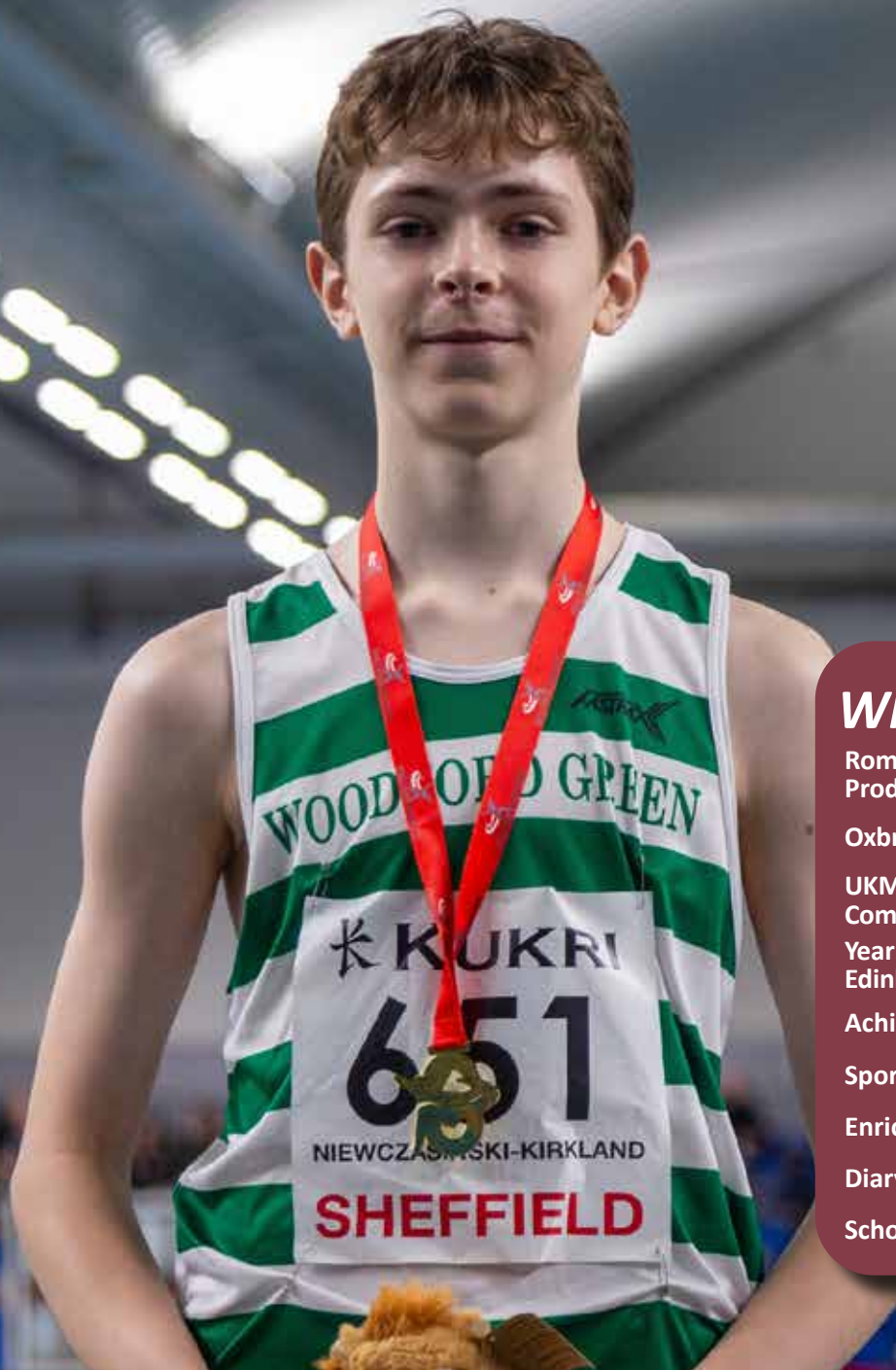


THE HERON HOMELINK *newsletter*



FEBRUARY 2025 Issue No. 15



What's Inside

Romeo and Juliet
Production

Oxbridge Conditional Offers

UKMT Maths Challenge
Competition

Year 10 Duke of
Edinburgh's Awards Ceremony

Achievement Award Winners

Sports News

Enrichment Clubs

Diary Dates

School Uniform



Romeo and Juliet
Production



Oxbridge Conditional Offers



Year 10 Duke of
Edinburgh's Awards Ceremony

Education with Character

FEEDBACK CORNER



I wanted to share my feedback on last night's performance of Romeo and Juliet. Simply put, just WOW, we loved it. As a year 7 parent this is my first official experience of the school besides the open day I attended. It is clear Ms Wali and Mr Weakliam have put an inordinate amount of effort in with these children with wonderful results. The acting, a few shining stars there, the dance scene, the set design, the sound track (please can I get a copy 📁) were brilliant and testimony to the hard work the children have put in. I can't help but comment on the further pressures some of the older performers are also facing with the school strikes but they rose about it with skill and grace. I also wanted to add a thank you to Ms Hillman who spoke at the beginning with professionalism and pride and was still there at the end of the performance as parents left. **Year 7 parent**

Dear Miss Hillman, please thank all involved in this evenings Progress Evening. Given the short amount of time we had, all of our son's teachers were ready with really useful information for the next steps and what he needs to do to really maximise his time and get those good results. They were all so enthusiastic despite the difficult few weeks, I can only imagine, at school. What a great team you have! Please pass on our thanks and appreciation for all their hard work. **Year 11 parent**

I want to begin by commending the majority of teachers we spoke to during the parents' evening. They were professional, personable, and knowledgeable, even within the limited time available. It was clear that they were well-prepared, had a good understanding of our son as a student, and provided a positive outlook for his GCSE results. They also gave us constructive and actionable feedback on how we can all support our son to achieve his goals, which we greatly appreciated. **Year 11 parent**

Dear Ms Hillman, we wanted to feedback that our experience of the Y11 parent evening was incredibly positive and beneficial. It was wonderful to connect with so many committed and kind teachers. We hope the current challenges we are all facing as a school community will be resolved before much longer and that stability can return for our children. **Year 11 parent**

Thank you for a lovely Duke of Edinburgh's Award Evening. We enjoyed coming in and seeing our daughter's achievements and experiences. **Year 10 parent**

Thank you for bringing your lovely dancing team and having them perform at our primary school. It was truly inspirational and memorable for all the children and the adults. We all commended your team on how they supported our young performers, encouraging them during their performances. Ms Walker, your enthusiasm and valuable skills on the judging panel were very much appreciated. **Cranbrook Primary School**



Keep up to date with us via our website:
<https://www.wansteadhigh.co.uk/> or follow us on
Twitter, Facebook or Instagram (wansteadhigh11)



THE DUKE OF
EDINBURGH'S AWARD



London Borough of
Redbridge



My Only Love Sprung From my Only Hate

Romeo and Juliet Production 2025

On Wednesday 29th January to Friday 31st January our extremely talented pupils put on an incredible adaptation of Shakespeare's Romeo and Juliet. This was performed to three audiences of parents and staff in addition to the whole of Year 7, supporting their English curriculum. The cohort also had the opportunity to ask the cast questions about the process and how they brought the story to life in a post-show Q&A. This was a great experience for our Year 7 pupils, as well as the performers.

The story took place in LA and explored the 90s gang culture. The vision came to life through the input of the design club ensuring the costume, props and staging made reference to the era. Ms Wali's impeccable choice of soundtrack transported us back in time. I am always in awe when pupils of such a young age are able to commit to performing using Shakespearean language and this production was no exception. It showcased the talent we have here at Wanstead perfectly.

Their dedication to rehearsals has been outstanding and their ability to come together as a cast and team throughout the week of the shows was brilliant to watch.

I would like to thank Ms Wali and Mr Weakliam for their hard

work and dedication. From the audition process to the final bow, they have shown their passion for the performing arts and commitment to our pupils.

By Ms R Walker



Messages from Heads of Year



Head of Year 7

Dear Parents and Carers,

This half term has flown by and I continue to be proud of our Year 7 pupils. All year 7 pupils were lucky enough to watch the live performance of Romeo & Juliet throughout the school day. I was very impressed with the maturity the year group showed as the audience. A big shout out to the Year 7 pupils that were a part of the performance whether they were acting, singing, or a part of the whole produc-

tion team - they were incredible!

I have popped into many Year 7 lessons over the last few weeks and have been pleased with the hard work and commitment to their learning journeys. This week we had our achievement assembly we had so many positive rewards to celebrate, a massive well done to Arsen and Riley who introduced and closed our assembly with their musical talents.

A reminder that our end of year reward trip is live on ParentPay, please ensure the Google Form document is completed as well as the payment.

I would like to thank you all for your support so far with maintaining our high standards.

Wishing all our families a lovely half term holiday.

Ms G White



Head of Year 8

Dear Parents and Carers,

The first half of the Spring term has come and gone – and it seems to have been very much a blink and you will miss it event.

I would very much like to look forward to the future – which will provide much to look forward to (including hopefully some brighter weather). As we enter the next phase of the challenge cycle, assessments have commenced and again provide pupils with the opportunity to showcase their learning. Further opportunities are on the horizon for pupils to develop their character virtues and get involved in the school community.

As we approach the end of the winter, and then ready ourselves for the arrival of springtime – I ask the year group to consider the symbolism of spring. It is a time of new beginnings and re-awakening. It is the time of emerging from the darkness of winter into the light. I ask that pupils take stock of where they are on their educational journey. To consider their attitudes to learning and each other. What are their strengths, and where can improvements be made? I again ask that when we return

from the half term break, we strive to do acts of kindness to each other, and to pay acts of kindness forward and realise that working together is the best way to overcome challenges.

As always, I would like to also thank the Year 8 form tutor team and Pastoral Support Manager for all of the superb work that they do day in, day out.

Have a restful break.

Mr D Tann



Head of Year 9

Dear Parents and Carers,

As we approach half term, the mid point of Year 9 I hasten to add! I wanted to take a moment to celebrate all the wonderful achievements of our Year 9 pupils. Once again their hard work, dedication and enthusiasm continues to shine through in so many areas, and I am so incredibly proud of them.

Firstly, congratulations to all our award winners this term; there have been so many! Whether for aca-

ademic excellence or outstanding contributions to school life, the competition has been friendly but fierce. These pupils have set a fantastic example for their peers and many Year 9 pupils are now challenging each other to retain their award winning titles next half term! Their achievements highlight the year group's ambition and dedication to their learning.

Their enthusiasm has been unrivalled too as many have been dedicating their weekends to prepare for the Duke of Edinburgh's Award. They have been working hard to develop key skills, organising volunteering opportunities and getting ready for the upcoming expeditions. This experience will really help them build resilience, teamwork and independence; all essential qualities for their future. Our Year 9 pupils have also been

causing a stir in Key Stage 3 dance and sporting competitions and school productions. We have seen some truly outstanding displays of talent. We have also been encouraging pupils to take an active role in our school community with a plethora of pupils applying for pupil ambassador roles to gain vital experience ahead of their prefect applications.

As we look ahead to the next half term, we encourage our pupils to keep aiming high, taking on new challenges and making the most of every opportunity. Thank you for your ongoing support we look forward to seeing even more success during the rest of Year 9!

Ms C Murray



Head of Year 10

Dear Parents and Carers,

I hope that this newsletter finds you well and that you are looking forward to the half term holiday.

As mentioned previously, my Year 10 pupils have continued to impress me and have sustained a fantastic start to their GCSE studies. There have been significant differences between Year 9 and Year 10. Pupils are a lot more switched on and seem to have a greater level of dedication and focus

to their studies which, if maintained, will only contribute positively to the outcome of their GCSE results. We should always be looking to improve year on year. As a year group, we need to continue our learning journey and strive for success. I am confident that we will accomplish this and that we will achieve a positive outcome come the end of Year 11.

I want to say a big congratulations to all of the Year 10 pupils who featured in our school production of Shakespeare's Romeo & Juliet. A lot of hard work and dedication was put in to this and they should be proud of their achievements. A big congratulations also to all of the Year 10 pupils who have taken part in the Duke of Edinburgh's Bronze Award. Ms Feeney works incredibly

hard with the Duke of Edinburgh pupils and we have the largest cohort of participants in Redbridge. Over 150 Year 10 pupils have taken part and it is an amazing achievement which should be recognised with many going on and progressing to their Silver Award. Keep up the good work!

On another note, when looking at my year group data, I have noticed that the biggest behaviour concern in my year group is not doing their homework. It is vital that pupils learn inside the classroom but also further this knowledge and understanding outside of the classroom. It would be great if we could all work together in order to ensure that all pupils are doing their homework as this will only benefit them in the long run.

Best wishes,

Mr M Tinker



Head of Year 11

Dear Parents and Carers,

I hope you all had a wonderful Spring Term 1!

As we know the exams are approaching and pupils are working extremely hard to prepare themselves in the best possible way.

Thank you all to staff for running a very helpful and intensive intervention timetable and well done to the pupils who continue to attend throughout the term.

The intervention timetable

has been sent to all parents and carers and is also posted on the Year 11 Google Classroom page.

See table below:

During this term, pupils have shown a lot of maturity and resilience in tackling the pressure and stress of exams. Pupils have been very organised, dedicated and working extremely hard in intervention sessions.

Intervention during half term will also be running and thank you to all staff who have given up their half term break to support our Year 11 pupils. The intervention schedule has been sent home in a previous letter by Mr Ali.

Looking ahead, the second round of mock exams are happening after Easter. Timetables and seating plans have been given to pupils ahead of February half term. Please support your child by making sure they are prepared for the exam, by knowing their

timetable and having the correct exam equipment, and correct uniform. Equipment will not be given out with the mocks so please ensure your child has the correct resources to complete the exams.

Each pupil has been given an Exams Guidance Booklet to ensure they understand procedures and good practice when it comes to examinations.

Please also note AQA have moved forward their exams to 5th May 2025.

As we know deadlines are fast approaching for colleges and sixth forms and it is extremely important that your child has applied to at least 3 colleges or sixth forms to secure their place for post 16.

Thank you to all tutors who continue to support our pupils through the post 16 pathways process. Tutors will be tracking pupils who have not made reference requests to ensure all pupils are applying.

Please ensure when you are applying you are using the school's references email: referencerequest@wansteadhigh.co.uk

Prom Date has been confirmed as 9th July 2025 at the Prince Regent Hotel in Chigwell - tickets will go on sale after February half term.

All pupils have the opportunity to purchase a Yearbook, Leavers' Hoodie or indeed both. It is essential that their orders are placed in plenty of time so that they don't miss out. There will only be one order; pupils will not be able to place orders after 19th March 2025.

To place an order, please visit the following website:

<https://shop.fizz-group.co.uk/>

Our School Unique ID is: 27595YR11

Thank you for your continued support!
Have a wonderful half term!

Ms R Gullefer

GCSE INTERVENTION SCHEDULE 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FORM TIME		Science (M Hadden)	English (A Malik)	English (A Malik)	Science (M Hadden)
LUNCHTIME	Dance (R Walker and R Gullefer)		Dance (R Walker and R Gullefer)		
AFTER SCHOOL	<ul style="list-style-type: none"> • Art (A Yiacoumi) • Computer Science (M Umar) • Dance (R Walker and R Gullefer) • Geography (M Hamza and D Leftwich) • Maths • Media (All teachers) • RP (Week 1 only) 	<ul style="list-style-type: none"> • Art (A Yiacoumi) • Design (H Cressall) • Computer Science (B. Alom) • Drama (B Weakliam) • English (A Malik) • History (P Chartorizhsky and H Ahsan) • Media (All teachers) • Music (L Pennington) • MFL Spanish and French (D Collins and I Jimenez) 	<ul style="list-style-type: none"> • Textiles (M Kara) • Computer Science (B. Alom and G Kartha) • Dance (R Gullefer) • English (A Malik) • Food (D Bennett) Week 1 only • History (K Ali) • Media (All teachers) • Science (M Hadden) • Sociology (E Christofides and N Rowshan) 		<ul style="list-style-type: none"> • Art (A Yiacoumi) • PE (J. Sains)



Head of Year 12

Dear Parents and Carers,

I hope you and your families are well.

To commemorate 80 years since the liberation of the Nazi concentration camp at Auschwitz-Birkenau, we were privileged to have Francis Morton from Generation2Generation speak to the year group about the devastating impact of the Holocaust upon his family. Francis spoke very personally and movingly through the use of family letters,

photographs and artefacts. It was a truly valuable experience for our pupils and one that inspired understanding and tolerance.

At the time of writing, Year 12 are looking forward to a workshop on Young Driver Safety led by 'The Riot Act' who have been appointed by the Redbridge Smarter Travel Team. The workshop will cover important aspects of driver safety such as:

- The dangers of driving under the influence of drugs and alcohol.
- The risks of mobile phone distraction, speeding and not wearing seatbelts.
- Strategies to stay safe, such as identifying and dealing with peer influence and pressure.
- The science behind poor risk assessment and perceptions of safety.

This half term, Year 12 have continued to develop their super-curricular learning. Super-curricular activities are independent tasks that extend and deepen knowledge of the curriculum. They include things like reading professional journals, following media stories that concern developments in a classroom topic, or visiting a place that has been referenced in lessons. Year 12 is a brilliant time to get into the practice of independently extending learning on a subject that particularly engages or excites. Universities like pupils who think for themselves: pupils who develop their critical thinking can evidence this in their personal statements and applications later this year.

Our Thursday Tutor Time remains consistent with our 'super-curricular reading' session where all pupils are expected to bring in a suitable reading book - something that will enthral them and develop their interests. As mentioned in last month's Heron Homelink, I would be most grateful if you could have a chat with your child about what they are currently reading. If they need a new title, there are some great second hand bookstores online where you can pick up a title for a bargain price. Here is my reading list for a few ideas:

<https://docs.google.com/spreadsheets/d/1vmvy1vuQkr-0VU4rJjwpkB-gaBuLGOp7n-2Bp2vJA-w0/edit?usp=sharing>

All Year 12 pupils have had the opportunity in our Learn to Learn sessions to make a log of their super-curricular activities and skills on Unifrog, our post-18 destinations platform. Please do encourage your child to continue to make logs over the next few months because it will be a handy reference when completing university personal statements, apprenticeship or job applications.

At this point in Year 12, many pupils may naturally be undecided

about which pathway to follow post-18. Attending university open days is a brilliant way to make an informed choice. I would recommend perusing the Openday.com website for the university open day calendar. Some universities have very limited slots available for subject specific talks, lectures etc so you may need to keep an eye on tickets going 'live'.

The week of 10th February was National Apprenticeship Week and tutors have been leading thought provoking tutor time sessions in preparation. Pupils have had mini lessons on finding, selecting and applying for an Apprenticeship. I would encourage any pupil even remotely interested in Apprenticeships, to explore the Unifrog platform as it holds up to date, 'live' UK Apprenticeship opportunities.

Year 12 Home Study Privilege

Some of our pupils have now been awarded Home Study Privilege. This means they can leave school at lunchtime to continue their studies at home if they do not have a scheduled taught lesson for Period 5. All pupils are expected to attend a full school day until we inform parents/carers that they have been awarded Home Study. Please note, Home Study Privilege may be revoked at any time in order if we feel pupils are not meeting Sixth Form expectations. For this reason, we ask that pupils do not schedule driving lessons, tuition etc in the Home Study Period 5 time slot. There also will be a few occasions when pupils are called back into school for compulsory whole year Drop Down Sessions etc. Of course, Home Study doesn't have to be taken up - your child is very welcome to remain in school to study. Please let me know if this option might be of interest.

Please make a note of our forthcoming Higher Education Parents' information Evening on Tuesday 25th March when we will go into further detail about the process of applying for university and ways you can support your child - I look forward to welcoming and meeting you all then.

Ms T van Beers



Head of Year 13

Dear Parents and Carers,

As we move into the final phase of Year 13, I would like to take a moment to reflect on the hard work and commitment demonstrated through the UCAS application process. It has been an intense yet rewarding journey, and I commend all pupils for their efforts in applying to university. Congratulations to those who are holding offers, including those who have secured places at Oxbridge—an outstanding achievement!

Student Finance will be open from March and pupils will be given updates regarding this in due course. It is also advisable for pupils to carry out their research if they are applying for Student Finance.

<https://www.gov.uk/student-finance-register-login>

I must remind pupils that punctuality remains a key area for improvement. Arriving on time is essential not only for lessons but

also for am and pm registration. Additionally, I must stress that home study is a privilege and not an entitlement. It is granted to support independent learning, but it must be used responsibly. I urge all pupils to be mindful of this, ensuring they are making the most of this opportunity and not letting standards fall there-by risking their home study.

The deadline for purchasing the Year 13 Yearbook is fast approaching, with the online shop closing on 20th June. Our unique ID for orders is 27595YR13, and books can be purchased at Fizz Yearbooks. Yearbooks are a wonderful way to capture the many memories made during the sixth form years, serving as a keepsake for years to come. I encourage all pupils to secure their copy before the deadline.

I appreciate your continued support throughout this crucial time. Wishing you all a restful February half-term—take the opportunity to recharge and prepare for the months ahead. Your support, as always, means so much, and I look forward to seeing everyone refreshed and ready to go next half term.

Mr M Hamza

Making Moves

Dance Project in Association with Sadler's Wells

Wanstead Dance Department has been lucky enough to have been chosen to take part in the Making Moves Dance Project in association with Sadler's Wells. 25 pupils in Years 9, 10 and 12 have been working with Ms Walker and Ms Gullefer throughout open evenings and after school every Monday to create an original piece of choreography.

The project started back in September when Ms Walker was invited to Sadler's Wells for a choreographer's weekend training course. Over two days she worked with professional choreographer Seeta Patel and the creative team at Sadler's Wells in order to prepare.

Seeta Patel is an award-winning choreographer and dancer who specialises in Bharatanatyam, an Indian classical dance form that originated in Tamil Nadu. Throughout the project we have been using a toolkit she has created with the Sadler's Well education team. The toolkit has given us a range of creative and composition tasks which focus on creating movement from the rhythm of words and layering the movement to create an 8-minute piece. All the action content has been created by the pupils and they have assisted the dance teachers to organise the piece. It has been an absolute pleasure to see this talented group of pupils take more ownership of their work and build confidence in leadership and choreography. On Tuesday 11th February pupils performed the piece at the Lilian Baylis Studio Theatre. This was professionally filmed. It will now be watched by a panel of judges and they will

choose which groups will work further with the Sadler's Wells' creative team to develop the dance and perform it at the new Sadler's Wells East Theatre in July.

As part of the project Wanstead High School has been chosen to take part in a documentary which takes a closer look into the creative process. Parts of the rehearsals were filmed and pupils were interviewed. When finished this will be available to watch on the Sadler's Wells website.

By Ms R Walker



Year 9 Pupils Dive into the History of the Russian Revolution

Our Year 9 historians have been learning about the Russian Revolution this term. As part of their course, they have also been looking at the significance of historical propaganda in relation to the larger than life figure of Rasputin. In order to examine the power of propaganda, they first took turns in what we call “back-to-back drawing” – one partner was describing the contents of a poster hinting at the grip Rasputin had on the Russian royal family, while the other partner tried to draw the poster. This then

led to a discussion task around the techniques used to portray Rasputin as all-powerful as well as to use historical evidence to examine the validity of these claims.

By Mr P Chartorizhsky



Celebrating Brilliance

UKMT Intermediate Maths Challenge Achievements

Several of our pupils proved themselves as some of the best mathematicians of their age in the country during the recent UKMT Intermediate Maths Challenge.

This term saw, 180 of our Year 9, 10, and 11 pupils participate in the United Kingdom Mathematics Trust (UKMT) Intermediate Maths Challenge. This challenge, which spans 60 minutes and consists of 25 multiple-choice questions, is designed to foster mathematical reasoning, precision of thought, and fluency, encouraging pupils to think critically.

Congratulations to all pupils who took part! We are proud to announce that the results were exceptional: 6 Gold Awards, 23 Silver Awards and 61 Bronze Awards.

These achievements highlighted the dedication and skill of our pupils showcasing their ability to tackle complex mathematical problems with confidence and precision. We commend them for their hard work and success in this prestigious competition. Well done to all who took part!

By Mr A Chauhan

Milan	Gold	Year 9
Oscar	Gold	Year 9
Jack	Silver	Year 9
Azhar	Silver	Year 9
Euan	Silver	Year 9
Lily	Silver	Year 9
Archie	Silver	Year 9
Adam	Bronze	Year 9
Shaan	Bronze	Year 9
Amelia-Jane	Bronze	Year 9
Henry	Bronze	Year 9
Sam	Bronze	Year 9
Saim	Bronze	Year 9
Mia	Bronze	Year 9

Rose	Bronze	Year 9
Callum	Bronze	Year 9
Jake	Bronze	Year 9
Matthew	Bronze	Year 9
Jamie	Bronze	Year 9
Jacob	Bronze	Year 9
Xanthe	Bronze	Year 9
Adam	Bronze	Year 9
Daniel	Bronze	Year 9
Tanvir	Bronze	Year 9
Ayyan	Bronze	Year 9
Oscar	Bronze	Year 9
Zachary	Bronze	Year 9
Ayaan	Bronze	Year 9

Edgar	Gold	Year 10
Daniel	Gold	Year 10
Joshua	Silver	Year 10
Christopher	Silver	Year 10
Michael	Silver	Year 10
Michael	Silver	Year 10
Louis	Silver	Year 10
Caspian	Silver	Year 10
Abdullah	Silver	Year 10
Laurel	Silver	Year 10
Zakariyah	Bronze	Year 10
Leah	Bronze	Year 10
William	Bronze	Year 10
Evie	Bronze	Year 10
Charlotte	Bronze	Year 10

Ruby	Bronze	Year 10
Amy	Bronze	Year 10
Barnaby	Bronze	Year 10
William	Bronze	Year 10
Juliette	Bronze	Year 10
Seth	Bronze	Year 10
Hasnain	Bronze	Year 10
Samuel	Bronze	Year 10
Alayna	Bronze	Year 10
Jemima	Bronze	Year 10
Ayaan	Bronze	Year 10
William	Bronze	Year 10
George	Bronze	Year 10
Zak	Bronze	Year 10

Zarif	Gold	Year 11
Ishaq	Gold	Year 11
Jasper	Silver	Year 11
Yusuf	Silver	Year 11
Iyad	Silver	Year 11
Emily	Silver	Year 11
Aashir	Silver	Year 11
Zach	Silver	Year 11
Thomas	Silver	Year 11
Woody	Silver	Year 11
Tavras	Silver	Year 11
Oliver	Silver	Year 11
Reyhan	Bronze	Year 11
Dulcima	Bronze	Year 11
Tanisi	Bronze	Year 11

Olivia	Bronze	Year 11
Owais	Bronze	Year 11
Amaan	Bronze	Year 11
Lucien	Bronze	Year 11
Manha	Bronze	Year 11
Rayyan	Bronze	Year 11
Eliza	Bronze	Year 11
Safiya	Bronze	Year 11
Jaiden	Bronze	Year 11
Carlo	Bronze	Year 11
Skye	Bronze	Year 11
Alina	Bronze	Year 11
Umar-Farooq	Bronze	Year 11
Sarah	Bronze	Year 11



School Council Focus on Key Challenges

Half term 3 has been a very busy time for the various pupil leadership groups at Wanstead. The School Council have had several meetings and discussed key issues in school and have already impacted change! Following the initial feedback, meetings were arranged with two key staff stakeholders to discuss Challenge Cycle and to explore the Sixth Form. Pupils met key members of staff to discuss their thoughts and the fruits of these meetings will be discussed when the School Council are invited to an SLT meeting in half term 4.

Speaking of half term 4, we are excited to confirm that we will be taking the whole School Council for a tour of the Houses of Parliament as well as have a School Council meeting in one of the chambers where we will be joined by our MP, Calvin Bailey! The pupils will have the opportunity to discuss any issues from school as well as the local community - once again, showing the huge steps forward the School Council are having and exciting times for the legacy the pupils could be leaving!

The School Council also held a 'foodie group' meeting with Rhys from Impact Food who provide the school catering services.



This was an excellent and honest exchange discussing all things canteen. The main items for feedback were about consistent portion control, food and drink prices, higher vegetable quantities, seasonings and clearer advertising of the halal options. There were also discussions around our allergen champion and feedback on dishes the pupils love - the katsu curry was popular and will be back! Discussions were also had around an additional pod. Again, this feedback is invaluable and pupil voices are being heard and actioned. Watch this space for further updates...

The prefects have continued to meet regularly and support with a plethora of initiatives throughout the term. There are a number of exciting opportunities for the prefects in half term 4 - stay tuned to the school social media for updates!

We were very lucky to organise an amazing Year 7 team-building day throughout the industrial action. This was supported by 6 of the amazing sports leaders who ensured the Year 7s had an amazing day and offered a snapshot as to what the sports leaders could look like moving forward!

The EAL lunch club began in January too, with 30 of our pupils organising games for all to attend but particularly those who have English as an additional language. This incredible opportunity affords pupils the chance to make new friends, gain confidence and have fun in a nurturing and caring environment. Whilst this initiative is in its early stages, we are encouraged by the attendance already and excited by the enthusiasm of all. I look forward to reporting back on how this develops and flourishes!

By Mr L Wood

MEET YOUR ALLERGEN BUDDY!



Roshan

Hello, I'm your school's dedicated Allergen Buddy! I am a member of the Innovate catering team and I'm ready to answer questions and offer advice on allergen queries relating to the meals service.

Look out for me - I will be wearing a purple 'Allergen Buddy' apron and hat!



Drop Down Days

Year 9 & 10

Year 9 were very fortunate to collaborate with BeWize who came in to deliver some incredible single gender sessions around and Relationships and Sex Education (RSE).

This was a unique opportunity to explore issues around these topics in a safe space. The pupils approached this with professionalism and maturity.

In keeping with our Personal Development curriculum, further drop down days were organised for Year 10. These were working alongside Beyond Equality and Girlguiding where pupils again worked in single sex sessions to discuss misogyny, feminism, sexual and gender stereotypes and a plethora of other topical issues.

The initial feedback was incredible and I look forward to publishing the findings of this in full. The pupils engaged fully and

enthusiastically in these sessions - exploring misconceptions and their open and honest feedback demonstrated both growth/development but also reinforced the needs of sessions like this for modern day children.

Both the Year 9 and 10 sessions were huge successes and I would like to thank both the pupils and the facilitators for their efforts. This also gives me the opportunity to signpost you towards the upcoming Year 10 session with Queen Mary University Legal Team (SPITE Project) on 28th February. In this session Year 10 will discuss the laws around sexual images and pornography.

These are important contemporary issues so we look forward to this essential work taking place. Families of those impacted will be written to with full details after half term.

By Mr L Wood

Oxbridge Conditional Offers

Unlocking the Dream



Well done to all of our pupils who put themselves forward for the Oxbridge process.

We are delighted to announce that Kyla Langdon and Lily Samuels have both received Oxbridge conditional offers. Kyla has a

conditional offer to read Classics at the University of Cambridge and Lily has a conditional offer to read History of Art at the University of Cambridge. Congratulations to you both!

By Ms E Bray

Year 7 Team-building Day

Throughout the industrial action, we were very lucky to secure a team-building and character day for our amazing Year 7s. The whole cohort was invited in to compete in a variety of activities including team-building, sports, quizzes and character discussions. Awards were handed out after an amazing celebration event. Huge congratulations to 7.3 Brambling who were the

winners overall and they got to celebrate their victory with an incredible pizza party the next day!

This exciting and fun event brought form groups and the wider year group together. We hope we can complete more of these days in the future. Congratulations to all involved!





School Fund: Parental Contributions

Together We Thrive!

A huge thank you to all the parents and carers who have contributed to the School Fund so far this year. Your support has been invaluable, particularly with the rising cost of living. We are pleased to update you on the contributions collected and the impact they have had on the school.

To date, we have raised £8,226 for the main school and £3,767 for the 6th Form. As in the previous term, we will continue to focus on the same targets, using these funds to benefit our pupils in various areas.

Main School

This term, we have allocated £5,000 to the PE department, supporting transport for away matches, tournaments and events, enabling our teams to compete with other schools and achieve great results. We have also allocated £3,000 to update and expand the library, ensuring a diverse range of books to inspire all pupils.

We will continue to use any further funds for the welfare of our pupils and support enrichment and development projects for the school.

6th Form

Our 6th Form is thriving with 250-270 pupils, and we are working on improving the premises to meet the needs of a modern 6th Form. Contributions are helping to enhance the café-style provision, update study areas and support necessary IT infrastructure. Additionally, we will refresh the 6th Form block to create an even better environment for studying and socialising.

Similar to the main school, we are allocating some funds to support enrichment opportunities, including guest speakers and school trips.

How You Can Help?

We suggest an annual contribution of £60 for the main school and £50 for the 6th Form, though any amount you can afford is greatly appreciated. Your generosity directly impacts your child's education and well-being.

Once again, thank you for your continued support.

Innovate: The School's Catering Company

This half term, we've celebrated two exciting theme days in the canteen that our pupils absolutely loved!

On **January 29th**, we kicked things off with a vibrant **Chinese New Year** celebration. The canteen was filled with the delicious scents of traditional Chinese dishes, offering pupils a chance to enjoy a variety of mouth-watering goodies. It was a fun day, immersing everyone in the rich cultural celebrations of the Chinese New Year.

Then, on **14th February**, we embraced the spirit of **Valentine's Day** with a selection of love-themed treats. The canteen served up delicious, themed food that brought a bit of extra sweetness to the day, spreading joy among our pupils!

Pupil Dinner Money Accounts

Please could you ensure that your child's dinner money account is kept topped up regularly. Whilst we will not turn your child

away from having a lunch, Innovate do not operate a credit service and there must be enough funds in the account to pay for the snack/lunch etc.

If your child is struggling to manage the amount they are spending daily, we can put a cap on your child's account so they do not overspend. Please contact the school in the usual way to get this actioned. whs@wansteadhigh.co.uk

If you think you may be eligible for Free school Meals please contact: admission-sandawards@redbridge.gov.uk

By Ms S Williams





Celebrating Success



Highlights from the Latest Achievement Award Winners Ceremony

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12
Maths	Daniel	Jaya	James	Barsa	Thomas	Patrick
Further Maths					Michael P	Thomas
Economics						Max
English	Amelia	Jens	Yasiar	Eliza	Anna	
Literature						Heidi
Language and Literature						Gia
Science	Lyla	Isabelle	Farhan	Lucas	Dionysi	
Biology				Laurel	Olivia	Rithvika
Chemistry				George	Olivia	Oliver
Physics				Rosa	Emily	Hal
History	Emma	Theodore	Sylvie	James	Beatrice	Heidi
Classics						Abbygail
Geography	Blaze	Bailey	Robyn	Juliette	Jugsher	Ellen
Resistant Materials	Adeeva	Elsie	Evelyn	Isabella		
Graphics	Haroon	Afsana	Erin	Alexandre	Sophie	
Art	Aydan	Eliza	Mia	Carmen	Aliza	
Photography						Lucy
Textiles	Grace	Max	Kitty	Mamoona	Amana	
Food & Nutrition	Ella	Nathan	Scarlett	Lucas	Beatrice	
Dance	Andriana	Rosie	Nylah	Naomi	Julia	
Drama	Zaf	Aaleyah	Daniel	Emily Rose	Lucas	Chloe
Music	Blythe	Margot	Albert	Laila	Aashir	Zac
Spanish	Georjenna	Raha	Sriyan	Leo	Obi	Annie
French	Alex	Yahya	Yusuf	Evie	Jugsher	Sophia
Media				Charlotte	Yumna	Zara
Computing		Maximillian		Adrianna	Tanisi	Sabina
Religion and Philosophy	Lyla	Akira	Solomiia	Naomi	Olivia	Imogen
Psychology						Betsy-Jane
Politics						Orla
Sociology				Egdar	Feroza	Ella
PE	Evan	Ahmed	Ella	Alayna	Oliver	Sophie
HOY Award	Isla	Max	Mia	Naomi	Sarah	Lissus
Behaviour Award	Harry	Lena	Ella	William	Maya	Darin
Attendance Award	Lily	George	Nathan	Michael	Oliver	Sebastian
Headteacher's Award	Penny	Krishna	Daniel	Leo	Lily	Pablo



Well done to you all!







Wanstead High School

Spring Term Enrichment - 2025

Clubs are offered on a walk-in basis unless stated otherwise
(KS3 - Years 7, 8 & 9) (KS4 - Years 10 & 11) (KS5 - Years 12 & 13)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School - 7:30 - 8:20				
EAL Morning Intervention – Flash Academy	EAL Morning Intervention – Flash Academy	EAL Morning Intervention – Flash Academy	EAL Morning Intervention – Flash Academy	EAL Morning Intervention – Flash Academy

Before School: Breakfast Club & Library every morning - 7.30 - 8.20

Lunchtime

Year 7-9 Lunch is 12:20 - 1:05pm

Year 10-13 Lunch is 1:20 - 2:05pm

Science Club Year 7 Week 1 & 2 Room S10 12.30-13.00	Year 9 Company Dance Studio KS3	Choir (KS3) Room 36 12:20 - 1:05	Dance Company Year 7 and 8 Dance Studio 12:30 - 1:00	Open Studio (KS3) Dance Studio 12:30 - 1:00
	Spanish Speaking Club Year 11 Week 1 & 2 Room MA4 1:30 - 2:00		Choir (KS4) Room 36 1:20 - 2:05	Friday Prayer Club (KS3) Room AHH 12:20 - 1:05
			English as an Additional Language (EAL) (KS3) Room MA4 12:30 - 1:00	Friday Prayer Club (KS4) Room AHH 1:20 - 2:05

After School 3:05 - 4:10pm

Brass Group (KS3, KS4 & KS5) Room 37 3:15 - 3:45	GCSE NEA Recording + Intervention Room 36 3:15 - 4:00	Basketball Club (KS4 & KS5) Sports Hall 3:15 - 4:15	Steel Pans (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Jazz Band (KS3, KS4 & KS5) Room 36 3:15 - 4:00
String Group (KS3, KS4 & KS5) Room 36 3:15 - 4:00	Wind Band (KS3, KS4 & KS5) Room 38 3:15 - 4:00	Crochet Club (KS3, KS4 & KS5) Room 1 3:20 - 4:20	Rugby Club (KS3, KS4 & KS5) Eton Manor Coaches 3:15 - 4:15	Revision Day (KS4 & KS5) Dance Studio 3:15 - 4:20
Netball Club Week 1 (Year 7) MUGA/Lower Playground 3:15 - 4:15	Fashion Illustration (KS3 & KS4) Room NB9 3:15 - 4:00	Dodgeball Club (KS3, KS4 & KS5) Gymnasium 3:15 - 4:15		Team (KS3) Dance Studio 3:15 - 4:20
Netball Club Week 2 (Year 8, 9, 10 & 11) MUGA/Lower Playground 3:15 - 4:15	KS3 Weather Club Room NB1 3:15 - 4:20			GCSE PE Support (KS4) S13/ Sportshall 3:15 - 4:15
Film Club (After Oct Half Term) Year 7/9 Room 24 3:20 - 5:00	Coding Club Year 10 Room IR4 3:20 - 4:00		<p>Dear Parent/Carer, We would like to clarify the system put in place if your child is attending after school enrichment. At the start of all enrichment clubs, registers will be taken so we are clear on who is in the school building. If a pupil does not attend a club that is expected to, the office will be informed and parents will be contacted to inform them that their child did not attend the club. At the end of the enrichment session, all pupils will be escorted to the main reception to be dismissed. If, for an exceptional circumstance, a club is cancelled, parents will be informed via a message. As always, please encourage your child to attend enrichment and make the most of the many opportunities on offer. Mr L. Wood</p>	
	Badminton Club (KS3, KS4 & KS5) Sports Hall 3:15 - 4:15			
	Trampoline Club (KS3, KS4 & KS5) Sports Hall 3:15 - 4:15			
	Girls' Cricket Club (KS3, KS4 & KS5) Gymnasium 3:15 - 4:15			
	Team (KS4) Dance Studio 3:15 - 4:20			
	Enrichment: New Views Script Writing (Year 11) Room 3 3:20 - 4:20			

For any queries regarding sports clubs please contact the member of staff responsible, below:

Netball – e.hayes@wansteadhigh.co.uk Trampoline – c.feeney@wansteadhigh.co.uk

Basketball & Rugby – j.sains@wansteadhigh.co.uk Girls Cricket & Dodgeball – k.holdbrook@wansteadhigh.co.uk Badminton – m.tinker@wansteadhigh.co.uk GCSE PE – g.white@wansteadhigh.co.uk



We have a NATIONAL CHAMPION at Wanstead!



We are thrilled to share the wonderful news that Daniel has been crowned the U15 boys' 60m Hurdles English Champion at the prestigious English Athletics Championships held in Sheffield. This remarkable achievement is a testament to Daniel's dedication, hard work, and exceptional talent in the field of athletics.

Daniel's journey to becoming a champion is a story of perseverance and commitment. His success is a result of countless hours of training, determination, and a passion for athletics. Daniel has consistently demonstrated a strong work ethic and an unwavering focus on his goals.

Daniel's triumph is not only a personal accomplishment but also a source of immense pride for the entire Wanstead High School community. His success serves as an inspiration to all pupils, reminding us of the power of hard work and dedication. As Daniel continues to excel, we look forward to supporting him in his future endeavors and celebrating more of his successes.

Congratulations, Daniel! You have made us all proud.

By Mr J Sains

Fitness Lessons - A Roaring Success



It was fantastic to see how well pupils engaged with Health-Related Fitness! Their hands-on experiences with training methods, fitness testing, and learning key concepts like warm-ups, cool-downs, and heart rate monitoring were vital for fostering a deeper understanding of physical health. Developing these skills will not only help them optimize their fitness routines but will also

build self-confidence and laydown the groundwork for a healthier future generation.

Kudos to all the pupils for their enthusiasm and participation!

By Mr J Sains



News of Recent Netball Matches A Showcase of Talent

Our most talented netball players have recently had the opportunity to showcase their skills in a series of thrilling matches against the best teams from Redbridge. These encounters not only tested the abilities of our players but also provided a platform for them to shine and demonstrate their prowess on the court.

Several players delivered outstanding performances, earning accolades for their agility, precision, and strategic gameplay. Their ability to anticipate the opponent's moves and execute plays seamlessly was a testament to their hard work and dedication to the sport.

Facing the best teams from Redbridge was no small feat, yet our players rose to the challenge with determination and enthusiasm. Their competitive spirit was evident in every match, pushing them to perform at their highest level.

We look forward to watching them continue to thrive and achieve new heights in their sporting journeys.

By Mr J Sains



Basketball Season Update



The basketball season is in full swing and continues to captivate fans and players alike with incredible performances. Particularly in Key Stage 4 (KS4), pupils have been showcasing exceptional skills and teamwork on the court.

Players have been honing their skills, and their dedication is evident in the way they handle the ball, execute plays, and support one another.

The enthusiasm for basketball is not limited to KS4. The basketball club for Key Stage 3 (KS3) has also seen a surge in popularity,

with over 40 eager participants joining the ranks. This growing interest is a testament to the sport's appeal and the fun and engaging environment the club provides.

The ongoing basketball season is not only about competition but also about growth, learning, and enjoyment for all those involved. We hope this love for basketball continues to thrive across all key stages.

By Mr J Sains



Wanstead Footballers Gain County Honours!

We are thrilled to announce that two of our talented athletes, Maria and Zach, have been selected to represent Essex in football. This prestigious opportunity underscores their commitment, skill, and perseverance in the sport.

You can spot Maria in the top photo, seated in the front row, second from the left. Her tenacity on the field and leadership qualities have made her an indispensable player on the team. In the bottom photo, Zach is in the back row, third from the right. His strategic playmaking and defensive prowess have earned him a well-deserved spot on the county team.

Being chosen to represent Essex is a significant milestone for both players. Maria and Zach's football journey, is a testament to their hard work and dedication to the sport. We are incredibly proud of their achievements and can't wait to see what the future holds for them.

Let us all cheer them on as they embark on this remarkable adventure!

By Mr J Sains



A Round of Applause

Celebrating Success: U16 Girls Football Team



We are thrilled to announce a remarkable achievement by our U16 Girls Football team, who secured 3rd place in the highly competitive Redbridge Schools Tournament. This accomplishment is a testament to their dedication, teamwork, and outstanding performance throughout the event.

Throughout the tournament, our team demonstrated exceptional skill and determination. Their hard work truly paid off, with some matches showcasing their dominance on the field, including an impressive 11-0 victory. Such results highlight the team's talent and commitment to excellence.

Well done to our U16 Girls Football team for their incredible performance and sportsmanship in the Redbridge Schools Tournament! We look forward to seeing you continue to achieve great things in the future.

By Mr J Sains

The Passion and Perseverance of Sports Leaders



The wonderful Sports Leaders from Wanstead High School have once again made their mark, showcasing their dedication and skills beyond the school grounds. This time, they stepped up to the challenge by serving as umpires at the Redbridge Netball Festival.



The invitation to umpire at the festival highlights the trust and respect the community has for our Sports Leaders. Their involvement not only supports local events but also enriches their own experiences and growth as leaders.

Throughout the festival, the Sports Leaders carried out their roles with exceptional dignity and professionalism. Their ability to manage the games fairly and efficiently did not go unnoticed. Teachers and event organizers, praised their performance, highlighting their fairness, decisiveness, and understanding of the game.

Participating as umpires provided these pupils with leadership skills. These experiences contribute significantly to their development, preparing them for future opportunities both within and outside the realm of sports.

The teachers and organizers extend their heartfelt appreciation to the Sports Leaders. Their contribution ensured the smooth running of the event and added to the positive experience for all participants. It is through such dedicated involvement that our Sports Leaders continue to shine, leaving a positive impact on the community.

Well done to all involved!

By Mr J Sains

Coach's Verdict - The Future is Bright for Essex Cricket

Essex Cricket coaches are continuing to develop our most talented cricketers, with weekly training sessions working on all aspects of batting, bowling, fielding and tactical play.

The cricket community is buzzing with anticipation for the upcoming summer competitions. Our players are eager to put their training into practice and showcase their skills on a larger stage. These competitions will offer invaluable experience and the chance to test their cricket skills in the upcoming competitions.



Hopefully their hardwork and determination will pay off, and we look forward to witnessing their growth and achievements this summer. Whether it's a thrilling match-winning performance or a display of sportsmanship, our cricketers are sure to make us proud.

By Mr J Sains



Sensation on the Field

Player Nails Hat Trick in Thrilling Quarter Final Victory!

Our Year 8s took part in the Cup Quarter Final on Wednesday evening against a tricky rival in Forest Academy. With 2 last minute sickness absences and 3 pupils unwell, we managed to make it work with one of our best performances of the season.

Top goal scorer this season, Matty, added to his tally with 2 amazing goals, but Forest hit back to make it 2-2 at half time.

Second half started and it looked as if Forest were going to win it before Aidan was subbed onto the pitch, securing a hat-trick in 10 minutes to sail us to a 5-2 lead.

Forest made it 5-3 with a penalty before Caleb scored one of the greatest goals Wanstead High has ever seen, a volley over the keeper's head, into the top corner from 35 yards out to make it 6-3.

Myles scored a late penalty with his best friend Keanu, Year 7, braving the cold and watching from the sides, to seal a 7-3 win and a place in the semi-finals.

Big shout out to Mr Shine who stayed and supported the boys for the entire game!

By Mr T Hayat



Year 9 Pupils Conquer DofE Training Challenges



A huge well done and heartfelt thank you to all our Year 9 Duke of Edinburgh participants who dedicated their Saturdays in February to attend their training sessions. Your commitment and enthusiasm have not gone unnoticed, and we are incredibly proud of your achievements.

Training Highlights

Throughout the month, our pupils engaged in a variety of essential activities to prepare for their upcoming expedition. Here's a glimpse of what they accomplished: Meal planning, kit list preparation and first aid training.

Looking Forward to the Outdoor Taster Day

We are eagerly anticipating providing our pupils with a fantastic

taster day outdoors. This experience will give them a practical insight into what they have learned and a chance to apply their skills in a real-world setting. It's a perfect opportunity for them to bond as a team and build confidence ahead of their full expedition.

Once again, congratulations to all our Year 9 Duke of Edinburgh participants. Your hard work and dedication are truly inspiring, and we can't wait to see you thrive on your outdoor adventures!

By Ms C Feeney



From Ambition to Accomplishment

The Inspiring Moments of the Year 10 Duke of Edinburgh's Awards Ceremony

The Duke of Edinburgh's Award is a prestigious programme designed to empower young people. Completing the Bronze Award requires pupils to engage and contribute in various activities.

Huge congratulations to our Year 10 pupils who successfully completed their Bronze Award! This achievement marks a significant milestone in their personal development journeys. We are incredibly proud of all the pupils involved, who have shown dedication, resilience, and teamwork throughout this challenging programme.

We are excited to announce that most of our Bronze Award achievers are keen to continue their DofE journey by pursuing the Silver Award. This Award will build on the skills and experiences gained at Bronze, with more demanding challenges and expeditions.

We look forward to supporting our pupils as they embark on this next phase of their adventure. We are confident that they will continue to thrive and grow, developing valuable life skills that will serve them well in the future.

A heartfelt thank you goes out to the staff, and parents who have supported our pupils every step of the way. Your encouragement and guidance has been instrumental in their success.

Once again, congratulations to our Year 10 Bronze Duke of Edinburgh's Award recipients. We are proud of your accomplishments and excited to see all the amazing things you will achieve in the future!

Keep up the fantastic work!





London Borough of Redbridge 

Make memories



LOCAL COMMUNITY Fostering REDBRIDGE



Foster for Redbridge Council
020 8708 6068
www.redbridge.gov.uk/fostering



**EMPOWERING
PARENTS
TOGETHER**

Working together today, Improving their tomorrows

Strategies for Neurodivergent Children

Part of the Partnerships for Inclusion of Neurodiversity in Schools (PINS) Project in Redbridge in collaboration with EPT

Join Eva Freytas-Sanchez (Redbridge Strategic Lead for Autism) for a workshop on:

- practical strategies to create inclusive & supportive environments

Open to all parents at Mayespark Primary and Manford Primary

This training has been extended to all SEND parent carers in Redbridge

Wednesday 26th February 2025

Time : 10am – 12pm

Venue: Gearies Primary School (entrance via office), Waremead Road, Gants Hill, IG2 6TF

Contact details for free membership and forthcoming events

www.empoweringparentstogether.org.uk

info@empoweringparentstogether.org.uk

07486 880 799 & 07486 880 646

FACEBOOK: Empowering Parents Together – Redbridge

DON'T MISS OUT!

Light refreshments provided



London Borough of
Redbridge



contact

For families with disabled children



Term Dates for 2024 - 2025

► **SPRING TERM 2025**

Monday 6 January 2025 to Friday 4 April 2025

Half term break - Monday 17 February 2025 to Friday 21 February 2025

► **SUMMER TERM 2025**

Tuesday 22 April 2025 to Tuesday 22 July 2025

Half term break - Monday 26 May 2025 to Friday 30 May 2025

Dates for your diary

06

March 2025

Year 9 Online
Progress Evening

14

March 2025

Year 9 Ypres Trip

25

March 2025

Higher Education
Information
Evening

27

March 2025

Dance Show

28

March 2025

Dance Show



Term Dates for 2025 - 2026

▶ AUTUMN TERM 2025

Monday 1 September 2025 to Friday 19 December 2025

Half term break - Monday 27 October 2025 to Friday 31 October 2025

▶ SPRING TERM 2026

Monday 5 January 2026 to Friday 27 March 2026

Half term break - Monday 16 February 2026 to Friday 20 February 2026

▶ SUMMER TERM 2026

Monday 13 April 2026 to Monday 20 July 2026

Half term break - Monday 25 May 2026 to Friday 29 May 2026

▶ WHOLE SCHOOL TRAINING DAYS FOR 2025 -2026

INSET DAY 1: Monday 1 September 2025

INSET DAY 2: Friday 3 October 2025

Disaggregated INSET DAY 3: Friday 28 November 2025

INSET DAY 4: Monday 12 January 2026

Disaggregated INSET DAY 5: Monday 20 July 2026



BREAKFAST

We are open for breakfast everyday from 8am

Come along and enjoy

Fruit
Yoghurt
Cereal
Toast and Bagels
Filled Rolls
Hot Chocolate

Remember free porridge is available for all students at breakfast



Menus from our caterer **Innovate**



WE'RE OPEN AFTER SCHOOL

Come along and enjoy Filled Baguettes, Fruit, Yoghurt, Home Bakes and Hot Chocolate.

You can find a bargain with our half price items after school only.

WEEK 1

WEEK COMMENCING
 02/09/2024 25/09/2024 14/10/2024 04/11/2024 25/11/2024
 14/12/2024 04/01/2025 27/01/2025 17/02/2025 10/03/2025

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS		VEGETARIAN MAIN MEALS	
MONDAY Buffalo Chicken with Smoked Paprika Wedges and Cajun Corn	MONDAY Bang Bang Cauliflower, Smoked Paprika Wedges and Cajun Corn (VE)	TUESDAY Classic Beef Lasagne, Garden Salad & Homemade Garlic Bread	TUESDAY Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)
WEDNESDAY Glazed British Roast Gammon or Lemon & Thyme Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy	WEDNESDAY Leek & Spinach Wellington, Crisp Roasties, Seasonal Vegetables & House Gravy (V)	THURSDAY Chicken Massaman Curry, Wholegrain & White Rice with Pineapple, Lime & Cucumber Salsa	THURSDAY Pea & Halloumi Fritters, Wholegrain & White Rice, Pineapple, Lime & Cucumber Salsa (V)
FRIDAY Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce	FRIDAY Vegan Onion Bhaji Burger with Slaw, Chips & Peas (VE)		

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Sponge & Chocolate Sauce	Apple Strudel & Custard	Peach Kuchen	Pear & Cocoa Sponge	Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

STREET VIBES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)	Garlic & Lemon Chicken Gyros	Chicken Yakitori with Rice	Loaded Potato Skins	Manager's Street Vibes Special

NATURALLY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)	Vegan Singapore Noodles (VE)	Jerk Jackfruit Open Wrap (V)	Pakistani Tarka Dhal (V)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni, Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

WEEK 2

Innovate

WEEK COMMENCING
 09/09/2024 10/09/2024 21/10/2024 11/11/2024 02/12/2024
 15/12/2024 15/01/2025 05/02/2025 24/02/2025 17/03/2025

(V) - VEGETARIAN
(VD) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash with Onion Gravy

TUESDAY

Creamy Garlic Chicken & Mushroom Pasta with Garden salad

WEDNESDAY

Hand Carved Roast British Turkey, Crisp Roasties, Seasonal Vegetables, & House Gravy

THURSDAY

Smokey Beef Chilli Con Carne with Rice, Nachos & Corn

FRIDAY

Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash with Onion Gravy (VE)

TUESDAY

Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce (VE)

WEDNESDAY

Open Harissa Roasted Squash & Feta Pie with Seasonal Vegetables or Salad (V)

THURSDAY

Smokey Plant Based Chilli with Rice, Nachos & Corn (V)

FRIDAY

Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas (VE)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Coconut & Jam Pudding

THURSDAY

Baked Churros with Chocolate Sauce

FRIDAY

Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Caramelised Onion & Mozzarella Poutine	Gochujang Chicken & Sesame Rice Pot	Mai Corong Indonesian Fried Noodles	Korean Fried Crispy Chicken	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Reggae Reggae Jackfruit Curry (V)	Spiced Paneer & Red Onion Naan (V)	Vegan Ramen Bowl (VE)	The Big Plant Burger (VE)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

WEEK 3

Innovate

WEEK COMMENCING
 26/08/2024 16/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024
 30/12/2024 20/01/2025 10/02/2025 03/03/2025 24/03/2025

(V) - VEGETARIAN
(VD) - VEGAN

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Kung Pao Chicken, Wholegrain & White Egg Fried Rice

TUESDAY

Beef & Tomato Ragout with Wholegrain Pasta & House Salad

WEDNESDAY

Roast Shoulder of Pork or Salt & Pepper Roast Chicken, Crisp Roasties, Seasonal Vegetables & House Gravy

THURSDAY

Chicken Bhuna with Pilau Rice & Homemade Raita

FRIDAY

Chip Shop 'Fryday' Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce

MONDAY

Sweet & Sour Vegetables with Wholegrain & White Egg Fried Rice (V)

TUESDAY

Plant Based Ragout with Wholegrain Pasta & House Salad (VE)

WEDNESDAY

Crunchy Topped Macaroni Cheese with House Salad or Seasonal Vegetables (V)

THURSDAY

Paneer & Chickpea Korma with Pilau Rice & Homemade Raita (V)

FRIDAY

Jamaican Squash Pasty with Sweet Chilli Sauce and Chunky Chips (V)

DESSERTS

MONDAY

Pineapple Upside Down Cake

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Dropped Pancake Bar

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

FRIDAY

Manager's Special

Fruit & Yoghurt Pots Available Daily

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Style Vegan Noodles (VE)	Chipotle Chicken Chimichanga	Loaded Mediterranean Street Cart Wedges	Thai Fried Rice	Manager's Street Vibes Special

NATURally

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fork Friendly Falafel Kebab (V)	Smoked Tofu & Caponata Burger (V)	Seeded Vegan Sausage Roll (VE)	Onion Bhaji Skewer with Bombay Potatoes (V)	Manager's Special

TRATTORIA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Basil Pasta	Creamy Pesto Pasta	Mozzarella & Tomato or Pepperoni Cheese & Tomato Pizza	Pasta in Cheese Sauce	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.

School Uniform

Uniform, Clothing & Appearance

How we present ourselves can be a way of communicating our feelings and values. Being well presented and smart supports self-confidence, identity and pride.

High standards of uniform and personal appearance can make a valuable contribution to the self-confidence of individual pupils and the professionalism of the school community as a whole.

A shared uniform supports the principles of equality and unity, it encourages a sense of belonging and identity as a pupil of Wanstead High School. It also prepares pupils for working life, many careers require uniforms or clear professional dress codes.

All uniform is gender neutral.

Required Items Year 7 - 11

Description

Burgundy school blazer with school badge	-	Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances.
School tie	-	All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times.
White plain school shirt	-	Top button must be done up. Shirts can be long or short-sleeved.
Black tailored school trousers or black tailored school shorts	-	Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim.
Black knee-length school skirt	-	Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up.
Black v-neck long-sleeved plain pullover (optional)	-	No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn.
Black leather shoes with black soles and black laces	-	Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe.
White or black socks	-	Must be worn up to or below the knee and no patterns.
Flesh tone or plain black tights (optional)	-	No patterns and tights must not be torn or ripped.
Outdoor coat (optional)	-	Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat.
Religious headwear	-	should be plain black, burgundy or white.

Required Items 6th Form

Description

Formal fit suit	-	Should be smart and professional, ID badges must be worn at all times.
Formal collared shirt with tie or business style blouse	-	Top button must be done up. Shirts can be long or short-sleeved.
Formal fit skirt or dress (professional length) with business style blazer	-	Should be smart and professional, ID badges must be worn at all times
Black leather-style shoes	-	Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length.
V-neck plain formal jumper/cardigan can also be worn	-	Must show a collared shirt and tie/blouse underneath.

All items of logoed uniform can be purchased from Carolina School Outfitters <https://carolinaschooloutfitters.co.uk/>, Speed Stitch - <https://speedstitch.co.uk/schoolwear/>, Fashion Stop fashionshop@hotmail.com
E6 2HT, PTA Preloved Uniform. Other items can be bought from any other appropriate establishment.

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed.

In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

School PE Kit

Required Items Year 7 - 11

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised

Item	Description
Jewellery	<p>- Jewellery worn to school should be safe and appropriate.</p> <p>Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed.</p> <p>- Pupils may wear a watch; smart watches are not permitted in exams or assessments.</p>
Make Up	<p>- Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.</p>
Hair	<p>- Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point.</p> <p>The patterned shaving of hair or eyebrows is forbidden.</p> <p>- Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance.</p> <p>This does not include durags or bonnets which are not appropriate in school.</p>
Hoodies and other non-uniform jumpers or coats	<p>- Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.</p>
Hats, Ski Masks, Balaclavas, Face coverings	<p>- It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunch-times when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.</p>

