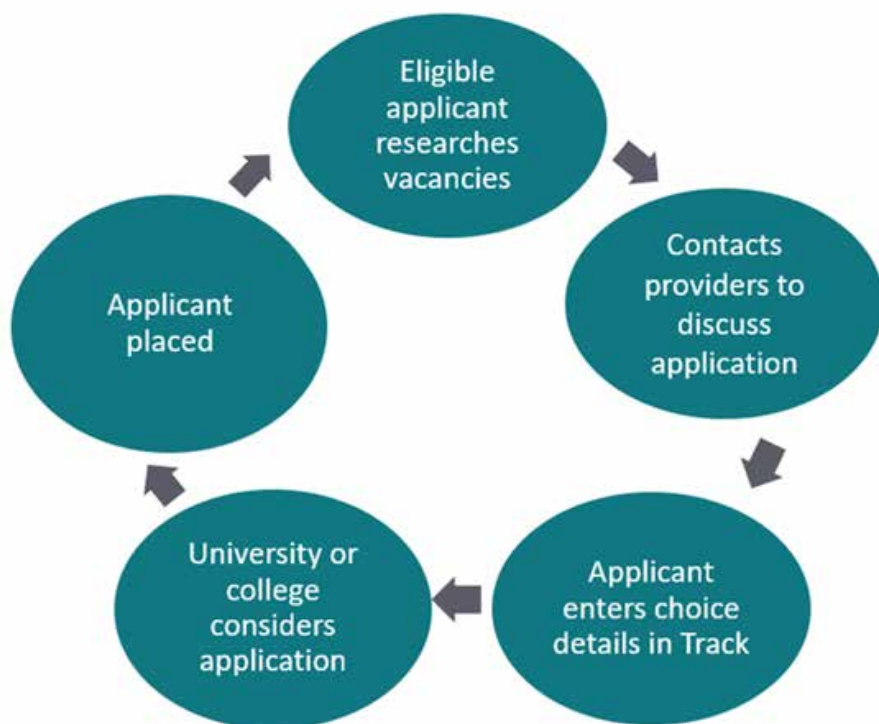
Remember, courses in Clearing fill up quickly, and you may not always receive a call, so we recommend you also keep your options open and look for courses using Clearing.

Here's an example of how it works. Just remember, the matches are individual to you.

- Rosie receives her exam results.
- Unfortunately, they weren't the grades she needed for her firm or insurance choices.
- Rosie signs in to her application. She sees a 'See matches' button. Once she clicks it there's a list of her top 50 matches based on her original choices.

- She clicks 'interested' on four of her matches.
- She gets a call from one of them. They ask her some questions about why she'd like to study the course and is offered a place.
- Rosie adds the course as a Clearing choice and is off to uni.  
**OR** She does not choose any matches and uses the clearing search tool to look for other Universities and contacts them directly.

**Good luck to all and we will be here to support on the day.**





# PTA Quiz Night Returns With A Twist

In September the new Wanstead High School PTA is collaborating with Wanstead Fringe Festival for their first joint event – a bumper 'Back to School' quiz featuring;

- \* Local celebrity host
- \* Licensed bar
- \* Complimentary nibbles for every table

It's a great opportunity to get together with friends and catch

up after the summer – whilst raising money for the school. So put the date in your diary, and start gathering your team... Wanstead Fringe runs from 9th -30th September this year. Find out more at [www.wansteadfringe.org](http://www.wansteadfringe.org)

## SAVE THE DATE!

Venue: Wanstead High School

Tickets released on: 4th September



## Meet Your New PTA

We would like to introduce you to two of the new PTA committee members who have recently taken over running the Wanstead High School PTA...



### PTA CHAIR: Dennis Weeks

Dennis is a Wanstead resident, who has lived in the area for over 30 years. He has two children at the School, in Years 7 and 10.

A retired Metropolitan Police detective, Dennis now owns and runs a local building company. In

his spare time he also volunteers with Neighbourhood Watch panels for Redbridge and boards a milk float each Christmas to play Santa around the streets of Wanstead. Dennis says: 'We've got great plans focusing on several big projects - our objective is to raise funds and make a significant difference to the school and in turn our children. We will need your help to make these plans happen, please keep your eyes peeled as we look to announce our first initiatives in the Autumn term.'



### PTA Secretary: Louise Russell

Louise has also lived in Wanstead for more than 30 years, and also has two children at the High School. She works in education and has had various volunteer roles supporting young people and their families. Louise was involved in PTA and school events when her children were at primary school and is keen

to continue this work to build links between the school and local community.

# Tutor Grid 2023 -24

Year 7		Year 8		Year 9	
HOY	Mr D Tann	HOY	Ms C Murray	HOY	Mr M Tinker
7.1	Ms T Reynolds	8.1	Mr M Adams	9.1	Ms I Unegbu/Ms M Dietze
7.2	Ms B Waters	8.2	Ms I Jasmine/Ms O Ogunfemi	9.2	Mr S Rashid
7.3	Ms S Khan	8.3	Ms N Rowshan	9.3	Mr N Rashid/Ms S Sultana
7.4	Ms C Gorczak	8.4	Ms J Ibrahim	9.4	Mr A Chauhan
7.5	Mr I Choudhury	8.5	Ms D Collins	9.5	Mr D Boachie
7.6	Ms S Begum	8.6	Ms K Kaddour/Ms S Prestwidge	9.6	Ms M John
7.7	Ms N Ahmed	8.7	Ms N Redondo	9.7	Mr G Narang
7.8	Ms E Everhart	8.8	Ms N Gómez	9.8	Ms N Begum
		8.9	Mr D Vardavas/Ms E Christofides	9.9	Ms K Kioi/Ms O Ogungbe

Year 10		Year 11	
HOY	Mr M Hadden	HOY	Ms G White
10.1	Ms K Ali/Ms J Wali	11.1	Ms H Tassine
10.2	Ms F Mak	11.2	Mr S Younis
10.3	Ms L Pennington	11.3	Mr L Willer
10.4	Ms C Feeney	11.4	Ms S Hoque
10.5	Ms E Hayes	11.5	Mr R Ali
10.6	Mr D Leftwich	11.6	Ms S Younas/Ms S Clarke
10.7	Ms R Gullefer/Ms M Ayer	11.7	Ms N Hassan
10.8	Mr D Hardy	11.8	Mr R Nazir
10.9	Mr A Yiacoumi	11.9	Ms H Ikrah

Year 12		Year 13	
12.1	Ms D Bennett/Ms O Gallagher	13.1	Ms H Ahsan/Ms S Wright
12.2	Mr B Weakliam	13.2	Mr K Holdbrook
12.3	Ms S Begum	13.3	Ms C McQuillan/Mr R Smith
12.4	Ms A Khanum/Ms H Cressall	13.4	Ms M Kara
12.5	Mr I Sweet	13.5	Mr B Alom/Ms G Kartha
12.6	Ms F Hinson/Ms V Premkumar	13.6	Mr Z Munir

## Alumni News

### Online Tutoring Offered

Regular or booster lessons for the following subjects.

#### GCSE

- English Literature
- English Language
- History

#### A Level

- English Literature
- History
- Classics

***If interested please see details below:***

**email:** (ameliahartt@icloud.com) for any parents that wish to contact me to discuss/arrange tuition.

#### **Please note:**

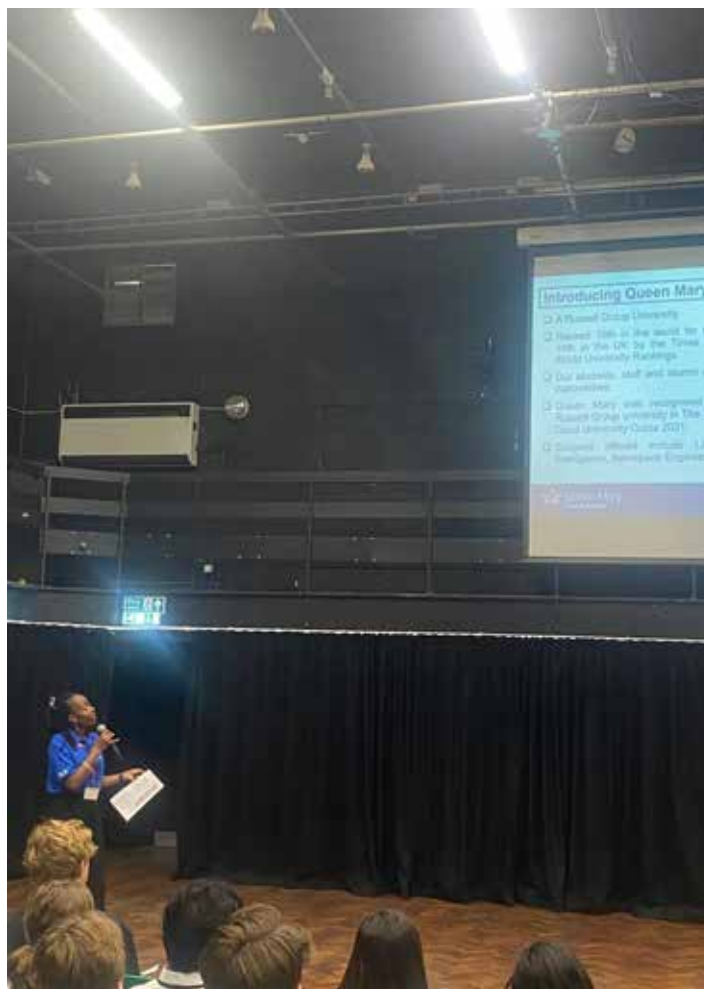
At GCSE, I achieved a grade 9 in all the subjects offered and at A Level I am predicted an A\* in all 3 subjects.

# Preparing for the Future

On Friday 30<sup>th</sup> June we hosted a fantastic Higher Education, Careers and Futures Day to support our Year 12 pupils with making important decisions about their future Post-18. The schedule for the day included presentations on:

- An introduction to Higher Education and UCAS
- Applying for and making competitive applications to universities
- Unifrog
- How to make effective course choices and what to expect as a student (guest speaker: Queen Mary's University)
- Early careers, apprenticeships and pathways (guest speaker: ISG, Global Construction)
- Fees, Loans and Finance for pupils (guest speaker: University of East Anglia)
- NCS programme and opportunities
- Q & A panel session with Wanstead High Alumni from a range of universities and disciplines
- Practical workshops included sessions on:
  - Writing a first draft UCAS personal statement led by a top London School of Economics careers coach
  - Registering for UCAS

A huge thank you to all our external presenters for helping us to host an informative and meaningful day.





# Summer Jazz Concert



The school jazz band performed a musically-varied set at Nightingale's annual summer fete on Saturday 1<sup>st</sup> July, supporting the PTA of this important feeder school.



## Geography Golden Globes

For the Summer Term the Geography Department has awarded our Golden Globe badges to the following pupils in recognition of their performance, progress and/or attitude in Geography shown throughout this term.. Congratulations to all and the process begins again in September, so come back and aim for the world!

By Mr D Leftwich

Tutor	Year Group	Student winner	Awarded for performance, progress and recognition
Mr Hamza	Year 9	Eliza	Eliza has worked diligently all term and has made insightful contributions during class discussions.
Mr Leftwich	Year 12	Zeenat	Zeenat has a consistently positive attitude to learning and a thirst for improvement. Her preparation for her forthcoming NEA has been first class.
Miss Mak	Year 7	Archie	For his great knowledge in Geography and his engagement in every lesson contributing to class discussions and completing all work set to a very high standard.
Mr Smith	Year 8	Kayla	Kayla has been an outstanding learner all year, always focussed and committed to her work.... an absolute delight to teach.



# Teach A Friend

## A Language competition

Four brave pairs of pupils, who had been teaching each other a conversation in their home languages, gathered in the library at the end of the day and the competition was tough! We listened to brilliant performances in Ukrainian, Russian, Turkish and Urdu, with a little Bengali and Spanish thrown in too!

The worthy winners were Brotee and Irmaab, with an excellent conversation in Urdu, including a poem and an explanation of the Bengali alphabet.

**By Ms L Redman**



*Getting ready for the event, winners Brotee and Irmaab working hard on the left!*



*Group photo after the competition, winners Brotee and Irmaab looking smart in the centre!*

# Culture Day and Evening

Wanstead High pupils had a fabulous day celebrating each other's cultural heritage. Many dressed in some amazing traditional costumes (see below) and shared stories of the journeys some of their families had made in the past – tutors were able to fill in a map showing these connections. KS3 lessons all had a cultural theme and there were some delicious world cuisines available at lunch.

Our Multilingual Poetry Slam was won by Brotee, with a fabulous poem in her home language of Bengali that was so well performed it brought several listeners to tears! KS3 pupils had gathered in the library at lunchtime, and the event was very well received – many thanks to Ms Maule and Ms Gomez for facilitating.

The main event was our Cultural Evening, to which pupils, parents, carers and staff were all invited. Delicious food was provided by our resident chef, and this was supplemented by some amazing contributions from staff and parents, including tasty

pakoras and a brilliant banana dish! Participants were invited to have their hand painted with henna, their names written in script, and to take part in a table top quiz. The winners of the quiz (after a little confusion courtesy of Mr Ali) were Daniel and family, who won a high street voucher. Donations for the home cooked food and some of the activities brought in an amazing £80 which we will be donating to the charity WaterAid.

The highlight of the evening was our live music – first Finn with his band of KS3 steel pan players; Daniel, Dyno and Isla, and headlining were our Year 10 three-piece band, Answrphone! William, Oliver and Finn played a couple of rousing sets, and even compered the Open Mike section of the evening!

We're hoping for this to be an annual event and for next year's to be even better!

**By Ms L Redman**









# Paris in Spring

In May a group of pupils went to Paris and visited some of the key sights absorbing all the culture, art, history and of course the perfect city to practise their language skills! The pupils really immersed themselves in the French language through conversations with the waiters and the places they visited. But more

importantly they learnt so much about the culture and history of Paris too! The weather was amazing – not a cloud in the sky! Our pupils enjoyed visiting Le Stade de France, le Louvre and Disneyland.

**By Ms K Kaddour**



## EAL Trip to London

The weather was kind to us on World Refugee Day as we caught a tube to central London with our tour guides Ms Kelly and Ms McLeod. Our first stop was the Monument to the Great Fire of London. The pupils were accompanied by Ms McLeod and Ms Yilmaz as they climbed up (and then down!) the 311 steps to the top! The views across London were amazing and the pupils enjoyed learning about the history of the city of London. We then

visited St Magnus and looked at the model of the old London bridge. The church was fascinating, and the pupils, many of them from the Ukraine, lit candles. We ended our trip with a walk along the Thames and over Tower Bridge – which luckily didn't open! The pupils' behaviour was exemplary, and we all enjoyed a delicious ice cream at the end of the day.

**By Ms L Redman**

## My London Trip Experience

Hello My name is Mariana. I was on a trip in London with Miss Redman. We were in a monument where we went up the Monument to the Great Fire of London. When I was at the top I could see all around London. I saw the London eye, London bridge, Big Ben, Shard and other amazing places in London. After we went to church we saw candles, and prayed for Ukraine.

After church we have lunch at the park. After lunch we walked the London bridge, later we had some ice cream. The weather was very nice so we made our way home. I enjoyed my day with my friends and my teaches,

**Thank you for this trip.**



# Mini cultural project: Le sport dans les pays francophones

Well, done to all 8.9 pupils for completing their speaking project about a French speaking country

Bravo - Ms K Kaddour





# Year 10 Jack Petchey 'Speak Out' Workshop Speak and be heard!

To support our year 10 pupils with their spoken language skills, the English department organised all-day oracy workshops. Pupils had an opportunity to develop public speaking and communication skills.

The workshops were designed to empower our pupils to speak with confidence. Pupils were able to plan and perform a speech

in front of their peers with everyone receiving a certificate at the end for taking part.

Each session was judged and four winners were selected! Alongside the official Speak Out trainers, Ms Khan, Ms Ahmed and Ms Reynolds enjoyed the day supporting pupils during these sessions.



From team building skills to learning more about how to structure and deliver a speech, our Year 10s were able to learn a range of skills to help them in their future careers.

One of the trainers, Charles said: "The pupils were supportive of each other. They took on challenging tasks and they faced their fears."

Here's what some of our pupils had to say about the workshop:

"It has helped me to be able to speak on the spot about a topic without fear of public speaking." – Annie, Year 10.



"Exhilarating experience that changed my view about my peers that I work with on a day-to-day basis." Jesse, Year 10.

"Having been a participant in a previous workshop, it felt very good to be a judge this time. It was extremely interesting watching the speeches in terms of content, delivery and structure. Overall, a great opportunity and positive experience." Elliot, Year 10.

By Ms S Khan



**We are pleased to announce that we have successfully recruited Head Pupils to lead the Pupil Council next year; two from Year 12 and, as it was such a tight field, three from Year 11.**

# Meet our Head Pupils

## Jack

At 6th Form I study Politics, History and Drama. I have been at Wanstead since Year 7 and I am committed to creating long-term change and leaving the school better off when my time is up.

As a Head Pupil, I advocate the idea that pupils should have direct involvement with matters of the school. Pupils are allowed to question events and should be allowed to challenge the system for it to properly grow. As chair of the Pupil Council, I will ensure that needs of pupils are met and that there is a clear line of communication between the senior staff at the school and all pupils.

## Saffia

I've been a pupil at Wanstead for the past 6 years. Some of my interests include Dance, and I've been involved in the Dance Department at school for as long as I can remember. I also really enjoy reading, and I'm always open to new book suggestions.

One of my priorities as Head Pupil is to make sure that the voices of the other pupils at school are heard, so this would include making Pupil Councils more accessible and effective in helping the schools improvement. Another priority is to make sure all pupils feel supported, which I hope can happen by making mental health and well-being services easier to receive.

## Eleanor

I am so happy that I became Head Pupil, and I am so proud of our school for its community and its achievements, and that is a feeling I want others to share with me, it is something I intend to work on as head pupil. I am a level one certified mountain bike coach, and am starting my BMX qualification.

I use this qualification to one on one coach children with Special Educational Needs at the weekends, and it is one of my favourite and most rewarding parts of my week.. I enjoy playing flute in school bands and have also started to teach myself the saxophone. Music is the best wind down activity. Cycling, coaching and music may teach me dedication and hard work but they also give me a chance to relax.

Finding something you enjoy is one of the best things in life, and I hope I can help others find something they love too.

## Harman

I am so grateful to have been chosen as head pupil along side Eleanor and Oliver and look forward to working with them in the future .I am incredibly excited to represent Wanstead High and all of its amazing qualities and hope to show this to others. Some of my interests include reading and art.

Art helped me to collaborate with others and think on the spot as well as enriching my creativity and imagination. Furthermore take pride in helping the local community as I volunteer at Oxfam and have been for six months. This has enabled me to build a closer relationship with the community and work with different generations of people. Oxfam embraces my passion for reading along with my people skills. I hope to carry these skills on the role of Head Pupil.

In addition, a main focus will be ensuring my fellow classmates have access to incredible opportunities that will help build skills like these and reflect the school motto of 'Education with Character'.

## Oliver

I have a range of hobbies, including sports such as swimming and Tennis (for which I received a Jack Petchey Award for my efforts). I also love to play and listen to music. I joined the Wanstead High jazz band this year, and over the past two and a half years I have formed a band with two close friends; we call ourselves 'Answerphone' . I also go cycling with my parents sometimes, in places such as Epping Forest. I have a strong belief that culture is what brings out the most individuality within the world, which makes people unique and far more relatable to many.

I have family members across Lithuania and visit often. I also visit Barbados on occasion, both to relax and visit family. Everyone one of us, especially at Wanstead High, have meaningful backgrounds with distinct interests.

This is what I believe defines a person for who they truly are. Ensuring that this is recognised and delivered in our school's curriculum will be one of my top priorities as Head Pupil.



# Year 11 Prefects

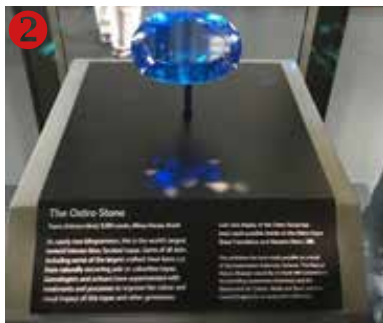


## Year 7's Natural History Museum Trip

This term all our Year 7s had a day out to the Natural History Museum. The pupils had a great opportunity to see the dinosaur exhibition where they saw lifesize models of the dinosaur structures and fossils with some excellent replications of these extinct creatures. As well as a life size realistic model and animation of a Tyrannosaurus-rex showing how it moved and sounded.

They really enjoyed seeing the marine life in the blue zone and were fascinated by the size of blue whale and the woolly mammoths. We also visited the insect and birds' section with exquisite models of the eagle's and ostrich.

The final stop was the minerals and rocks section where they saw asteroids from millions of years and some very rare stones including the blue sapphire and a large rare diamond in the high security vault. I am pleased to say they all really enjoyed themselves and it was a pleasure taking them out.



### Photo credits:

- ① 'Gold is the child of Zeus' by Evelyn.
- ② 'The Ostro Stone Topaz Blue' by Jacob.
- ③ 'T-rex model' & 'The hippo' Adam.



# Dance Competition News

## Top 3 in London!

After winning the Redbridge heat, our KS3 and KS4 team competed in the London Youth Games at the Copper box Arena on 30<sup>th</sup> June.

All pupils performed incredibly well and impressed the judges

and the other competing schools!

Both teams placed 3<sup>rd</sup>! a wonderful achievement for all pupils involved!



## Top 5 National Champions

Another success for our KS4 team. On 26<sup>th</sup> June our dancers travelled to Cheltenham Town Hall to compete in the National finals – we placed 5<sup>th</sup> in the UK!

What an incredible achievement! Congratulations to all dancers this competition season!

I would like to thank them for all their hard work over this year, you all continue to truly wow me every day and it's a pleasure to coach you all! I am so proud.

**By Ms R Gullefer**



# Achievement Award Winners

	Year 7	Year 8	Year 9	Year 10	Year 12
Maths		Michael	Aashir	Sophie	Balazs
Further Maths					Nye
Economics					Evie
English	Sam	Ayomide	Timandra	Anna	
Literature					Soha
Language & Literature					Sara
Science	Imani				
Biology		Louisa	Safiya	Taya	Zeenat
Chemistry		Sahib	Maya	Hayleigh	Aliza
Physics		Raees	Aydin	Sophia	Balazs
History	Leah	Amara-chi	Mischa	Benjamin	Daphne
Classics					Flo
Geography	Daniel	Lucas Catterick	Jamie	Jack	George
Resistant Materials					
Graphics	Mariatou	Ben	Aliza	Afeef	
Art	Farhan	Hana	Shayan	Kamran	Sara
Photography					
Textiles	Hannah	Grace	Gabriella	Ella	
Food & Nutrition	Zara	Nelson	Oliver	Megan	
Dance	Nylah	Ruby	Alice	Betsy-Jayne	
Drama	Henry	Claudia	Abdurrahim	Erik	
Music	Ella	Kate	Finn	Nadia	Finnegan
Spanish	Abhyuday		Ismail	Annie	Soha
French		Mariela	Rayyan	Sophie	Yasmina
Media				Nadim	Lali
Computing	Jeanna	Eliza	Thomas	Isaiah	Joseph
RP	Riku	David	Zarif	Eisa	Charis
Psychology					Daisy
Politics					George
Sociology				Persis	Alfie
SEND			Finn		Samuel
PE	Jack	Naomi	Evie	Isaiah	Jack
HOY Award	Laila	Nasim	Daisy	Francesca	Hana
Behaviour Award	Ian	Christopher	Lauren	Sanchez	Haider
Attendance Award	Erin	Lili	Orli	Emma	
Headteachers Award	Sadyah	Carmen	Saacha	Kristina	Finn

 Well done to you all! 



# Achievement Award Winners





# Achievement Award Winners



## Athletics

### District Athletics Results Year 7 & 8

On Tuesday 6th June Wanstead High School competed in the annual Redbridge Schools District Athletics Championships which was held at Ashton Athletics Track. For many competing in the athletes this was their first experience. But this did not phase them and as you will see below there were some excellent individual performances. These performances led to some outstanding overall team results which all competing athletes should be very proud of. As a result, a number of pupils have been selected to represent Redbridge in the upcoming Essex School Athletics Championships.

- Year 7 Girls - 5<sup>th</sup> in Redbridge out of 19 schools
- Year 7 Boys - 1<sup>st</sup> in Redbridge out of 18 schools
- Year 7 Overall (boys and girls combined) - 2<sup>nd</sup> out of 17 schools
- Year 8 Overall - joint 6<sup>th</sup> out of 17 schools

Year 7 Boys		
Name	Event	Finishing Position
Daniel	75m Hurdles	1 <sup>st</sup>
Daniel	100m	1 <sup>st</sup>
Zachary	200m	4 <sup>th</sup>
James	800m	2 <sup>nd</sup>
Relay		4 <sup>th</sup>
James	Long Jump	2 <sup>nd</sup>
Daniel	High Jump	2 <sup>nd</sup>
David	Discus	14 <sup>th</sup>
Zachary	Javelin	1 <sup>st</sup>
Sam	Shot-Putt	15 <sup>th</sup>

Year 7 Girls		
Name	Event	Finishing Position
Evelyn	100m	6 <sup>th</sup>
Maria	800m	1 <sup>st</sup>
Relay		3 <sup>rd</sup>
Ellie	Discus	6 <sup>th</sup>
Evelyn	Javelin	3 <sup>rd</sup>
Maria	Shot-Putt	8 <sup>th</sup>



Year 8 Boys		
Name	Event	Finishing Position
Seth	300m	4 <sup>th</sup>
Henry	800m	13 <sup>th</sup>
Elson	Long Jump	1 <sup>st</sup>
Kyle	High Jump	6 <sup>th</sup>
George	Discus	2 <sup>nd</sup>
James	Javelin	6 <sup>th</sup>
Samuel	Shot-Putt	11 <sup>th</sup>

Year 8 Girls		
Name	Event	Finishing Position
Lottie	100m	7 <sup>th</sup>
Mia	200m	7 <sup>th</sup>
	300m	8 <sup>th</sup>
Molly	800m	3 <sup>rd</sup>
Relay		7 <sup>th</sup>
Mia	Long Jump	11 <sup>th</sup>
Molly	High Jump	4 <sup>th</sup>
Naomi	Discus	6 <sup>th</sup>
Lara	Javelin	1 <sup>st</sup>
Tayneah	Shot-Putt	10 <sup>th</sup>



# District Athletics Results Year 9 & 10

On Wednesday 21<sup>st</sup> June Wanstead High School competed in the annual Redbridge Schools District Athletics Championships which was held at Ashton Athletics Track. This provided an opportunity for pupils to compete against other schools within the borough of Redbridge. Throughout the event there were some excellent individual performances with a number of pupils leaving with medals at the end of the event. Overall results were as follows:

- Year 9 girls - 13<sup>th</sup>
- Year 9 boys - 3<sup>rd</sup>
- Year 10 girls - 8<sup>th</sup>
- Year 10 boys - 10<sup>th</sup>

Year 9 & 10 Boys & Girls		
Pupil Name	Event	Finishing Position
Thomas Year 9	300m	1 <sup>st</sup>
Thomas Year 9	Long Jump	1 <sup>st</sup>
Walter Year 9	Discus	1 <sup>st</sup>
Victor Year 9	Javelin	2 <sup>nd</sup>
Anna Year 10	800m	1 <sup>st</sup>
Beau Year 10	400m	1 <sup>st</sup>
Beau Year 10	Javelin	2 <sup>nd</sup>

## Cricket Wanstead v Seven Kings Year 7 & 8

Wanstead welcomed Seven Kings for an indoor game, after a slow start by Seven Kings they managed to post a score of 185 from their allocated overs. During the innings there was some excellent bowling that limited the score from being even higher. The Wanstead run chase started well but with a number of quick dismissals led to the very tense last 2 overs. With two overs to play Wanstead required 22 runs, it was left to Morgan M to face the last ball with 2 runs required to win and very calmly hit the winning runs. We would like to thank Seven Kings for coming over and game was played in a good spirit by both teams.

## Wanstead v Chadwell Year 7 & 8

Chadwell travelled to Wanstead for an indoor game on Tuesday 27<sup>th</sup> June. Wanstead won the toss and elected to bowl putting Chadwell into bat hoping to keep the runs down through controlled bowling and excellent fielding. The Chadwell innings started slowly with a number of wickets falling in the first overs but as the innings progressed the runs began to flow with Chadwell setting a target of 158 to win. The Wanstead innings started slowly with a number of early wickets lost to runs outs but as the

innings progressed Wanstead were setting a good platform in the run chase. However, an excellent series of overs led to quick wickets and the momentum was lost resulting in Chadwell winning by 40 runs. It was good to see pupils play competitive sport against another school and for many this was their first experience of representing the school and we hope that this continues for the rest of their school time at Wanstead.

## Wanstead v Beal High School Year 9 & 10

Wanstead were due to travel to Beal for an outdoor 15 over a side game but the weather was not on side so as a result Beal came to Wanstead for an indoor game. Wanstead won the coin toss and elected to field first in what turned out to be a very competitive game with some excellent skills shown by all throughout. Beal started well scoring 35 runs off the first 5 overs. The pick of the Wanstead bowlers was Freddie who finished with figures of 4 for 18 off his allocated 3 overs. Beal then increased the run rate in the final 5 overs setting Wanstead a target of 101 to win. The Wanstead innings started well with a solid foundation set by Victor and Cyrus but the loss of wickets in quick succession and good bowling led Wanstead always chasing the run rate. As a result, Wanstead fell 24 runs short after the loss of the final wicket in the 13th over. We would like to thank Beal for coming to Wanstead at the last minute to allow all pupils to play a competitive game.

## Wanstead v Seven Kings Year 8 & 9

Seven Kings traveled to Wanstead for a cricket game on Monday 10<sup>th</sup> July, Seven Kings won the toss and elected to bat first. After a good start with no loss of early wickets they set a target of 165 to win. Wanstead began their innings slowly but accelerated as the inning progressed. However, the loss of a number of quick wickets meant any momentum gained was lost and as a result Seven Kings won the game by 9 runs.

## Wanstead v Chadwell Year 8 & 9

On Tuesday 11<sup>th</sup> July Wanstead took on Chadwell in an indoor cricket match. Chadwell won the toss and decided to bat first. Chadwell set a competitive score of 158 for Wanstead to win however, lost 9 wickets along the way. Eesa, Freddie and Jack were amongst the wicket takers on the day. Jack C also put in a strong bowling display conceding only 1 run from his 3 overs. Despite some late big hitting with the bat, Wanstead were unable to chase down Chadwell's total of 158 losing by 30 runs.

## Dongray Cricket Trophy

Redbridge schools were invited to play in the annual Walthamstow schools cricket match for the Dongray Trophy. This year's game was held at Walthamstow Cricket Club with players for the Redbridge team attending Wanstead High School, Ilford County High School & ATAM Academy. The format of the match was 30 overs and it was clear the game was very competitive from the first ball bowled. Redbridge batted first and posted a total of 158 with contributions from all players towards this total. Walthamstow's innings started slowly due to excellent bowling

and fielding for the Redbridge side throughout the 30 overs. As a result, Redbridge won the game by 44 runs. Well-done to Victor Year 9 for excellent wicket keeping on a very tricky wicket, Felix Year 10 for excellent bowling and restricting the number of runs scored by the batters as well as excellent fielding and a catch. George Year 8 for bowling very well at the end taking a number of important wickets of the Walthamstow innings.

## Cricket Trip to The Oval

On Friday 30<sup>th</sup> July pupils who have been regularly attending cricket club got the opportunity to visit the Kia Oval to watch Surrey vs Somerset in a T20 blast fixture. The teams were ranked 1st (Somerset) and 2nd (Surrey) at the time of the game so it was due to be a close contest. We got to the ground early to see both teams go through their warm ups before Somerset were put in to bat. Tom Banton lit up the Oval with 84 as Somerset set Surrey 208 to win. Surrey failed to chase down the target and lost by 18 runs however, the match was entertaining with 3 6's being caught in the crowd. Whilst watching the cricket our pupils were able to visit the fun zone which included Xbox games, a photobooth and a massive dartboard.

Thank you to Surrey cricket for providing us the opportunity for our pupils to experience elite sport.



## Netball Trip to the Copper Box

Our Year 7 and 8 netballers were super excited to watch our home side, London Pulse, play Saracens Mavericks in the last round of the Vitality Super league at the Copper Box. It was great to see the arena close to max capacity and full of enthusiastic young netballers. The pupils described the game as 'fast paced', 'mega close' and 'very contacty' - new word invented! I hope they were inspired and felt motivated to continue their netball inside and outside of school. Same again next year?

By Ms E Hayes



## Year 7 & 8 Girls Football

I can't even begin to put into words how proud we are to have such talented athletes at Wanstead High School. A while back, we entered the Year 7/8 Girls Football team into a national ESFA competition. Throughout the course of each round, the team worked together to secure their place in the semifinal, which took place in Hertfordshire. Unfortunately, the team lost the game 4-0, however, they thoroughly enjoyed every part of the competition and asked if they could enter again next year. We are hoping to enter all year groups and genders into this amazing competition.



As well as the national competition, the same team competed in the East London tournament back in November and won, which



allowed them to progress, and compete against schools all over London. I am pleased to say that throughout the entirety of the London tournament, the team did not concede a single goal and are now London Champions!

The team has inspired other girls in the school to join Football and we are excited to see what the team can achieve next year. The department have entered the ESFA Girls Under 13 PlayStation 9-a-side School Cup & Under 13 PlayStation 9-a-side School Cup as well as Redbridge Football competitions.

By Ms C Feeney

## Eton Manor Year 7 Girl Rugby Experience

Wow, what an experience our female Year 7 & 8 pupils had at Eton Manor Rugby Club. Firstly, thank you to Jackie, Sarah and our Wanstead alumni for the action-packed afternoon, it was thoroughly enjoyed by all.

The aim of the event was to inspire young females to participate and engage with rugby beyond what we offer in school. After a successful season for our England Roses Women's team, we, now more than ever, have more role models in the sport. I hope our pupils left viewing rugby as an inclusive and engaging activity that they potentially want to pursue.



## Eton Manor Year 8



## Tackling Station

All you need in life is a crash mat and a donut! The pupils worked on their tackling technique making sure that their knees were bent going into contact, their arms were wrapped around the donut and force was applied upwards through the tackle.

There was a lot of screaming and shouting coming from this station, to what I later found out was the pupils 'channeling their aggression'. Great commitment to the tackles by all!



## Tyre Flips

According to the pupils, this station was definitely the most exhausting part of the afternoon. However, it was great to see 100% effort and teamwork shown by all pupils. Some brilliant rugby players in the making - keep your eyes peeled!

# Touch to Twickenham Tag Rugby

Wanstead High School competed in the regional tag rugby competition which was held at Eton Manor earlier this year producing some excellent performances across the tournament. As a result of this success, the school were invited to national finals which were held at Worcester Warriors Rugby Club. The day started with an early departure of 6.30am to allow us to travel to the venue and the early start was rewarded with 2 games within the main stadium. The team played 4 games in the morning qualifying for the afternoon competitions in the second pool which allowed for games against different schools. Throughout all games pupils played with respect and 100% effort which is a credit to them and the school. Results for the games are as follows:



Morning matches	
Opponents	Results (number of tries)
Ringwood School (Hampshire)	Drew 3-3
Devonport School (Plymouth)	Won 3-1
St John's Leatherhead (Surrey)	Lost 3-1
John F Kennedy (Hemel Hempstead)	Won 3-1

Afternoon matches	
Opponents	Results (number of tries)
West Buckland (Devon)	Lost 3-0
Devonport (Plymouth)	Won 1-0
Dunottar (Reigate)	Lost 1-0
Kings Pontefract (Yorkshire)	Won 1-0

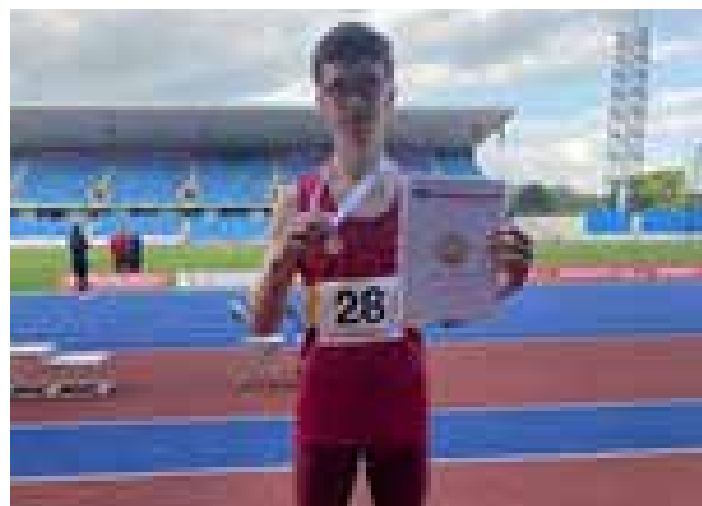
## Redbridge Swimming Gala 2023

Wanstead were represented at the gala held at Bancroft's School by a number of Year 10 pupils who competed in various strokes across the event. Successful performances came from Eisa winning silver in the 50m freestyle, Eleanor winning bronze in the butterfly & Kristina winning bronze in both the 50m front crawl and breast stroke.

## Athletics English National Schools Championships

The PE department are very proud of Thomas Year 9 who was selected to compete in the English Schools Athletics in the 200m. Due to a very demanding season Thomas has been recovering from injury and his natural event is the 300m. Thomas came second in his heat but his time meant he missed out on the final but later in the meet Thomas was selected for the junior boys relay team for Essex (very competitive selection process) which took gold and also currently positions them as the fastest in the UK (U15 boys).

If you would like to share any sporting achievements outside of school please complete the following Google Form - [https://docs.google.com/forms/d/1\\_6hK-cnZuvC3d2\\_6AgGctazcfBg-clghXidQOGSdtxJs/edit](https://docs.google.com/forms/d/1_6hK-cnZuvC3d2_6AgGctazcfBg-clghXidQOGSdtxJs/edit)





# Year 7 Essex Schools Athletics Championships

Following excellent performances in the recent Redbridge Schools District Athletics, three Wanstead High pupils were selected to represent Redbridge at Melbourne Park in Chelmsford on Wednesday 28th June. The three pupils were Daniel

(hurdles), James (800m) Zachary (Javelin). Daniel achieved a silver medal in the hurdles, James ran a personal best which is an excellent achievement but finished outside the medals and Zachary also missed out on the medals. This is an excellent achievement and we hope that in the future we can have more Wanstead High School pupils representing the school in regional events.

# Year Group Sports Afternoons

As part of the PE department enrichment offer and to provide opportunities for pupils to experience competitive sport, we organised athletics afternoons for each year group at the end of term. There are plans in place for next year to hold a whole school sports day and information will be shared nearer to the

time. This is something the PE department are looking forward to and it will be an excellent opportunity get the whole school together. There were some excellent races with some very close finishes in a number of races across all year group afternoons but the results for each group are follows:

Final position	Year 7	Year 8	Year 9	Year 10
1 <sup>st</sup>	7.9	8.1	9.1	10.1
2 <sup>nd</sup>	7.5	8.6	9.9	10.6
3 <sup>rd</sup>	7.3	8.9	9.3	10.9
4 <sup>th</sup>	7.2	8.3	9.4	10.3
5 <sup>th</sup>	7.8	8.7	9.7	Joint 8 <sup>th</sup> Place
6 <sup>th</sup>	7.1	8.4	9.8	
7 <sup>th</sup>	7.7	8.2	9.2	10.2
8 <sup>th</sup>	7.4	8.8	9.5/9.6 Joint 8 <sup>th</sup> Place	10.8
9 <sup>th</sup>	7.6	8.5		10.7









Save OUR  
WANSTEAD  
YOUTH CENTRE  
from closure

# ACTIVITIES & FUN EVENT

for Young People & the wider Community  
at our Youth Centre

## Saturday 15th July

## 2pm to 5pm

Youth Service  
**Wanstead Youth Centre**  
Elmcroft Avenue  
Tel: 020 8989 1711  
[www.redbridge.gov.uk](http://www.redbridge.gov.uk)

A free fun event with activities including football; table tennis; board games; gymnastics display; martial arts and more. Support keeping your centre open.

Wanstead Youth Centre 144 Elmcroft Avenue, London E11 2DB

[facebook](#) Save Wanstead Youth Centre  
[SaveWansteadYouthCentre@gmail.com](mailto:SaveWansteadYouthCentre@gmail.com)

## External Cricket Opportunities

Please see below two opportunities for pupils at Wanstead High School to get involved with outside agencies to develop cricket skills that are free to all pupils. As stated in each opportunity they are for pupils of all abilities. If you require more information contact the email on each poster.

**CHANCE TO SHINE STREET**

**ESSEX**

**IT'S FREE!**

- TAPE BALL CRICKET
- FREE COACHING
- NO EQUIPMENT NEEDED
- WEAR WHAT YOU WANT
- GIRLS ONLY SESSIONS STARTING FROM 22ND MAY, 2023

**AGE 8-16 | EVERY MONDAY | 5:30PM TO 6:30PM**  
**WANSTEAD LEISURE CENTRE,**  
**REDBRIDGE LANE WEST, WANSTEAD -E11 2JZ**

TO FIND OUT MORE, CONTACT PROMILA RAINA :  
[PROMILA.RAINA@ESSEXCRICKET.ORG.UK](mailto:PROMILA.RAINA@ESSEXCRICKET.ORG.UK)

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- WEAR WHAT YOU WANT
- ALL GENDERS WELCOME

**AGE: 8 TO 16 | EVERY WEDNESDAY |**  
**4:15 PM - 6 PM, STARTING FROM 17TH MAY**  
**QUEEN ELIZABETH OLYMPIC PARK, E20 2AE**  
**HEAD TO LONDON STADIUM TRAINING TRACKS**  
**NEXT TO BOBBY MOORE ACADEMY**

TO FIND OUT MORE, CONTACT : PROMILA RAINA  
[PROMILA.RAINA@ESSEXCRICKET.ORG.UK](mailto:PROMILA.RAINA@ESSEXCRICKET.ORG.UK)

£2.50  
Per session

# BOXFIT

## AT HAINAULT YOUTH CENTRE

**Female only**

For 11-18 year olds  
Also open to relatives  
(mother / guardian) wanting  
to attend with their  
teenage child

Tuesday 6pm-7pm

Book your session here:  
<https://vrcl.uk/boxfit>







**INSPIRE**  
TRAMPOLINE ACADEMY

# Trampoline & Gymnastics Classes



**GYMNASTICS ● TRAMPOLINE ● TUMBLING ● DMT**



## WE OFFER:

- PRE-SCHOOL ✓
- RECREATIONAL CLASSES ✓
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- COMPETITIVE SQUADS ✓
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**BOOK ONLINE TODAY**

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SCAN ME



**Contact Us:**

**07955-946-886**

**@Inspire\_Trampoline\_Academy**

**Info@InspireTrampolineAcademy.co.uk**

# Student Safety - Crime Prevention



**METROPOLITAN  
POLICE**



Safer schools officers are here to develop positive relationships between young people and the Police. We provide visible reassurance before, during and after school. We work alongside the school and parents in early intervention, preventing young people becoming either victims or perpetrators of crime.

## What is "Robbery"?

Under Section 8 of the Theft Act 1968, a person will be guilty of the criminal offence of robbery if they steal, and immediately before or at the time of doing so, and to do so, they use force on any person or puts or seeks to put any person in fear of being then and there subjected to force.



## Police contacts

Emergency – 999

Non Emergency – 101

Website – [www.met.police.uk](http://www.met.police.uk)



## Fearless

Fearless is the dedicated youth service of the independent charity Crimestoppers. They provide you with the opportunity to give information about crime 100% anonymously.

You can give information to them by using their online form (<https://crimestoppers-uk.org/fearless/what-is-fearless/who-we-are>) or by calling Crimestoppers on 0800 555 111

They cannot track your IP address or your phone number. They have no way of knowing who has contacted them.

After receiving your completed form or your call, they will create a report, ensuring it doesn't contain any information that could identify you, and generate a report which is then sent on to the relevant authority with the legal responsibility to review the information that has been passed to them.



## IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety. If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.



**METROPOLITAN  
POLICE**

**TOTAL POLICING**





# Student Safety - Crime Prevention contd...

**YOU CAN HELP  
US PROTECT AND  
TRACK YOUR PHONE  
IF IT'S STOLEN.**

## **HERE'S 3 THINGS YOU CAN DO:**

- Your phone will have security features such as a passcode or fingerprint/face ID. Make sure you use it to protect access to your phone.

Tracker apps can help locate your phone if it's lost or stolen. Ask a parent to show you how to set one up.

Record the phone's IMEI number in a separate place at home. Find this by typing in `*#06#`. You'll need to give this number to police if it's stolen.

For more information go to [www.fearless.org/campaigns/robbery](http://www.fearless.org/campaigns/robbery)



## **STAY SAFE GOING TO AND FROM SCHOOL**

**We want children to be as safe as possible on the school journey.**

- Stay aware of your surroundings when walking.
- Try not to walk along with your phone or valuables out on show.
- Plan your route and use forms of transport others are using.
- Avoid shortcuts in isolated places.
- Don't confront a thief or risk your own safety.

Robbery is a serious crime that should be reported, this includes any attempts to rob victims of their property.

**IF YOU SEE A ROBBERY TAKING PLACE OR HAVE JUST BEEN ROBBED CALL 999.  
OR REPORT IS AS SOON AS POSSIBLE ON 101 OR AT [MET.POLICE.UK](http://MET.POLICE.UK)**



## IF YOU ARE A VICTIM

Crime prevention advice can help reduce your chances of being robbed, but it may still happen to you. It can be a frightening experience and leave you feeling worried afterwards, especially if you felt threatened or violence was used. Talking to a parent or adult you trust can help.

## IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety. If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.

## Protect yourself from Mobile Phone theft

Don't leave your phone, iPad, tablet or camera unattended, out of your sight, or left on a table. Thieves can grab a phone from a table in seconds.

Be aware of your surroundings and only use your mobile when it feels safe to.

When you've finished using it, put it away.



## KEEPING YOU AND YOUR PHONE SAFE

Getting a phone is really exciting. You can stay in touch with friends out more about world.

## STREET ROBBERY

Robbery is when force is used or threatened to steal items. Thieves often target people who are distracted, so keeping your valuables including your mobile phone and other devices hidden ensures you're more alert.

### HOW CAN I STAY SAFE?

- When out and about – be aware of your surroundings.
- Stay alert when walking along the road for criminals who might use bikes/mopeds or e-scooters to snatch phones/valuables.
- Try not to walk along with your phone or valuables on show.
- Earbuds/Headphones can be a distraction.
- Plan your route and use forms of transport that others are using and avoid shortcuts in isolated places.

## IF YOU ARE A VICTIM

Crime prevention advice can help reduce your chances of being robbed, but it may still happen to you. It can be a frightening experience and leave you feeling worried afterwards, especially if you felt threatened or violence was used. Talking to a parent or adult you trust can help.

### KNOW SOMETHING ABOUT STREET ROBBERY?

If you have any information about street robbery taking place in your area, you can tell us what you know 100% anonymously at [Fearless.org](http://Fearless.org)

## IF YOU SEE A ROBBERY TAKING PLACE...

Thieves may use force or threatening behaviour. It's better to hand items over than risk your own safety.

If you see a robbery or one has just taken place call police on **999**. You can still report later on **101** or online.

As police officers, our job is to keep you safe and stop people who want to steal property like phones, cash, earphones and even expensive coats or trainers.

You can help us do that by being careful where you use your phone and taking care of cash and other valuable items.

### 5 TIPS TO KEEP SAFE

- Keep your phone and valuables out of sight and in a safe place. Take care when you take them out especially near bus stops and train stations.
- Stay alert and remember ear phones/headphones can distract you from being aware of someone approaching from behind you. Thieves can approach on mopeds, e-scooters and pedal cycles.
- Don't fight back, it's not worth the risk when a phone can be replaced.
- Tell us if someone robs you or tries to. It's important you get help straight away by dialling 999 using a friend or trusted adult's phone rather than contacting police when you get home. This gives us the best chance to catch the suspects, recover stolen items and make sure you're safe.
- If you don't want to talk to police - contact Fearless online, without giving your name, at [www.fearless.org](http://www.fearless.org)
- Memorise or keep a note of a parent/carer's phone number in a separate place in case of emergency.



TOTAL POLICING





# Term Dates for 2023 - 2024

## ▶ AUTUMN TERM 2023-24 SCHOOL TERM AND HOLIDAY DATES

Starts from Monday 4<sup>th</sup> September 2023 to Wednesday 20<sup>th</sup> December 2023

(\*All pupils return back to school on Wednesday 6<sup>th</sup> September 2023).

INSET 1 Monday 4<sup>th</sup> September

INSET 2 Tuesday 5<sup>th</sup> September

Half term break – Monday 23<sup>rd</sup> October 2023 to Friday 27<sup>th</sup> October 2023

INSET 3 Friday 24<sup>th</sup> November

Christmas break – Thursday 21<sup>st</sup> December 2023 to Wednesday 3<sup>rd</sup> January 2024

## ▶ SPRING TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Thursday 4<sup>th</sup> January 2024 to Thursday 28<sup>th</sup> March 2024

Half term break – Monday 19<sup>th</sup> February 2024 – Friday 23<sup>rd</sup> February 2024

Easter break: Friday 29<sup>th</sup> March 2024 to Friday 12<sup>th</sup> April 2024

## ▶ SUMMER TERM 2024 SCHOOL TERM AND HOLIDAY DATES

Monday 15<sup>th</sup> April 2024 to Friday 19<sup>th</sup> July 2024

Half term break – Monday 27<sup>th</sup> May 2024 to Friday 31<sup>st</sup> May 2024

Last Day of Summer Term Friday 19<sup>th</sup> July

## ▶ WHOLE SCHOOL TRAINING DAYS FOR 2024

(SCHOOL CLOSED FOR PUPILS)

INSET 1 Monday 4<sup>th</sup> September

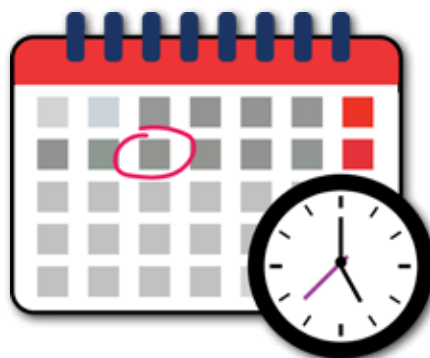
INSET 2 Tuesday 5<sup>th</sup> September

INSET 3 Friday 24<sup>th</sup> November

## Dates for your diary

September  
6<sup>th</sup>

First day back for  
all pupils



# School Uniform

## Uniform, Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride.

High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

### Required Items Year 7 - 11

### Description

Burgundy school blazer with school badge	-	Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances.
School tie	-	All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times.
White plain school shirt	-	Top button must be done up. Shirts can be long or short-sleeved.
Black tailored school trousers or black tailored school shorts (summer term only)	-	Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim.
Black knee-length school skirt	-	Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up.
Black v-neck long-sleeved plain pullover (optional)	-	No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn.
Black leather shoes with black soles and black laces	-	Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe.
White or black socks	-	Must be worn up to or below the knee and no patterns.
Flesh tone or plain black tights (optional)	-	No patterns and tights must not be torn or ripped.
Outdoor coat (optional)	-	Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat.

### Required Items 6<sup>th</sup> Form

### Description

Formal fit suit	-	Should be smart and professional, ID badges must be worn at all times.
Formal collared shirt with tie or business style blouse	-	Top button must be done up. Shirts can be long or short-sleeved.
Formal fit skirt or dress (professional length) with business style blazer	-	Should be smart and professional, ID badges must be worn at all times
Black leather-style shoes	-	Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length.
V-neck plain formal jumper/cardigan can also be worn	-	Must show a collared shirt and tie/blouse underneath.

**All items of logoed uniform can be purchased from Carolina School Outfitters. <https://carolinaschooloutfitters.co.uk/> Other items can be bought from any other appropriate establishment. This will be reviewed in 2023-24.**



Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

Required Items  
Year 7 - 11

School PE Kit

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

Item	Description
Jewellery	<p>- Jewellery worn to school should be safe and appropriate.</p> <p>Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed.</p> <p>- Pupils may wear a watch; smart watches are not permitted in exams or assessments.</p>
Make Up	<p>- Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.</p>
Hair	<p>- Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point.</p> <p>The patterned shaving of hair or eyebrows is forbidden.</p> <p>- Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance.</p> <p>This does not include durags or bonnets which are not appropriate in school.</p>
Hoodies and other non-uniform jumpers or coats	<p>- Hooded sports tops or ‘hoodies’ are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.</p>
Hats, Ski Masks, Balaclavas, Face coverings	<p>- It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.</p>

