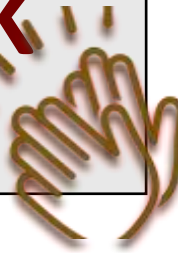




FEEDBACK CORNER



Parent and Community Feedback

We wanted to share some parent feedback and celebrate our staff. Please do send in any positive comments and we will continue to publish these in a special section:

Despite the challenges that ASD brings, and with the hugely appreciated support of the **SEN team** and the amazing work of **Ms Bache** as his link TA, our son enjoyed his GCSEs and we were very pleased with how he performed. **Ex Year 13 parent**

Thanks for the update. Like the revision booklets prior to each assessment window. The Maths booklet helped my son and I prep a little more. Appreciate all you and the teachers do for our kids and community. **Year 8 & 9 parent**

Thank you to all the teachers on the History trip but especially to **Ms Dietze** for their care and support of my son after he fainted. **Year 10 parent**

Can I please nominate **Mr Chartorizhsky** for the best teacher award for going above and beyond his remit? He has been mindful with my son, liaised with me and answered emails after hours, for which I am very grateful. If there's an award then he deserves it! **Year 13 parent.**

Your school has helped us no end. Would also like to champion **Ms Bache** who has literally been like our son's no 2 mum. We are so grateful. **Year 13 parent**

Please read the additional important information in my message on p.2

School Assemblies W/B: 2nd Oct - 9th Oct

School Week	Week Beginning/Date	Year 7 Tuesday	Year 8 Wednesday	Year 9 Friday	Year 10 Monday	Year 11 Thursday	Year 12 Friday (Week 2)	Year 13 Thursday (Week 2)
1	2 nd Oct	Black History Month						
2	10 th Oct	World Mental Health Day						

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Music Tuition

The school is now paying for 100% of tuition fees for woodwind, bowed strings and brass instruments and 50% of fees for drum kit, guitar and piano for all students entitled to the pupil premium/free school meals.

<https://visionrcl.org.uk/theatre-and-music/redbridge-music-service/music-service-sign-up/>

Diary Dates W/B 2nd Oct - 9th Oct 2023

3 rd Oct	Year 12 & 13 trip to Walton-on-the-Naze
5 th Oct	School closing from 12:20pm for Years 7 to 9 and from 1:20pm for Year 10 to 13 to prepare for our Year 6 Open Evening
6 th Oct	Late start to school day. Gates open at 9:50am
9 th Oct	Year 12 trip to Nine Elms & Battersea
11 th Oct	Year 10/11 trip Design Museum
12 th Oct	Year 11 Group 1 trip to Whitechapel Redbridge Schools Cross Country
13 th Oct	Year 11 Group 2 trip to Whitechapel

Message from the Headteacher

Dear Parent/Carer,

We have had a great start to term and are already working hard at our school development priorities – summary to be shared shortly on the website. Pupils have settled down quickly to learning as well as auditioning for Grease our school musical and already getting engaged in sports and other activities. A huge well done to the U13 girls football team who won 8-1 in the first round of the ESFA competition yesterday. We have some amazing sportspeople excelling in local and national squads as well and we are very proud of all of them including Zak, Rhyan, Kitty, Esme and Zachary to name just a few! In the next issue, we will publish some of the fabulous work that the new Year 7s completed over the holiday.

Extra-Curricular Activities

Inside this bulletin is the list of extra-curricular clubs and activities for this term. Some of these are sign up only and you need to follow the guidance attached. We will be reviewing this provision during the year and Mr Langford, who leads this area, will be ensuring that we track pupil participation and ensure all have a chance to get engaged during the year. We hope the new pupil council will also help to shape this offer. We are also looking at using private organisations to help increase what is available and we hope that after half-term there will be more opportunities at a reasonable cost. Pupils should consider a packed lunch if they wish to attend a lunchtime club.

Parent Survey Feedback

I wanted to provide some brief feedback from the survey at the end of last term and thanks to all those who took part. Over 85% of parents who responded agree or strongly agree that their child is happy and safe in school and parents rate the following highly:

Discipline, developing confidence and self-esteem, relationships, school security, communication, choice of subjects and celebrating achievement.

Parents were very clear that they felt communication has improved, as well as opportunities out of the classroom (developing education with character outside the classroom). Parents, along with teachers, find remote parents' evenings preferable, although there was a small group who felt very strongly that this was not the case. As last year, the same proportion of parents who responded felt there was too much homework as to too little and this general debate is currently being played out on Twitter. Most of the areas for development raised by parents are in line with our development priorities and include a continual raising of standards and consistency in the quality of education, reducing staff absence and clearer processes for assessment, both summative (exams etc) and formative (marking and in the classroom). Both will be tackled this year and plans for the former were detailed in the letter earlier this week. We also continue to work at ensuring resources on Google Classroom support independent learning. The vast majority of you (and pupils and staff) are fed up with the building dramas and, as you know, we continue to challenge the local authority to reduce the impact on our pupils and ensure they are on track to complete as soon as they can.

Ofsted Readiness Review

We have received the draft report from the Ofsted Readiness Review and this was the concluding paragraph:

'Under the guidance of the Headteacher and other key senior leaders the school is much improved. Leaders continue to sharpen their strategies so that there is a clear focus on a 'joined-up' approach to strategic leadership in all curriculum areas across the school. Whilst this continues to be a focus, leaders are acutely aware of the areas they are working on for ensuring a seamless quality provision that builds progressively through the key stages. The result of the work of the Headteacher and senior leaders has given rise to an improvement strategy that is intelligent, tough, determined, and vision-orientated for success. It ensures high levels of accountability, sets direction, effectively manages change, and ensures a culture in which learning is the central focus. A positive

learning culture is evident in which staff contribute to this by honing their skills and adapting their strategies accordingly.'

We are never complacent but are pleased the hard work of all staff has been recognised and continue our commitment to ensure this is the best school it can be for our local community.

Operational Updates

This edition also includes our menus for the current half-term and price lists. As you know, we will be tendering for a new catering contract ready for April 2023 and involving the community as appropriate including the new Pupil Council.

Please ensure you read the uniform and equipment list and make sure your child has all the correct items to minimise disruption to learning and negative conversations. This includes PE kit which is currently not up to scratch.

Please ensure if your child rides a bicycle into school they wear a helmet as we want to keep all our pupils safe.

Events

We have our big Year 6 Open Evening event next week and thanks in advance to all the pupils that are taking part – it will be a great night and shows us off at our best. Don't forget the early opening and closing times on Thursday and Friday.

I am delighted to present the cast of Grease and I can't wait for this show. Well done to all concerned and thanks to the staff for their commitment to these great shows:

Sandy Dumbrowski - Julia 10.1

Danny Zuko - Jack 13.1

Doody (guitar character) – Daniel 10.1 / Zak 9.4

Sonny Latierrri – Jack 10.3 / Noah 8.4

Betty Rizzo - Polly 10.4

Kenickie - Joseph 13.1

Roger (sings) - Albert 9.7/ Henry 9.4

Frenchy (non-singer) - Kyla-Lily 12.2/ May 10.2

Marty - Chloe t 11.7/ Mariatou 8.5

Jan - Daisy 10.2/ Emily Rose 9.2

Vince Fontaine - Finn 10.2 / Oliver 8.7

Miss Lynch - Charlotte 10.1/Orli 10.5

Cha-Cha (Charlene Digregorio) - Lily 12.4/ Velvet 9.6

Patty Simcox - Soha 13.6 /Riku 8.7

Eugene Florczyk - Erik 11.8/Albert 8.4

Johnny Casino (Clarence) - Solom 9.3

Teen Angel - Jan 9.7

The Pink Ladies (14) - Elise 10.2, Robyn 8.4, Mia 8.3, Grace 9.7, Charlotte 9.9, Poppy 7.6, Selin 9.7, Leila 9.9, Eliza 9.5, Flora 8.5, Laila 9.7, Grace 9.2, Naomi 9.1, Elsie 9.8, Claudia. 9.2, Xanthe 13.1

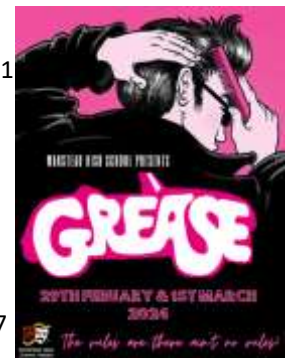
The Burger Palace Boys (9) - Leo 8.2, Alexander 8.5, Henry 8.5, Oscar 8.1, Adam 8.9, Samuel 8.1, Manus 7.2, Ben 9.1

Students at Rydell High School (Chorus - 58) - Ava 7.8, Rosa 8.4, Elise 9.4, Giada 9.4, Naomi 9.4, Jemima 9.8, Orlaith 9.6, Ruby 9.9, Eleanor 9.9, Mia 9.1, Euan 8.2, Jakob 8.2, Oisín 7.5, Sebastian 7.3, Emmanuel 7.3, Theodore 7.3, Zara 7.2, Emma 7.8, Sana 7.2, Zara 7.8, Emily 7.8, Selin 8.1, Ruby 7.6, Edward 7.3, Roisin 8.6, Laila 8.1, Anna 7.6, Elsie 7.6, Elia 8.5, Sienn 7.5, Jaya 7.3, Avneet 7.7, Omar 7.1, Katie 7.7, Aaleyah 7.3, Eliza 7.7, Mika 7.6, Aniyah 7.2, Kayla 7.7, Sienna 7.1, Ayla 7.3, Isabelle 8.8, Poppy 7.6, Sandy 7.3, Teresa 7.4, Isabelle 8.6, Zahara 7.2, Rosie 7.1, Iris 7.6, Cynthia 7.1, Ceanna 7.1, Olivia 7.8, Liyana 7.3, Jasmine 7.2, Connie 7.3, Betsey 8.9, Rody 7.6

Finally a huge thanks to the PTA for their amazing event last week raising 4K for school funds. It was a great night and they have big plans ahead including a Christmas party and a centenary ball.

Have a great weekend

Emma Hillman



Staff Update

A fond farewell to...



Ms Jo Hollingdale, who left our Sixth Form Admin team this summer after 5 years at Wanstead. Jo joins a new school, closer to home, and we wish her all the best in settling into her new role.



Ms Shereen Devaux, who left the Welfare Team this summer after 6 years at Wanstead. We wish Shereen well and all the best for the future in whatever she chooses to do.

A warm welcome to:



Ms D Angelico, who joined the SEN department, supporting our Year 12 visually impaired pupil.

Ms Angelico holds a BSc in Criminology and Psychology and has previous experience as a SEND TA.



Ms V Sanghera, who joined our Computer Science Team, whilst we recruit for a permanent Teacher of Computer Science.

Ms Sanghera is an experienced teacher of Computer Science and has previously been KS3 Coordinator and second in department. She also has experience in working with SEND pupils.



Mr N Bucknall, who joined the SEND department as a Teaching Assistant.

Mr Bucknall is a former WHS pupil and enjoys spending time playing rugby and rowing. He is looking forward to working in a team and helping our SEND pupils!

Ms A Frost, joins the Dance and Drama department to support with a long term staff absence. Ms Frost will primarily be working in the Dance department for the next few weeks and has many years' teaching experience, including as a Head of Department at a Sixth Form College.

Ms J Cheung and **Ms A Eykamp** join the Science department in a temporary capacity to support with a long term staff absence. Ms Cheung has almost 20 years' teaching experience, including teaching in Hong Kong and Ms Eykamp has 7 years' teaching experience, including teaching in Australia. We look forward to welcoming Mr Younis back over the next few weeks.

Ms A Russell-Downer, joins the Sixth Form Admin Team temporarily, whilst we recruit for a full-time Sixth Form Supervisor. Ms Russell-Downer has previous Sixth Form experience and is a qualified first aider.

Mr T Niako, joins the Site Team to support with a long term staff absence. Mr Niako will be working with the Site Team until October half-term and has more than 20 years' experience working as a concierge and cleaning supervisor, including for the City of London Police.

Autumn Term Enrichment - 2023

Clubs are offered on a walk-in basis unless stated otherwise
(KS3 - Years 7, 8 & 9) (KS4 - Years 10 & 11) (KS5 - Years 12 & 13)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Before School - 7.30 - 8.20

KS3 Reading Wise (EAL) Room LS2 (For targeted pupils with English as an Additional Language)	KS3 Reading Wise (EAL) Room LS2 (For targeted pupils with English as an Additional Language)	KS3 Reading Wise (EAL) Room LS2 (For targeted pupils with English as an Additional Language)	KS3 Reading Wise (EAL) Room LS2 (For targeted pupils with English as an Additional Language)	KS3 Reading Wise (EAL) Room LS2 (For targeted pupils with English as an Additional Language)
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Before School: Breakfast Club & Library every morning - 7.30 - 8.20

Lunchtime

Year 7-9 Lunch is 12.20 - 1.05pm

Year 10 -13 Lunch is 1.20 - 2.05pm

KS4 & KS5 Multi Faith Prayer Room S1	KS4 & KS5 Multi Faith Prayer Room S1	Week 1 only KS3 Multi Faith Prayer Room S1 (After half term)	Week 1 only KS3 Multi Faith Prayer Room S1 (After half term)	KS4 & KS5 Multi-Faith prayer Alan Hearne Hall (back room)
Year 9 Drama Club Theatre	KS3 Multi Faith Prayer Room S1 (After half term)	Week 1 only KS3 Photography Club Room NB9 12 spaces https://docs.google.com/forms/d/1xVaWOp-1c5lucdOZFtNBfYvoj57K_RmyVTnKXk15Kp1c/edit	KS4 & KS5 Multi Faith Prayer Room S1	KS5 Maths University Entrance Preparation Room 22
	Year 10, 11, 12 & 13 Choir Room 36	Week 2 only KS4 Photography Club Room NB9 12 spaces https://docs.google.com/forms/d/1xVaWOp-1c5lucdOZFtNBfYvoj57K_RmyVTnKXk15Kp1c/edit	KS5 Maths University Entrance Preparation Room 22	KS3 Dance Open Studio
	Year 7 & 8 Dance Company Dance Studio Sign up required - see Ms Gullefer		Year 9 Dance Company Dance Studio	
	Week 1 only KS4 Yoga Venue TBC (After half term)		Week 2 only KS3 LGBTQ + Room MA2 - 1:30 2:00	
	Week 2 only KS3 Yoga Venue TBC (After half term)		Week 1 only KS4/5 LGBTQ+ Room MA2 - 2:30 3:00	
	KS4 & KS5 Spanish Speaking Club Room MA4		KS4 & KS5 Sociology Debate Club Room SS2 Sign up by Google Classrom p44zpwn (15 places)	

After School 3.10 - 4.10pm

Homework Club (For targeted pupils with English as an Additional Language) Room LS2	Homework Club (For targeted pupils with English as an Additional Language) Room LS2	KS5 Philosophy Club Room MA5 Sign up via Google Classroom: fn46ano	Homework Club (For targeted pupils with English as an Additional Language) Room LS2	KS4 Art Club Room NB10
KS4 1:1 for Language & Literature (For pupils with English as an Additional Language) Room LS2	KS4 1:1 for Language & Literature (For pupils with English as an Additional Language) Room LS2	Week 1 only KS3 Weather Club Room NB1	KS4 1:1 for Language & Literature (For targeted pupils with English as an Additional Language) Room LS2	KS4 1:1 for Language & Literature (For targeted pupils with English as an Additional Language) Room LS2
Poetry through Music (All year groups) Room 2	Psychology Film Club Year 12 and 13 Room SS3 (20 places)	Year 9-11 Football (30 places) https://docs.google.com/forms/d/1Dt-n5z-p8QWIXJvFO8cd7M5xOQ2YJXa9t2rYnBzhgo-OU/edit	Steel Pan Group Room 36	GCSE PE NEA Club Sports Hall
Year 7 & 8 Football (60 places) https://docs.google.com/forms/d/1-CdrVpHS-Fq7vZt5L5x7v4dLzoMEE-WHJ0Eck00TuPk4/edit?pli=1	Girls Football (30 places) https://docs.google.com/forms/d/1M400Zk124n-FTTYNyhdlLl6rPRvtiEuhOaD7ghUqNkjs/edit	Musical Rehearsals Theatre By audition		Gardening Club Quad (After half term)
Musical Rehearsals Theatre By audition	Musical Rehearsals Rooms 36 and 37	School Newspaper All year groups Library		KS3 London Youth Games Preparation Dance Studio
Brass Group Room 37	KS4 London Youth Games Preparation Dance Studio	Crochet Club Room 21		Jazz Band Room 36
Netball (All Years) (60 places) https://docs.google.com/forms/d/1iclj8YVpUAM-6MAqBcAYJ4pPvGI3ZBQXywmZM-dXhISQ/edit	GCSE Further Maths Class Year 11 Set 1 Room 17	KS4 & KS5 New Views Scriptwriting Club Room 3		
KS3 Film Club Room 24 (Starting after half term)	KS3 Maths Homework Study Club Room IR4			
String Orchestra Room 36	KS3 Maths Practice Club Set 1 and 2 Room 18			
Wind Band Room 38	GCSE Code Club Room IR4 Sign up required See Mr Kartha			
Year 7 Science Club Room S7	Week 2 only KS3 Robotics Club Room IR1 Sign up required See Mr Alom			
Year 8 Science Club Room S8	KS4 & KS5 New Views Scriptwriting Club Room 3 (17 places) Sign up required See Ms Waters			

Round Up of Social Media @wansteadhighE11

Wanstead High School A Level Results 2023

Wanstead High School Sixth Form pupils celebrated a morning of success on results day, in what has been a strong year of results which has seen pupils achieving a much

higher percentage of A*, A*-A, A*-B and A*-C grades when compared to 2019 and at a time where top A Levels in England have gone back to pre-covid levels. We are delighted that the proportion of A*s and As are above national figures.

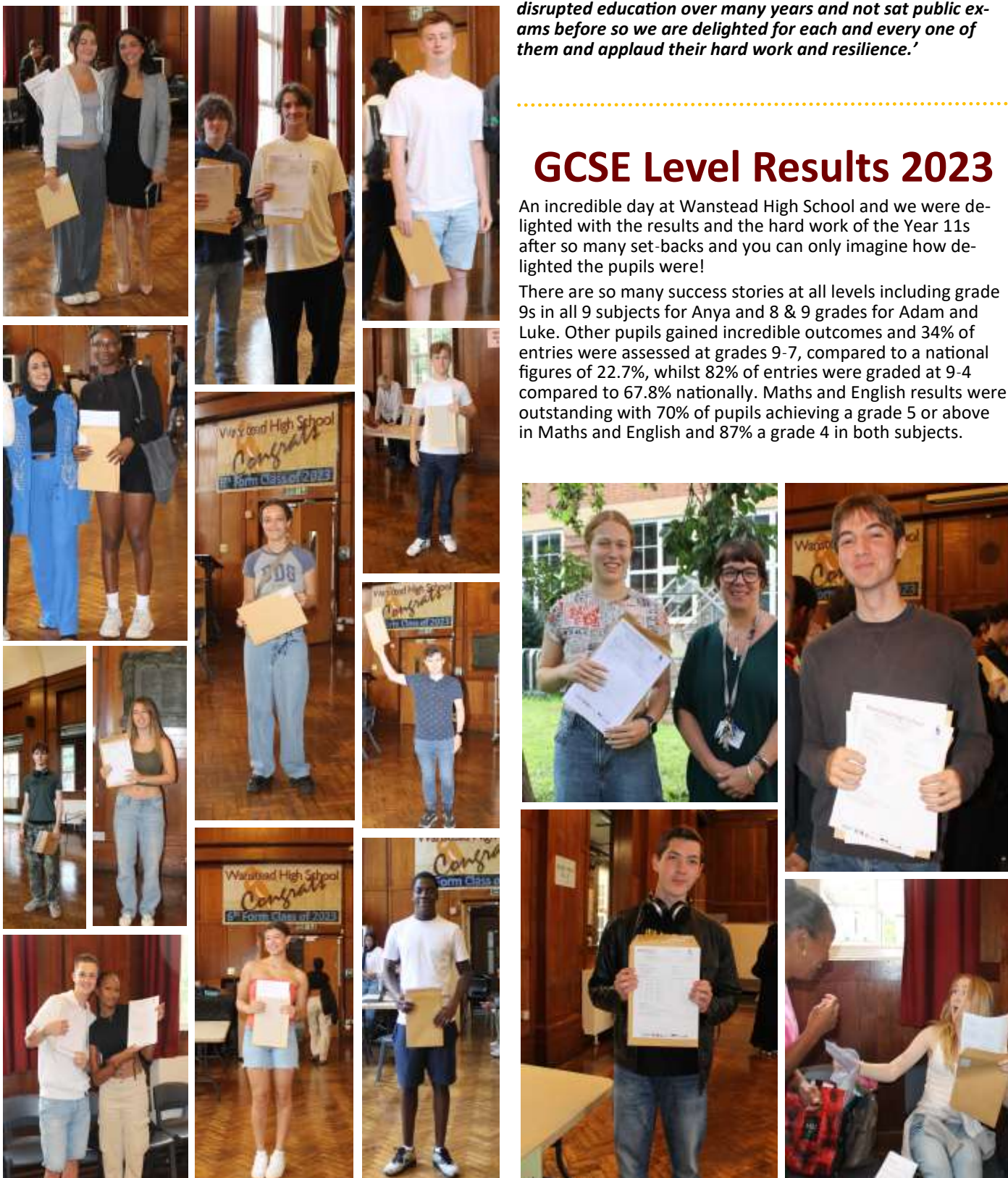
Headline figures: 28% A*-A grades, 53% A*-B grades, 75% A*-C grades

Huge congratulations to everyone involved and to all our pupils! Headteacher, Emma Hillman, said *'This cohort have had disrupted education over many years and not sat public exams before so we are delighted for each and every one of them and applaud their hard work and resilience.'*

GCSE Level Results 2023

An incredible day at Wanstead High School and we were delighted with the results and the hard work of the Year 11s after so many set-backs and you can only imagine how delighted the pupils were!

There are so many success stories at all levels including grade 9s in all 9 subjects for Anya and 8 & 9 grades for Adam and Luke. Other pupils gained incredible outcomes and 34% of entries were assessed at grades 9-7, compared to a national figures of 22.7%, whilst 82% of entries were graded at 9-4 compared to 67.8% nationally. Maths and English results were outstanding with 70% of pupils achieving a grade 5 or above in Maths and English and 87% a grade 4 in both subjects.



Round Up of Social Media @wansteadhighE11

School Summer Renovation

Classrooms were finally painted over the holidays after many years as part of our strategic improvement of the site; it makes such a difference!

Also delighted to see the refurbishment of the huts to add to the current pastoral and well-being areas. And a huge thank you to Dennis and the PTA for our new greenhouses. Our pupils deserve it!



Preparing for the new academic year

Staff were hard at work on our September INSET days preparing for the new year and the highest quality of education.



Another great start to another academic year

What a wonderful start to the year for our new Year 7 community; polite, enthusiastic and on the ball and following all our expectations! We are delighted to welcome them on their secondary school journey - they have smashed it so far!



Amazing Win

Huge well done to our U13 Girls Football Team who competed in the first round of the ESFA Competition this week winning 8-1.

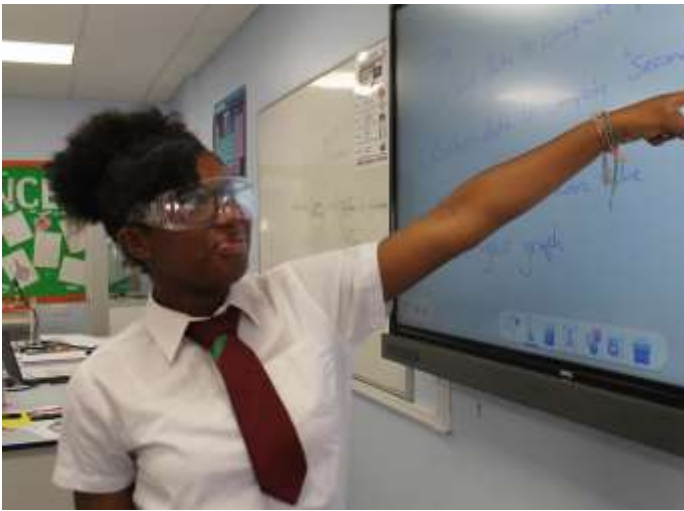
Other News & Events

Ambitious PTA Raise £4,000 at the Inaugural Quiz

"I'm writing to express my sincere gratitude for all the PTA's hard work in making Parents Quiz evening. The evening was a huge success, and it was clear that a lot of thought and planning went into it. We thoroughly enjoyed ourselves and were impressed by its outstanding organisation so a big shout out to all the PTA organisers and those involved in the event.

Please pass our well done and big thank you to all and best wishes from the winner's table!"

Feedback from a satisfied parent



Rigorous climate walks for quality of education

Every period of every day of this year, Senior Leaders are undertaking 'Climate Walks' visiting classrooms to ensure the best quality of education and consistency across the school. It is a pleasure to see our pupils so engaged in learning and the romance and rigour of the classroom experience.



Other News & Events

Pupil Council Applications are open!

The Head Pupils (pictured below) have spent time promoting our latest pupil leadership opportunity in assembly; the Pupil Council.



The Pupil Council will be comprised of 2 pupils from each year group, headed by the Head Pupils, and will represent the collective voice of the pupil community. Members will be responsible for gathering feedback from the year groups on key school issues and proposals, meeting regularly to discuss their findings, and assisting the Head Pupils in feeding back to the Senior Leadership Team.

We are looking for pupils who are role models of positive behaviour and attitudes in our school community, who are passionate about the success of the school and its pupils, and are driven by a desire to bring about change.

Pupils who would like to nominate themselves as a candidate for the Pupil Council must submit a written application to stand for nomination on the applications Google Classroom (code **67rnr3v**-a role specification can be found here) by **Friday 6th October**. These applications will then have to be shortlisted by the Head Pupils. Successful applicants produce a short election video, audio recording or written speech, before voting takes place in each year group. The top 2 candidates with the most votes will be appointed to the Pupil Council.

This represents an exciting opportunity to represent the views and concerns of their peers, and influence change in our school community, as well as working with others and developing a range of personal and interpersonal skills. We are looking for a wide field of applications to draw on the wealth of talent in our pupil community, and would ask parents/carers to both encourage and support their child's applications.

Please contact me if you have any further queries.
d.langford@Wansteadhigh.co.uk

Individual School Photos

Individual school photos were taken on Monday 18th September. For those pupils that missed this slot, a further date has been booked for Friday 6th October. Head of Year and Form Tutors will communicate the arrangements to pupils. Photo slips, which will be how you can order the photos, will be sent home with your child next week.

School Lockers

There is still availability for lockers. Please see the flyer below with details how to book.

During the summer holidays, all the lockers were cleaned and checked for any maintenance issues. Some pupils had left belongings in their lockers. These belongings have been bagged up and labelled. Please encourage your children to check the bags (if they had left anything in their lockers). The bags can be checked for belongings between 3.00pm and 4.00pm, daily, from pupil reception. This information has been shared with your children.

School Lunches

The menus and tariffs have been updated and are accessible via the website. Please check your child's account regularly and top up as appropriate. See pages 17, 18 & 19.

THE UK'S NO.1 SCHOOL LOCKER.

Secure

LOCKER.RENTALS

2 SIMPLE WAYS TO RENT YOUR LOCKER.

1 Visit www.locker.rentals

2 Scan this QR Code

Once on the web app do the following:

- Enter your **LOCATION**
- Choose your **PREFERRED LOCKER AREA** from the drop-down menu (if available)
- Click on **CHECK AVAILABILITY**
- When prompted enter your details and read and agree to the terms and conditions
- Click on **RENT LOCKER** and follow the instructions for entering your payment details
- You will then be emailed a locker code and the number of your locker compartment

How to Access your Locker:

- Go to the locker number details on your confirmation email
- Enter the **4 digit code** detailed on your confirmation email and open the lock
- Should you forget your code it can be issued by visiting www.locker.rentals and clicking on the re-issue my locker code link.

Wanstead High School

Education with Character



OPEN EVENING



Prospective Parents and Pupils - Year 7 Intake 2024/2025

Thursday 5th October 2023
5.15pm to 8.00pm

An opportunity to meet staff and pupils in all subject areas.

Emma Hillman, Headteacher will welcome
and address parents/carers in the Alan Hearne Hall
at 5.30pm, 6.30pm & 7.30pm.

Please register your interest in attending our Open Evening at
Wanstead High School by scanning the QR code to receive further
communication from us. You do NOT require a ticket to attend.



(N.B. The school has many staircases and limited disabled access.
If applicable, please contact us in advance on 020 8989 2791)

For an opportunity to tour Wanstead High School during a normal school day,
you will need to book a ticket for a morning tour via Eventbrite:

<https://www.eventbrite.com/e/wanstead-high-school-year-6-morning-tours-tickets-722677436667?aff=oddtcreator>

Morning tours begin on: Monday 2nd October and run between
9.10am to 10.00am for the next 3 weeks.

Wanstead Tours

For an opportunity to tour Wanstead High School during a normal school day, you will need to book a ticket for a morning tour via Eventbrite: <https://www.eventbrite.com/e/wanstead-high-school-year-6-morning-tours-tickets-722677436667?aff=oddtcreator>

Sports News & Upcoming PE Fixtures

**** NEWS REPORT ****

Redbridge School Sports New Football format to start in September!

School Football competitions will have a fresh revamp ahead of the 2023/24 season. Please click [here](#) for further details

A new format will be played by schools in Redbridge at the start of the 2023/24 season. Boys in Years 7-11 will play in a Champions League style competition which sees schools put

into groups based on location. The top two in each league will then progress into a quarter final cup competition, leading to the semis and then a final.

Girls will also see a new format with the introduction of an U13 and U16 knockout cup competition.

Results:

Sixth Form Football – Wanstead 2 Trinity 4

Year 10 Football – Wanstead 1 Loxford 1

PE Fixtures

Week 1 beginning Monday 2nd Oct 2023

Monday 2nd October – Year 9 Netball v Valentines (home fixture)

Monday 2nd October Year 10 Football v Seven Kings (home fixture)

Tuesday 3rd October – Year 9 Football v Seven Kings (away fixture)

Tuesday 3rd October – Year 8 Football v Greig City Academy (home fixture)

Wednesday 4th October – KS4 (Year 10 & 11) Girls Football v Riverside (away fixture)

Wednesday 4th October – Year 11 Football v Loxford (home fixture)

Week 2 beginning Monday 9th Oct 2023

Tuesday 10th October – Year 9 Football v George Greens School (away fixture)

Tuesday 10th October – Year 8 Football v Valentines (home fixture)

Wednesday 11th October – Year 7 Redbridge Netball at the Redbridge Centre (10.00-13.00)

Wednesday 11th October – Year 9 Football v Valentines (away fixture)

PE kit reminder

Please can you ensure your child has the correct Wanstead High PE kit for all of their lessons, this includes the following:

- Wanstead High top
- Black tracksuit bottoms/shorts/leggings
- Socks (No tights to be worn for PE)
- Trainers
- Hair bobble

Thank you, PE Department



Message from the Pastoral Team

Our Pastoral Team includes a School Counsellor and Learning Mentor to assist with your child's emotional wellbeing. If you wish to discuss this support, please contact your child's individual Head of Year or our Director of Inclusion Ms Cini via email; d.cini@wansteadhigh.co.uk. The following agencies may also support children and families with difficulties they may be facing.

YOUNGMINDS

- **Young Minds** provide extensive information and support online at www.youngminds.org.uk
- Provides free, 24/7 crisis support across the UK if you are experiencing a mental health crisis
- If you need urgent help text YM to 85258
- All texts are answered by trained volunteers, with support from experienced clinical supervisors
- Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.
- Free Parent helpline 0808 802 5544 free Mon-Fri from 9.30am to 4pm

THE MIX

- **The Mix** offer support for a variety of topics including mental health and relationships.
- Extensive resources and support online at www.themix.org.uk
- Under 25s can talk to The Mix for free on the phone, by email or on their webchat. You can also use their phone counselling service, or get more information on support services you might need.
- Freephone: 0808 808 4994 (13:00-23:00 daily)

kooth

- **Kooth** is an online counselling service offering support for children aged 10 - 18 years of age
- Support can be accessed online at <https://www.kooth.com>
- Monday - Friday 12pm - 10pm and Saturday - Sunday 6pm – 10pm



- **Child Bereavement UK** offer support for young people and their families who have experienced a bereavement online at www.childbereavementuk.org
- Live chat via website (Monday - Friday, 9am - 5pm)
- National Helpline 0800 02 888 40 (Freephone. Monday – Friday, 9am – 5pm)
- Email for bereavement support: support@childbereavementuk.org

WINSTON'S WISH WW

- **Winston's Wish** provide support and therapeutic advice on supporting a grieving child or young person after the death of a loved one online at www.winstonswish.org
- Freephone National Helpline on 08088 020 021
- UK-wide national email service, offering support, information and advice to anyone seeking it via ask@winstonswish.org.
- Winston's Wish Crisis Messenger: text WW to 85258

every mind matters

- Every Mind Matters is an NHS service provide support for mental health and wellbeing
- <https://www.nhs.uk/oneyou/every-mind-matters/>
- Every Mind Matters gives you simple and practical advice to get a healthier mind and get more out of life - from how to deal with stress and anxiety, to boosting our mood or sleeping better. It will help you spot the signs of common mental health conditions, get personalised practical self-care tips and information on further support.

What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

Snapchat is an instant messaging app which allows users to send images, videos and texts to people in their friends list. One of Snapchat's unique features is that pictures and messages 'disappear' 24 hours after they've been viewed; however, this content isn't as temporary as many believe – with some users saving screenshots or using another device to take a photo of their screen. This year, Snapchat added 'My AI': a customisable chatbot with which people can chat and share secrets, as well as asking for advice and suggestions of places to visit.

CONNECTING WITH STRANGERS

Even if your child only connects with people they know, they may still get friend requests from strangers. The Quick Add option lets users befriend people the app recommends – but these 'friends' are merely a username, which could have anyone behind it. Accepting such requests reveals children's personal information through the Story, SnapMap and Spotlight features, potentially putting them at risk from predators.

EXCESSIVE USE

Snapchat works hard on user engagement, with features like streaks (messaging the same person every day to build up a high score). Spotlight Challenges tempt users into spending time producing content in search of cash prizes and online fame, while it's easy for children to pass hours watching Spotlight's endless scroll of videos.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat aren't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people (teens in particular) to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beauty' effects on photos can set unrealistic body-image expectations – creating feelings of inadequacy if a young person compares themselves unfavourably with other users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

VISIBLE LOCATION

Snap Map highlights a device's exact position on a virtual map which is visible to other users. There are options to restrict who can see this information: all friends, only you (Ghost Mode) or selected friends. Snapchat also has real-time location sharing, which is intended as a buddy system to ensure friends have reached home safely – but which could also be used to track a young person for more sinister reasons.

Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add feature helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHAT ABOUT CONTENT

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it's important to talk openly and non-judgementally about sexting. Remind your child that once something's online, the creator loses control over where it ends up – and who else sees it. Likewise, it's vital that children understand that some challenges which become popular on the platform may have potentially harmful consequences.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

CHOOSE GOOD CONNECTIONS

In 2021, Snapchat rolled out a new safety feature: users can now receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users that they rarely communicate with, to maintain their online safety and privacy.

KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Snap Stories are visible to everyone your child adds, unless they change the settings. On SnapMaps, their location is visible unless Ghost Mode is enabled (again via settings). It's safest not to add people your child doesn't know in real life – especially since the addition of My Places, which allows other Snapchat users to see where your child regularly visits and checks in.

DISCUSS AI

Although My AI's responses can often give the impression that it's a real person, it's essential that young people remember this certainly isn't the case. Encourage your child to think critically about My AI's replies to their questions: are they accurate and reliable? Remind them that My AI shouldn't replace chatting with their real friends, and that it's always better to talk to an actual person in relation to medical matters.

BE READY TO BLOCK AND REPORT

If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, your child can select the three dots on that person's profile and report or block them. There are options to state why they're reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Term Dates and INSETs 2023-24 Planning Ahead!

The following dates are now confirmed for 2023-24 and are published on the school website:

Autumn Term 2023-24

Period	Monday 4 th September 2023 to Wednesday 20 th December 2023
INSET 1 INSET 2	Monday 4 th September Tuesday 5 th September
<i>Half term break – Monday 23rd October 2023 to Friday 27th October 2023</i>	
INSET 3	Friday 24 th November

Spring Term 2023-24

Period	Thursday 4 th January 2024 to Thursday 28 th March 2024
<i>Half term break – Monday 19th February 2024 – Friday 23rd February 2024</i>	

Summer Term 2023-24

Period	Monday 15 th April 2024 to Friday 19 th July 2024
<i>Half term break – Monday 27th May 2024 to Friday 31st May 2024</i> <i>Last Day of Summer Term Friday 19th July</i> <i>INSET 4 (disaggregated) Monday 22nd July</i> <i>INSET 5 (disaggregated) Monday 23rd July</i>	

Wanstead High School Uniform, Clothing and Appearance

Required Items Year 7 - 11 Description



- | | |
|--|---|
| Burgundy school blazer with school badge | - Blazers must be worn to and from school. They must be worn at all times around the school site and in lessons unless given permission by their class teacher in class or by a whole school announcement during periods of extremely hot weather, when they may be carried or left at home in exceptional circumstances. |
| School tie | - All pupils must wear a school tie. Ties can be purchased from school via ParentPay or from our uniform retailer. A pupil's year group is identifiable by the colour of the stripe on their tie. The stripe must be visible at all times. |
| White plain school shirt | - Top button must be done up. Shirts can be long or short-sleeved. |
| Black tailored school trousers or black tailored school shorts (summer term only) | - Trousers and shorts must be school-style and not be skinny or tight-fitting. No leggings, jeans or denim. |
| Black knee-length school skirt | - Skirts must be school-style and not be skinny or tight-fitting. Skirts must not be rolled up. |
| Black v-neck long-sleeved plain pullover (optional) | - No sweatshirts, no cardigans and no logos apart from school badge. Pullovers do not have to have the school badge if worn. |
| Black leather shoes with black soles and black laces | - Smart, flat boots to the ankle may be worn. No Dr. Martens boots, no trainers, no high heels, no canvas shoes, no coloured laces (except when sold in school for LGBTQ+ awareness). Nike Air Force or similar are not a suitable school shoe. |
| White or black socks | - Must be worn up to or below the knee and no patterns. |
| Flesh tone or plain black tights (optional) | - No patterns and tights must not be torn or ripped. |
| Outdoor coat (optional) | - Appropriate coat suitable for school. Unzipped whilst in the school building. Hoodies or tracksuit tops may not be worn instead of a coat. |
| Religious headwear | - should be plain black, burgundy or white. |

Required Items 6th Form Description

- | | |
|---|--|
| Formal fit suit | - Should be smart and professional, ID badges must be worn at all times. |
| Formal collared shirt with tie or business style blouse | - Top button must be done up. Shirts can be long or short-sleeved. |
| Formal fit skirt or dress (professional length) with business style blazer | - Should be smart and professional, ID badges must be worn at all times |
| Black leather-style shoes | - Formal flat or low-heeled shoes or sensible, practical, flat or low-heeled formal boots can be worn but must be covered under the trousers or no higher than ankle length. |
| V-neck plain formal jumper/cardigan can also be worn | - Must show a collared shirt and tie/blouse underneath. |

All items of logoed uniform can be purchased from Carolina School Outfitters. <https://carolinaschooloutfitters.co.uk/> Other items can be bought from any other appropriate establishment. This will be reviewed in 2023-24.

Wanstead High School Uniform, Clothing and Appearance

Children coming to school in unacceptable uniform will be supplied with the correct uniform from the Reflection Centre. Pupils are asked to leave a deposit (an article of minor value) whilst school property is being borrowed. In cases of financial need, parents can apply to the school for assistance towards the cost of school clothing.

Required Items Year 7 - 11



School PE Kit

- Wanstead High School polo shirt with logo
- Black shorts/black tracksuit bottoms/black leggings - all with logo; or
- Plain black shorts/plain black tracksuit bottoms/plain black leggings (no cycling shorts)
- Plain black Football socks
- Plain white ankle socks

Optional Additional Items:

- A Wanstead High School Quarter Zip Fleece (during periods of cold weather/outdoor lessons)
- Shin Pads for Football are advised



Item Description

- Jewellery** - Jewellery worn to school should be safe and appropriate. Pupils may wear up to two small stud earrings in each ear and one small nose stud may also be worn. Hoop or drop earrings of any size are not permitted. No other body or facial piercings should be displayed.
 - Pupils may wear a watch; smart watches are not permitted in exams or assessments.
- Make Up** - Make-up needs to be subtle and nail varnish can be worn. Heavy make-up, false eyelashes and fake nails are considered inappropriate for school and a distraction from the purpose of school, they are not permitted in Years 7-11.
- Hair** - Pupils must wear their hair in a natural colour, bright unnatural colours are not permitted. Extreme hair styles or those associated with any kind of anti-social activities or groups are not permitted. These change from time to time and the Headteacher reserves the right to specify what these might be at any point. The patterned shaving of hair or eyebrows is forbidden.
 - Wanstead High School has adopted the Halo Code. This means our school champions the right of staff and pupils to embrace all Afro-hairstyles. We welcome Afro-textured hair worn in all styles including, but not limited to, afros, locs, twists, braids, cornrows, fades, hair straightened through the application of heat or chemicals, weaves, wigs and headscarves, as long as they are in line with school colours and hair colour guidance. This does not include durags or bonnets which are not appropriate in school.
- Hoodies and other non-uniform jumpers or coats** - Hooded sports tops or 'hoodies' are not permitted and will be confiscated. Only a black v-neck jumper may be worn in school, this does not have to be logoed. Dance or Drama hoodies are only allowed for extra-curricular activities.
- Hats, Ski Masks, Balaclavas, Face coverings** - It is not permitted for any pupil to wear any form of cap or hat in the school building. A woollen hat can be worn to and from school and at break/lunchtimes when the weather is cold. Ski masks, balaclavas and face coverings should not be worn, to, from or within school.



Tutor Grid 2023 -24

Year 7		Year 8		Year 9	
HOY	Mr D Tann	HOY	Ms C Murray	HOY	Mr M Tinker
7.1	Ms T Reynolds	8.1	Mr M Adams	9.1	Ms I Unegbu/Ms M Dietze
7.2	Ms B Waters	8.2	Ms I Jasmine/Ms O Ogunfemi	9.2	Mr S Rashid
7.3	Ms S Khan	8.3	Ms N Rowshan	9.3	Mr N Rashid/Ms S Sultana
7.4	Ms C Gorczak	8.4	Ms J Ibrahim	9.4	Mr A Chauhan
7.5	Mr I Choudhury	8.5	Ms D Collins	9.5	Mr D Boachie
7.6	Ms S Begum	8.6	Ms K Kaddour/Ms S Prestwidge	9.6	Ms M John
7.7	Ms N Ahmed	8.7	Ms N Redondo	9.7	Mr G Narang
7.8	Ms E Everhart	8.8	Ms N Gómez	9.8	Ms N Begum
		8.9	Mr D Vardavas/Ms E Christofides	9.9	Ms K Kioi/Ms O Ogungbe

Year 10		Year 11	
HOY	Mr M Hadden	HOY	Ms G White
10.1	Ms K Ali/Ms J Wali	11.1	Ms H Tassine
10.2	Ms F Mak	11.2	Mr S Younis
10.3	Ms L Pennington	11.3	Mr L Willer
10.4	Ms C Feeney	11.4	Ms S Hoque
10.5	Ms E Hayes	11.5	Mr R Ali
10.6	Mr D Leftwich	11.6	Ms S Younas/Ms S Clarke
10.7	Ms R Gullefer/Ms M Ayer	11.7	Ms N Hassan
10.8	Mr D Hardy	11.8	Mr R Nazir
10.9	Mr A Yiacoumi	11.9	Ms H Ikrah

Year 12		Year 13	
12.1	Ms D Bennett/Ms O Gallagher	13.1	Ms H Ahsan/Ms S Wright
12.2	Mr B Weakliam	13.2	Mr K Holdbrook
12.3	Ms S Begum	13.3	Ms C McQuillan/Mr R Smith
12.4	Ms A Khanum/Ms H Cressall	13.4	Ms M Kara
12.5	Mr I Sweet	13.5	Mr B Alom/Ms G Kartha
12.6	Ms F Hinson/Ms V Premkumar	13.6	Mr Z Munir

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 PROMILA.RAINA@ESSEXCRICKET.ORG.UK

Lunch Menus and Tariffs

LUNCH BREAK TARIFF

MAIN MEAL - OPTIONS 1,2 AND 3	£2.47
MAIN MEAL AND DESSERT	£2.65
BOWL SALAD	£1.75
PLATE OF SALAD	£2.47
JACKET POTATO AND 1 FILLING	£2.47
EXTRA FILLING	£0.55
HOT PASTA POT	£2.47
PLAIN PASTA	£1.35
CAKE (SLICE OR INDIVIDUAL)	£1.00
FRUIT/YOGURT/MOUSSE	£1.10
WATER	£0.85
FLAVOURED WATER/RADNOR FIZZ	£1.30
MILK SHAKE/JUICE BOX	£0.85

GREAT FOOD FEED ME EVERY TIME

MID-MORNING BREAK TARIFF

Half Panini	£1.10	Cold Small Pasta Pot	£1.10
Full Panini	£2.00	Cheese and Onion Pastry	£1.50
Pizza	£1.15	Waffles/Croissant	£1.20
Loaded Nachos	£2.00	Hash Browns	£0.65
Dirty Wedges - Meat	£2.20	Egg Roll	£1.10
Dirty Wedges - Veggie	£2.00	Mousse/Fruit	£1.10
Half Wrap	£1.00	Piece of Fruit	£0.55
Wraps	£2.00	Jelly	£0.66
Vegan/Chicken Sausage Roll	£1.35	Water	£0.85
Sandwiches	1.65	Juice Boxes	£0.85
Vegetarian Baguette	£1.90	Flavoured Water/Radnor Fizz	£1.30
Meat Baguette	£2.05	Milk Shake	£0.85
Cold Large Pasta Pot	£1.65		

GREAT FOOD FEED ME EVERY TIME

Mid-Morning Break Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Panini	Panini	Panini	Panini	Panini
Pizza V	Pizza V	Pizza V	Pizza V	Pizza V
Loade Nachos	Dirty Wedges	Veggie Wedges Ve	Dirty Wedges	Loaded Nachos
Veggie Wedges Ve	Wraps - Ve Available	Wraps - Ve Available	Vegan Sausage Roll Ve	Veggie Wedges Ve



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Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Burger	Jerk Chicken with Rice and Peas	Carvey Roast 3 Ways with Roast Potatoes, Gravy, and Seasonal Vegetables	Chicken Katsu Curry with Rice and Mixed Pepper Siracha Slaw	"Fish and Chips with Peas and Baked Beans served with Ketchup, Tartar Sauce, or Curry Sauce"
Option 2	Mac 'n' Cheese V	Sweet Potato Jerk Burrito Ve	BBQ Quorn Fillet with Roast Potatoes and Gravy Ve	Sweet Potato and Spinach Curry with Naan Ve	Spring Roll with Sweet Chilli Sauce and Served with Chips Ve
Option 3	Quorn Fishless Fish Finger Wrap with Siracha Coleslaw Ve	Grilled Chicken Baguette	BBQ or Hot and Spicy Chicken Wings with Wedges and Sweetcorn Salad	Veggie Noodle Pot Ve	"Fish Finger Bap with Chips, Peas, Baked Beans, Ketchup or Tartar Sauce"
Dessert	Fruit Shortbread V	Vegan Ginger Cake V	Mousse V	Fruit Turnover V	Fruit Muffin V
Dessert	Fruit, Yogurt, Jelly Ve V V	Fruit, Yogurt, Jelly Ve V V	Fruit, Yogurt, Jelly Ve V V	Fruit, Yogurt, Jelly Ve V V	Fruit, Yogurt, Jelly Ve V V
Salad Bar Menu Available Daily	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Spicy Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Orange	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Marie Rose	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Greek Salad

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Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Pie Veggie Dirty Jackets Extra Option V	Bolognese Pasta Bake with Garlic Bread	Chicken Sausage and Mash with Roasted Veggies	Chicken Naandoori with Asian Slaw	Fish and Chips with Peas and Baked Beans served with Ketchup, Tartar Sauce, or Curry Sauce
Option 2	Veggie Loaded Quesadilla	Vegetable Spaghetti Bolognese	Sausage Yorkshire with Mash and Roasted Veggies	Teriyaki Noodles	Veggie Plait with Chips
Option 3	5 Bean Chilli Nachos	Chicken Fajita	Roast Chicken Baguette (French Dip) with Onion Gravy	Macaroni Cheese Pot	Fish Finger Bap with Chips, Peas, Baked Beans, Ketchup or Tartar Sauce
Dessert	Vegan Chocolate Cake	Flapjack	Summer Iced Loaf	Banana Oatbar	Strawberry Mousse
Dessert	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly
Salad Bar Menu Available Daily	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Spicy Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Orange	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Marie Rose	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Greek Salad

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Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cottage Pie Cheesy Baked Mediterranean Gnocchi	Sweet Chilli Chicken Noodle	Chicken Roast 3 Ways with Roast Potatoes, Gravy, and Seasonal Vegetables	Butter Chicken with Rice	Fish and Chips with Peas and Baked Beans served with Ketchup, Tartar Sauce, or Curry Sauce
Option 2	Pad Thai	Spicy Falafel and Hummus Wrap	Tandoori Quorn Fillet with Bombay Potatoes	Chickpea, Sweet Potato, and Spinach Curry with Brown Rice	Samosa with Chips and Curry Sauce
Option 3	No Chicken Tikka Nan Wrap	Beef Bolognese and Pasta Pot	Sausage Roll with Spicy Wedges and Slaw	BBQ Chicken and Rice with Siracha Slaw	Fish Finger Tacos with Chips
Dessert	Vegan Berry Cake	Chocolate Shortbread	Lime and Coconut Drizzle	Raspberry and Coconut Flapjack	Mousse
Dessert	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly	Fruit, Yogurt, Jelly
Salad Bar Menu Available Daily	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Spicy Potato Mayonnaise	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Orange	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Potato Marie Rose	Tomatoes, Cucumber, Lettuce, Coleslaw, Beetroot, Greek Salad

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- Are you feeling low and would benefit from some 'me' time?
- Do you need support to be more active?
- Are you looking to improve your wellbeing?
- Would you like to try something new or re-try an activity?

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