

National Careers Week Special

Welcome to the March edition of the Wanstead High School Careers Newsletter. I hope you find the information both useful and informative. In addition to careers updates and opportunities, this edition will focus

on National Careers Week, a one-week celebration of careers guidance and free resources in education across the UK, which takes place from 6th - 11th March. Details of events and resources are detailed below.

Careers Updates

Skills Builder in Year 8

Year 8 pupils have continued to engage well with the Skills Builder pastoral programme, currently focusing on Problem Solving. A reminder that all Year 8 pupils should by now have completed a Benchmark assessment on Teamwork and Problem solving. A video on how to do this can be found here:

<https://www.loom.com/share/6806e677457a4d-11b780a020cce988e0>

We have begun to expand the programme beyond tutor time and include Skills Builder in assemblies, for example an ethical dilemma performance from pupils in 8.6 to demonstrate problem solving. We are also offering a Skills Builder Q and A session for 30 Year 8 pupils as part of National Careers Week (please see below).



Unifrog Rollout in Year 9

I am pleased to inform you that all form groups have now had a session in which pupils have signed up to Unifrog and started to engage with the platform to support them with their GCSE options choices. Pupils have been set 3 tasks (interactions), which need to be completed by Monday 20th March:

- Complete the personality quiz
- Use the subjects library to research and 'favourite' at least 3 subjects for their GCSE options

- Watch a webinar on GCSE choices

A parent launch PowerPoint presentation will be sent home to all parents, which will include a QR code, link and sign-up code that can be used to explore the platform and the wealth of knowledge and opportunities that your child has available to them.

<https://www.unifrog.org/>



Year 11 Updates

To reiterate my message in the last bulletin, all pupils in Year 11 will have an appointment with our Prospects advisor. If your child would like a priority or urgent appointment, please contact Mr Langford or your child's tutor, who can make an appointment for them.

We are currently prioritising those most in need of assistance for applying for a post-16 pathway, and are putting together a package of personalised support for these pupils.

By Mr D Langford

Upcoming College Open Days/Evenings

15th March - [Waltham Forest College](#)

15th March - [Big Creative Education](#)

3rd April - [Access Creative](#)

25th March - [Capel Manor](#)

T Levels

Equivalent in size to 3 A levels, a T Level focuses on vocational skills and can help students into skilled employment, higher study or apprenticeships. Each T Level includes an in-depth industry placement that lasts at least 45 days. T Level students spend 80% of the course in their learning environment, and 20% on a

meaningful industry placement.

If your child is interested in this post-16 pathway, they can find out more through these links:

<https://www.tlevels.gov.uk/>

<https://amazingapprenticeships.com/resource/t-levels-information-webinar-january/>

You can search for schools and colleges offering T Levels here: https://www.tlevels.gov.uk/students/find?utm_source=national_careers_service&utm_medium=gtj_CTA&utm_campaign=gtj_launch&_ga=2.211728413.925457170.1672915506-2071003651.1672915506

Sixth Form Updates

REMEMBER to add any activities you take part in to your Unifrog profile as evidence of the skills and knowledge you are developing outside of the classroom.

You should also check and complete any interactions at the top of your home page. For National Careers Week, this includes the [Unifrog Next Steps Fair](#) on Wednesday 8th March.

Careers Events and Opportunities

For Year 12 pupils

Thinking of applying for medicine or dentistry?

We have a presentation from an alumni medic on Tuesday 14th March at 2pm who will speak on:

- Examinations for medical entry e.g. BMAT, UCAT

- Super curricular activities
- Medical work experience
- How to write an outstanding personal statement
- What to expect as a medical student

Please see Ms van Beers for more details by the morning of Friday 10th March

Access and Outreach Events: Wadham College, University of Oxford



WADHAM
COLLEGE
UNIVERSITY OF OXFORD

Wadham College Summer Schools

For Year 12 pupils interested in Classics, Modern Languages or Biology/Human Sciences, 21st-25th August 2023.

These Summer Schools are designed to give UK pupils studying in Year 12 a taste of what it's like to be an undergraduate studying at the University of Oxford. Pupils will take part in an academic programme, live in College, meet student ambassadors studying at Oxford, and receive information, advice and guidance on applying to university. The Summer Schools are free and we will provide financial support to pupils to cover their travel costs.

For more information and how to apply: [Wadham College Summer Schools](#).

Women in Science Day

For female and non-binary pupils in Year 12 interested in the sciences, Friday June 23rd 2023.

The Oxford colleges of Trinity, Jesus, and Wadham are pleased to announce Women in Science Day 2023! The University of Oxford offers over 20 different undergraduate courses in science subjects, so we want to showcase just how diverse a degree in the sciences can be. On Friday 23rd June 2023, we are inviting 100 young female scientists in Year 12 to visit Oxford, where they will hear from Oxford academics about a broad range of science subjects through a mixture of lectures and seminars. There will also be admissions advice and support sessions, empowering young women to make informed decisions about the next steps in their education.

If you want to explore the varied and exciting potential of the sciences at university, head to our [online application form](#) to find out more.

Unsung Heroes of Science Video Competition

For 16–18-year-olds. Deadline: Friday 28th April.

We want you to make a two-minute video celebrating an unsung hero of science! This exciting competition is open to anyone aged 16-18, either as an individual or in teams of two or three. The shortlisted videos will be promoted by Hertford College, University of Oxford and their creators will be invited to a prizegiving event in the summer. As we'll be looking for engaging content and brilliant ideas, rather than professional video editing skills, you don't need any fancy equipment to take part and can film and edit the videos on your phone if you'd like.

For more information, check out the competition webpage: www.hertford.ox.ac.uk/unsungscience

Oriel College Easter Residential Programmes

Oriel College is excited to be hosting three one-night Residential Programmes which will be taking place in the college on the 3rd to 4th April, 4th to 5th April and 11th to 12th April 2023 as follows:

3rd-4th April: Philosophy Joint Schools Study Day

For students considering degrees in Philosophy Joint Schools degrees (such as Physics and Philosophy).

4th-5th April: Classics Study Day

For students considering degrees in Classics (such as Classics or Classics and Modern Languages).

11th-12th April: Women in Sustainability Programme

For students considering degrees in STEM or Social Sciences who have an interest in exploring Sustainability through academic study. This includes students considering Chemistry, Engineering, Law, Earth Sciences, etc.

These programmes are designed to support Year 12 pupils who are considering degrees at highly selective universities like the University of Oxford. Participants will benefit from subject sessions, applications workshops, and opportunities to work with academics at the University of Oxford.

All expenses (accommodation at Oriel, meals, and activities) are funded thanks to the generosity of an Oxford alumnus. Travel costs to Oxford to attend a residential programme will also be reimbursed.

Applications are open until 12th March at midday. For more information on selection criteria and to sign up, please see the Easter residential website here: <https://www.oriel.ox.ac.uk/study-with-us/outreach-and-schools-liaison/what-we-do/events-and-prizes/easter-residential-programmes-for-year-12-students/>

Geography Study Day

Christ Church is delighted to be hosting another Geography Study Day on Thursday 11th May 2023, following our successful Geography initiatives in Spring 2022. You can read below for more or head straight to <https://bit.ly/geogday23> for the full detail of the programme and the application form.

The day will include an introduction to Physical and Human Geography at Oxford, taster sessions in these main strands of the course, as well as a workshop on the admissions test for Geography. The participants will have a chance to meet students who study Geography at Oxford, have lunch in the Christ Church Hall, and go on a tour of the college. The event will be free of charge, and lunch will be provided.

We would not want the cost of travelling to Oxford to prevent students from participating. We can offer support with travel costs to UK pupils who have been in care, are young carers, have been eligible for free school meals, or would otherwise be unable to attend.

We welcome applications from Year 12 students at state

schools who are considering applying to study Geography at Oxford.

Career Days

Online career and work experience days for pupils age 14-17.

Dentistry Career Day - Saturday 18th March 2023

Medicine Career Day - Sunday 26th March 2023

Midwifery Career Day - Saturday 1st April 2023

Psychology Career Day - Saturday 8th April 2023

Business Career Day - Saturday 15th April 2023

Architect Career Day - Saturday 22nd April 2023

Vet Career Day - Saturday 29th April 2023

Law Career Day - Saturday 6th May 2023

Computer Science Career Day - Saturday 20th May 2023

Performing Arts Career Day - Saturday 27th May 2023

Pupils can visit www.careerdays.co.uk to join a session in their field of interest and will receive a certificate at the end of the day confirming their work experience.

National Careers Week

Events

All departments will be arranging careers-focused lessons at Key Stage 3, as well as a careers homework. Some departments will also be 'careerifying' their enrichment offer. For example, we are currently in the process of arranging the owner of a local IT company to support the Computing department's weekly coding club.

Programme

Please note: We track pupil participation in all enrichment activities, and for those events that can accommodate all pupils, pupils who did not participate will be prioritised for other enrichment opportunities. Mr Adams will be running the personal trainer sessions for the other classes in Years 7 to 9 at a later date.

Tuesday 7th	Interactive personal training session with Q and A, Year 8 and 9 PE classes, periods 2 and 5
Wednesday 8th	Live online talk to all Year 9 and 10 pupils (optional for Year 11) - International Women's Day: Embrace Equity in STEM Careers, period 2
Thursday 9th	Interactive personal training session with Q and A, Year 7 PE classes, period 5 Penguin Publishing careers workshop (30 Year 10 pupils), period 3 and 4
Friday 10th	Skills Builder Employer Q and A interactive session (30 Year 8 pupils), period 4
Friday 17th	Civil Service Outreach and Engagement Day. Talk and mini fair delivered by representatives from: The Foreign, Commonwealth and Development Office The Department for Business, Energy and Industrial Strategy Department for Work and Pensions Cabinet Office (TBC) Talk followed by meet and greet - Year 10 and 12 Lunchtime drop in-Year 11 and 13

Careers Talks



SPEAKERS
for schools

Speakers for Schools

Year 10 and 12 Sociology, Politics and Psychology lessons, Period 5, Tuesday 7th March: My Career as a Lawyer, Kathleen Harris, Partner, Arnold & Porter

Year 9-12 Art lessons, Period 5, Thursday 9th March: My Career as an Architect, Amanda Leveté, Principal Architect

Recorded talks in the Speakers for Schools Inspirational Talks Library can be found [here](#).

WorldSkills UK

The Spotlight on Careers video series can be found [here](#). These free 20-45 minute videos are designed to give young people insights into a wide and varied range of industries in the working world.

The STEM Hub

Pre-recorded talks covering careers in STEM industries can be found [here](#).

Resources

The National Careers Week website (<https://nationalcareersweek.com/>) is the one stop shop for careers resources for both pupils and parents. Here you can find a range of resources providing careers advice and guidance across the year. Of particular interest may be the monthly editions of the Careers Download magazine, and the parent's guide to National Careers Week, which can be found [here](#), along with many other resources. It is also [here](#) that parents and pupils can access the NCW Virtual Careers Fair.



5 ways to keep the apprenticeship conversation flowing during NCW2023!

- 'All About Apprenticeships' [film](#)
- Catalogue of [short films](#) that showcase a wide variety of apprenticeship roles, industries and employers.

- Apprenticeship [Arcade Games](#).
- International Women's Day, [Time for Change workshop](#), 8th March
- International Women's Day [resources pack](#).

If you have questions related to learning pathways,
jobs or careers please contact
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